

anta Rosa High School ECHD 2016 Santa Rosa High School ECHD 2016

MOVING FORWARD

Santa Rosa High 2016

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»»» 2016 ECHO

santa rosa high school

1235 Mendocino Avenue
Santa Rosa, CA 95401
(707) 528-5291
Population: 1986
Established 1874





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We're always...Moving Forward.

Every day, we make the choice to get up in the morning, go to school, continue **experiencing** our day-to-day lives. We find opportunities that benefit us, and lead us to future endeavors. Walt Disney once said, *"Around here we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things because we're curious, and curiosity keeps leading us down new paths."* This curiosity is sparked by our teachers, classmates, and family members, **accelerating** us to our full potential every day. We continue **progressing**, and rather than dwelling on past mistakes we've made, we choose to learn from and move beyond them. It's not solely about **excelling** at everything we try, but also about the way we choose to handle, and grow from, our failures. It is important to keep this in mind, keep **evolving**, keep...

MOVING FORWARD

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EXPERIENCES

<Student Life>



>>>TO THE POINT: Before climbing to the top of the Eiffel Tower, **Senya Stein (9)** thinks back on her trip. "It was awe inspiring to see the tower, it was beautiful, a lot bigger than I imagined. The culture in Paris was also quite different than America's. They have a different attitude than Americans, friendlier, and they were more civilized," said **Stein**. While visiting Paris, Stein also traveled to London and Brussels and visited their famous landmarks as well.

>>>ONE OF A KIND: After bargaining for the best price, **Brennie Dale (12)** picks fresh fruit from a vendor just outside of Bangkok, Thailand. "I think travel has defined who I am, defined my outlook on the world and how I carry myself. It's when you look at people and you see more than just a person, you see a culture and a story. I've been around the world, and met people from other places, and I've begun to see what makes a person human," said **Dale**.



>>>PLANE AND SIMPLE: On his way to Alaska, **Chase Sears (11)** flies in a seaplane with his cousin from Washington. "I really wanted to get away from all the stress from home, so I took the time I could up there to clear my thoughts. My aunt lives on a beach in Alaska, and we had a lot of bonfires at nights. During the day, we would go on hikes and occasionally flew around the nearby islands, which was really fun," said **Sears**. In addition to hiking, Sears also rood on quads and went fishing.



>>>OUT OF THIS WORLD: Arriving to the top of a mountain in Nicaragua, **Annabel Cowden (12)** and **Mazi Lewis (12)** rest after the long, but worthwhile hike to enjoy the view. "Hiking up the dirt path, I remember looking out and thinking how beautiful it was. It was so surreal. El Basimo was so beautiful, if I get the chance I want to go back," said **Cowden**. Their trip was organized by the Global Student Embassy, a program that offers students a chance to volunteer their time to assist other countries in need.



>>>A FINAL FAREWELL: Remiscing on their **Jodi Pasquini (12)**, **Danny London (12)**, and **Evan Moore (12)** meet for a final reunion with their old elementary school classmates. "We arranged this get together to talk about our colleges and futures and to take pictures at the place that paired all of us together. We took a picture in front of the play structure because in third grade we all took a picture there in our class shirts and we wanted one final memory of the place where our friendships started," said **London**. In addition to the picture, London and his classmates were greeted by their kindergarten teacher and walked through their previous classrooms one final time.

>>>WHEN IN ROME: Traveling across Europe, students gather around a statue of Neptune in Nice, France. "Traveling to Europe was incredible. Before the trip, I had only left the country to go to Mexico, so it was super eye opening. It was also really cool to see famous statues and landmarks that I had heard of or learned about in school. The trip was super special because I was there with my best friend and my favorite teacher," said **Summer Ponsford (12)**. While she also visited Europe, **Ponsford** also took a summer road trip across Utah, Nevada, Arizona, and Wyoming.





>>>**CLOUD NINE** On a hike in Kauai, **Max Condron (11)** and **Gavin Weitzenberg (11)** stop to enjoy the scenery. "It was a hard hike and the weather didn't look too good when it started but when we got to the viewpoint at the end it was perfect. It was the fact that we persevered through the bad weather that made the view most enjoyable," said **Weitzenberg**. The two friends traveled the island together, adventuring through the mountains and beaches along the way.



>>>**LIFE'S A BALL**: Celebrating her friends' quinceanera, **Leah Post (12)** stops to congratulate her on the accomplishment. Post was living in Argentina for two months when her host's daughter commemorated the occasion. "I've gotten to travel so much, and it's helped me grow myself and get to know myself better. Traveling gave me a lot of confidence and pride in myself. Those two months spent in Buenos Aires were the happiest months of my life," said **Post**. She enjoyed her visit in Argentina by spending time with her host family and familiarizing herself with the locals and their culture.



>>>**ROSA IN THE HOUSE**: While on a class trip to Washington DC and New York City, **Jenna Ellis (11)**, **Lilliana Anderson (12)**, **Andrew Williams (12)**, and **Lauren Williams (12)** all meet with their group to observe the White House in its pearly glory. While visiting Washington D.C., the class also traveled to New York city and explored the neighboring monuments.

beyond your dreams and WITHIN YOUR REACH

Students travel across the globe

>>>Exploring new places, learning new languages, and trying new foods can be common experiences once one voyages to a foreign land. The possibilities are endless, from traveling to the warm waters of the Bahamas or hiking the icy trails of Alaska, the world is full of new and exciting stories waiting to be told. **Amelia Reed (12)** traveled across Europe for a month this summer, spending time in France and Italy.

"The most fascinating place for me to see would have to be Versailles. The place was covered in gold and the attention to detail was amazing. It was so hard to imagine living here, it seemed like such a glamorous lifestyle," said **Reed**. She journeyed through both countries with her sister and mom after her mom arranged the trip for them to travel as a family.

Staying in the United States, **Sophia Emad (12)** and **Maiah Lucas (11)** hiked Half Dome in Yosemite together. After waking up at five thirty in the morning, **Emad** and **Lucas** trekked up the seventeen mile trail and completed the task in nine hours. "It was definitely something amazing to overcome especially because you're 9000 feet in the air. There was a point where neither of us felt like we would make it because it was so physically and mentally draining; but when we made it the feeling was unlike anything else. It changed my view on what I can accomplish and I feel after completing that, there's

nothing I can't do," said **Emad**.

The two friends traveled with Lucas' family and later hiked Yosemite Falls, another major accomplishment for the duo.

Flying over the Atlantic Ocean and traveling by train, **Linus Rydell (9)**, voyaged east to Stockholm, Sweden, before visiting family in Komlev, Sweden. While spending time with his family, he also spent a good amount of time outdoors, fishing, swimming and riding boats. Typically, when traveling the spoken language is foreign to the visitor, however **Rydell** was able to have conversations with the locals due to his background with the Swedish language. "I've been in Sweden before, about four times, and I speak fluent Swedish. The culture and language weren't a barrier for me due to my familiarity with it all. It was really fascinating being able to talk to everyone in Swedish as opposed to just speaking English," said **Rydell**. Before leaving for home, he witnessed a LGBTQ pride parade on the streets of Stockholm while he ate in one of the local restaurants.

Traveling far and wide, students got the chance to experience different cultures and visit new locations. For these student explorers, they stepped outside their comfort zones and immersed themselves into a world of the unknown, and opened the door to future voyages and adventures.

>>>Page by Dakota McGranahan

competing in a
CLASSACT

The Back to School Rally continues to be a success



>>>The Welcome Back Rally was a chance for Panthers to show their school spirit. For freshmen, it was an initiation, but for seniors it was a last hurrah. When it began, seniors cheered their hearts out while freshman stood around wondering how to react. By the end of the rally, freshmen like **Gwen Berghoff (9)** were involved in the excitement. "You could tell that everyone, especially the upperclassmen, were into it. "It did a really good job getting me pumped up for the school year," said **Berghoff**. The rally was a fun reminder of the plans for the upcoming school year.

The rally covered the topic of the Toga Dance, and the dirty dancing demonstration was a good laugh for every class.

"I didn't expect the dirty dancing demonstration. I think it was a little much for some freshman." said **Donya Asadi (9)**.

With new games and lots of excitement, this year's rally is one of the favorites.

"This Welcome Back rally was more energetic than years past, but I could be bias as a senior," said **Joseph Alongi (12)**.

Many seniors saw this as their last chance to show their true spirit. "Being a senior definitely made this year's rally more memorable and exciting," said **Mazi Macondray (12)**.

A lot of work goes into making such a spectacular rally. "We start brainstorming the year before and order things over the summer. There were multiple rehearsals after school with dance and cheer to make sure everything would be perfect when the day came," said **Emily Coddling (11)**. This year's rally was definitely one to remember.

>>>Page by Amanda White



>>>**RALLYING AROUND:** Watching the rally, **Rene Luna(9)**, **Brayden Glascock(9)**, and **Juliana Diana(9)**, cheer on from their section. "There was a lot more spirit compared to rallies from middle school and people actually got really into it," said **Diana**. >>>Photo by Cassy Moretto

>>>**GIVE IT YOUR BEST SHOT:** Lamenting his loss of the relay race, **Ross McKnight(12)** plays to the crowd. "Knowing it was my last Welcome Back Rally I had to make sure it was the best one and had to be as involved as possible," said **McKnight**. >>>Photo by Dakota McGranahan



>>>**ONE TWO STEP:** Representing her junior class in Art Quest Advanced Dance Company, **Sophia Light(11)** puts her heart and sole into her dance routine. A.Q. Dance Co. hyped up the crowd with an upbeat hip-hop dance that emphasized their talent and energy, kicking off the school year. >>>Photo by Dreena Edillor





>>>HEAR ME ROAR: Heart still pounding, **Obadiah Donaghy(9)** celebrates his win in a race against a senior. "It was nerve racking to be up in front of everyone, but overall it was very fun," said **Donaghy**. >>>Photo by Dakota McGranahan

>>>KNOCKING DOWN THE COMPETITION: While competing in the obstacle course, **Shaelynn Fess (11)**, knocks down water bottles with a tennis ball in a sock attached to her head. >>>Photo by Dakota McGranahan

>>>FLIPPING OUT: Dancing with fellow dance company members, **Max Prosser(10)** hits his mark. "It was nice to know all of our friends were watching and cheering us on," said **Prosser**. He was accepted into dance company after nailing his audition last year. >>>Photo by: Dakota McGranahan



>>>IN GOOD SPIRITS: Cheering for the first time, **Amadi Macondray (10)** and her fellow cheerleaders bring spirits up. "This was my first year cheering and my first time performing in front of a crowd as a cheerleader, so it was an amazing experience and I'm so happy I took a chance and did it," said **Macondray**. She was a little scared at first, but loved performing in front of her peers. >>>Photo by Dakota McGranahan



>>>IN GOOD SPIRITS: Cheering for the first time, **Amadi Macondray (10)** and her fellow cheerleaders bring spirits up. "This was my first year cheering and my first time performing in front of a crowd as a cheerleader, so it was an amazing experience and I'm so happy I took a chance and did it," said **Macondray**. She was a little scared at first, but loved performing in front of her peers. >>>Photo by Dakota McGranahan

>>>LOUD AND PROUD: Screaming for her senior class, **Melanie Mathewson(12)** stands out in the crowd. "This rally was much more fun than past years' because I'm a senior and the amount of excitement and spirit coming from everyone made it very memorable." said **Mathewson**. A student government member for the past three years, **Mathewson**, helped to plan and execute the rally. >>>Photo by Ashlee Ruggles



>>>THAT'S THE SPIRIT: Making the crowd roar, **Scott McCamish (10)** pumps up the spirit. "The people were excited to be back at school and excited to start the year off, it was unlike anything before," said **McCamish**. This was a great start to his first year in Student Government. >>>Photo by Cassy Moretto

in the spirit of the greeks

TOGA TRADITION

The 27-year tradition of Toga remains strong

>>> From frantically dressing into soccer gear and out of Greek-spirited outfits, to searching for that perfect toga the night before the spirit day, Toga Day was both a chaotic and exciting day for the entire student body.

The girls varsity soccer team, with a tournament hours away on the day of Toga, was unable to make it to the dance. Instead of missing out completely, the girls decided to host a makeshift Toga of their own.

"Everyone was pretty upset that we were missing Toga and so making our own Toga was our way of carrying on the tradition even if we weren't at school," said **Cyd Kaslar (10)**. Forced to leave school after second period, those who dressed up for Toga Day rushed to get ready in time to leave for the game. "My carpool group ended up being really late because it was just so frantic to try to change out of Togas into soccer gear," said **Kaslar**.

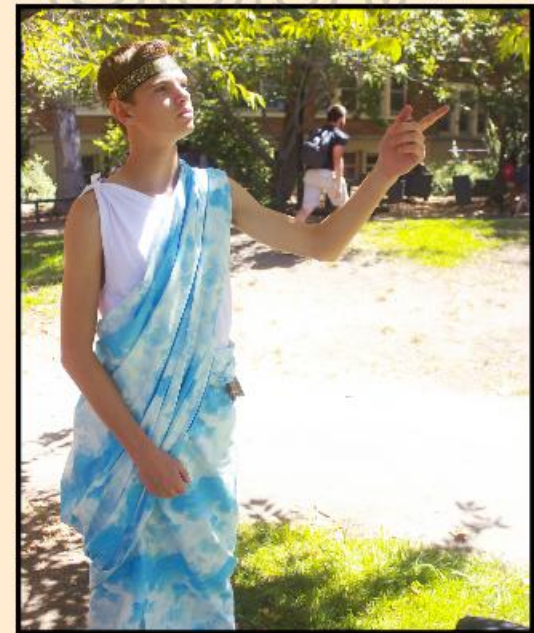
The team's Toga included disco lights and a dance-off. "We had each grade competing in a dance off against the other grades and it was funny to watch everyone dancing and having people teach each other dance moves," said **Skylar Sloan (11)**. The girls enjoyed celebrating Toga with their team, but were still upset they couldn't enjoy the tradition with the rest of the student body. "At first, I was bummed that I couldn't make it to the dance, since it is one of the best dances of the year, but I'm super excited that I have the chance

to go to next year's toga" said **Sloan**.

Though the soccer team did not get their chance to spend Toga at SRHS, **Haley Hewson (11)** did. **Hewson** picked out her toga the night before the spirit day, and her procrastination led to a frantic search for the best she could find.

"My friend and I spent hours rummaging through the fabrics at Beverly's to find the perfect one. Picking through all of the different types of fabrics was stressful, but I also enjoyed a lot of the silly moments my friend and I had while trying on all of the fabrics together," said **Hewson**. Her favorite thing about Toga is that it puts students in a different environment and since it is the first real spirit day of the year, it shows students who are new to SRHS how fun and unique the school is. "I think the Toga tradition is great and I love the fact that it gives students a different way to interact. Aside from Halloween, and dressing up for drama class, most kids don't get the chance to dress up and be silly so it's absolutely great that our school gives them that chance," said **Hewson**.

Hewson's last-minute search for her Toga depicted the chaotic, yet loved, tradition that started dozens of years ago. Toga also brought the soccer team closer together and proved that though one may not be able to attend the Toga dance, the tradition is still engraved into the hearts of panthers. >>> Page by Cassy Moretto



>>>CAMI'S CAROL: Gathering around to hear "Cami's Toga Carol," **Mackenzie Oden (10)**, **Claire Dooley (10)**, **Casey Wolfe (10)**, **Jane Johnson (10)**, **Alyssa Redins (10)**, **Emma Frost (10)**, **Cami Foley (10)**, **Alex Fenske (10)**, **Natalie Morse (10)**, **Annie McKenzie (10)**, **Ava Luthin (10)**, and **Savannah Saunders (10)** stop to take a quick picture. **Foley** created a song about the activities and excitement surrounding Toga. >>>Photo by Cassy Moretto

>>>FRESHMAN'S FIRST: Embracing the Toga spirit, **Andre Gaudreau (9)** anxiously awaits for the day to end and the lights of the dance floor to turn on. As a freshman to SRHS, he didn't know what to expect for Toga Day but instantly loved the tradition. "I loved the music selection of the Toga Dance. I moved and grooved to the beats all night!" said **Gaudreau**. His favorite part of Toga was the dance and he planned to go every year to enjoy the music, spend time with friends, and enjoy the SRHS tradition. >>>Photo by Dakota McGranahan



>>>CHEEZIN': Being one of *Annabel Cowden's* (12) favorite spirit days of the year, Toga makes her smile everywhere she goes. "My favorite thing about Toga is taking a bunch of pictures with my friends and showing off the fact that we're from SRHS!" said *Cowden*. She sported a flower-themed Toga to go along with her yearly tradition of nature-themed Togas. >>>Photo by Dakota McGranahan

>>>SPREADING THE TRADITION: Goofing off with each other, *Anthony Costamagna* (10), *Scott McCamish* (10), and *Mason West* (10) pose eccentrically. "I think it's great that we keep the tradition of Toga and our school has so much fun with it every year. It would be cool to bring Toga to other schools and see how well they dress up because I can guarantee we would out-spirit them!" said *West*. He suggested to his friends to bring the Toga tradition to their schools and have a Toga competition. >>>Photo by Cassy Moretto

>>>RAD COLORS: While walking around school, *Savannah Saunders* (10) and *Amadi Macondray* (10) observe other student's Togas and pick their favorite ones. "It was fun to walk around with Amodi and look at all of the rad colors of the Togas" said *Saunders*. The girls enjoyed walking around school and photo-bombing photos on spirit days. >>>Photo by Cassy Moretto

>>>FRIENDS FOREVER: Modeling their flower-themed Togas, *Gabrielle Seims* (10), *Giannina Erfe-Mejia* (10), and *Jasmin Dao* (10) can't help but smile. The trio, friends since third grade, loved making high school memories together. "I love to have my best friends by my side through high school because we have so much fun everywhere we go. Especially for events like Toga!" said *Dao*. They always had a good time, whether it was during school, after school, or out during the weekends. >>>Photo by Cassy Moretto

>>>JUMP FOR JOY: Celebrating their last year of Toga, *Victoria Mapoy* (12), *Bryana Alvarez* (12), *Storey Smit* (12), *Arielle Markowitz* (12), *Caroline Mertz* (12), *Sarah McCamish* (12), and *Sarah Pack* (12) enjoy the day laughing and sporting their unique Togas with amusing designs such as monkeys on them. "My favorite part of toga was walking in with all of the other seniors and just being super pumped for the day and dance!" said *McCamish*. Because Toga was the one of the first spirit days that made up the seniors' final year of high school, they felt bittersweet towards the day and dance. >>>Photo by Dreena Edillor

panther pride is
A FAMILY AFFAIR

Families share a common bond in their education

>>> "Once a panther, always a panther", was a commonly heard school motto, but for some families it held an even deeper meaning. With nearly 150 years of history, the school had many alumni who can boast that their parents, grandparents, and even great grandparents had proudly worn orange and black.

The Weitzenberg family had been attending for over 29 years and on their 2nd generation of panther pride. "I'd never really thought of going anywhere else; I'd heard a lot of really good and cool things about the school," said **Gavin Weitzenberg (11)** (Class of 2017).

The Weitzenberg, Condron, and Bribiescas connection was strong, but the Daniels-Grace family's roots were even deeper. In their last count, they had 47 past, current and upcoming Santa Rosa students. This family was truly able to see how the school had changed over the years. "The school looks the same on the outside, but the inside it's very different. When I went to school here, the inside looked like a laboratory; it was painted green, like you'd find in the old steam radiators.

And the train would go by— there used to be a train track here!" said Mike Daniels, 2nd generation (Class of 1959).

The idea of high school sweethearts seemed far fetched to some, but for the Grace family, it wasn't unheard of. Charlotte and Fred Daniels (Class of 1939 and 1940.), Kathy and Mike Grace (Class of 1965), Jeannette and Josh Grace (Class of 1989), and Ben and Christina Grace (Class of 1995) all met at SRHS. "It's a family trait," said Jeannette Grace, 3rd generation panther.

As generational Panthers, these students had in-depth knowledge about the school's history and traditions. From sharing favorite teachers with parents, to arguing about whose class had the best spirit at family get-togethers, the tradition of attending "their family's" school was long standing.

>>>Page by Olivia Glaubiger

>>>**COUNT ON ME LIKE 1,2,3:** Some sisters don't get along and don't talk or count on each other at school but **Victoria (11) and Lexi (9) Dinges** love to rely each other while attending the same school "It's convenient too because I know if I need something I can get a hold of her really easily," said **Victoria Dinges**. >>>Photo by Olivia Glaubiger



>>>**SIBLINGS BY CHANCE, FRIENDS BY CHOICE:** On the front steps of DeSoto nine pairs of siblings, **Andrew (12) and Annika (9) Williams, Sierra (12) and Alana (9) Macken, Veronica (12) and Mason (9) Wallace, Brittany (12) and Logan (9) Bignasca, Melanie (12) and Mackenzie (9) Mathewson, Ashlee (12) and Olivia (9) Ruggels, Caroline (12) and David (9) Mertz, Emily (12) and Joelle (9) Berk, and Delaney (12) and Amanda (9) White** compare sibling stories and marvel at the amount of senior-freshman pairings. "Having known all these guys this long, it's going to be really hard to say goodbye to all the seniors, we are kind of like a family because we've been going to school together forever" said **Mackenzie Mathewson**. >>>Photo by Dakota McGranahan

>>>**AMAZING GRACES:** Counting more than 47 family members who have attended SRHS, Kathy Grace shows off to all of her grandkids the letterman jacket in the case in the school museum to let them know that it was hers. >>>Photo by Olivia Glaubiger





>>>TALENTED SISTERS: Coming into the artquest program one must have some kind of talent, well for the **Ariana (11) and Noelle (9) Lamark** are able to hold up some of the talent in choir and photography together. "It definitely gave me an advantage when I came into Santa Rosa High School because she introduced me to a lot of different people and showed me around the campus" said **Noelle Lamark**. >>>Photo by Olivia Glaubiger

>>>PANTHER BOYS: Sitting on the couch Matt and Rob Condron reminisce on their days at Santa Rosa High while **Max (11) and Tyler Condron (9)** fill them in on what's new and exciting now. "The fight song is really fun to go to now and the welcome back rally was definitely one of the highlights of the year" said **Tyler Condron**. >>>Photo by Olivia Glaubiger

>>>SALMON COPYRIGHT: It is not often you find a pair of twins but **Parker (12) and Reed (12) Salmon** are one of very few twins at school. "Being twins has it's ups and down, sometimes I feel like we are normal brothers, but we also have to share a room which sucks a lot. We have some classes together but not many and it's great to be able to rely on him at home" said **Reed Salmon**. >>>Photo by Olivia Glaubiger



>>>DON'T BREAK THE FAMILY TRADITION, OR YOUR LEG: Tracy and Todd Weitzenberg have brought their boys **Gavin Weitzenberg (11) and Trevor Weitzenberg** up as panthers. "I never really thought of going anywhere else, we'd heard a lot of really good things" said **Weitzenberg**. Everyone in their family has had an amazing experience at SRHS, except Todd trying to stand after breaking his leg while mountain biking in the beautiful Sonoma County. >>>Photo by Olivia Glaubiger

don't be a square!

CAPTURE THE MOMENT



Students express themselves through the popular social media platform, Instagram.



@thugbiscuit



@livhealthy.livhappy



@leftcoastking



@alanamacken



@annabel_cowden



@organickamryn



@caragreenn



@cami.foley



@karinaardley



@slay.very



@k_swiggle



@riley_harrison_



@emmey_



@brennie_rose



@keeywaah



@madhuglife



@grace.olivia.smith



@layla.morris



@cydkas



@josef.ex



@katefeige



@jessiejafari



@buttsOfartquest



@zachjorin



@elliottfouts

>>> Instagram was a simple, fun way for users to share photos and short videos with the world. After its initial release in 2010, the popular social network offered over 400 million people a place to share important moments of their lives through photography. The app, compatible with both iPhone and Android, organized photos into a feed full of accounts the user chooses to follow. Instagram appealed to younger users, especially high school students, which made up nearly 50 percent of its total user base. The app was widely known for its hashtags, which grouped photos similar in topic or content, and its filters, which could be quickly added to photos for a unique look. In 2015, over 58 million photos were uploaded to Instagram every day making it the 3rd most popular social network in the United States. >>>Page by Jack Fowle

>>>**ONE LAST GOODBYE:** During the Day of Mourning rally, **Storey Smit (12)** reads students' sorrowful notes to the Montgomery's Viking. A sea of students dressed in dark colors came to the rally to share their thoughts and listen to the touching eulogies given by student government. >>>Photo by Olivia Claubiger

>>>**ORANGE & BLACK, SPIRIT ATTACK:** Showing off their new senior shirts, **Abbie Mendenhall (12)**, **Maddy Batchelder (12)** and **Avery Lynch (12)** pose for a photo to commemorate their final spirit week as Panthers. "School spirit is really what Santa Rosa is known for, so it's really fun to be a part of that atmosphere. I'm definitely going to miss that," said **Mendenhall**. >>>Photo by Olivia Claubiger



>>>**JUMP FOR JOY:** Getting creative with their exercises for Jazzercise day **Isabella Lopez (9)**, **Olivia Taylor (9)**, **Bria Keilty (9)**, **Brennan Brown (9)** and **Angelina Baez (9)** enjoy the 80's theme during their first Spirit Week. "I loved all of the bright colors and fun things to do," said **Brown**. Jazzercise Day was a new addition to Spirit Week this year, and quickly became a student favorite. >>>Photo by Cassy Moretto

>>>**WORK IT OUT:** A group of students is led by **Teryn Trent (11)** in a Jazzercise class during lunch. "At first, no one came, so I was a little disappointed, but all of the sudden, tons of people were interested. It was really cool," said **Trent**. Jazzercise day made its debut this year, much to the excitement of students and staff alike. >>>Photo by Dakota McGranahan



>>>**SPIRIT OVERLOAD:** Like many students on Extreme Orange and Black day, **John Burns (11)** puts in the extra effort with elaborate face paint. In preparation for the annual football game against Montgomery, the halls and classrooms of campus overflowed with orange and black. >>>Photo by Cassy Moretto

a sea of orange and black

THAT'S THE SPIRIT!

Students bring their A-game for Spirit Week

>>> SRHS has a long-held reputation for being home to the most spirited students in the area. New students are often shocked by the level of pride students have for the school. "It's incredible," said **Matt Farren (12)**. **Farren**, experienced his first spirit week as a public school student this year after. "I have a little bit of experience with spirit days, but it wasn't all like what we have here," said **Farren**, "I don't know what you guys have done to achieve this, but every single person here seems to care about it. I'm really impressed."

As in years past, students attempted to one-up each other with their over-the-top outfits. "We always go more extreme

with our themes and spirit gear. We always have fun. I love seeing how all of the students go full out with their outfits," said **Brittney Bignasca (12)**. A new addition to the traditional spirit week themes this year, Jazzercise Day brought an invasion of neon outfits to the halls. **Teryn Trent (11)** even led a sizeable group of students in his own Jazzercise workout. "At first, no one came, so I was a little disappointed, but all of the sudden, tons of people were interested," said **Trent**. "It was really cool." >>>Page by Jack Fowle



>>>UNLEASH THE FORCE: Cleverly disguised as a viking, **Michael Curry (11)** concedes his defeat in a lightsaber battle, illustrating the death of Montgomery's mascot. Said **Curry**, "Since there was so much excitement surrounding the new Star Wars movie, we thought that including it in the rally would be appropriate". This unique portrayal is part of a yearly tradition, in which our school comes together to mourn the "loss" of Montgomery's Viking the week of the big game. >>>Photo by Olivia Glaubiger

>>>NOT SO SOMBER: Stopping for a quick photo while walking to class, **Georgia Ortiz (12)**, proudly shows off her funeral-chic outfit. On the Day of Mourning, a coffin is laid in the quad for students to mourn and pay their respects. >>>Photo by Dakota McCranahan



>>>WE LOVE NERDS: **Ashley Overton (10)** air-kisses **Hannah Appel (10)** as they snap a selfie together on Monty Nerd Day. Like many students, the pair coordinated their outfits several days in advance in order to ensure that they would be just right for the student favorite. >>>Photo by Dakota McCranahan

#NERDS FOR LIFE

we will always be

For Monty Nerd Day, students adopt Montgomery High's sense of style

>>> A sea of red enveloped the school, with students weaving in and out of crowds on scooters wearing lots of poorly applied red lipstick. At first glance, there may have been some confusion as to what was going on. Why were these students, who normally sport orange and black, wearing red, dressed in obviously unfashionable clothes? The answer was simple: It was Monty Nerd Day, where the student body got a little crazy, had dance parties on the senior steps, and wore suspenders and broken glasses on purpose.

Some asked, how did this craziness come about? The rivalry with Montgomery High School across town became prevalent when Montgomery students stole the orange-splattered school bell. From there, it exploded into an endless list of pranks back and forth, and the idea of "Monty Nerd Day," a day to poke fun at Montgomery students, became an official spirit day. It was an instant favorite among students, with teachers and administration even dressing up too.

Some students didn't need a shopping trip to find their outfits; they chose to raid other people's closets instead. **Kira Holtzer (12)** only had to check in her mom's closet for some prime costume material, while **Adriana Baez (9)** borrowed clothes from a current Montgomery student.

"It was super fun! The energy was great all throughout the day. It was my favorite spirit day because despite looking silly, it made for great memories and was an excuse to be goofy with my friends," said Baez.

As many odd-looking students wandered campus, **Marlo Bertozzi (12)** took great joy in the people-watching.

"It was really fun seeing people go full-out and not care what they looked like. Seeing underclassmen that weren't aware of how hardcore this day is was hilarious," said Bertozzi.

For some, Monty Nerd Day meant showing up to school as someone else, but for others it was all about showing up as their goofy selves. >>>Page by Ashlee Ruggels



Whipping across the stage, **Casey Wolfe (10)** lets her hair fly free with friends **Megan Anderson (10)** and **Cameron Foley (10)**. Her outrageous dance moves inspired applause and giggle from viewers.



>>>Moving to the beat, **Jordan Walker (12)** leads the crowd in a song at the rally. Although Walker was in the rally in the last three years, there was nothing like his senior year rally to show off his fun side. "It was like a big party on stage with all of my friends and my favorite part of the day was seeing everyone having so much fun dressing up super goofy," said Walker. >>>Photo by Ashlee Ruggels

>>>SCOOTER STYLE: Showcasing her newfound style in the parking lot before school, **Julia Muniz (12)** prepares for a day of riding her scooter around campus. "I love Monty Nerd Day because it's surprisingly fun spending your time in the morning trying to look your worst, and hoping you're able to make people laugh at your appearance. My favorite part was riding my scooter around campus racing people and trying my hardest to avoid the administration," said Muniz >>>Photo by Ashlee Ruggels

>>>WE BLEED RED: Laughing in the crowd with close friends **Cori Jones (12)** and **Andrew Calahan (12)**, **Taylor Sargis (12)** enjoys the entertainment and creative costumes. After finding her overalls at a downtown thrift store, Sargis matched them up with her childhood favorites-her Heelys. "What I love most is that everyone dresses up and has so much fun throughout the entire day," said Sargis. She later watched the junior girls kill it in their lip sync performance, and explored the scooter-filled campus with her friends. >>>Photo by Olivia Claubiger





>>>SINGING IN STYLE: As **Kylee Schroth (11)** dances in the background, **Avery Apostle (11)** bravely takes the microphone and sings lyrics to the chosen song for the junior girls at the rally. "It felt great to just go crazy, and since I was already dressed ridiculously, I didn't care what anyone thought of me. Singing karaoke on Monty Nerd Day has been one of my favorite traditions, and I look forward to it every year," said **Apostle**. Her impromptu dance party inspired other girls on stage to have fun. >>>Photo by Ashlee Ruggels



>>>DENIM DESIRES: Sporting a denim dress, **Melanie Mathewson (12)** walks her plush pet in between classes. A Monty Nerd Day enthusiast for the last four years, **Mathewson** worked hard to top her outfits from previous years, searching for the best look. "I found my outfit at a thrift store. People were shocked at what I was wearing because it was super ugly, but everyone loved how funny I looked and that was the best part," said **Mathewson**. Her thrift store find turned into another successful spirit day for the fourth year in a row. >>>Photo by Olivia Glaubiger

>>>FUNKY FRESHMEN: Excitedly dancing to "YMCA," **Jack Lorenz (9)** and **David Mertz (9)** throw in some funky dance moves. At only the second rally of their high school career, the boys found the courage to dance around on stage and let loose. >>>Photo by Dakota McGranahan



>>>MERRY MOVEMENT: Rocking the drawn-on freckles and dramatic lipstick, **Destani Alapa (9)** leads the group of girls in a song. Her new style influenced her fearlessness as a new student on campus. "It was fun to be like, 'I'm cool being who I am, being really weird and crazy in front of pretty much the whole school. It was me just saying I'm not afraid to be myself. It was a day where everybody could look however they wanted and it didn't matter," said **Alapa**. >>>Photo by Ashlee Ruggels



>>>ALL SMILES: Smiling onstage, **Scott McCamish (10)** finishes his rap in front of the audience. But standing on stage surprisingly wasn't the highlight of McCamish's day. "My favorite part of Monty Nerd Day would have to be just walking around seeing people's outfits," said **McCamish**. >>>Photo by Ashlee Ruggels

>>>LIGHT SABER LOVE: Pausing mid-battle, **Alex Diggs (11)** shows off his dance moves. "My favorite part was dancing on stage with all my friends just being goofy as usual; it was the best part because there's nothing better than dancing like a fool in front of people," said **Diggs**. >>>Photo by Dakota McGranahan

yearly traditions leading up to

ATHRILLING NIGHT

Students got excited for Homecoming with a week of excitement

>>> The tradition of Homecoming is long-rooted nationally; Santa Rosa is no different. Orange and black clad students packed the stands to cheer on the Panthers football team as it took on one of its biggest and fiercest rivals, the Maria Carrillo Pumas. The crowd roared with excitement as **Angel Alfaro (12)** scored the first touchdown, and fans never lost hope, despite the fact that the Pumas responded to the home crowd's opening success with multiple trips to the end zone. The boisterous crowd quieted as the 2015 Homecoming Court was announced, and exploded into raucous approval as **Anthony Gallegos (12)** and **Victoria Mapoy (12)** were crowned king and queen.

"It was such a heartwarming moment knowing people voted for me. I didn't think I would win and that my best friend would win it with me. If I had to give advice to anyone nominated next year, don't see it as a competition, don't promote yourself. If things are meant to be, they are meant to be. Don't push for it; it's just a title," said **Mapoy**.

The next night, students filed into the gymnasium, which had been transformed into a Halloween-inspired haunted house by the cheer team. This marked a shift from recent years, where seniors celebrated Homecoming by dressing in "ghetto fab". The change reflected a campus-wide focus on cultural

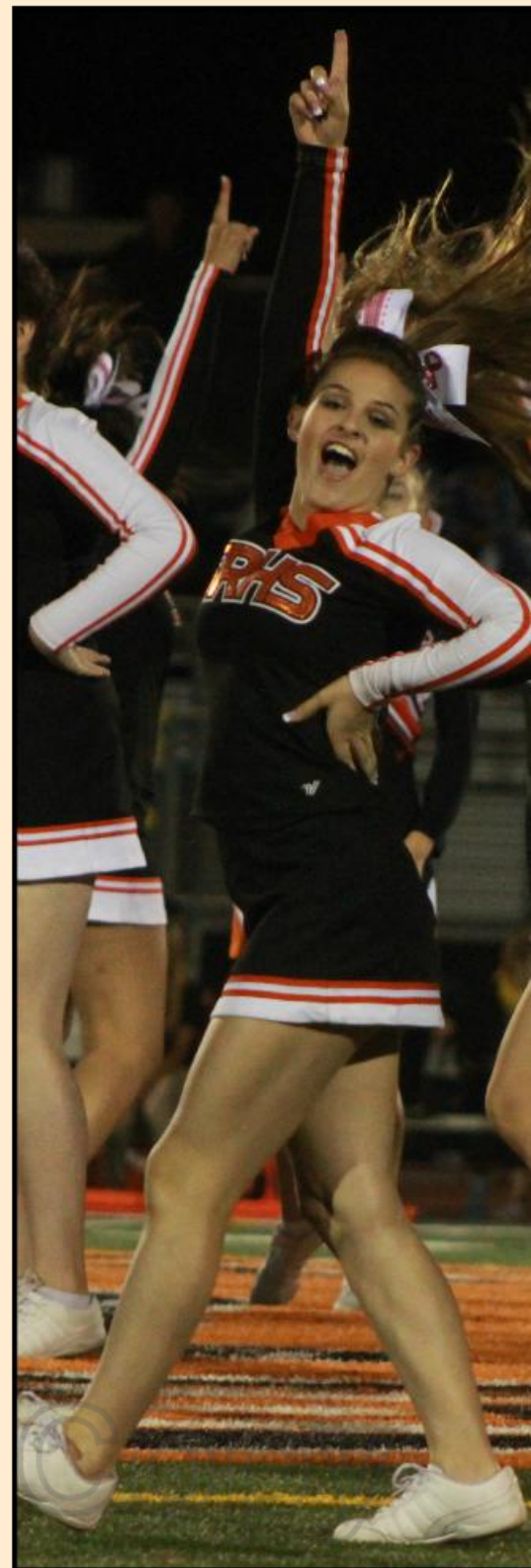
sensitivity, emphasized by presentations to the student body by local NAACP and BSU representatives. In respectful response, senior students agreed to move on to a new, more neutral theme.

As most upperclassmen represent the final members of the generation who experienced the decade of the 1990's, seniors showed up dressed to impress in outfits that reflected fashion of the time. Leotards, legwarmers, neon colors, and zebra print filled the room.

"Homecoming was a swell night; I can't wait for my senior year so I can dress up in a theme and have fun," said **Nathan Rhodes (10)**.

The cheer boosters worked for months on the dance to make it the best one yet. On the day of, the cheerleaders, their dates, and parents spent five hours setting up the dance. Transforming the gym, MPR, and the hallways in between the school meant that students were immersed in an entirely new environment than they see on a normal day. "I was expecting set-up to be boring, but working together with my cheer team made it fun. Everyone was working together which made us finish faster, and the decorations turned out great. I got a lot of compliments saying this year's Homecoming decorations were very creative and eye catching," said **Araceli Santana (12)**. Whether navigating suddenly spooky halls or flashing hot pink headbands, the Homecoming Dance had something for everyone.

>>> Page by Marrin Cherry



>>> **STANDING OUT:** While walking down the red carpet by her friend from kindergarten **Sivon Som (12)** glows with happiness. "When I was walking everybody there had their nomination speech about how they volunteer or they are super athletic. And mine was, she loves Xbox and I was like, yeah I'm a just a normal person guys," said **Som**. Shocked that she won Lady, **Som** was nothing but thankful and appreciative. >>>Photo by Olivia Glaubiger

>>> **DAZZLING KING:** After hearing his name announced as king, **Anthony Gallegos (12)** cannot help but smile while walking with **Jordan Walker (12)**. "It was a confidence booster and cool to hear people yelling my name," said **Gallegos**. He was shocked that he won because his nomination started as a joke with his friends. **Gallegos** thought there was a chance he would get a place in royalty, but never thought he would win king. >>>Photo by Summer Ponsford





>>>**ON POINT:** Hitting her moves with perfect footfalls *Eryn Francavilla (11)* keeps her energy and happiness up as she performs the routine. "The ending pyramid was my favorite part because we all had to work as a team, and we hit it," said *Francavilla*. Two months of stressful practices helped *Francavilla* focus on perfecting each stunt. >>>Photo by Dakota McGranahan



THINKING AHEAD: At one of his last games in highschool, *Alejandro Suarez (12)* contemplates how he will make the next play. When asked if he was going to continue football after high school, *Suarez* said "Kind of, I'm going to become an athletic trainer so i might be on the field." Surrounded by childhood friends, he cherished the last moments before he left the school. >>>Photo by Brandon Deamore

>>>**ELECTROCUTED:** Sitting in the homemade electric chair *Alaina McIntyre(12)* is lit up by red and blue flashing lights while fog coming from the ground covers her. Because she was hidden until someone flipped a switch and tuned it on, *McIntyre* blended in perfectly to the spookiness. Once people did see her they were interested in the creation. >>>Photo by Dakota McGranahan



>>>**LASTING MOMENTS:** Holding back her emotions *Daelee Wolfe(12)* focuses on moving smoothly through the dance. "It made me realize how much I will miss my non-senior friends and made me grateful for my senior friends I was performing with," said *Wolfe*. Because it was her last homecoming halftime she made sure to hit every move and stay positive. >>>Photo by Brandon Deamore



>>>**DANCING AWAY:** Having a blast and not caring what anyone thinks *Michela Teora(12)* and friends show off their moves. "My favorite song played was ET by Katy Perry because my friend and I broke out into what looked like an intense choreographed dance," said *Teora*. She was glad that her last homecoming had good music to dance to. >>>Photo by Dakota McGranahan



>>>**LAST MINUTE TACKLE:** Mario Carrillo's offensive line rushes the ball down the field when *Nico D'Amato(12)* takes down the ball carrier. The ball ended up flying out of the player's hand right before *D'Amato* took him down. It was one of many tackles that helped keep the boys spirits up. >>>Photo by Dakota McGranahan

>>>**TRUE COLORS:** Rocking their own fashion, *Miles Kesser(12)* and *Avery Lentz(12)* proudly walk down the red carpet to rally for votes. They were dating, so winning Duke and Dutchess together was a perfect fit. They showed their personality and rocked zebra print while accepting their awards. >>>Photo by Olivia Claubiger

>>>**BEST BUDDIES:** Hanging out in the quad, *Hannah Tilsch (11)*, *Alliyah Elias (11)*, *Bre Bianchi (11)*, *Ally McCullough (11)*, *Aly Daly (11)*, *Zachary Jorin (11)*, *Avery Apostle (11)*, *Kendra Simpson (11)* and *Kylee Scroth (11)* demonstrate the uniqueness in their costumes. Each of them dressed independently and their costumes reflected their personalities. >>> Photo by Olivia Claubiger



>>>**A BRILLIANT TEAM:** Dressed as Dobby and Professor McGonagal, teachers Jessica Dennis and Casey Elsa join their students *Opal White (12)* and *Milena Duarte (12)* for a photo. "I loved the fire drill, very suspicious that it rang on Halloween; ghosts maybe? It gave me a chance to see the huge crowd of costumes and take pictures with some friends," said *Duarte*. *White* was dressed as a student from Huffpuff and *Duarte*, a student from Gryffindor, as all four stood outside during a fire drill that occurred during third period. >>>Photo by Dakota McGranahan



>>>**BLACK OUT:** Imitating their favorite trio, Run DMC, *Seamus Young (12)*, *Cori Jones (12)*, and *Ross McKnight (12)* look back on their favorite moments together. "We've been friends since first grade. All three of us are basically the same person. We can tell each other anything and everything. I don't think there are any other two people that I could be more comfortable around," said *Young*. >>>Photo by Olivia Claubiger



>>>**SWEET AS AN ANGEL:** *Geena Espinoza (10)*, shows her sweet side. "I saw a ton of amazing and intricate costumes during the fire drill, more extravagant than mine. I thought it would be ironic to dress up as an angel because my friends say I'm the opposite," said *Espinoza*. >>>Photo by Dakota McGranahan

>>>**BATTER UP:** Dressed as the boys from the Sandlot, *Tommy Lavine (12)*, *Zack McCulloch (12)*, *Chris Leach (12)*, *Ryan Lorenz (12)*, *Elijah Bowers (12)*, *Nahom Michael (12)*, and *Zach March (11)* gather on the baseball field to reenact a scene from the movie. "We all knew we wanted to do something together and we had a group message that we threw ideas back and forth to each other. Finally someone mentioned the Sandlot and we all thought we could do it very well," said *Lorenz*. They picked the characters who fit their personalities best. >>>Photo by Brandon Deamore



>>>**SWEETER THAN PIE:** Goofing off, *Sophia Samonte (12)* and *Tyler Kelley (12)* joke with each other while waiting in line to get their Halloween polaroid. "I like Halloween because it gives people, like us, a chance to step into someone else's shoes and dress up as whatever they want, it's a good time to show your creativity and personality," said *Samonte*. >>>Photo by Dakota McGranahan



>>>**HAPPILY EVER AFTER:** Dressed as Disney characters, *Michaela Teorra (12)*, *Sabrina Lopez (11)*, *Max Prosser (10)* and *Hannah Huisling (12)* do their best impersonations of their Disney counterparts. "Our love for Disney inspired our costumes. We chose the character we thought would best fit ourselves and just went with it. It was a very successful Halloween because we had so much fun with it, it was like living in a fairytale for a day, like Disneyland at school," said *Lopez*. *Prosser* and *Huisling* dressed up as Flynn and Rapunzel from *Tangled* and stood next to *Lopez* and *Teorra* dressed as princess Jasmine and Snow White. >>>Photo by Ashlee Ruggels

>>>THREE PEAS IN A POD: Dressed as corresponding fruits, friends *Isabella Lopez (9)*, *Mackenzie Matthewson (9)*, and *Olivia Ruggels (9)*, spend time together as they enjoy their lunch in the courtyard. "The three of us have been really good friends for awhile and we wanted to do something together, so we kept it a surprise until Halloween," said *Ruggels*.
>>>Photo by Olivia Glaubiger



remembering the gh'oul times

PICK OF THE PATCH

On Halloween, Panthers get batty

>>> Halloween is a time in which you are allowed to be the complete opposite of who you are typically. From costumes like Danny Phantom to the Joker from Batman, students and teachers alike pride themselves in creating the most elaborate and unique costumes. One costume stood out in particular, *Azlen Ponte (11)*, dressed up as John Bender from the movie, *The Breakfast Club*, and embraced her character completely. "I'm a weirdo and like eighties movies too much so I thought 'you know what why don't you just do it?' So when I went into class I would put my feet up on the desk and say 'eat my shorts' or something along those lines. Plus I kind of have the same hair as him and thought it would be fun" said *Ponte*. She spent her Halloween trick-or-treating with her friends *Reyn Warr (11)*, and *Rachel Seitz (12)*.

Meanwhile on campus, *Marlo Bertozzi (12)* created an uproar among the senior class with her group costume. *Bertozzi* and other seniors in her class decided to dress up as students from the well known franchise *Harry Potter*. They dove into the planning and watched it come to life as they divided the students into the four houses, created a Great Hall in the quad to dine at, and elected

David Mertz (9) to be their golden snitch. "I hate doing individual costumes and I thought about my friends, we call ourselves the Nerd Herd. I was thinking of something fun for all of us to do, and then I came up with the Harry Potter idea, and suddenly it grew from ten to forty people wanting to join the Hogwarts community", said *Bertozzi*.

Wherever one looked, students were dressed as their favorite characters, creatures, or even food items. *Matt Farren (12)*, who had been homeschooled until only this year, was taken aback by the elaborate costumes found on campus. "The fact that there were maybe a couple people who didn't dress up was crazy awesome to me. Everyone seemed to be wearing a Halloween costume in some form or another. It was just really cool seeing people being crazy and doing what they wanted," said *Farren*. Halloween was just another example of the ways students are given the freedom to be unique. Each costume represented an aspect of students on campus, demonstrating creativity as a community. >>>Page by Dakota McGranahan



>>>PURE EXCITEMENT: Dressed in onesies, *Jacob Nightingale (12)*, and *Matt Farren (12)* smile their brightest after discovering a friend in the distance. "I was a Reggae shark, it's from a video on YouTube. During the fire drill it was ironic because I was a shark on land during a fire" said *Nightingale*. The fire drill was an opportunity for everyone to see friends in their costumes and grab a picture or two before the next period. >>>Photo by Dakota McGranahan



>>>LOST IN WONDERLAND: Getting into the Halloween spirit, *Kurtis Lang-Halls (12)*, impersonates the Madhatter by giving his most malevolent smile. "I love dressing up, it's one of the best things about Halloween, the second being all the scary things," said *Lang-Hall*. He loved *Alice in Wonderland* and his costume was inspired by Lewis Carroll's work. >>>Photo by Ashlee Ruggels



>>>SNOWED IN: Dressed in his warmest clothing, **Evan Mason White (11)**, endures the below-freezing temperatures on an Oregon road in search of the perfect shot. "The trip was a lot of fun. I really enjoyed spending some quality time with some really cool Peeps. The marshmallow kind of course," said **Mason White**. He, and a few friends, drove up North to take photos, explore, and visit family.

>>>THE WATER'S NICE: After a long day on the water, **Bre Bianchi (11)** and **Ally Daly (11)** pause to take a quick selfie and enjoy the beautiful weather in Cabo San Lucas, Mexico. "[Bre and I] were just riding around on the jet ski, minding our own business, when these people started to chase us. It was actually really scary. That's definitely something that I'll remember," said **Daly**. In addition to Cabo San Lucas, Daly and Bianchi also visited Mazatlán and Puerto Vallarta.

>>>SEASON'S GREETINGS: While attending the annual Dicken's Faire in San Francisco, **Grace Smith (9)**, poses with the event's festive decorations. "I really enjoy going to all of the booths and trying all the food and activities," said Smith. She and her family have attended the Dicken's Faire for over six years during the holidays.

>>>FOUR WHEELIN': Following an exciting ride in her four wheeler, **Brittany Bignasca (12)**, steps out to enjoy the crisp air. She and her family traveled to Washington City to enjoy the fresh snow and some thrilling motorsports.

>>>G'DAY MATE: While warming up for a game of baseball with team members from across the country, **Zach March (11)**, pitches to his teammate, **Evin Pelosi (11)**. The two were part of a group that traveled to Perth, Australia for a weeklong series of games against Australian baseball teams. "It was really cool that we got to spend New Year's Eve with my American and Australian friends watching the fireworks display," said **March**.



>>>LEAP OF FAITH: On a family trip to Jamaica, **Cooper Fox (9)**, jumps off of a cliff into a swimming hole near a group of waterfalls. "It was really amazing spending time with my whole family in such a beautiful place," said **Fox**. While in Jamaica, he also spent his time swimming in the ocean, touring Bob Marley's house, and exploring the island's beautiful scenery.





walking in a WINTERWONDERLAND

Students enjoy winter break at home and abroad

>>> A multitude of winter storms brought snow to higher elevations and heavy rain closer to home; after years of drought in California, many students took to the slopes to enjoy the picturesque winter conditions, while others sought escape to more exotic locales across the globe. One such person was **Cooper Fox (9)**. During the break, he and his family visited Jamaica. While there, **Fox** and his family spent their time exploring waterfalls, swimming, and above all, relaxing.

"My grandma decided to take the whole family I'll always remember spending quality time with everyone in such a beautiful place", he said. **Bre Bianchi (11)** and **Ally Daly (11)** also enjoyed some fun in the sun; the pair took a cruise to Mexico, stopping in Cabo San Lucas, Mazatlán, and Puerto Vallarta along the way.

"Of the three, I really liked Puerto Vallarta the best because there was so much to do

there and it was just so beautiful", said **Daly**.

Others embraced the winter weather: **Sophia Emad (12)** braved heavy snow hoping for fresh powder and perfect skiing conditions. **Emad**, who hadn't been skiing in over eight years, was lucky enough to catch a break in the storm, making for a perfect snow day.

"We just went up for the day, and the snowstorm made getting there a little tough, but in the end it was totally worth it", said **Emad**. **Cami Foley (10)** also ventured into the snow; when she and her family attended a family wedding at their cabin in Donner Lake. While there, they took advantage of the fresh snow.

"I went down a really steep hill on a plastic sled, but the hill was covered in ice and I didn't notice until I was flying off the bumps and the sled was breaking apart", said **Foley**.

>>>Page by Jack Fowle



>>>SNOW DAY: On her first ski trip in years, **Sophia Emad (12)** braves a harsh El Niño snowstorm in pursuit of the perfect powder. "[The skiing] was actually amazing. It was a little sketchy with the storm, but it was a really great time," said **Emad**. Heavy snowstorms throughout the month of December brought ideal skiing conditions, enjoyed by many.

>>>TOUGH SLEDDING: After a bumpy ride, **Cami Foley (10)** holds up what remains of her sled at the bottom of a snowy hill. "I started to lose control of the sled and before I knew it, pieces of the sled started to splinter off," said **Foley**. She and her family visited Donner Lake for a family wedding over New Year's weekend.

these boys become

DROPDEAD DIVAS

Mr. Panther contestants strut their stuff

>>> The lights dimmed, and the audience quieted. Excited whispers shot through the auditorium as twelve chosen boys prepared their big entrance. Suddenly lights flashed, music blasted, and the cheering began as this year's Mr. Panther competitors took the stage for a jaw-dropping dance.

With two extra spots this year because of the immense talent, a larger group of boys were chosen to perform in Mr. Panther, a men's pageant, and recent tradition to the school. Talents this year ranged from baking cookies to rapping. Singers and dancers alike showed off their talents, with comedy sprinkled throughout the swimwear and evening wear portion of the show with **Sean Rollins (12)** dressed as an alligator and **Ross McKnight (12)** inspiring giggles in his sleek speedo.

The show did not succeed without some obstacles along the way. **Matt Farren (12)** experienced setbacks after his dance partner was unable to perform with him. "It was definitely unexpected. Thankfully, my sister stepped in, and we live together, so being able to meet up wasn't too much of a hassle. We practiced three times, but stayed incredibly focused, and at the last minute we were able to pull something together I was really proud of," said **Farren**, who danced to his original song, "How to Be a Gentleman."

The experience was a rewarding one for all of the boys this year, in particular **Caleb Robinson (12)**. His piano rendition of "Bohemian Rhapsody" led to crowd participation as people pulled out phone flashlights to wave as they belted the lyrics to the classic song.

"Playing piano on stage was nothing new to be honest; I've been playing for like 7 years now. But when I noticed that the crowd was getting into it so much, it added a whole new level of pressure, and it was so terrifying, yet so amazing," said **Robinson**.

The fantastic performances led to a difficult decision for the judges, but finally, the moment arrived for the winner of the contest to be announced. **Aidan Bourdage (12)** stood with his newfound friends, awaiting the announcement as thoughts ran through his mind. "Right before they announced was the first time I really thought about who was going to win. And I went, 'oh wait this might be me,' and the next thing I heard was my name. It was really a 'what just happened' moment," said **Bourdage**.

A successful show and even more successful experience for those involved, Mr. Panther astounded judges and audience members alike. >>>Page by Ashlee Ruggels, Summer Ponsford, Johannah Todd and Kala Russell



>>>CROWNED KING: At the end of show, **Aidan Bourdage (12)** stands in awe as he is crowned Mr. Panther. His knockout original song, guitar skills, and heartfelt interview answers were what put him at the top. "Performing by myself wasn't as bad as people probably think, because since I wrote the song with my friends in mind, I felt like they were there with me, and it was really empowering," said **Bourdage**. >>>Photo by Ashlee Ruggels

>>>THE VOICE: Singing his heart out, **Andrew Williams' (12)** voice fills the auditorium with his rendition of *Rolling in the Deep* by Adele. He appeared calm onstage, but his pre-performance jitters were another story. "It was straight up scary and my legs were shaking. Honestly I just practiced a bunch alone in my room and for my parents. They got pretty annoyed after awhile," said **Williams**. >>>Photo by Olivia Glaubiger

>>>LEAVING IT ALL ON THE FLOOR Showcasing all of his best moves, **Chris Leach (12)** inspires gasps in his leather pants. After dancing in the ArtQuest program for three year, Leach was prepared to use every dance move in his inventory, and that he did. >>>Photo by Dakota McGranahan

>>>SUNS OUT GUNS OUT: Flexing for the crowd, **Dylan Gault (12)** spreads excitement through the auditorium in the swimwear portion of the competition, escorted by **Sky Arvin (12)**. But his favorite part of the show was sitting amongst his drums and jamming for his talent. "Without music my life would be so boring. I constantly am listening and looking for new music to play. Music, for me, is the thing I can do no matter how I'm feeling. If I'm mad it calms me, if I'm calm it hypes me up and puts me in a good mood (especially on drums). To me music is the best therapy and I would be lost without it," said **Gault**. >>>Photo by Ashlee Ruggels





>>>THE PERFECT MIX: During the talent portion of the competition, **Tyler Kelley's (12)** comedic personality shines through as he explains the true science behind baking cookies. Some audience members were lucky enough to receive delicious chocolate chip cookies from his assistants **Sophia Samonte (12)**, **Victoria Trono (12)**, and **Ashlee Ruggels (12)**. >>>Photo by Dakota McCranahan

>>>ALL FOR ONE: In their opening dance, the contestants get dramatic as they circle around. Though it was a competition, the camaraderie contestants experienced made it an unforgettable night for them all. >>>Photo by Olivia Glaubiger



>>>PIANO MAN: Blowing the crowd away, **Sean Rollins (12)** demonstrates both his incredible vocals and piano skills. "Right before we went on stage we were all waiting in the foyer. Hearing close to a thousand people cheering for me was one of the coolest feelings I've ever felt," said **Rollins**. His participation in the ArtQuest Choir program helped his voice and confidence develop, leading to this astounding performance. >>>Photo by Olivia Glaubiger

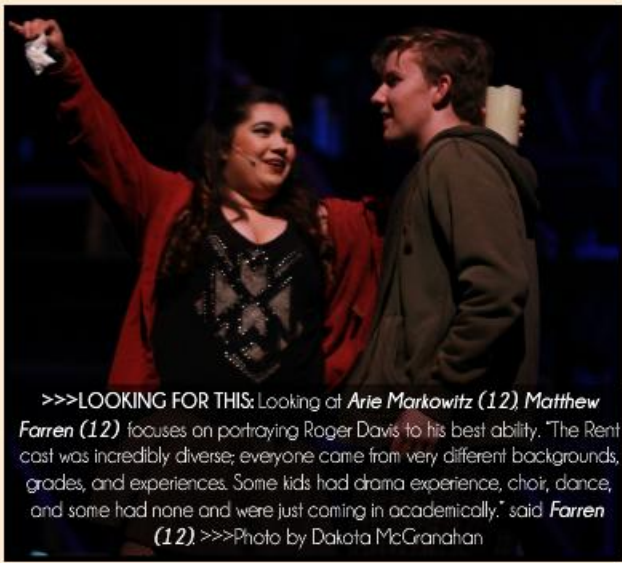


>>>IN PERFECT RHYTHM: The contestants twirl together in a less-than-uniform circle as a part of their opening dance. "To be honest, I didn't really want to do it at first. I joined the program because of my friends. But I soon realized that it was good that I did it," said **Jacob Nightingale (12)**. Before their opening dance, the boys ran around the main building, void of people, to ease their anxiety. "It was also a cool feeling being in the main building with all the lights off and nobody else in it," said **Nightingale**. >>>Photo by Ashlee Ruggels

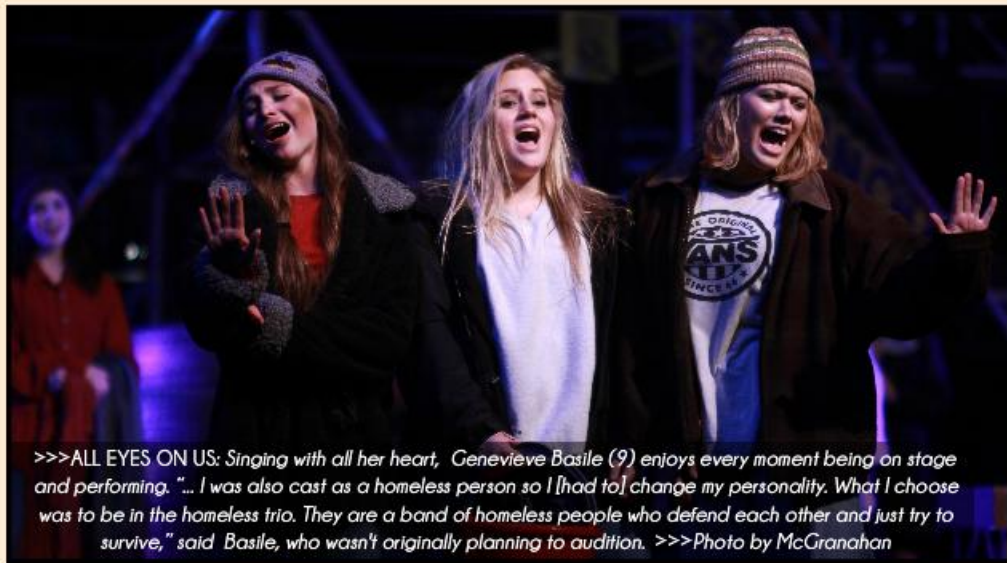
>>>LIKE A GLOVE: Alongside his longtime friends **Seamus Young (12)** and **Cori Jones (12)**, **Ross McKnight (12)** struts his stuff during the evening wear competition. "All of the guys are super funny and it was a great time hanging out with them all those months [preparing for the show]," said **McKnight**. >>>Photo by Dakota McCranahan

>>>TWINKLE TOES: Dancing to his original song, **Matt Farren (12)** demonstrates his musical theater talents. "My favorite part about being in Mr. Panther was definitely getting to meet all the incredibly talented guys who made up the show," said **Farren**. >>>Photo by Dakota McCranahan





>>>LOOKING FOR THIS: Looking at *Arie Markowitz* (12), *Matthew Farren* (12) focuses on portraying Roger Davis to his best ability. "The Rent cast was incredibly diverse; everyone came from very different backgrounds, grades, and experiences. Some kids had drama experience, choir, dance, and some had none and were just coming in academically," said *Farren* (12). >>>Photo by Dakota McGranahan



>>>ALL EYES ON US: Singing with all her heart, *Genevieve Basile* (9) enjoys every moment being on stage and performing. "... I was also cast as a homeless person so I [had to] change my personality. What I choose was to be in the homeless trio. They are a band of homeless people who defend each other and just try to survive," said *Basile*, who wasn't originally planning to audition. >>>Photo by McGranahan

a show that went ABOVE AND BEYOND

The *Spring Musical* receives several standing ovations

>>> Awaiting backstage, the performers took their places as they frantically prepared for the next scene. The scene began, and *Chris Calloway* (11), walked onstage and immediately jumped into a song under the hear of the spotlight. When the performance ended, he stood still amongst the other actors as they listened for applause from the audience, and then rushed backstage once more to get ready for another scene.

"When the lights came on opening night, we were all standing backstage ready to go. There was this feeling of exhilaration and nervousness; it was surreal," said *Calloway*. The show was a success, but not without the proper amount of stress. The cast was forced to face some major setbacks just hours before showtime when *Alyssa Thornton* (11) and *Dominic Costantino* (10) both became seriously ill and could not perform.

"He was sick beforehand and they told him to try and go onstage anyways, but before he could go on he threw up. *Hannah Froman* (10) went on last minute and took his part and she did amazing. we were silently cheering her on backstage," said *Jolie Santos-Ramsey* (10). While these setbacks drastically changed the production, it didn't hinder their performance, as the cast received a standing ovation after their final show. While this commotion occurred behind the curtains, *Santos-Ramsey* applied makeup and chatted with the other cast members to pass the time between scenes.

"I will miss all the people I had a chance to work with

during this show. I got to know all of these people, who I probably never would have met otherwise. To work collectively as a group and see all the individual talent in this show was really eye opening for what amazing talent we have here on campus," said *Santos-Ramsey*. Outstanding performers like *Santos-Ramsey* are what contributed to the overall excellence of the production and attracted many viewers

When the production finally ended, it was the cast's job to take down the set and clean the stage. It was a sad moment for most because it symbolized the end of the journey, and for some juniors and seniors, it was their last musical in high school. However, *Seren Reed* (9) only saw it as an opportunity to continue his career as a performer and reflect on the show.

"I feel I fit in well in the show, I don't feel that the other performers ever looked at me as just a freshman. It felt so when we were building the set because I didn't know the people I do now. It's amazing the difference six shows can create," said *Reed*. As their production ended, the cast members said farewell to the stage and their fellow performers. The stage they had made home for the months leading up to the play now became a fond memory to the performers as they continued on with their academic careers and pursued their aspirations as actors and artists alike. >>>Page by Dakota McGranahan and Jennifer Camacho Nunez

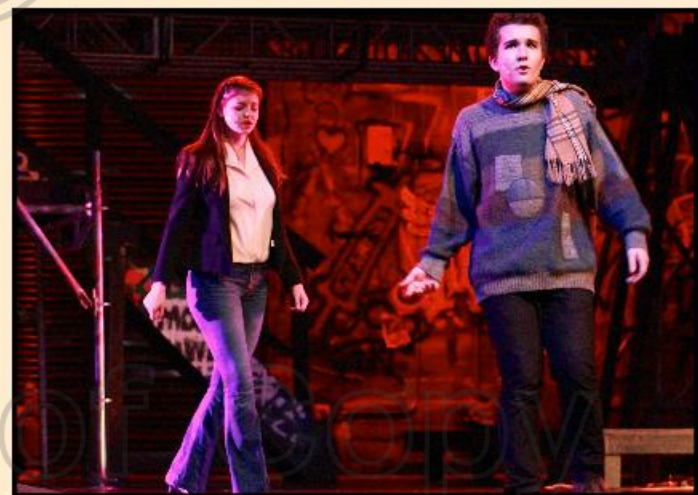
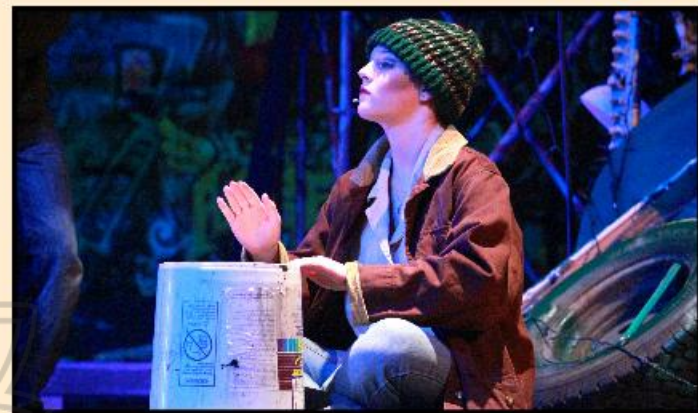


>>>IN THE LIMELIGHT: During a scene, *Ariana LaMark* (11) sings into a telephone before taking off backstage. "When I was on stage for the first night, I felt unstoppable. The energy from the audience and the adrenaline rushing through my body made me feel energized and fearless," said *LaMark*. In addition to *RENT*, *LaMark* was also in *Once Upon A Mattress* her freshman year. >>>Photo by Dakota McGranahan



>>>A CLASSIC: Picking up the phone, **Delano Bell (12)** portrays the main antagonist of the show, Benny. "When I was performing I tried to feel "Benny" as much as possible and think how he'd think and walk like he'd walk," said **Bell**. He liked acting but at the end of the day he'll always be a trumpet player. >>>Photo by Dakota McGranahan

>>>GLAMEROUS: Preparing for the show, **Karen Lopez (10)** applies her makeup backstage. "I didn't know how to apply the makeup because I don't wear any normally. So after my friend showed me how, I practiced enough to get it right on opening night," said **Lopez**. Not only was this her first high school production, but also the first musical she's performed in. >>>Photo by Dakota McGranahan



>>>DREAM ON: Playing the "drums" **Sarah Alchemy (10)**, breathes in slowly to calm her nerves "[when performing Rent] I was having a fun time with the people that I love and doing the musical that I love. I felt really happy," said **Alchemy**. >>>Photo by Jennifer Camacho Nunez

>>>ANOTHER MOMENT, ANOTHER MEMORY: As **Tucker Lang (10)** acts with **Alyssa Thornton (10)**, he embodies his character, Mark Cohen, completely. "[I was] very very nervous [when I was performing Rent] the first five minutes for every show I would be shaking. [Later] after the scene then I was ready to go. Then I just had fun with it and loved it," said **Lang**. >>>Photo by Jennifer Camacho Nunez

>>>LIGHTS, CAMERA, ACTION: Smiling to the audience, **Ava Luthin (10)** feels the love. "... so there's a superstition among theater kids where you aren't aloud to say the world Macbeth in a theater because that [play] is cursed. So one night somebody said it and everything went wrong. Somebody threw up backstage, mics went off, my mic pack fell off, [and] it was a mess. I look back at it now and we just laugh about it," said **Luthin**. >>>Photo by Dakota McGranahan



>>>**SHOES MISHAP:** Enjoying a beautiful and sunny day, **Garcia Guadalupe (10)** and her chambelanes display their intricate and traditional outfits. **Guadalupe** marveled that it was extremely important to have reliable chambelanes whom you can trust. "During the first dance, one of my chambelanes stepped on another of the chambelanes' shoes and he didn't stop dancing, even if he didn't have a shoe" said **Guadalupe**. If her chambelan hadn't known exactly what to do in a tricky situation, the dance would've been ruined. .

>>>**A PARENT'S SACRIFICE** Escorted by her five chambelanes, **Tanya Guzman (10)** enjoys a bright, perfect day for a quinceanera in wine country. "I'm definitely more thankful for my parents because I know that not a lot of girls have the opportunity to have a quinceanera" said **Guzman**. Realizing the sacrifices that her parents had to make, **Guzman's** relationship with her parents was strengthened and she now has a more defined sense of parental sacrifice and love.

>>>**SIX YEARS LATER:** After celebrating her quinceanera, an experience she has been waiting to have since she was nine years old, **Ana Perez (10)** poses happily for the camera. "The practices were definitely my favorite parts of my quinceanera process because we always had a lot of fun and they were special moments that me and my chambelanes shared" said **Perez**. She recollected that she not only found her quinceanera enjoyable because of the party, but she also had a great time preparing for the event.



>>>**VALS:** Smiling happily after a fun-filled quinceanera, **Alondra Cueves (11)** poses with her beautiful flower bouquet. "I loved everything about my quinceanera. my favorite part was the Vals because I had 14 chambelanes so dancing with them was a lot of fun" said **Cueves**. She also recalls that one of the most memorable parts of her quinceanera was when she received her traditional ring, necklace, and crown.



>>>**IT'S WORTH IT:** Before heading to the ceremony, **Pachuca** takes photos in suburban Healdsburg. "There was so many places you had to prepare for it" said **Pachuca**. Ho





...ing to an event that would ultimately change her life, **Lisset Pachuca (10)** ...g. "My quinceañera went smoothly but it was stressful to plan it out because ...ad to go and things you had to do to get ready. We took over 9 months to ...wever, she believed that the amazing end result of such a well-planned event ...was, "totally worth it."

fifteen years old and COMING OF AGE

Quinceñeras leave a forever imprint on girls' lives

>>>A quinceañera is a celebration of a hispanic or latina girl's fifteenth birthday and it can include a church ceremony and a party. "It takes a year to plan a quinceañera, and the process is comparable to that of a wedding. Just as many people come to a quinceañera as to a wedding, and just as much money is spent to have one," said **Tanya Guzman (10)**, who recently celebrated her fifteenth birthday with a quinceañera. Planning a quinceañera is extremely stressful; the party requires months of practice for the dances, dinner rehearsals, and it will be hosted for anywhere from fifty people to three hundred people. "Planning your quinceañera empowers you and it gives you a new sense of responsibility that shows you how much you can do," reflected **Karen Lopez (10)**. There is an abundance of things that goes into preparing for one's quinceañera, from buying a dress, to making sure to maintain a steady weight to fit into that dress. "I had to do a lot of daily exercises to stay fit so that seven months after I ordered my dress, I would still be the same size and I would fit in my dress," said **Garcia Guadalupe (10)**.

A quinceañera represents one's emotional, physical, and spiritual growth. "My quinceañera meant that I was turning into a woman, I wasn't a little girl anymore and realizing that I was a woman made me both terrified and excited," said **Ana Perez (10)**. Though it is optional to have a church ceremony, most girls choose to have one because it makes them feel a deep emotional connection with their God. "The really special thing about having a church ceremony is the priest congratulating you and showing that your religion, and God, has supported you throughout your life," said **Guzman**.

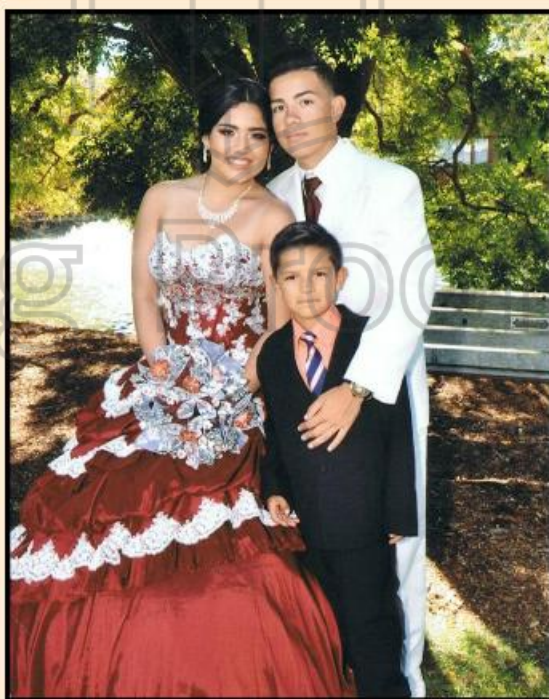
There are many traditions surrounding quinceañeras, from the traditional dance with a father or godfather,

to the change of shoes ceremony. The father-daughter dance stood out specifically to **Celeste Manzo (11)**. "It was exciting to dance with my dad and it made me feel really good and happy," said **Manzo**. The change of shoes ceremony is when a girl changes from flat shoes into high heels, representing her change from a girl into a woman. Aside from the more popular and prevalent traditions, many families tend to have their own traditions that they continue at a quinceañera. "Since I was little, my mom always put my face in my birthday cake. So at my quinceañera, she did the same thing. It was hilarious because I didn't expect her to do it, even though it's our tradition, because I had a bunch of makeup and my fancy dress on," said **Lopez**. Another tradition is to hand out fifteen roses to those who you feel have supported you the most throughout your life. "I liked to give the roses out because it made me happy to give them to my family," said **Alondra Cuevas (11)**. Yet another tradition is to have a book of messages signed by each of your family members at your quinceañera. "The messages people wrote to me in my book showed me all of the support I have from my friends, family, and hispanic community. It's amazing to see all of those positive messages that show you how valued you are and give advice for the future," said **Lopez**.

The long months, and even years, of planning a quinceañera, the party of a quinceañera, and the religious ceremony a girl may have are extremely enjoyable because of all of the fun that one has when going through the process. "My quinceañera was the best experience I've ever had" said **Guadalupe**. A quinceañera leaves a deep imprint on a girl's life; it is a process that teaches her responsibility and patience and it marks the change from childhood to womanhood. >>>Page by Cassy Moretto



>>>**DREAMS COMING TRUE** While modeling her beautiful and intricate crown, **Karen Lopez (10)** smiles with her balloon bouquet. **Lopez's** family and friends showed their support and love for her by leaving loving and supportive notes in a book for her to keep forever. "My quinceañera was an amazing experience that I had waited for many years. Ever since I was little, it was "that one thing" that I wanted. So when I finally got it, it was a dream come true," said **Lopez**. She also marveled in the religious moments that she experienced at her church during the ceremonial part of her quinceañera.



>>>**BROTHERLY LOVE:** Accompanied by her two brothers, **Eloisa Oseguera (10)**, takes advantage of Sonoma State University's lovely and photogenic scenery. **Oseguera** relied on her older brother, **Juan Oseguera (11)**, for support and guidance since she was a child. "At my quinceañera, I had my father-daughter dance with my brother because he truly has played the role as my father for as long as I can remember. I never had my real dad to be there for me, and so it was my brother who helped me through school, and life in general. He was always my shoulder to cry on and he has always been there for me" said **Oseguera**.



>>>**FAMILY TIME:** Smiling happily with her parents, **Celeste Manzo (11)** celebrates her quinceañera at the Flamingo Hotel. **Manzo** enjoyed her quinceañera because of the quality time she got to spend with family that she usually does not see. "I loved seeing my family from Arizona and Madera and it made me really happy that they all came from so far away to spend time with me" said **Manzo**.

>>>NATURE NEEDS BEES: Beekeeping members *Caroline Mertz (12)*, *Emily Coddling (11)*, *Melanie Mathewson (12)*, *Alana Macken (9)*, and *Reilly Welsh (10)* talk about the importance of attention for bees, and how humans cannot survive without them. "I heard what was going on with CCD (Colony Collapse Disorder) which is huge right now. I don't think people know that we wouldn't have fruits, vegetables, or anything without bees since they basically run our economy. We just want to educate people about that," said *Macken*. The club planned to start a hive the following spring. >>>Photo by Dreena Edilior

>>>WORLDWIDE CLUB SERVICE: As *Sophie Haugen (10)* and *Casey Peterson (12)* describe how InterKey runs and sign up eager students wanting to join the club. "There are over 750 clubs in California alone. This international club is in the U.S.A, Asia, and everywhere around the world, and we want more people to be available for service," said *Haugen*. New members were needed to contribute their free time to InterKey. >>>Photo by Dreena Edilior



>>>SAVE MOTHER NATURE: Among the group of planet-savers, *Catherine Moretto-Regout (10)*, *Angelina Espinoza (10)*, and *Ankita Menon (11)* stand ready to share the goal of Climate Protection Club. "We do campus clean-ups and fundraisers. And fundraising is something that helps our club achieve goals, in order to keep not just the campus, but the environment clean too," said *Espinoza*. Thirty students signed up on Club Day to do help prevent future damage to the Earth. >>>Photo by Dreena Edilior

>>>CREATE, SELL, EXPLORE: Many students admire the creations made present by *Brittney Miller (12)* and *Kimberly Ocasta-Ha (12)* for Clay Club. "We raise money to go on field trips together. Last year we went to Alcatraz and bought food with the money we made by selling our clay products," said *Ocasta-Ha*. The members sold what they made with the rest of the club's creations to fund exciting field trips. >>>Photo by Dreena Edilior

>>>ACCEPTANCE OF ALL: On Club Day, *Perla Magana (12)*, *Sarah Delair (09)* and *Fabiola Lawson (12)* explain what students might not know about Christian Club. "We don't have any restrictions as to who we take in. We accept anyone, even people who don't believe. And it's nice to have people come in and just listen," said *Magana*. Members spoke their mind without worry of judgment and were taught healing through prayer. >>>Photo by Dreena Edilior

the future starts in

STUDENT CLUB LIVES

The Annual Club Day spreads diversity and exemplifies uniqueness

>>> Just as the end of summer rolled into fall, the leaf-covered quad filled with campus clubs ready to spread their message. Club Day, the annual day when students explored the vast lineup of groups available to join, brought a lunch hour buzzing with the high energy of different tables trying to attract new members.

Many clubs used creative ideas to engage students checking out their tables. The newfound Asian Club gave out candy to students and were friendly to every person who showed interest. Regardless of how they caught new members' attention, **Jerry Vang (12)** was dedicated to make this year unforgettable.

"We do fun activities together, things that are culturally related. We got 50 members that signed up and honestly I believe that we had the best table because we were the most hyped of all the club tables there. I got Asian Club started up again [it had ended 5 years prior] because I wanted to have a memorable and exciting senior year with my friends for my last year in high school," said **Vang**, President of Asian Club.

Fandoms United Cosplay Club also had interesting props and clothing, while Clay Club

displayed their creations for students to admire, and Chess Club set up the game for students to compete with current members.

There were also clubs set on making global change. Climate Protection Club's goal was to prevent dangers to the environment by doing campus clean-ups, while InterKey taught leadership through serving others. National Honor Society strove to include all students in its activities, honoring academic and philanthropic achievement. They also were responsible for the annual Day of Tolerance event, which focused on acceptance and diverse empowerment. "Everyone's welcomed to join. We're doing this for the benefit of society and our club culture is to show there's still intolerance in the world and it's time for everyone to come together and banish it," said **Nicolas Caravelli (11)**.

Club Day was filled with ambitious members offering, with open arms, an invitation to students to be part of their cause. As the event ended, clubs were left with long lists of new names to jumpstart the year's new member enrollment. >>>Page by Dreena Edillor



>>>GO FOR GOLD: Math Club Publicity Chair **Sam Esperon (12)** and Vice-President **Tommy Nguyen (12)** share the only achievement the club strives for. "We pretty much have one goal, and that's to beat Montgomery High School. Well and to have the trophy once we win all the tournaments by the end of the year," said **Nguyen**. Members were given tests once a month that were then entered into the math tournament. >>>Photo by Dreena Edillor



>>>KNOWLEDGE THROUGH TRIPS: SRHS History Club members tell about their local history teachings by visiting places such as Angel Island. "Every Tuesday at lunch we get together and plan trips to places to learn about," said **Jeffery Perrone (12)**. They volunteered at history museums and gave out information to the museum visitors. >>>Photo by Dreena Edillor

>>>VOICE OF JUSTICE: BSU member **Eva Nelson (11)** and Vice President **Keviette Minor (11)** explain how the club hosts discussions about today's social issues and how they can make a difference. "We're here to educate people on our history and culture, talk of stories on the news and discuss ways to make a change," said **Minor**. BSU welcomed all students to join their cause. >>>Photo by Dreena Edillor



>>>BREAK A LEG: Joyfully promoting the Drama Club, **Teryn Trent (11)** and **Annabel Cowden (12)** advertise their lovely sign. "In Drama Club, we play fun improv games and talk about upcoming events for ArtQuest Drama. You don't have to be in ArtQuest to join. Anyone can come by to be yourself because we're all weird and crazy," said **Cowden**. Drama club held their meetings at lunch in the black box, where what happens in there, stays in there. >>>Photo by Dreena Edillor

>>>**STRONG FINISH:** With first place on the line, **Xander Sugarman (11)** goes all out. With his opponents nipping at his heels, he shifted into a higher gear and bolted for the finish line. "Riding for fun is awesome, except when I get hurt. The most challenging part is training and racing. Doing hill repeats for hours on end is not fun at all; although racing has its fun parts, it is also incredibly painful. When it is all over, I feel better about myself at the end of the day," said **Sugarman**. He hoped to someday get top ten in nationals and go even further on to even more challenging races.



>>>**STUDENT SPOTLIGHT>>>**

"I first started working on my car when I was 9, my dad had bought me a 1966 mustang. I grew up loving cars, they are special to me, so when I was old enough I learned how to work on them with my dad. He was good friend with a mechanic so we got tips from him."

Wayne Wright(10).



>>>**IF THE CROWN FITS:** Unable to hide her joy, **Kyra Cromwell (12)** gets crowned World's Most Perfect Teen. "There are different categories for pageants, so for some like glitz pageants you need a very sparkly gown, and your outfit of choice has to be totally out of the ordinary. I've done an Egyptian costume and a Victorian style, and swimsuits which are also glittery. There are also natural pageants, where you wear more casual clothes. I was doing glitz pageants for about four years, so I did a lot of those really sparkly outfits for a while, then I moved into the USA system, where you want a sparkly gown but not too showy and your swimsuit will be a plain color with jewelry to accentuate it," said **Cromwell**. She began competing when she was twelve, after a friend from her competitive cheer team suggested it.

take a break from the schoolwork with
UNIQUE HOBBIES
 Students do what they love outside of school

>>> It might be dancing, reading, sewing or rock climbing, but no matter what it is, hobbies create experiences, while providing an enjoyable pastime.

Spinning was an outlet for **Andi Lameiro (12)** from the stress of school life and pent up energy after long days in class. Angel poi was also a fun activity that she was able to share with her friends.

"My friends and I spin angel poi. They're a flow toy that you spin and do tricks with, normally to music since that makes it a lot more fun. I like spinning because it's so simple yet fluid and elegant, and it's fun to get really into it and just let my energy flow," said **Lameiro**.

Lameiro and her friends were first introduced to angel poi by her friend. She had also recently taken up hooping and selling her handmade crystal necklaces.

Hobbies can teach important skills. For **Sage Cleek (09)**, dancing every day in the Artquest program and after school dance companies was a good opportunity for her to prepare for a long future in dance. She hoped to be able to travel with NUVO Dance Convention and later become a dance teacher.

"When I start dancing I try and pretend like I'm at an audition and it helps me to do my best and go into every dance class open to the opportunities my teacher gives me. I've learned that going into a dance class with a negative attitude just automatically makes it not fun and I definitely don't learn as much," said **Cleek**.

Layla Morris (10) began doing crafts like embroidery, painting, and sewing with her mother when she was young. Art influenced her to join ArtQuest and brought her closer to her mother.

"My mom would always teach art classes, so I would sit around to watch. Crafts allow me to be creative, and have a passion for something. All hobbies in general give you something to be passionate about and learn to do something you love," said **Morris**.

A hobby can be relaxing, like how angel poi was fun carefree activity for **Lameiro**. Or, like for **Cleek**, it could be a greater passion that could later become a career. Either way, hobbies were a vital part of students lives to let loose and have fun.>>>Page by Johannah Todd



>>>**STUDENT SPOTLIGHT:** Cosplay is like when people dress up as anime characters from a show they really like or a comic. There are a lot of conventions that you can go to for cosplay. At the conventions, they have panels where people can ask questions, and meetups and there is also a vendor hall where you can buy stuff, said **Erin Russell (9)** and next to her are **Marian Sereni (9)** and **Claudette Ventura (9)**.



>>>DUAL FOR TWO: During his bout, **Sebastian Filmon (10)** holds his own against his opponent while fencing. "I like it because it is the only sport where you can hit someone with a sword and get away with it. It's fun but it's a little uptight sometimes so I like to make it a little interesting by not playing by the rules. I do this by less of using specific fencing styles and more by just doing what feels good in the moment," said **Filmon**. He competed in local competitions, and he has won awards including first place and bronze. He was notorious in his gym for his unorthodox fencing style, and friends often cautioned those competing against him.

>>>OFF TRACK: At DuneFest, **Brittney Bignasca (12)** drives her UTV Razor. "There's this thing called dune fest that we go to and it's like a whole variety of razors and dirt bikes and quads and stuff, it's a mixture and you just go up dunes and play around," said **Bignasca**. She had started driving UTV Razors the previous summer but had been riding as a passenger for the last five years.



>>>GOTTA CATCH 'EM ALL: Surrounded by only a fraction of his collection, **Anthony Gallegos (12)** shows off a hobby that has been ten years in the making. From trading cards to a favorite belt to video games, **Gallegos** considered himself a true Pokémon aficionado. "I love Pokémon because it's my whole childhood," said **Gallegos**. "I collect the dolls, blankets, all the movies. It's just something I enjoy doing, because I want to be the very best, like no one ever was."



>>>STICK IT: Cartwheeling across the floor, **Delaney Temple (10)** performs her floor routine for Gymnastics. "It feels rewarding to get new skills through Gymnastics and it's fun, the feeling of flying through the air is thrilling and exciting, but I don't like how it takes up so much of my social time, and sometimes it's really hard physically because of injuries and the fear of not being good enough," said **Temple**. Her parents got her into Gymnastics when she was three to get her into a sport, and she has been competing since.



>>>RING MASTER: During her crossfit practice, **Haylee Grund (09)** does pull ups on the rings. "Crossfit is like a mix of Olympic weightlifting and conditioning so like clean and jerks, snatch, deadlift but there's also basic stuff like pull ups and sit up and stuff. I like crossfit because it's fun and it allows me to be flexible and strong and also it's only an hour so I can still have free time," said **Grund**. She started practicing around six months ago, and practiced four nights a week. She hoped to start competing soon in an open, where participants have to complete a set work out in the time given.

>>>DANCING KING: Representing Nordquist, **Justin Haiman (11)** dances their nightclub routine at a dinner. "Nordquist is a dance class where we take about three hundred to five hundred seventh and eighth graders, sometimes high schoolers, and we teach them basic manners and the basic steps to a bunch of different ballroom dances, like the cha cha and waltz. I like dancing a lot; I have been dancing my entire life, so being able to teach kids how to dance is my way of giving back what I love to kids," said **Haiman**. He has been teaching for Nordquist since he volunteered freshman year.

every chance to show the
ORANGE & BLACK
Students celebrate their *spirit* throughout the year





so many ways to show

STUDENT INVOLVEMENT

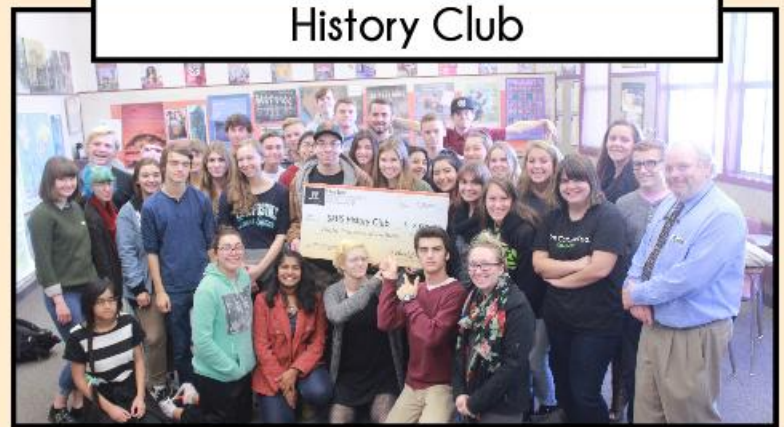
A variety of clubs offer all students the chance to showcase their extracurricular interests.

Christian Club



President Fabiola Lawson (12), VP Matt Soto (11), Perla Magana (12), Michael Taylor (9), Sofia Hudson-Naranjo (12), Keviette Minor (11), Nathan Cortez (12) Sponsors: Terry Swehla, Ms. Hernandez, and Ms. Anderson

History Club



Eddie Serrano (12) (President), Zach Warren (12), Seanus Kelly (12), Vanessa Mondragon (12), Kaiti Rommel (12), Sophie Light (11), Julo Flores (12), Dane Beale (10), Max Gordon (11), Chase Secas (11), Adrian Solok (11), Nathan Hainson (11), Andrey Voronin (11), Dreera Edlora (11), Pamela Menendez (11), Annika Gordon (12), Anika Menon (11), Gus Christerson (11), Sebastian Tronon (11), Molly Koslowa (11), Maddie Batchelder (12), Avery Lewis (12), Rachel Seitz (12), Melanie Mathewson (12), Langston Hay (10), Jack Fowle (10), Natasha Moore (11), Sabrina Lopez (11), Ashley Alvarado (11), Opal White (12), Delaney White (12), Katie Miller (12) (Treasurer), Maddie Romansen (12), Savannah Felke (10), Aurora Sharp (11), Emma Cuervo (11), Mia Postis (9), Jacob Quinn (11), Joseph Along (12) (Vice President), Jeffrey Penone (12), Noah Spierings (11), Emma Burgess (11)

National Honors Society



Marlo Bertozzi (12), Nick Caravelli, Max Gordon (11), Allison Doly (11), Milena Durate, Angelina (Geena) Espinoza (10), San Esperon (12), Cami Foley, Sophie Haugen, Aimee Holland (12), Leo Langer, Sierra Macker, Melanie Mathewson (12), Caroline Merz (12), Sarah Paak, Daniel Pride, Rachel Pride, Leah Post, Celia Rose, Ashlee Ruggles (12), Kylee Schroit, Berilee Welsh (12), Reilly Welsh, Eva Nelson (11), Lian Morales, Zach Jorin (11)

Latinos Unidos Club



Diana Contreras (12), Teson Bowry (12), Jennifer Canacho Niles (11), Guadalupe Lopez (12), Jessica Herrera (12), Conita Perez (12), Denzilo Clark (12), Yamin Palomares (12), Marisol Aguirre (12), Leslie Arredondo (12), Juliana Guzman (12), Karen Sanchez (12), Ivett Rios (12), Jessika Barrantes (12), Melisa Calzadillo (12), Gelesse Bakaga (12), Jose Cuiteres (12), Cristina Mayo (12), Alvaro Castagnoli (12), Fernando Medina (12), Andrew Jones (12), Alton Chicho (12), Serah Escobar (12), Vanessa Mondragon (12), Sara Hueto (9), Eloisa Ciqueira (10), Jennifer Lopez (11), Jaime Lopez (10), Bianca Lily (9), Fabiana Chavez (9), Daniela Bribeno (10), Guadalupe Garcia (10), Isabel Pacheco (10), Gabby Ale (10), Jennifer Malpica (10), Leslie Gankio DIA, Jennifer Canacho-Rios (10), Jennifer Torres (10), Daniela Lopez (12), Usel Magacho (11), Elizabeth Calzadillo (11), Ana Osorio (10), Luis Tellez (11), Rodrigo Cardo (11), Juan Torres (11), Sofia Zamudio (12), Maria Ruff (12), Chelsea Villalobos (12), Usel Madis (10), Roy Garcia (10), Neskida Ortiz (10), Abril Carroes (10), Daniela Madrigal (10), Daniela Rincon (10), Fabiola Lawson (12), Perla Magana (12), Kya Cordova (10)

French Club



Jasmin Dao (10), Brianna Andersen (10), Emily Martinez (10), Fiona Hart (11), Giannina Efe-Mejia (10), Nora Meas (11)

Climate Protection Club



Bre Ririe (11), Brooke Reitenbach (11), Kate Feige (11), Jillian Ertz (11), Solara Barrie (10), Geena Espinoza (10), Beatrice Howell (11), Emily Chu (11), Sarah Street (10), Madi Yancey (10), Charlotte Antilogus (10), Catherine Moretto Regout (10), Anika Menon (11)

Bee-Keeping Club



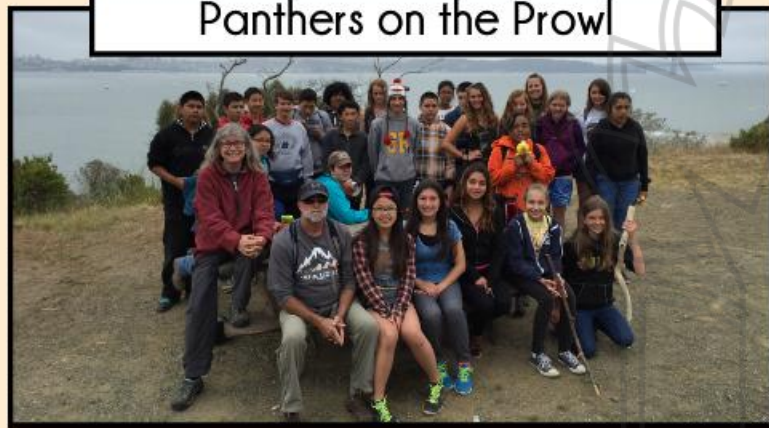
Nathalie Chicoine (9), Anika Williams (9), Olivia Ruggels (9), Penny Case (9), David Mertz (9), Audrey Feiwell (9), Evanne Burke (9), Dylan Leslie (9), Jordan Plack (9), Cooper Fox (9), Brooke Thompson (9), Joelle Berk (9), Jackson Lorenz (9), Linus Rydell (9), Grace Alchemy (9), Jacob Townsend (9), Andre Gaudredu (9), Izel Zamora (9), Sarah Alchemy (10), Katherine Young (10), Andrew Williams (12), Sierra Macken (12), Alana Macken (9)

NHSDA



Sierra Macken (12), Sophie Light (11), Avery Lentz (12), Avery Apostle (11), Makena Kithcart (9), Sage Cleek (9), Isabela Bishop (10), Alea Baker (11), Emma Diamond (9), Delaney Temple (10), Moriah Plack (10), Isabella DeMattei (10), Caroline Kamin (10), Charlotte Stokeld (10), Alyssa Redins (10), Avery Lynch (12), Casey Petersen (12), Lucy Thomas (12), Julia McKamey (12), Cara Green (11), Ria Bierling (9), Casey Wolfe (10), Max Prosser (10), Hannah Huisking (12), Delaney Temple (10), Bianca Salmeron (10), Thao Dang (11), Sam Kenkel-Danly (9), Ava Luthin (10), Mia Calletti (10), Grace Alchemy (9), Erin Cortez (10), Sienna Wamerl (10), Jasmine Henly (11), Lehua Murala (11), Alex Escamilla (9), Vienna Thongrasmy (11), Abbie Mendenhall (12)

Panthers on the Prowl



Matthew Soto (11), Chloe Watson (11), Noah Spierings (11), Thao Dang (11), Maria Sanchez (11), Savannah Saunders (10), Samantha Baker (11), Jeremiah McManus (11), Andi Lameiro (12), Olivia Cobb (12), Jasmine Hall (12), Mackenzie Allen (9), Emanuel Barron (9), Rory Bourdage (9), Peter Duarte (10), Adam Vo (9), Pepper Schott-Lujan (9), Melissa Baker (9), Trey Hennes (10)

Peer Counseling



Brandon Dearmore (12), Ben Kelly-Blum (12), Jodi Pasquini (12), Beatrice Howell (11), Daniel London (12), Matthew Soto (11), Kendra Gregersen (12), Daelee Wolfe (12), Maria Murillo (12), Katie Miller (12), Mitchell Ramirez (12)

Debate Club



Rachel Owen (9), Victoria Lacombe (9), Dakota McGranahan (11), Kamryn Trinkino (10), Anwen Lin (9), Ashley Coscarelli (9), Julia Pastis (9), Hannah Appel (10), Cameron Foley (10)

Black Student Union



Fabiola Lawson (12), Perla Magana (12), Cortunay Minor (9), Teryn Trent (11), Ezekiel Burns (12), Zoe Valrey (11), Savannah Bell (11), Diva Jones (12), Jasmine Hall (12), Keviette Minor (11)

students demonstrate plenty of

HANDSONWORK

Club activities bring a new definition to clubbing

>>> Lunch is typically the time in a student's day to relax and spend time with their friends. However, imagine if instead of sitting and chatting, students were debating, planting, and contributing to the community. The clubs on campus did just that, and more. The Climate Protection club achieved this once more this year. They put on Cookies for Carpools and organized several campus clean up days throughout the year. **Cassy Moretto (10)** was the Climate Protection club president and a member of the Sonoma County's center for Climate Protection's youth advisory board.

"My favorite part about being in climate protection club is doing all of these wonderful things, such as hosting cookies for carpools or having campus clean up days, and being surrounded by your friends. It's awesome that teens nowadays are empowered to make a change and it's so much fun to do

that with the people you love most," said **Moretto**.

Another active club on campus was the History club. They interacted with the community through the discoveries of local history and hosted the annual History Hunt. **Chase Sears (11)** joined the history club this year to learn more about local history and to discover what the club was about. "The best part about History club is Mr. Franzman and the warm, inviting environment he creates. He's such a jovial, fun, and loving guy and he treats everyone as if we were family. I joined the club this year thinking I would only be there a short while, but I decided to stay. it's no longer just a club to me, it's more of a family and a group of people who care about Santa Rosa and it's history," said **Sears**. >>>Page by Jack Fowle and Deborah Fry



>>>HELPING HANDS: The girls in Climate Protection Club pose, ready to help clean around campus. "The best part of Climate Protection Club is that everyone is so passionate about bettering the climate. Everyone is constantly trying to think of new ideas as to how we can help the climate. I have been in this club only this year, but I have come to realize through the club that a lot of what we do involves a team effort," said **Brooke Reitenbach (11)**. She loved being a part the club and the events they helped with, like Cookies for Carpool. >>>Photo by Cassy Moretto



>>> OUTSTANDING ORIGAMI: Admiring the creations of his fellow club members, **Jeremiah Okenfuss (9)** shows off an origami dragon. "My friend wanted me to join this club, and ever since we've made sushi, gone to events, and made origami," said **Okenfuss**. From beginners to experts, the club invited all students to participate in the activity, it brought all types of people together.

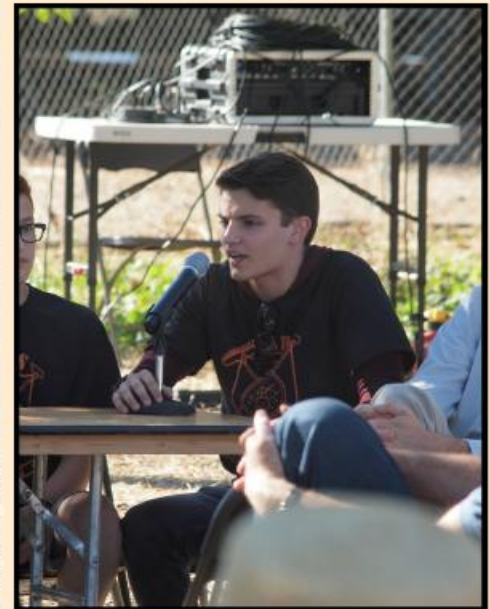
>>> DAY IN THE SUN: While camping, **Andi Lameiro (12)**, **Audrey Clark (12)** and **Olivia Cobb (12)** all enjoy a cool morning in the sun. "We went on backpacking trips to Point Reyes and Angel Island. Each trip I've had new experiences and learned a little more about backpacking. There's something about being surrounded by nature's simplicity and beauty that brings people together and I'm so happy to have been a part of Panthers on the Prowl for the short time that I have been," said **Lameiro**. She enjoyed being able to get away from civilization and be surrounded by beautiful scenery and being able to meet new people.





>>>UP COAST AND PERSONAL: Posing for their group picture on the coast of San Francisco bay, members of Panthers on the Prow complete another successful trip. "This trip was nice to relieve stress and forget about school, home, and just rest and have fun with friends around the fire. We had a great time telling spooky stories in the insane asylum and hiking around the whole island," said **Thao Dang (11)**, an active club member who had participated in the club since middle school. They collaborated with the middle school, allowing a wide range of students to work together on building their leadership and survival skills.

>>> SPEAKING OUT: With microphone in hand, **Chase Sears (11)** prepares to speak his mind. "I joined this club this year mainly to do a speech and to give it a shot because I really respect Mr. Fransman. However, after just a few minutes I knew it would be something that I would be a part of. It's not just a club to me, it's more a group of people who just care about Santa Rosa and are interested in its history and having a blast together," said **Sears**. He liked how everyone and anyone could voice their ideas and opinions and be listened to. >>> Photo by Dreena Edillor



>>>FACE PAINT ON POINT: Both **Jessica Herrera (12)** and **Guadalupe Lopez (12)** smile while celebrating Day of the Dead. "I chose to be in Latinos Unidos because not only does it give great opportunities like going to different universities, but it allows me to learn more about my heritage and the Latino community. It's truly an amazing club, Ms. Zavala is always going out of her way to make sure we get a chance to experience different things we wouldn't be able to on our own," said **Herrera**. She loved how people of all kinds were equally accepted in the club. >>> Photo by Jennifer Camacho

>>>CARRILLO CLEAN-UP: Clearing up a pathway outlining the remains of a historical landmark, **Reyn Warr (11)** helps with the remaining stack of grass. "Helping out with Adobe Day has helped me be more involved with the community. I don't really do a lot of community service, so helping this event was really fun," said **Warr**. The members of History club helped at Adobe Day, assisting the opening, where the public came and toured around the remains of the Carrillo Adobe. >>> Photo by Dreena Edillor

EXCELLENCE

<Academics>



we are all
PART OF HISTORY
 Hands-on learning in the History classes

>>> As another school year came to a close, many students left full of knowledge and information about a wide range of historical topics. Sophomores to Seniors year experienced a history class here; World History, US History, Government, Economics and California History classes were offered. Students learned a plethora of information from the history department.

For the first time this year, a California History class was offered for seniors. This class was unique because it was one of only five classes offered in the state. Mr. Franzman was ecstatic to offer this class to students, and hoped that it's popularity would continue to grow.

"This class gives the opportunity for students who have already taken World or U.S. history to dig deeper into the history of California," said Mr. Franzman. Starting her day with California History, **Rachel Seitz (12)** became a morning person after her positive experience in this first period class.

"You would think taking a history class would be boring, but this class made me love history even more," said **Seitz**. This class discussed and was always ready to

learn more.

The California History class wasn't the only course that explored new ideas. The U.S. History classes completed a wide range of research projects on local historical houses. Students traveled the city to study historic areas of Santa Rosa and learn more about when the town's foundation.

We were able to learn so much more about the layout of our city, as well as meet other community members that were so willing to help us learn," said **Maiah Lucas (11)**. The house project encouraged students to visit places they've never explored, giving them a brand new perspective on the community.

The history department opened the door to more opportunities and bettered the educational opportunities. These classes allowed students to investigate a broader range of news and encouraged them to get involved within their community. This year's additions and changes in the history department paved the way for students to learn more and created a more successful learning environment for them as well.

>>>Page by Dreena Edillor



>>>DISCUS DISCOVERY: Rather than learning in a classroom, **Natasha Moore (11)**, **Emil Guzman (11)**, and **Sabrina Lopez (11)** test out their frisbee skills on the senior steps while learning about its history. "Not only does my history class learn through lectures, but we actually got to participate or recreate the events that happened within the era we were learning," said **Moore**. In addition to playing and learning about frisbee, students had fun with another 1950s' invention: the hula hoop. >>>Photo by Dreena Edillor

>>>SLICE OF HISTORY: Watching a movie, **Anthony Lopez-Silva (10)** enjoys the pizza his long-term substitute provided for the class. "Since we weren't able to go to the day of tolerance, our teacher brought pizza, and watched a movie about the holocaust so that we still learned some things about it," said **Lopez**. The students greatly appreciated the pizza and what they learned from the movie. >>>Photo by Jennifer Comacho

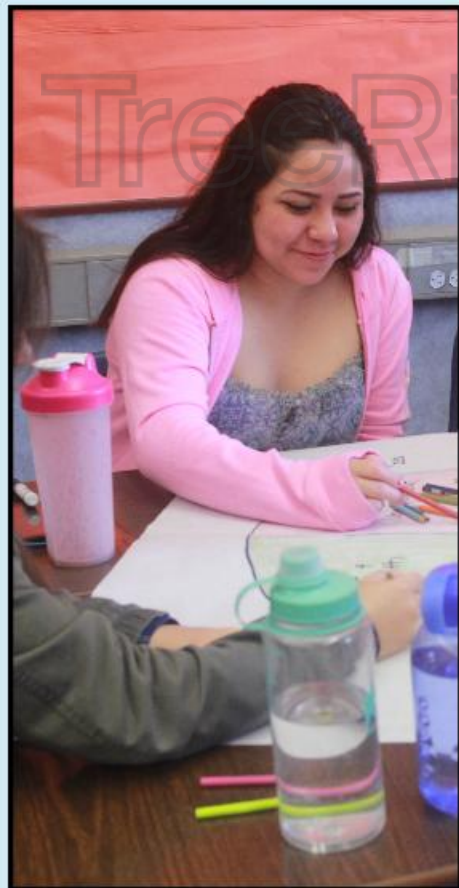




>>>>**STUDENT STAMP-OUT:** As Mr. Brennan goes around stamping work, **Sam Joslyn (10)** jokes around and ends up with a stamp on his forehead. But it wasn't all fun and games in this class. "Mr. Brennan expects a lot more of us [sophomores] because he is used to the academic experience of seniors," said **Joslyn**. Students were challenged with new projects and essays, but easily stepped up to complete their work with fervor. >>>>Photo by Dreena Edillor

>>>>**PEP TALK:** Preparing for their AP test in May, the students in AP U.S. History circle up in a tight circle to listen to the lecture. "Taking an AP class was a lot more challenging than I thought, but I'm glad I signed up. I learned so much more about our country's history than I ever thought I would," said **Jessica Jafari (11)**. They discussed a variety of topics ranging from The Great Depression to the presidential race. >>>>Photo by Dreena Edillor

>>>>**THE SWEETS OF LEARNING:** With her attention towards the front of the class, **Dinora Rodriguez (12)** starts off her Friday with a sweet treat in California History class. "This class has a tradition to always bring donuts every Friday while we all bring a current event," said **Rodriguez**. >>>>Photo by Dreena Edillor



>>>>**ECON CREATIONS:** Coloring in the final details, **Jasmin Amezcua (12)** work on completing the poster she is working on for her economics class. "We had to design our own way of dividing up the money our country pays for different things with our tax dollars," said **Amezcua**. >>>>Photo by Dreena Edillor

>>>>**WIGGIN' OUT:** Giving their presentation with a new hairstyle, **Lian Morales (10)**, **Rico Mazzanti (10)**, **Annie Mckenzie (10)**, **Emma Frost (10)** and **Brianna Andersen (10)** during a class skit portraying famous philosophers. >>>>Photo by Johannah Todd

>>>>**ENGAGING IN THE ERAS:** As Mr. Horner cracks a joke, his U.S. History class gives him their undivided attention. "Mr. Horner finds a way to make lectures engaging and entertaining," said **Grace Poe (11)**. The class' discussions ranged from current events to historical events, giving the students a wide-based knowledge of history. >>>>Photo by Dakota McGranahan

learning the difference between

WRITE AND WRONG

English classes go beyond the word on the page

>>> While the traditional idea of an English class may bring to mind a monotonous sequence of reading, writing and vocabulary, this was rarely the case in classrooms throughout the DeSoto building. Whether students were raving about Ms. Kroeck's character paper people, Mr. Swain's Lego movie adaptations, or Ms. Glat's synthesis of literary works with contemporary news events, there was rarely a lack of ways for students to connect and find relevance in their classes. "I think it's incredibly important for us to show students why these topics matter, not as relics of the past but as tools to understand their world, right here and right now," said **Ms. Dennis**, whose honors classes analyzed lyrics from Kendrick Lamar and Macklemore to examine race in America while studying To Kill a Mockingbird.

This attitude could be found across all levels of English courses offered. In ArtQuest English, students took in-depth looks into reading and writing through skits, art projects, and boisterous in-class discussions, all influenced by the overarching theme of the year. This constant pursuit of creativity allowed students to understand all sides of any written piece: from pronunciation, to grammar, to poetry,

"Teaching the ArtQuest classes requires me to be more creative in the curriculum I have to teach, so for example when we are writing an essay it's important for us to do a visual project to figure out what they need to write about," said **Mrs. White**.

In non-ArtQuest classes, too, students still found

ways to connect to the subject at hand. Teachers pushed to make reading and writing fun. Almost all classes, across grade level, found some of that connection in the annual Poetry Out Loud event, a country-wide recitation contest sponsored by the National Endowment for the Arts. The school winner, who went on to compete in the county contest, was an impressive freshman, **Connor Murray (9)**.

"I don't think I learned more about the language; I learned more about poetry. It's really about expressing yourself through thoughts and feelings and that's what all art is," said **Murray**. Competitors gained confidence and enhanced their understanding of the emotional impact that words can have. Mr. Lyon, well known for his "And now...a poem..." morning announcements, spent substantial time with students creating personal poetry portfolios at all levels. This opportunity for individual expression, while still academic, was an across the board favorite for most students.

While there is always something to be said for learning the classics and sharing a cultural understanding of literature, it was clear that SRHS students were pushed to go well beyond that. With innovative curriculum that addressed the world of today, and brought texts from the past into modernity, they were able to experience a very real sense of humanity through the English language.

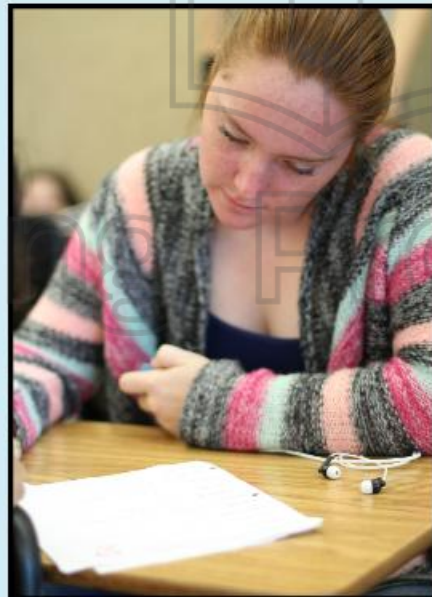
>>>Page by Olivia Glaubiger



>>>CAN YOU DO THE CMM

CMM: Sorting out information she learned from Mr. Camm's recent teachings, **Camryn Sweazy (10)** takes on one of Camm's famously challenging tests. "The most difficult thing for me were the surprise reading quizzes and thinking of the themes for analysis projects," said **Sweazy**.

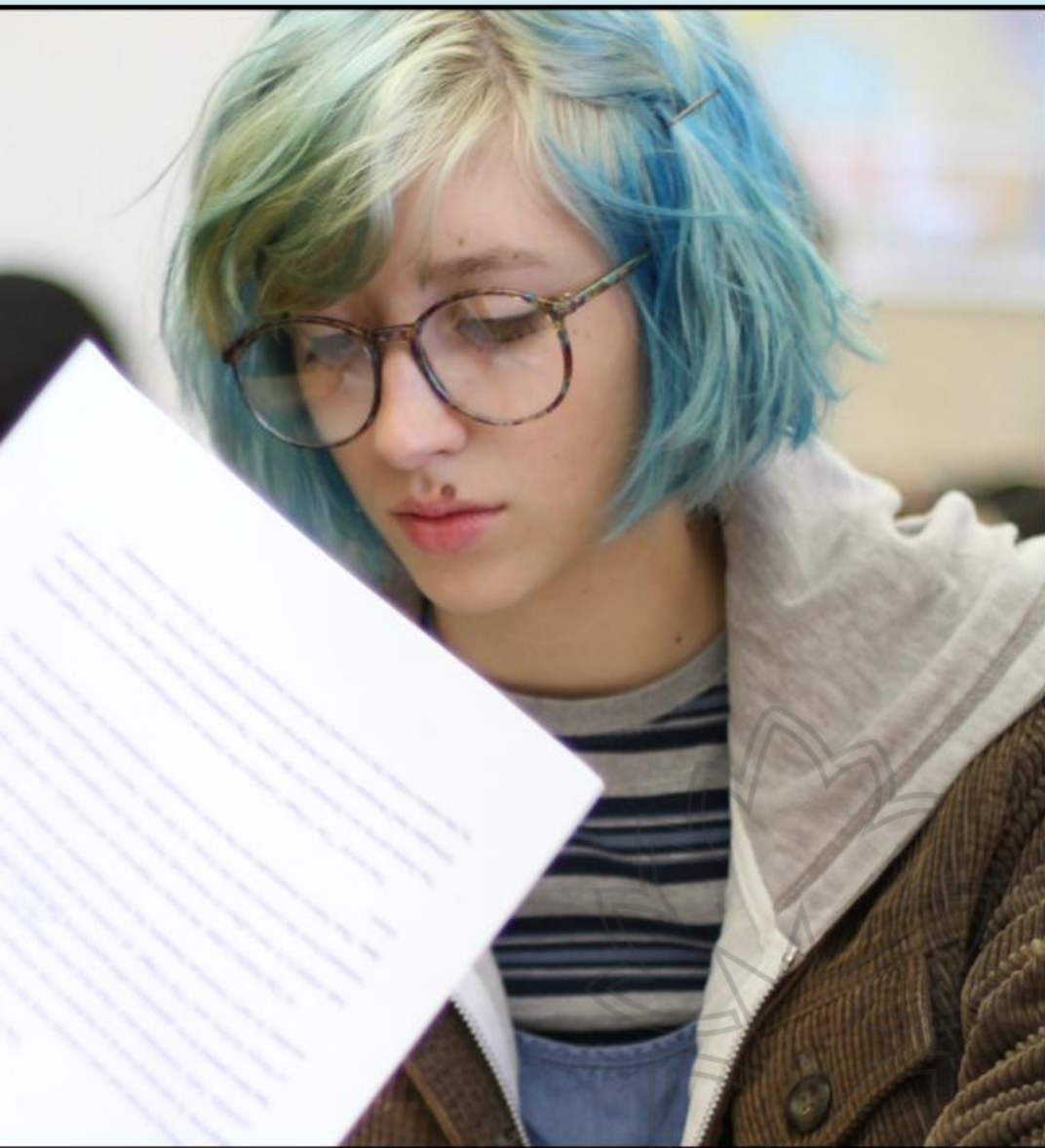
>>>Photo by Olivia Glaubiger



>>>**LAST HURRAH:** Bringing together all of the skills she's learned from her 4 years of English, **Dakota Hidas (12)** knows how to finish her essay with a big bang. "This year I learned more about myself and I opened up and learned more and now feel way more prepared for college," said **Hidas**. >>>Photo by Olivia Glaubiger

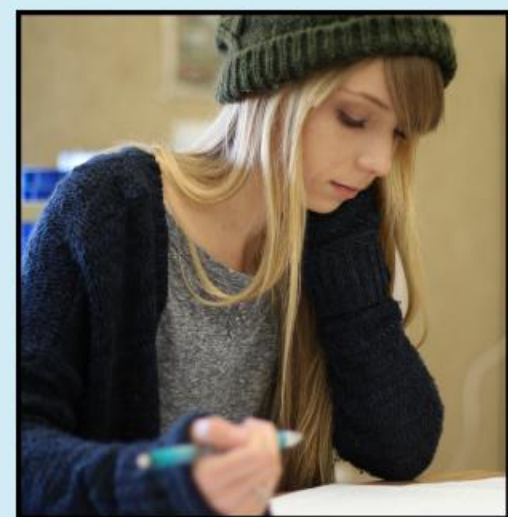
>>>**LISTENING TO STORIES:** Intrigued by the topic, **Keviette Minor (11)** pays close attention to the lecture on the book The Sun Also Rises. "I loved the book because the author really portrayed the message of the lost generation and wrote in a way that was painless. From the way he wrote the book, you could tell the characters were lost and I enjoyed that," said **Minor**. >>>Photo by Olivia Glaubiger





>>>READING REYN-BOW: Like others in her class, *Reyn Warr (11)* learned how to format and write exceptional essays. In every English course, students approached the writing process from a variety of angles, including narrative, argumentative, and expository styles. >>>Photo by Olivia Glaubiger

>>>FORM OF CREATION: Meeting teachers' standards in class is sometimes difficult, especially for *Adrienne Valavanis (11)*. "But a lot of the time when we are writing I really like to do a lot of description which is actually not the best for that class because Mr. Camm likes to keep things simple in writing, so my writing always runs a little longer because I always have to describe vividly what they look like, as a drawer," said *Valavanis*. She finished her English class off with drawing doodles for preparation of her Artquest class. >>>Photo by Olivia Glaubiger



>>>A POSTER CHILD: Giving an in-class presentation *David Fitch (10)* discusses Chinese culture and how it relates to the book he recently read. "Being in English has taught me new vocabulary, so I have been able to broaden my word-stock," said *Fitch*. In addition to vocabulary, Fitch learned how to create a business letter which helped him to obtain a job. >>>Photo by Olivia Glaubiger

>>>DEEP THINKING: While studying the mythology of the world, *Cameron Urquhart (9)* jots down notes as his classmates share stories of what they learned. "I learned a lot about what the Greeks believed, mostly about life and death and where they thought they went afterward. I thought it was interesting to study the relationships of the Greek gods themselves and it brought a new experience to the class," said *Urquhart*. >>>Photo by Olivia Glaubiger

>>>NOTEWORTHY: Taking down notes, *Kristina Kuzmenko (11)* reviews her peer's essay to try to help make the paper more cohesive. "Going through essays in Mrs. Tiffany's class is a lot more challenging because she has so many requirements," said *Kuzmenko*. "But I have learned so much!" >>>Photo by Olivia Glaubiger

>>>**TOTALLY TUBULAR:** In Ms. Rice's first period chemistry class, **Eric Takano (10)** connects different tubes together during an atom building experiment. "I like all of the practical applications of science. I respect what those in the science field do for the rest of society," said **Takano**. He tested the different residents for molecules in his experiment. >>>Photo by **Cassy Moretto**



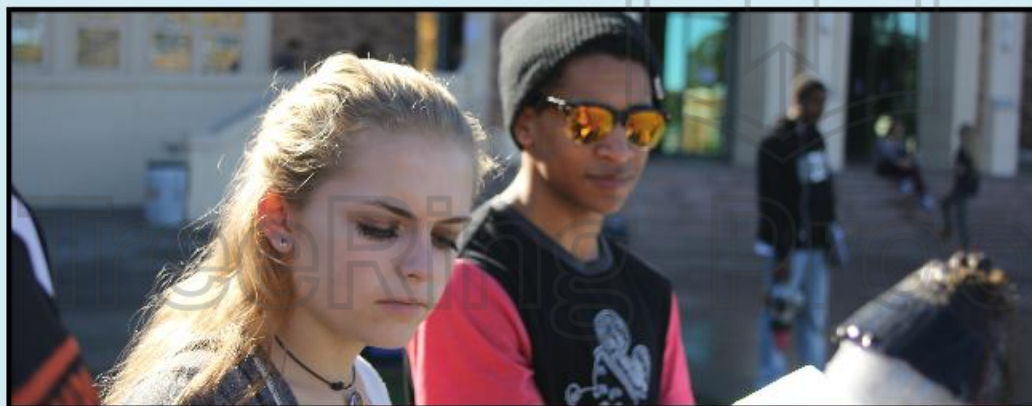
>>>**WE GOT CHEMISTRY:** Concentrating on his test tube **Zach Jorin (11)** pours a substance into a beaker during a lab experiment in Ms. Rice's first period class. "I like that science is always changing and is never set in stone. You're always learning new things," said **Jorin**. He enjoyed the social and educational aspect of each experiment in both his Chemistry and Biology classes. >>>Photo by **Cassy Moretto**



>>>**PUMP IT UP:** During an outside experiment, **Christina Frost (12)** pumps up her rocket with the help of Ms. Wong. "I think science is important. I'm looking into becoming a nurse. My dad was diagnosed with cancer a year ago and through the treatment he enjoyed the nurses and the relationships he had with them. I think it's important that all patients can have that relationship so that's why I want to get into nursing," said **Frost**. >>>Photo by **Dakota McGranahan**.



>>**UP, UP, AND AWAY:** Measuring their rockets angle of descent, **Annabel Cowden (12)** and **Teryn Trent (11)** watched as their rocket shoots into the sky. "I like the labs, we do really fun experiments. We were trying to be out of the ordinary when building our rocket. Instead of making it a triangle, we made it a cone, and we were the only ones who did that idea," said **Cowden**. Their rocket was the farthest launched in their class. >>>Photo by **Dakota McGranahan**



>>>**HAVING A BLAST:** After watching Ms. Wong pump their rocket, **Isabella Steele (11)** and **Zachary March (11)** stare in awe as their rocket launches into the sky. "When I was constructing the rocket I got excited and couldn't wait for the launch day. I was worried it would malfunction and fly sideways. When it finally launched, I felt so proud of my work because it launched really far," said **March**. Their rocket was the second highest launched out of all of Ms. Wong's classes. >>>Photo by **Dakota McGranahan**





in some science experiments
OXIDANTS HAPPEN

Students experience science firsthand

>>> Science affects every motion, thought, and connection that a human could possibly feel. When a high school student felt sad after failing the test they studied so hard for, the emotion could be traced back to synapses firing in the brain. When someone dropped a textbook on the floor, that was gravity...and a little bit of teenage clumsiness too.

For some, science carried a personal importance. **Mariah Gehring (12)** chose to major in cell biology after she attended a seminar on diabetes, which directly affected her younger sister.

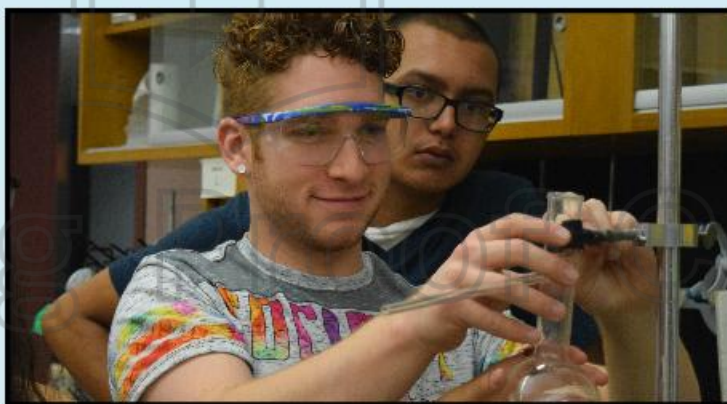
"I didn't even think I would be interested in science as a career. But I went to a type one diabetes summit for my sister. There was a professor there speaking about all of the things they're doing with stem cell research. It was fascinating," said **Gehring**. She applied to many schools that specialized in cell research, in hopes that she could make a difference for her sister, and others with her condition. She recently committed to University of California: Santa Cruz.

"I think that if I could take my interest and help people like my sister, that's the best thing I could ever do," said **Gehring**.

Maddie Mafia (12) discovered her interest in environmental science through her high school science classes after learning about fossil fuels and environmental protection.

"I've always been interested in helping our environment and studying fossil fuels, said **Mafia**. She chose to major in environmental science at University of Oregon to pursue her passions, and come up with solutions to our world's economic problems.

As students learned about the fundamentals of science, many found careers in this field. Science impacted people in every way; whether it be in the food they digest or the airplanes they fly on, science inspired students to create change in the world around them. From biology to physics, these classes were the starting blocks for many individuals on their paths to success. >>>Page by Dakota McGranahan and Ashlee Ruggles



>>>WARM AND BUBBLY: With the help of his partner, **Joseph Saavedra (11)**, **Justin Haiman (12)** fills up his beaker with water. "I love how science explains how everything works in the world as from emotions to responses and why people are the way they are. It also allows us to answer questions such as why we exist," said **Haiman**. Their experiment consisted of Titration, which is the process of diluting acids. >>>Photo by Cassy Moretto



>>>GOTTA BLAST: Watching the rocket experiments, **Emily Coddling (11)** points in amazement while watching a classmate's rocket blast off. "My favorite experiment was the bottle rocket experiment because everyone got to use their own creative twist when building their rocket," said **Coddling**. While the rocket was launched, students measured variables such as distance and angle to determine the height. >>>Photo by Dakota McGranahan

>>>GUESSING GAME: During an acid lab, **Sarah Alchemy (10)** weighs two variables on a scale. "I like the hands on experience I get in science because I want to be a doctor when I'm older. I've always been fascinated by the medical field and I love helping people. I think researching and solving problems would be a great way to spend my life," said **Alchemy**. In the experiment, she tested the properties of elements and their reactions to different bases and acids. >>>Photo by Cassy Moretto

mathematicians love

RATIONAL THINKING

Students learn to thrive in math classes

>>> Math, one of the subjects that is often feared by students, is not everyone's cup of tea. But while some struggled, others were able to see the simple beauty in a complex system that creates order in a sometimes chaotic world. "Math is important even if most people don't realize it. Math is everywhere," said **Emma Diamond (9)**.

Luckily, SRHS had a department of helpful math teachers who did their best to make math interesting. "Math to me is fun because it is a way to make my brain work [hard]. [After solving a difficult problem] I feel good about myself," said **Ben Moreno (10)**.

Students often went to teachers for extra help on their assignments or to study for tests. Many also took advantage of a newly offered period of math tutorial, or attended after-school math tutoring, every Monday and Wednesday. For those who struggled with mathematical concepts, these resources were vital.

"In my tutoring class, Ms. Hoberg usually helped me prepare for my tests by having me do a practice test the day before. It helps me a lot so that way I can remember how to do all the sections from the chapter. Ms. Hoberg is my

favorite math teacher because she teaches in a way I can understand," said **Denisia Clark (12)**.

Math teachers were quick to point out that it's not all work and no play. Many found ways to incorporate fun activities for students while learning new concepts, and these innovations were always well received. Throughout the year, in different classes, students built marshmallow and dry pasta structures while learning about geometric shapes, shared "math" jokes with other classes, competed with other schools in the math steeple chase, celebrated "Pi Day" on March 14 with (what else?) pie, and even attended Calculus Camp.

From statistics to algebra, geometry to calculus, math proved to be a subject both formidable and conquerable for students. Perhaps it helped that Mr. Bohn's classroom was kept noticeably chilly, or that Ms. Isetta often offered up tasty treats, but students could be seen awake and alert in math classes across campus. There was no place for sleepiness, or fear, in this core subject matter. >>>Page by Jennifer Camacho Nunez

>>>**MATH MAKES MAGIC:** Doing her homework right after a new lesson helps **Karina Kuzmenko (11)** finish her work faster. "Mr. Meade [is my favorite math teacher] because when I don't understand a lesson I go to him and ask for help," said **Kuzmenko**. She used notes from the lesson to help her study. >>>Photo by Jennifer Camacho Nunez

>>>**NO NONSENSE:** As **Joshua Rivas (10)** pays attention, he takes notes. "I make study guides and I put the formulas on piece of paper and I just memorize them" said **Rivas**. He liked math because it came easy to him. >>>Photo by Jennifer Camacho Nunez

>>>**MATH IS FUNCTIONAL:** Serving herself a slice of pie, **Lily Batchelor (9)** thinks about what she'll be working on once she sits down. "[Math is] easy for me because once you get a pattern down, it makes all the other problems a lot easier. And once the pattern is down, it's harder to break," said **Batchelor**. She liked math because it's very clear and precise, and not as subjective as other subjects. >>>Photo by Jennifer Camacho Nunez





>>>GRAPHING AWAY: Focusing on what Mr. Meade's lesson, **Christian Santiago (10)** takes notes to help him on his homework. "Mr. Meade [is my favorite math teacher] because he has a way of teaching and he has a good charisma," said **Santiago**. To get his homework done he listened to music. >>>Photo by Jennifer Camacho Nunez

>>>MAKING IT COUNT: Laughing on Pi Day, **Katherine Lentz (10)** does a Pi activity. "For me, it is easier to learn math when I have the right notes, the right teacher, and everything is just in place," said **Lentz**. She typically took around 10 to 20 minutes doing her homework. >>>Photo by Dakota McGranahan



>>>MATH JUST ADDS UP: Trying to figure out the equation, **Valerie Bertolini (9)** pays close attention to the book's examples. "I like when the teacher is more involved showing us how to solve [the equations] step by step," said **Bertolini**. She liked learning math but didn't like the homework. >>>Photo by Jennifer Camacho Nunez

>>>READY, SET, SOLVE: As **Sophia Markoff (10)** gets her pencil ready, she thinks about what formulas she'll be using for her homework. "Well, my favorite level of math is algebra just in general because there are multiple forms and it's basically the most usable form of math. [For example], you're never going to use geometry unless you're an architect," said **Markoff**. >>>Photo by Jennifer Camacho Nunez

>>>READING THE DEFENCE: The away team studies the defensive positioning of the opposing team as the two classes get set to match off in a intense game of softball. "My favorite moment during P.E. is when i hit a tripple off of Mr. Price to win the game against the other class. I remeber rounding first base and smiling because i knew that i had given my class the win," said **Wyatt Schuster**.>>> Photo by Dakota McGranahan



>>>SUPPLYING THE POWER: During open field, soccer, frisbee, football, walking the track and other activities are participated in. "My favorite unit in P.E. is flag football because i like to show off my athletic ability and one handed catches infront of my classmates," said **Leo Bowers**.>>> Photo by Zach March



>>>SPLITTING THE DEFENSE: **Cole Gandy (10)** speeds past the defense with his sights set on the back of the net. Handling the puck with care and precision as he makes a move towards the goal. "I enjoy basketball during rainy days in P.E. because we always have competitive games against the teachers," said **Gandy**.>>> Photo by Dakota McGranahan



>>>PERFECT TEAMWORK: **Waleska Guevara (10)** and **Yasmin Palomares (12)** work together to try to produce a ball in play and put the pressure on the defence. P.E. helps student learn new techniques in sports that they don't necessary know a whole lot about. "P.E. helps me stay active and gives me an hour to be myself," said **Julian Sanchez**.>>> Photo by Dakota McGranahan

>>>MAKING MOVES: **Julian Iervolino (12)** dribbles past his P.E. instructor and heads to the hoop with no hesitation. "I love basketball because it is a good way for me to channel my energy and emotion and it allows me to be myself," said **Iervolino**. Basketball is generally a class favorite and you can always find some sort of competitive game to join in the gym.>>> Photo by Dakota McGranahan



>>>NICE CATCH Catching the frisbee off a diffficult throw, **Joseph Alongi (12)** holds it tight. **Alongi**, having done ArtQuest throughout high school, did PE his senior year to make up credits, but he still enjoyed the class. "I love sports, so honestly I find it kind of nice to be able to jump between such a wide variety in such a short period of time," said **Alongi**.>>>Photo by Dakota McGranahan





students learn to GET PHYSICAL

Physical Education students work out

>>> From basketball to ping pong, there was always an active and fun sport to participate in when it came to the physical education classes. Physical Education exposed students to different types of exercise, including hockey, soccer, ultimate frisbee, and lacrosse. Many students discovered that a healthy dose of badminton was the most enjoyable, but surprisingly tiring, segment in the class.

"Badminton is the most mentally exhausting sport because you have to stay on your toes at all times in order to be the best of the best," said **Enzo Cignetti (11)**. Other students got very competitive with Ping Pong, and each class participated in a tournament at the end of the unit, even getting teachers involved.

"My favorite memory of P.E. was beating Mr. Price in ping pong," said **Jacob Ambriz (11)**. When it rained, the P.E. classes went inside the gym to play basketball where there were plenty of opportunities to work on their skills.

"Basketball during rainy days are the best because we always have competitive games against the teachers," said **Ryan Fassold (9)**. Physical Education is a chance

to exercise both the body and the mind.

Some athletes loved to incorporate strength training into their daily fitness routine, so this year the school added a weight training class designed to tone muscle and increase stamina. It was immediately a well-received and popular class.

"As an athlete, weight training gives me extra time to lift and get stronger for baseball season," said **Marcus Hollingsworth (12)**. Learning to use the weight room equipment properly was important for both athletes and students who just wanted to increase their heart rate, and teachers made sure that everyone was informed on proper weight room etiquette.

Throughout the year, physical education students could be seen walking on campus to the gym, or exercising anywhere from the track to the pool. The importance of healthy exercise was stressed by teachers, and students learned about many different sports and athletic activities, making PE an educational and crucial elective. >>>Page by Zachary March

>>>>**Pumping Iron:** This year the P.E. department expanded its offerings to include weight-training classes. The class teaches different muscle groups, lifting form and incorporates athletic drills and games. "My favorite part about weight-training is that we are able to work out any muscles that we choose to and we have a teacher that knows all the workouts so if we need help on our form all we have to do is ask. Also I like to do latters cause it helps me work on my footwork," said **Jojo Salinas (11)**. >>>> Photo by Dakota McGranahan

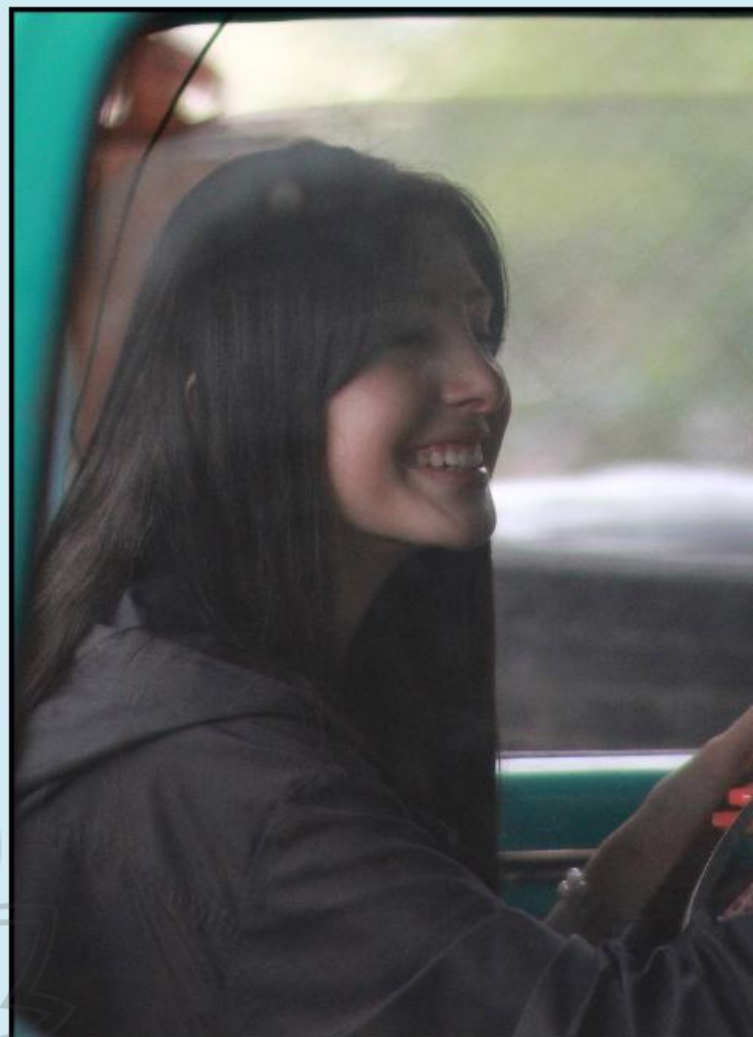
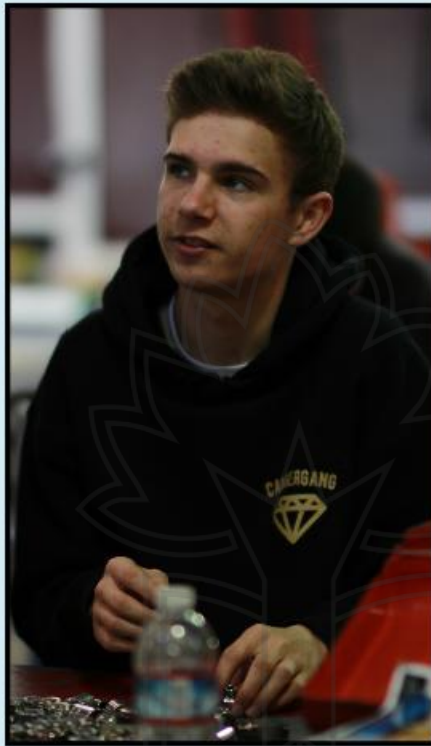


>>>>**SHOOTING HOOPS:** During rainy days, P.E. classes head into the gyms to play copetitive basketball games and shooting games. "My favorite memory in P.E. was beating the the teachers in a game of thunder and going on the beat the rest of my classmates and win the game," said **Dylan Leslie**.>>>> Photo by Zach March



>>>**UNDER PRESSURE:** Standing next to a car, *Justin McNally (10)* and *Thomas Dolan (12)* work together on its wheels. "I try to keep myself active in class, I practice on the brakes a lot and I practice balancing the tires. My favorite project was taking apart the engine, it was a lot of work and I had a lot of help from my group in class," said *McAnally*. He decided to take the class because he wanted to be able to work on cars with his family as a professional mechanic. >>>Photo by Jasmine Arnezquita

>>>**PASSION DRIVEN:** In autoshop, *Jordan Caldwell (11)* works with his classmates. "My favorite thing about auto is working on cars because it's always been a passion. I've grown up around cars so like cars have been my life," said *Caldwell*. He had been working on restoring his teachers truck by stripping it down, fixing dents, and then repainting it. >>> Photo by Dakota McGranahan



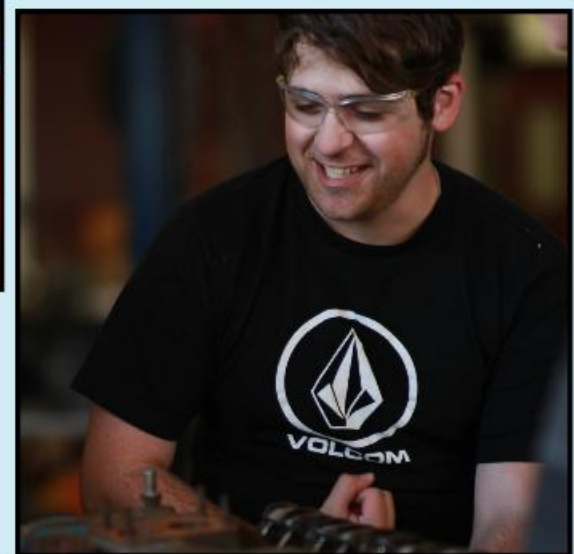
>>>**LOW AND SLOW:** Sitting in the driver's seat, *Brianna Anderson (10)* tests out a truck. "This class will definitely benefit me, I'm doing my own oil changes which is pretty sick, I don't have to go and pay for some else to do it. I'm taking auto again next year but I'm not really trying to be a mechanic as much as a automotive engineer," said *Anderson*. Her class took apart an inline six engine and rebuilt it, which she found to be the most fun project she did over the year. >>>Photo by Dakota McGranahan

>>>**CLASS CONDUCTOR:** While working on a car, *Azure Catrambone (11)* directs his classmates for help. "Being in this class is helpful to me because if I need something done on my car I don't need to take it to a shop to get it done, I can just hopefully do it myself with the basic knowledge I have right now," said *Catrambone*. He learned how to change oil, work on brakes and how to take apart and rebuild an engine. >>>Photo by Dakota McGranahan

>>>**YOU AUTO KNOW:** At his work table, *Alvaro Rodriguez Godinez (11)* inspects parts. "I really like cars and I wanted to be able to manage mine so I thought learning about cars would be a good thing to do. I've learned a lot, learned how to change brakes and fix them, and a lot about tires too," said *Rodriguez Godinez*. He hoped to use his experience from Auto Shop to help get a job straight after high school. >>>Photo by Dakota McGranahan



>>>**CHAIN REACTION:** Laughing with friends, *Caleb Felton (11)* works on car parts. "My teacher bought a truck. It's completely rusted out and doesn't run whatsoever but we are taking apart other cars and using the parts from them to replace it so that it will work better," said *Felton*. He chose to take Autoshop because he wanted to learn how to fix up a 1985 van he owned. >>>Photo by Dakota McGranahan



we learn to work with BITS AND PIECES

Metal bits included in the **Autoshop** class



>>> Most teenagers dreamed about getting their own car, but not many thought about the required care that came along with it. But in the autoshop class, countless students were provided with necessary car maintenance skills.

Although some students took autoshop to learn the basics, others expanded their knowledge to pursue a career in the field. Having grown up in a family of car fanatics **Ashton Souvannavong (12)** knew from a very young age that he would grow up to work on cars.

"Auto Mechanics is a career that I want to pursue and [the class] helped me learn the basics of working on cars," said **Souvannavong**. He learned simple tasks such tire changes, and did these things on his own car as opposed to going to a mechanic. Although autoshop may have seemed dull to some, it was quite the opposite for students like **Alondra Cuevas-Gutierrez (11)**.

"I like when you do the hands on stuff because it's actually pretty cool to do. It's a cool class, it's not boring and there's

always something interesting happening," said **Cuevas-Gutierrez**. She decided to take the class because she wanted to learn the basics of automotive repair to have in her repertoire. **Cuevas-Gutierrez** even learned how to change her own brake pads so she would not have to pay someone else to do it for her.

As automobile technology advanced, the autoshop class adjusted its curriculum to account for those changes. For the first time ever, the autoshop class received parts for an electric car and got to construct one as a class.

"My favorite project was building an electric car that we got the parts for and put them all together," said **Miguel Huerta (11)**. Building an electric car was a valuable experience that provided new insight on decades old technology.

The practical skills taught in autoshop helped students prepare for the life ahead of them and showed them valuable lessons about cars that would become imperative in the future. >>>Page by Kala Russell & Johannah Todd



>>>A CLASSIC: During class **Thomas Dolan (12)** works on his project. "My favorite thing to do was probably working on the '64 Ford my teacher has, I'm not doing much on it but watching him work on it and whatnot, it's fun to watch," said **Dolan**. During class he helped out his teacher with his truck and police cruiser. >>>Photo by Dakota McGranahan

>>>THE CLASS CLOWN: While in Auto Shop **Jackson Provost (11)** jokes with his classmate. "I decided to take auto shop to learn more about cars and if something in my car goes wrong I can fix it. I have learned how to change oil, replace brakes, and pretty much how a car works" said **Provost**. He was later able to apply all of his learned knowledge into repairing his own car. >>>Photo by Dakota McGranahan



>>>LESSONS LEARNED: Listening carefully, **Kyle McCowen (11)** observes Mr. Utsey's demonstration. "My favorite project from the year was learning how to change oil because I've started doing that on my own car now," said **McCowen**. After taking welding for three years, autoshop was the next challenge for **McCowen**. >>>Photo by Jasmin Amezcua

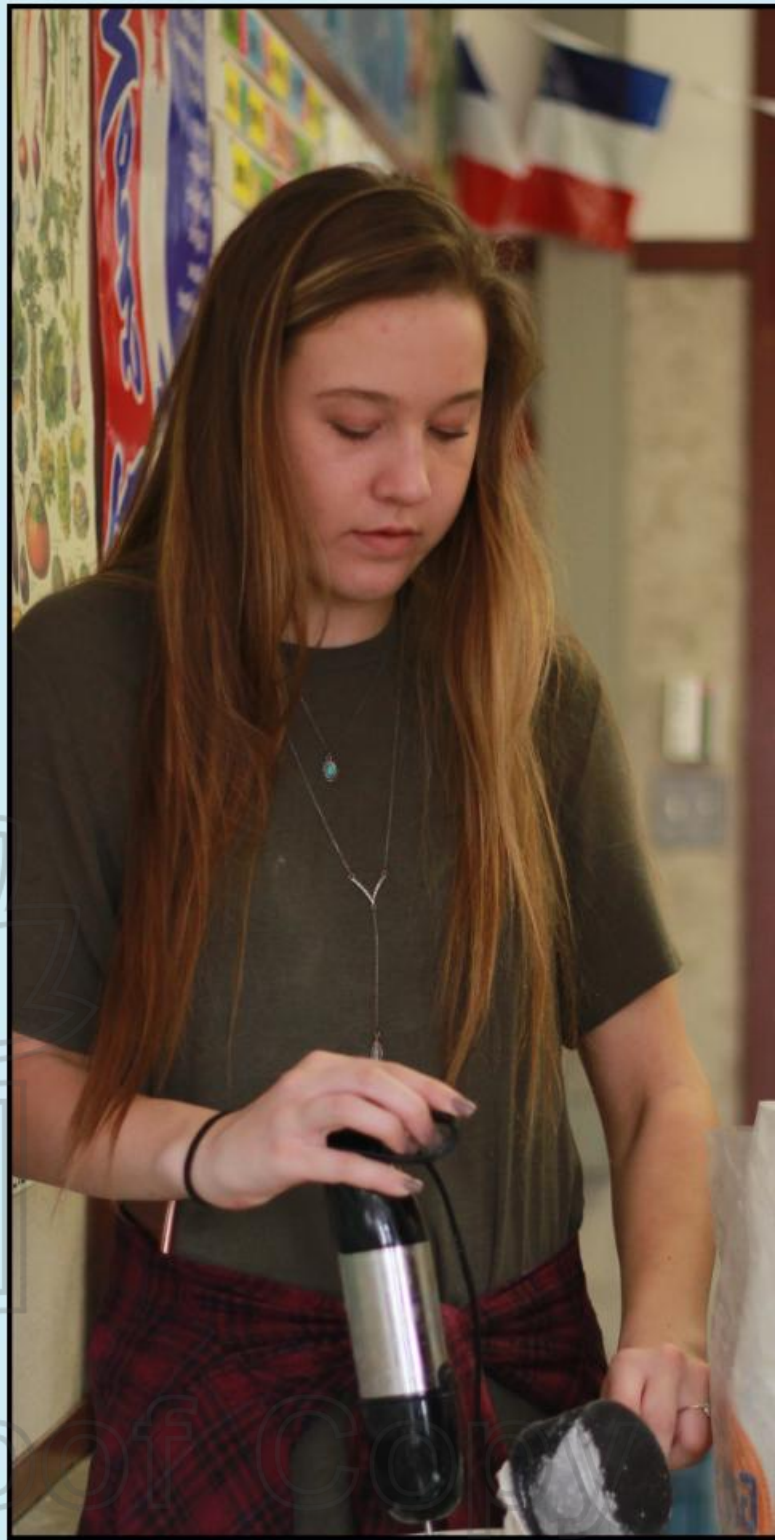
>>>PRACTICAL

LANGUAGE: Practicing a pre-planned conversation with her Spanish partner, **Caroline Kamin (10)**

corrects her linguistic mistakes. "We have just as much, if not more, Spanish-speakers in America than we do English-speakers so it's definitely a primary language that everyone should know," said **Kamin**. She planned on using her Spanish speaking skills outside of America while she traveled around the world in places like Spain and Costa Rica. >>>Photo by Isaac Luevano



>>>FOOD DAYS: Waiting in line to get her sandwich, **Rachel Pride (10)** enjoys yet another one of the French class' fun food days. Her French class constantly had sandwich parties and field trips to cafes. "The field trips were a great way to take our French skills outside of the classroom and to test our knowledge in a completely different environment," said **Pride**. >>>Photo by Isaac Luevano



>>>NEW CHALLENGES: Whilst jokingly arguing with his French partner, **James Mills (10)** searches the internet to find proof that what he says is correct. "The main challenge is understanding what's happening because if you fall behind it's hard to catch up. I work through this challenge by sitting down, focusing, and studying a lot," said **Mills**. He enjoyed making conversations with his partners because he saw the task as a challenge, since the conversations required students to discover new words and push themselves to practice previously unknown vocabulary.

>>>Photo by Dakota McGranahan



within classrooms, students become

WORLD TRAVELERS

The language classes teach about diversity and culture

>>> There are many challenges when a student learns a new language, whether it be memorizing vocabulary lists or attempting to perfect the accent. These details, as trivial as they may seem, all contribute to the learning process. In language classes, students overcame these challenges and progressed as speakers and writers, learning about both words and culture as they went. Teachers kept their students engaged with activities such as in-class videos, student-created presentations, and even online game challenges. The French teachers held sandwich days, where classes spent the day making and eating sandwiches in true French-style and conversed French. Other classes played games like "Kahoot," an activity where all students played the same game and raced to get the correct answer.

Aside from their unique activities, all language classes put special emphasis on the power of group work. **Wayne Wright (10)** felt all of the group work prepared him for real world scenarios and taught him to feel comfortable when conversing in another language. "The great thing about my Spanish class was having the knowledge to tackle opportunities outside of class, such as going to Lola's market and ordering a drink in only Spanish and then having a conversation with the cashier," said **Wright**.

While it is obvious that most students planned to use their language outside the classroom, some students went above and beyond to utilize their conversational skills.

James Mills (10) used French when he traveled to Europe over spring break with Ms. Dennis and 23 other students. "Using the French language is wonderful. I went to France and I was able to talk to so many people and actually have conversations and order my own things without much assistance," said **Mills**. Though he is still learning, Mills was able to use the French he learned in high school to assist him in his travels.

Students in the language classes learned hundreds of valuable lessons, from conjugating verbs to differentiating masculine and feminine pronouns. However, these lessons were only a small fraction of the impact these classes had on students. "I had the opportunity to become a traveler in my own classroom. You don't usually get the opportunity to see the difference in cultures unless you travel, but in the language classes you analyze the food, people, language, environment, history, traditions, and just the overall culture of countries. Learning all of this in just one class was unspeakably amazing," said **Caroline Kamin (10)**.

Both in and out of the classroom, students found methods of applying their languages to their everyday lives. From flashcards and tests to games and group activities, these languages will remain embedded into the hearts and minds of these young pupils as they continue their journey through the world of foreign languages. >>>Page by Cassy Moretto

>>>**A CHILDHOOD LANGUAGE:** Focusing on working together in an assembly line with her classmates, **Charlotte Stokelode (10)** creates dough to make French food. She fell in love with the French language when she was a small child through French music. "I'm glad I decided to take French because since we're not allowed to use any English in class, every day it's like we're in a whole other world," said **Stokelode**. >>>Photo by Dakota McGranahan



>>>**PANISH PUNS:** Telling a Spanish-themed pun to his teacher, **Wayne Wright (10)** makes the people around him chuckle. Wright enjoyed the Spanish class because of how much he learned in the class and how practical the language was. "We never have a boring class we are always up to something, whether it be communicating in Spanish with our partners or watching a mystery video," said **Wright**. >>>Photo by Isaac Luevano

>>>**TRICKY COGNATES:** An expert taster, **Jeremy West (9)** prepares to take another bite of cheese. This was a nice break from the difficult task of formulating sentences in French while keeping in mind the hundreds of rules and conjugations of certain words. "The thing I have the most trouble with is learning new words because some words are cognates and sound really similar but other words are false cognates which makes them really hard to remember," said **West**. >>>Photo by Dakota McGranahan

we use hammers to
KNOCK ON WOOD

Woodshop students preserve a timeless craft

>>> Entering the Woodshop room was always an interesting experience, the noise of the various tools and machines drowning out the outside world for the focused students. Woodshop taught the students skills they wouldn't have gotten from the traditional classrooms while staying safe.

"This class is a good way to express yourself. You get to create your own thing," said **Andrew Jones (12)**. Throughout the year, multiple projects such as night stands, back scratchers, and jewelry boxes improved students wood-working skills and techniques.

For some students, the class had a more lasting impact. When machines were on and running, safety became very important. The need for caution momentarily escaped students like **Anthony Costamagna (10)** and **Emilio Campos (9)**,

who both accidentally cut their fingers and were forced to take time off to allow their fingers to heal before going back to work.

"I almost cut my finger off after it slipped into a bandsaw. It took about four months for my finger to recover," said **Costamagna**. There were others who came close to enduring the same fate, but luckily they avoided all possible injuries.

"My advice to anyone wanting to take Woodshop is to be safe, safety first," said **Anthony Lopez (10)**.

Not every school in the district offered woodshop classes; students felt lucky to have a class that gave them practical knowledge and helped them create functional and pleasing pieces of wood artwork. The students who took Woodshop left with rare and unique skills that benefit them in ways they would have never imagined. >>>Page by Deborah Fry

>>>WORK OF ART: While admiring his work, **Miles Kirby (10)** puts the last pieces together. "I like the teacher a lot. I also like the kids in the class, it's a fun class," said **Kirby**. He planned on using what he learned in the future because he loved wood working. >>>Photo by Dakota McCranahan

>>>FIXED GAZE: As he smirks and stares off, **Emilio Campos (9)** tries to think of what to draw. "I like the freedom. It was fun to learn new stuff. My advice to anyone wanting to take this class is to pay attention," said **Campos**. He paid close attention on how to safely use the machines to keep from cutting his finger once again. >>>Photo by Kala Russell

>>>EXAMINING: **Nate Preston (11)** listens to music as he studies his work. "This year was my first year taking a woodshop class. At first I was extremely nervous because I didn't know anybody. I was scared of using the tools but after awhile it wasn't that bad," said **Preston**. He enjoyed learning how to use equipment that he wouldn't have been able to use outside of the class. >>>Photo by Cassy Moretto Regout





>>>PERFECT CUT: Using his skills, **Argyres Georgedes (9)** safely lines up the wood before cutting. "I like how we got to build stuff. We built a backscratcher and a jewelry box," said **Georgedes**. He liked having his friends in the same class and had fun while learning something new. >>>Photo by Deborah Fry

>>>GROUP CONCENTRATION: Preparing to cut their wood, the boys put on their glasses ready to test what they are learning. "There's a lot of independence. I enjoyed taking this class because the people are pretty fun to be around," said **Anthony Costamagna (10)**. He wanted to be an architect so he hoped that the blueprints they used in woodshop would help him get one step closer to that goal. >>>Photo by Deborah Fry



>>>SANDING WAND: Using his wand, **Andrew Jones (12)** sands away the rough edges. "We got more time with the teacher because there was only seven kids in the class," said **Jones**. He cut his finger on a table saw but was able to go back to work after three days of healing. >>>Photo by Dakota McGranahan

>>>MEASURING AND CUTTING: Preparing for the task at hand, **Anthony Lopez (10)** measures the wood before cutting it. "I learned a lot of things, like how to properly cut wood and stay safe at the same time. I enjoyed taking this class," said **Lopez**. >>>Photo by Dakota McGranahan

using torches gets students

FIREDUP

The Welding class forges their shiny creations.

>>> No two electives were ever the same, but there was one that stood out this year for a number of reasons. In the welding class, students played with fire and metal to create their dream projects. When presented with a challenging task, students stepped up to work on new and exciting projects.

"I don't like sitting in a desk for fifty-five minutes taking notes. I like turning metal into a project that I can actually use," said **Matthew Ziemer (12)**, a fourth-year welding student who worked on the frame of a 1934 Ford as his project. The intricate mechanics intrigued students to enroll in the class. Most electives taught the basics of the subject through a textbook and tedious note taking

"Welding is more of a get down and dirty with it kind of elective," said **Zierner**. From breaking the slag off of a weld, to dunking the hot metal in the water and watching the steam rise, welding definitely offered

something different that students could find in any other elective.

Other well received aspects of the class were the useful skills taught to the students, such as how to draw out and plan a design for a project. First year welder, **Bo Brantley (12)**, learned how to label the sections of an inch, do different types of welding such as ARC and Gas, and build many useful tools out of metal.

"I decided to take welding because I wanted to learn something that I could use later in life for work or just to have the skill," said **Brantley**. Welding, at first, didn't cross his mind as a career choice, but after taking the class, he began to think otherwise.

Welding was a positive opportunity for the students, as evident by the fact that many planned to take it again with **Mr. Gutsch**. This interesting elective provided students with the knowledge to use in the future. >>>Page by Brandon Dearmore

>>>COME TOGETHER: Shaping his new design, **Jake Robles (10)** grinds away on a metal bike frame while **Cole Denham (10)** works on his project. The two boys were in their second year of welding and already in the advanced class. Both were ecstatic to be in the class again and couldn't wait for what the year had in store. >>>Photo by Brandon Dearmore



>>>MAKING MEASUREMENTS: Laying his metal down flat to draw in the cutting lines perfectly, **Anthony Sebestyen (10)** concentrates on his design. "I am in second year manufacturing and we have learned how to draw out our own drawings and how to cut our own metal," said **Sebestyen**. He had drawn out his plan of procedures earlier and next needed to test them out on his metal. >>>Photo by Brandon Dearmore



>>>DRESSING UP: Getting into protective gear for a day of ARC welding, **Nicholas Goodacre (11)** throws on his bright green welding coat. He prepared himself for the shower of sparks that would spew from the red hot metal. **Goodacre** also took extra precaution by wearing both gloves and a special helmet. >>>Photo by Brandon Dearmore





>>>SWEET FIRE OF MINE Sparking up the gas welding torch, **Bo Brantley (11)** pulls down his helmet and gets to work on his weld. In his first year of welding he learned the basics which included both gas and ARC welding. He was proud of himself for making the decision to take the class and was glad that he learned so many valuable skills. >>>Photo by Brandon Deamore

>>>BANGING OUT THE DENTS: Working in a group with his friends, **Francisco Ibarra (12)** works diligently on his metal piece. In his second year of welding, a class injury "I finished welding one day. Well, I had earbuds in and when I went to take them out with the hot metal in my hand I burnt myself," said **Ibarra**. The burn only lasted a couple weeks, but the memory of his last year in the welding class will last forever. >>>Photo by Brandon Deamore

>>>DRAW IT OUT: Getting ready to start another project, **Esteban Ramirez (10)** takes his pen to the metal and sets out on a new design. "This year was great. I have definitely learned enough to make something on my own," said **Ramirez**. Throughout the school year, he was able to use both a new milling and an automated plasma cutter. >>>Photo by Brandon Deamore



>>>WHITE HOT FOCUS: Getting into his steady position, **Brooke Carter (9)** carefully dives into his weld. He had been practicing the technique of "pushing the puddle" that **Mr. Gutsch** taught him and wanted to use it to improve his T-welds. **Carter** worked intensely on his metal and never broke focus while the flame was going. >>>Photo by Brandon Deamore

>>>READY, SET, LIGHT!: Getting pumped up about getting to gas weld, **Sophia Martin (9)** sets the flame to the right temperature and puts it to the metal. "I actually have a scar from a time that I was gas welding because I forgot that I didn't have gloves on and then I picked up the hot metal," said **Martin**. She had also burnt off a pocket on her jacket from paying so much attention to the weld. She had fun her first year but it was also a new challenge for her. >>>Photo by Brandon Deamore

>>>UNFAZED: Keeping his eyes on the computer screen **Alejandro Nieto (11)** continues working. "At first I thought the class would be boring but I'm learning a lot and I'm always entertained," said **Nieto**. >>>Photo by Jasmin Arnezquita

>>>COMPLETELY FOCUSED: While typing, **Armando Alvarado (12)** keeps his finger placement in mind. "This class is pretty easy and I've learned a lot," said **Alvarado**. He wanted to take an easy and fun elective; and it proved to be just what he was looking for and more. >>>Photo by Jasmin Arnezquita



the world needs us to be
COMPUTERSMART

The Computer class put their skills to the test.

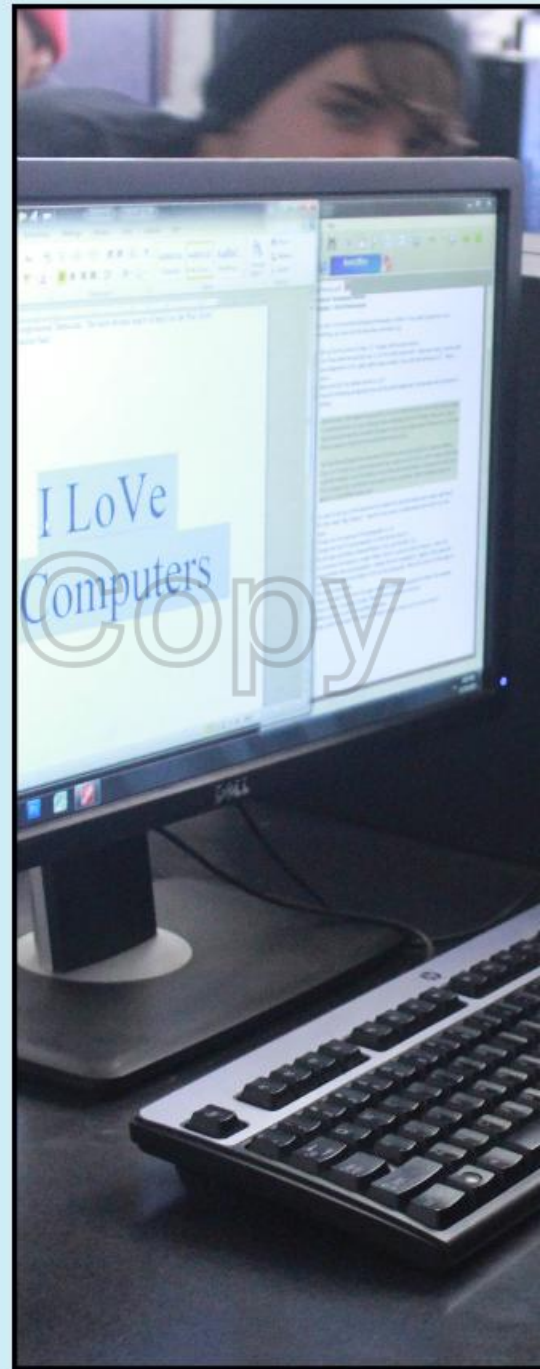
>>> Though taking a computer class might seem boring to some, it can be an invaluable addition to one's schedule. Students who participated in these technology courses quickly discovered how much they still had to learn, despite already using computers every day.

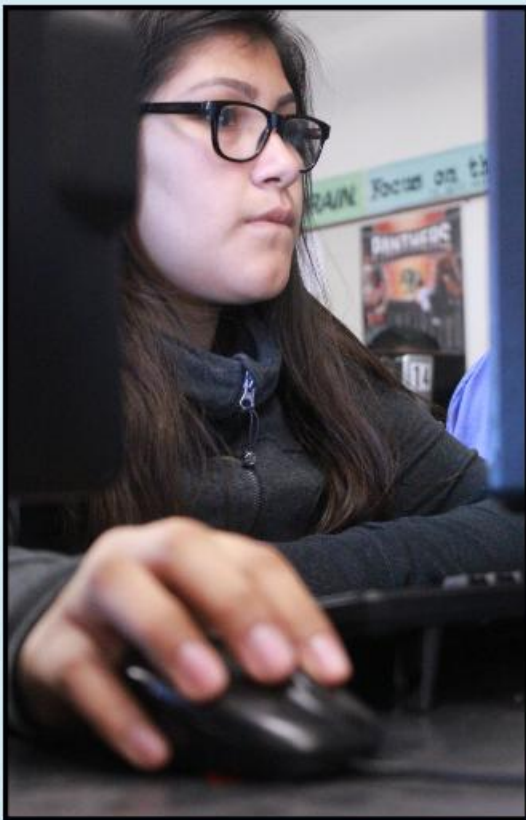
"This class is definitely helpful when you're having a problem with your computer and can't get it to connect to other devices. We learned how to configure routers and how to establish connectivity between devices," said **Trevor Jones (10)**. The CISCO program gave many students empowering computer skills. The in-class labs taught them the fundamentals about computers and how to figure out problems and correct them.

"It was a fun experience. I'm more of a hands on learner so the labs were very helpful. I was always interested in computer sciences so this helped me explore a lot more of it," said **Kyle Weiding (10)**. SRHS is

the only school in Sonoma County that offers this computer program. Mr. Flor started the Cisco class because he was the only one qualified to teach it. Unfortunately, he retired this year, unofficially ending the program. It will be missed by the students who appreciated what it offered.

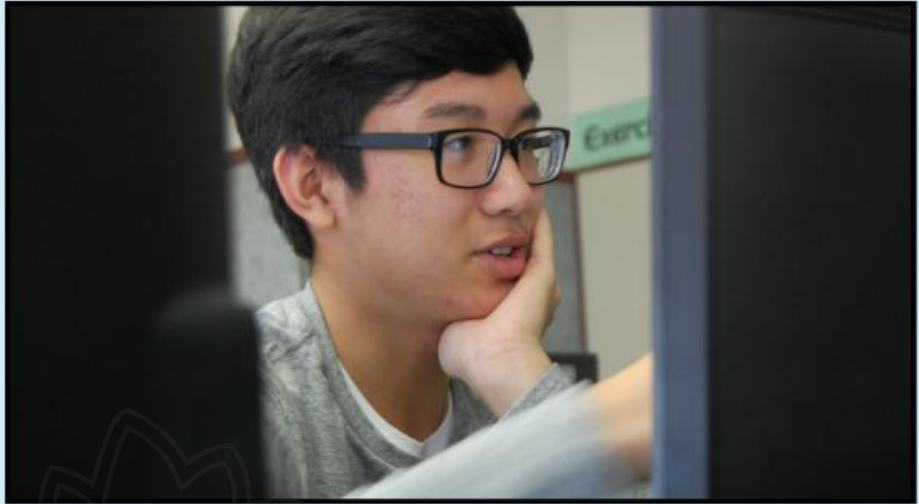
"It was pretty memorable working on routers, and it gave me the real experience necessary to bring into the real world. It offered the opportunity to expand your knowledge and become a far more important member of society as a workforce member," said **Sahel Patel (10)**. Understanding computers and how they work became extremely important in the ever-changing global economy. In society, technology is the main source of communication, so understanding how to properly use a computer was important. The computer class helped to connect bright young people to a technology-based world. >>>Page by Deborah Fry





>>>LOOK OF DETERMINATION: As **Paula Lopez (9)** focuses, she readies herself to learn more. "I like this class because I get to learn more about computers, how to type and how to use Microsoft," said **Lopez**. She learned important tools to employ in the workforce, thanks to her dedicated teacher. >>>Photo by Deborah Fry

>>>GETTING ORGANIZED: Preparing for the task at hand **Jordan Jolliff (11)** cleans his area. "So far we've learned how to make basic websites and how to use photoshop," said **Jolliff**. His plan was to enter into a field related to computers and technology, so the class was essential. >>>Photo by Deborah Fry



>>>A CLOSER LOOK: Smirking at his classmate hidden behind the computer, **Chris Kong (11)** works on his assignment. "We learned how to use web design and we created some fun things. It was interesting to see how creative you can be when making pages," said **Kong**. He thought of pursuing a career in the tech field because he believed the skills he learned were very beneficial. >>>Photo by Deborah Fry

>>>THUMBS UP: Showing his excitement, **Cameron Morris (9)** gives a thumbs up. "I really like the class and the teacher; he's very lenient and funny," said **Morris**. He planned to take computers sophomore year as well in hopes of learning more about multimedia and desktop. >>>Photo by Jasmin Amezcua

students open their minds to a

WORLD OF COLOR

Fine and 3D Arts students learn contrast and composition

>>> Many students on campus attended 2D and 3D Art daily, each with their own unique qualities and skills to add to the class. These young artists were representative of the diversity that existed at school, each artist with their own distinct style, personality and interests that shone through in their projects.

For **Chelsea Villeda (12)**, 2D Art was enjoyable because of the challenging projects she got to take on. With no limits to her work, **Villeda** was free to express herself through her art, incorporating clean, geometric looks to each of her interpretive pieces.

"My favorite part of each project would have to be the end, when I'm finally finished and all of the stress is done and over with and I see the finished piece. It's very satisfying," said **Villeda**.

Rosy Gamez (10) was outspoken about her views, and in one way or another she incorporated feminist symbols and other representations of equality in most of her projects. **Gamez** reveled in being able to exchange creative thoughts with her classmates.

One of my favorite projects was this arch we drew as a 'portal to our life'. It was really fun and I truly did connect to it by incorporating many aspects of my life. I enjoyed it because it had a lot of meaning. That's what art is all about," said **Gamez**.

3D Art was a fitting way for **Keyla Cerros (9)** to take a break from her academic classes and allow her mind to relax. She took 3D art because she was able to interpret her assigned projects in any way she wanted.

"My favorite part of class is the fact that the assignments are open ended. Mr. Roberts tells you the requirements of the assignment and it's up to you how you want to meet them and how you want to be creative" said **Cerros**.

Everyone had a different take on art. Because the classes were so open-ended, it gave students the opportunity to take their creativity in any direction they wanted to represent themselves, and to appreciate their own work. >>> Page by Johannah Todd

>>> **OFF THE PAGE** Leaning against a car hood, **Andrew Dias (10)** helps his class refurbish a car. "What I like about 3D Art is that you engage with the physical things in your hands, and that you build your projects, and right now we're building bugs out of metal and it's actually pretty cool," said **Dias**. He had been working on making metal bugs out of tin for most of the year which he put on the car for the Rose Parade. >>> Photo by Dakota McGranahan



>>> **SPLASH OF COLOR** Using materials such as plaster, **Parker Salmon (12)** molds his project. "My favorite project from this year would be when we sculpted bodies in motion. My person was slipping on a banana peel so it was funny and mine turned out really nicely," said **Salmon**. He tended to express comical themes to each of his projects to represent his own personality. >>> Photo by Dakota McGranahan



>>> **METAL MAYHEM** For her metal bug, **Mitzy Morales (12)** bends wire. "Mr Roberts is working on a car for the rose parade and we got to make bugs if we wanted too. We made everything out of cars and I also got to make a rose since we had to incorporate roses, and that was really fun to do," said **Morales**. She took 3D Art because the projects were more hands on than drawing, which she found easier. >>> Photo by Dakota McGranahan

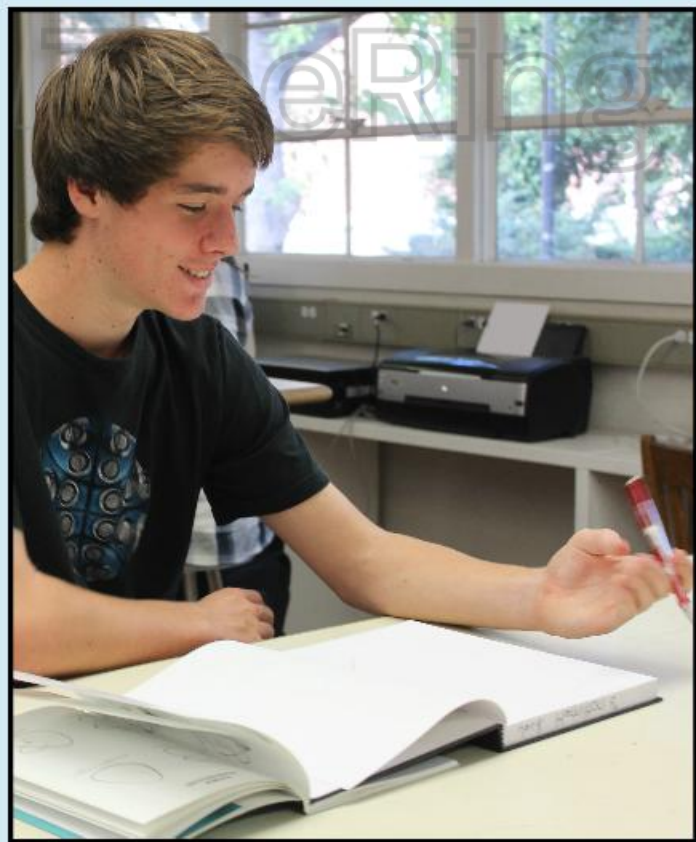


>>>**ART AND SOUL:** Focusing on her project, **Sara Howard (11)** finishes her project. "One things I have learned in class are to not stress about it, and another is to really focus on details because it makes your projects come out looking really nice. I like to work from physical things more than just drawing on a piece of paper, I like to be able to build my art myself it makes me feel good about it because it's my stuff that's coming from my heart and my mind," said **Howard**. She used art to help her through her depression and added her feelings to her projects for other people to relate to. >>>Photo by Ashlee Ruggels



>>>**IMAGINE THAT:** For his 3D Art project, **Anthony Williams (10)** cuts a tin can. "My ideas stem from just how I'm feeling when I'm working on projects or my imagination, really I like to just go with the project as it happens and not really make a huge plan before," said **Williams**. His favorite project from the year was a nonobjective sculpture he painted copper and teal to give it an oxidized look. >>>Photo by Dakota McGranahan

>>>**BRUSHING UP:** Discussing his work with a classmate, **Zander Ockenden (10)** perfects his human sculpture. "I like 3D art because we get to make three dimensional things and I feel like it's better that way. My favorite part of the class is getting to construct things," said **Ockenden**. >>>Photo by Dakota McGranahan



>>>**ART ATTACK:** In 3D art, **Wayne Wright (10)** sculpts a metal bug. "I plan to continue art in my life after high school because I plan to be an architect which requires a degree in drafting and after that I'll most likely continue to use my acquired skills of dimensions and technique to make sculptures in my free time," said **Wright**. He learned skills from making a color wheel from scratch to adding depth to still images. >>>Photo by Dakota McGranahan

>>>**PIGMENT OF IMAGINATION:** While sketching in 2D Art, **Jack Hamilton (09)** jokes with his classmates. "My favorite part of this class is being creative and drawing, and I like to include sports into my drawings," said **Hamilton**. His favorite project from the year was when he made a watercolor with his choice of a plant, animal, and background. >>>Photo by Johannah Todd

>>>FACE OF SORROW: During drama class, **McKenzi Foster (9)** wears the mask of a sad soul. The class participated in many activities to improve their acting abilities. >>>Photo by Dakota McGranahan



>>>UNMASKED: **Brayden Glascock (9)** reclines on stage, while hidden under a dazzling gold mask. "I really love acting. It's a lot of fun, because you get to become someone new. Initially I signed up for it mainly for the credits, but as I got more into it, I really liked it. I hope to continue with it," said **Glascock**. >>>Photo by Dakota McGranahan



>>>JUST PINCHIN':

Working to make her pinch pot as symmetrical as possible, **Alonda Cuevas Cutierrez** smooths the rim with her finger tip. Close attention to detail was a crucial factor in the project because without it the final product would not meet its potential. >>>Photo by Celena Clark



>>>WORKS OF ART: At the winter art fair, students gather to purchase pieces that their peers made. The ceramics classes worked for two weeks in advance to create at least three pieces per student. >>>Photo by Celena Clark



>>>CLAYTASTIC: Focusing on her pot, **Cruzita Escutia (11)** makes sure she scuttles it correctly. "I take ceramics because I'm more of a hands-on person I feel more creative with something in my hands (clay) rather than just pencil and paper," said **Cruzita**. She got to learn many new thing she didn't know were possible with clay. >>>Photo by Jack Fowle



artists learn to take

CENTERSTAGE

Fine Arts teaches students to take actions in to their own hands



>>> In the ceramics classes, a variety of projects were introduced and completed throughout the year, giving students the chance to express the inner workings of their minds.

"My favorite project in ceramics was the raku piece and firing. I created a horse head for my piece. The part I enjoy about ceramics the most is the excitement of seeing your piece for the first time, coming out of the glaze firing," said **Destiny Poole (11)**. Many of these students' projects were sold in the winter crafts fair, a widely popular event that takes place just before winter break. The profit from the products went straight back into the ceramics class fund so that the class may be accessible to anyone, no matter their financial situation. "What I enjoy about art is the you can make anything you want, totally freedom and in someone's eyes it is beautiful," said **Solora Barrie (11)**.

Meanwhile in the drama classes, actors played fun improv games in which they were thrown into a hypothetical situation and had to act quickly. "They were really fun for me because we had to try and make people laugh, which is what I love to do," said **Tyler Condon (9)**. It was a fun but challenging way to earn their fine art elective credit. "I love acting but I wanted something that wasn't too serious (like art quest) that I could just have fun with," said **Penny Case (9)**, who used her newfound experience in drama to take part in the "Poetry Out Loud" competition.

Both of these classes offered for credit were invaluable for many different reasons. While ceramics taught business skills at the winter crafts fair, drama showed students how to use their nervousness as a tool to motivate them in monologues and in life.

>>>Page by Ashlee Ruggels, Matt Farren, and Summer Ponsford

>>>ACT IT OUT: Stepping into character alongside acting partner **David Mertz (9)**, **Joelle Berk (9)** performs her lines flawlessly onstage. **Berk** learned to overcome her nerves when she signed up for the elective, practicing her lines over and over to perfection. "It's very nerve racking, but I think that because you get to become someone else it's easier to calm yourself and just have fun with it," said **Berk**. Taking her own advice, Berk had fun onstage when others may have been scared.>>>Photo by Dakota McGranahan

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>>>SCRATCH THAT: Working hard to make small details, **Kimberly Acosta (12)** focuses during her advanced ceramics class. The advanced class was challenged with my projects, most of which were larger scale than those of the beginning class. >>> Photo by Celena Clark

>>>RELAXING: Hard work makes for a big appetite, so why not combine the two? **Brayden Glascock (9)** eats mid-scene while his costmate smiles. "I've never really had a problem with stage fright, but it does get scary - especially when the big lights are shining down on you," said **Glascock**. >>>Photo by Dakota McGranahan

>>>**CLASS MASCOT:** While listening to a presentation about Canine Companions for Independence program, students couldn't help but take the time to lay with a service dog in training. Mrs. Swehla, whose own experience training service dogs for the group, was pleased with the positive impact the visit had on her classes.

>>>**BEYOND THE BINDERS:** Students in Mr. Lyon's life skills class spent time working on projects that included job skills, money management, and even how to balance their time. In many ways, these topics have been pushed out of school curriculum in favor of more traditional, more easily assessed skills. With this elective, students are still able to access learning necessary to their future lives.

>>> **KEEPING IT REAL:** Students meet with Mr. Lyon about their grades and progress in the course. Lyons earned rave reviews for his willingness to tackle sensitive subjects like abuse and sexual violence with honesty and care.



a guided learning for after high school

LIFE SKILLS

With true world topics, Lifeskills gets real, quick.

>>>Life skills was an important class that taught bold and inquisitive students how to take care of themselves and manage the different responsibilities in life. Unlike traditional classrooms, this class taught students employable skills such as teamwork, communication, the ability to cope under pressure. Learning to work independently was also an important aspect of the class.

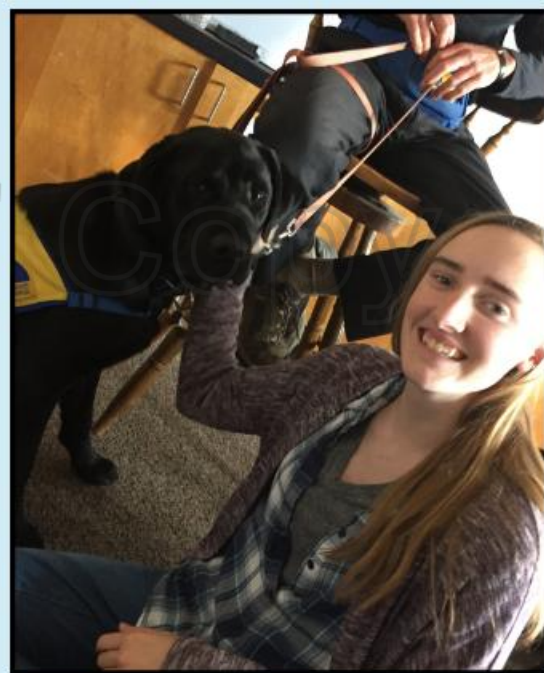
"I learned to communicate better. I learned how to do my taxes and budget my money. We also learned how to do cover letters and fill out job applications which is very useful," said **Cassandra Nelson (10)**. It prepared students for the future, whether that involved moving onto further study,

joining the workforce right away, or becoming an engaged member of society.

"I like the guest speakers because they all teach me something new. I learned how to do resumes which is very helpful because I'm trying to apply for a job," said **Destiny Poole (11)**.

Teachers like Ms. Swehla, Mr. Lyon, and Mr. Kennedy made the class a safe environment for students to ask questions and get help in difficult situations at school or at home. Many students left the class with an overarching sense of preparedness as they ventured out into the real world, armed with resources and knowledge to propel them forward in life.

>>>Page by Deborah Fry



>>>**PUPPY LOVE:** Quick to greet the guest "speaker", **Simone Barnard (12)** visits with an ambassador from the Canine Companions program. In Mrs. Swehla's life skills course, students were often given opportunities to interact with organizations from throughout the community.

>>>Photo provided by Teri Swehla

>>>GUITAR SOLO: Sitting alone, **Alec Bowman (12)** practices various chords. The guitar class taught the basics of playing the guitar and provided students of all skill levels a chance to learn more about the instrument. >>>Photo by Celena Clark



with instruments on their lap, students keep STRUMMING ALONG

Students learn the relaxing nature of music in **Guitar Class**.

>>> Walking around the Santa Rosa High School campus, one can always find multiple students strumming their guitars. Whether they were jamming out with their friends or playing themselves a little song, the students in the guitar class were able to enjoy themselves and create unique music.

For many, school put a lot of pressure on them and created an atmosphere of stress. Taking guitar provided an escape from their responsibilities and created a way for many to relax and de-stress.

Being in guitar was a great way for students to

express themselves artistically and musically. Students of all ages and skill levels were welcome in the class, so whether one wanted to improve his or her skills or try it for the first time, there was an opportunity for everyone to learn.

With basic chords, there were endless possibilities for different melodies and tunes to play. This creative freedom to play and create any kind of music helped students express their feelings through the beautiful music of the guitar. >>>Page by Kala Russell



>>>STRUM WITH A SMILE: Enjoying the good weather, **Kristin Hammack (12)** strums a happy song on the guitar. The guitar class provided many students with an escape from the stress of the school day and allowed them to explore their musical side. >>>Photo by Kala Russell

>>>MUSIC MAN: Standing in the music building, **Sean Rollins (12)** plays his guitar with a smile. "Ever since I was a boy, I always enjoyed watching my great aunt fingerpick her twelve string acoustic guitar. When I got into fourth grade, there was this program called Little Kids Rock and I enrolled in this program so I could learn to play guitar like my great aunt," said **Rollins**. >>>Photo by Celena Clark

>>>JAM SESH: Hanging out at the lunch tables, **Jordan Spencer (12)** jams with his friends. "I picked it [guitar] up last year and just haven't really been able to put it down since," said **Spencer**. His favorite memory of the class was just getting down with his friends and classmates. >>>Photo by Celena Clark

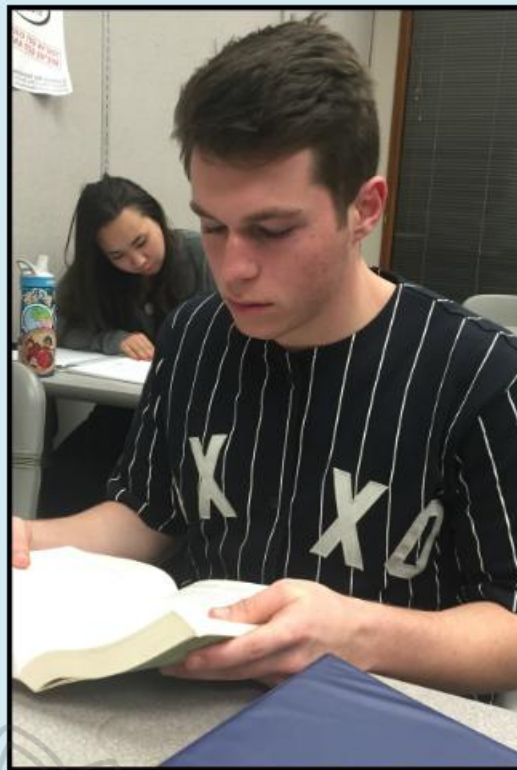


>>>MUSICAL DUO: Playing in unison, **Xavier Nava (12)** and **Natalia Campos (11)** perform a duet. "I remember one time I was playing a concert with my band and we were just flowing off each other. It was cool because we were feeling off each other's vibes," said **Nava**. He loved creating music and expressing what he felt with his music. >>>Photo by Celena Clark

>>>POETRY IN MIND: Getting some last-minute reading in, **Lea Langer (11)** and **Alex Beletsis (12)** both catch up on their class work by reading poems out of their books, and responding in their class journals. "At the JC, there's a range in age and these people are in different points in their lives, so it's nice to get that change, and for me it pushes me to do better and learn from everyone around me," said **Langer**. Getting this English class allowed them to complete their English credits for the year.>>>Photo by Dreena Edillor

>>>CYCLING CHATS: Instead of the usual circuit on lifting machines, **Riley Palmer (11)** and **Sam Bohlke-Slater (11)** continue their conversation on stationary bicycles, adding a fun social aspect to exercising. "Our weightlifting coach plays the best music ever. He let Sam and I play Gwen Stefani," said **Palmer**. The students were free to finish their work out on any fitness machine in the gym.>>>Photo by Dreena Edillor

>>>ALL-DAY LEG-DAY: Towards the end of his class, **Riley Craig (11)** finishes his final rep on the leg machine. "Taking extra classes has helped me a lot with getting the PE credits that I would not have a chance of completing because I have two periods filled with ArtQuest," said **Craig**.>>>Photo by Dreena Edillor



>>>PARTNERED PUSH-UPS: Testing their newly enhanced strength, **Nicolas Caravelli (11)** and **Emily Aqi (11)** challenge each other in a push up competition. "I really enjoy my class. I have a good set of friends and a lot of personal willpower to push myself to improve," said **Aqi**. The two took a weight-lifting class together and hoped to get in shape throughout the semester.>>>Photo by Lea Langer



WORKING OR HARDLY WORKING?: While waiting for their night class to start, **Melanie Mathewson (12)**, **Caroline Mertz (12)**, **Arlen Jeane (12)**, and **Christian Pouden (12)** chat about their day. By taking English 1B, they were able to complete their year of English all under one semester, allowing them to open up time for other extracurricular activities. >>>Photo by Dreena Edillor

flying through high school in
FASTFORWARD

Students benefit from the Junior College next door.



BOUNCY BALL BALANCE: As an alternative to traditional exercise machines, **Tyler Wolcott (11)**, **Azlen Ponte (11)**, and **Maya Schraeder (12)** try out body-weight fitness for the day in their weight-lifting class. "It's nice to be in a class where I can know my limits and push myself to my own limits. Compared to the PE classes at the high school, in the JC PE classes, everyone can go at their own pace," said Wolcott. With the assistance of yoga balls, they tested their strength through push ups. >>>Photo by Dreena Edillor

>>> The academic heart of Santa Rosa rests on the street of Mendocino, and every day thousands of people commute on this common route to strive for success. While high school does offer a variety of classes to help students plan for their future, some students take the extra step to skip ahead by enrolling in the Junior College next door. At the JC, classes are available for a selected number of high school students who want to get their credits earlier, need to make up credits, or take the challenge of taking harder classes. The opportunity is offered year round, so students can plan on trading their summer for some knowledge, or incorporate more into their daily schedules during the fall with either academic or PE classes.

It's widely known for ArtQuest students to take their physical education classes at the JC to compensate for the loss of the sixth class in their schedule. Many of these students take physical education classes like Yoga or Weight Lifting classes. Among them was, **Rose Cozine (11)**, who made the decision to take JC classes during the school year in hopes to complete her credits on time.

"I decided to take JC classes because they're only one semester but count as a whole year in high school. It helps me complete more semester than in a year of High School classes," said **Cozine**.

"You are learning more and are not just trying to get credits done," said Morris. Many people plan on taking PE type of classes with friends, adding a fun aspect to taking these

classes.

In addition to earning essential credits, some students take this opportunity to earn credits towards an early graduation. Classes such as English 1A, Math 1A, or History 17.1/17.2 help give people a boost, and open up opportunities to take different classes. Enroute for an early graduation, **Raven Cipes (11)** has taken many of her credits at the JC for the last year. "I started taking them because it was faster to get college credit by taking a semester long class that's guaranteed college credit," said **Cipes**.

While languages such as Spanish, Italian, and French are offered here at Santa Rosa, some students opt to learn other languages. Instead, classes like American Sign Language and German are offered at the Junior College. **Luisa Ciaffa (11)** and **Cara Green (11)** saw an interest in learning German, and took the opportunity at the JC to learn the language.

"I feel like I've been able to learn the language faster and I'm able to actually understand and use it for when I go to Germany over the summer," said **Ciaffa**.

Many students take the advantage of the college next door, opening up bright opportunities for those who can achieve greatness in a faster pace. While it does add another notch of stress onto the students' schedules, many believe that this opportunity has benefited them for the better. Including the diversity that the Junior College has to offer applies a knowledge that students can use in their classes in the high school, and beyond. >>>Page by Dreena Edillor.



ROUTY REPS: Working to improve his strength, **Miles Kesser (12)** works on his bicep curls with a heavy dumbbell. "I'm looking to get the most out of this class by pushing myself past my limits," said **Kesser**. His goal in the class was to get more fit, whilst completing his credits for PE. With this, he can complete his senior year while taking his 3rd year of ArtQuest video.

>>>Photo by Lea Langer

not even mike tyson can
RULE THIS RING

The FFA students did not come to play games at the fair

>>> Of all seasons of the year, summer was the one that every student looked forward to, a season filled with leisure and vacations. It signified the end of the school work for some, but for the sixty-five students of the Future Farmers of America the work wasn't over. They dedicated their summer to raising livestock animals and training them for showmanship in the annual Sonoma County Fair Livestock Arena, where the animals they were judged on various elements like muscling and conformation.

"Those days are exciting and I love it, but it makes me really nervous when I'm up on an auction and you hear all of the numbers, it's like that's your whole summer being spliced out of the number so it's really scary. But at the end you're really proud of yourself when you meet the buyer and it feels very rewarding," said **Rachel Warner (11)**.

Some exhibitors chose a different path

>>>MOSH PIT: Parading their hogs in the show ring, **Lillian Dutcher (10)**, **Olivia Trull (10)** and **Madison Kelley (11)** work to ensure that everything goes accordingly. "The experience was really cool because you learn how to manage animals and you learn how to deal with earning money and how to budget your expenses," said **Dutcher**. For her, the sense of business and management is clearly present as she raise and show an animal. (Photo by Provided Santa Rosa FFA)

>>>DOING IT FOR THE CHICKS: The chicken crew takes over the fair without winging it. **Sophie Shelley (09)**, **Janelle Bowers (12)**, **Sara Hammond (10)** and **Rachel Warner (11)** shows off their merited show chickens that are raised and trained for excellence. "I did not named my chickens because i didn't want to get attached to them but there was one who was always really feisty so i named it Enchilada." said **Warner**.

>>>Photo by Santa Rosa FFA

>>>WE'RE GONNA NEED A BIGGER GOAT: With her prized animal, **Sarah Densham (11)** poses with her goat and her awards, showing that all her hard work paid off. She placed second in both class and Advanced Goat Showmanship. (Photo Provided by Santa Rosa FFA)

for their animals. The Champion Advanced Showman winner for market poultry, **Janelle Bowers (12)**, strove for kindness towards her animals by letting the chickens out of cages, making them free range.

"I love watching them run around my backyard all day then putting them away at night to keep them safe. At auction, I don't feel that sad because I know my chickens were raised with such compassion and high standards. I know that they had a wonderful, short life and somebody will enjoy them at their dinner table," said **Bowers**. These students' hard work was unmistakably noticed as judges chose Santa Rosa High students as winners in nearly every category. But, winning wasn't the most important accomplishment this summer. With students from varied backgrounds banding together to learn important agricultural skills, it was obvious that there was more to the competition than winning the ribbon.

>>>Page by Cedrick Trinidad



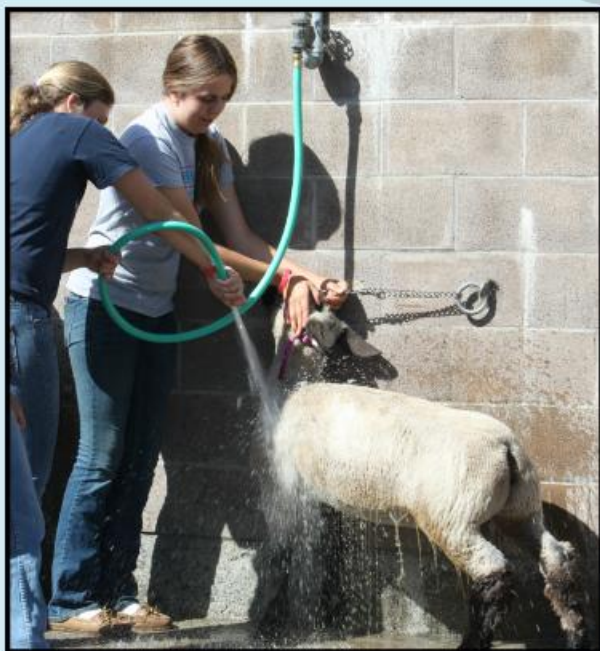


>>>GET PIGGY WITH IT: Rocking her hog in the show ring, **Eryn Francavilla (11)** assures it's features are being displayed to the judges while sustaining an elegant posture. She won the Champion for the Yorkshire breed. >>>Photo by Santa Rosa FFA



>>>HIGH STEAKS: With his Light Cross hog, Megan, **Gus Christianson (11)** smiles proud. "The experience in that day in the fair was rough because Megan had a bunch of problems like having a limp and she got a big scratch in the ham which took me a while to heal but it was great though and the hard work paid off," said **Christianson**. He won the overall Supreme and Grand Champion Hog and earned a whopping \$3000 in profit. >>>Photo by Santa Rosa FFA

>>>HUGE RELATIONSHEEP: **Macie Rackerby (12)** constraints her sheep in the ring for the judges. "The hardest thing is when you build the bond between you and your animal but you have to let them go at the end," said Rackerby. She won third place in showmanship and second in the Hampshire breed. >>>Photo by Santa Rosa FFA



>>>PIG DIFFERENCES: The twenty-four members of the Hog Squad huddle together for a picture and exhibit their hogs. They proved their months of dedication and work by dominating the show ring, bringing home 10 out of 16 possible awards for Championship awards in the breed spots and showmanship winners and earned thousands of dollars. >>>Photo by Santa Rosa FFA

>>>FLAG HONOR: **Natalie Ramsey (12)** and **Madison Kelley (11)** participate in the flag ceremony that is held every morning before the event at the fair. Often at FFA leadership camps, conferences, conventions and meetings, FFA students were charged with raising, lowering, or otherwise honoring our flag. >>>Photo by Santa Rosa FFA

>>>WE'RE SHEAR TO WIN: As her sheep is washed, **Karina Lochner (12)** restrains it from moving. "The electrical outlets weren't set up for that much electricity going into the show ring with all the clippers and shears and we have one set of shears for two teams so that was difficult but it was a lot of fun," said **Lochner**. Sheep shearing was one of the contests that occurred in the fair. >>>Photo by Santa Rosa FFA

>>>FEATHERY FLOWERS: Using feathers from last years prom arrangements, **Destiny Rivera(11)**, creates a new piece for a FFA event. "I like being in the fair because you get to know that you did good with other people's opinions other than friends and family," said **Rivera**. She later entered the two arrangements into the Cloverdale citrus fair. >>>Photo by Jasmine Amezcuita

>>>ROLL CALL: Waiting for their meeting to begin, members of the leadership class sit together and prepare to make announcements. "I think they're a really good way to inform the members of our upcoming events and how our previous ones went," said **Emma Fry (11)**. Meetings such as this one were critical for FFA events to run smoothly and ensure that future events were well planned. >>>Photo by Morrin Cherry

>>>PB&J: Making lunch sacks for the homeless, **Olivia Trull(10)** giggles with a friend. "This was my favorite activity this year because i got to be there and make all the sandwiches knowing it was going to a good cause," said **Trull**. The students began participating in this project the year prior and made it a yearly event after the positive feedback. >>>Photo by Cedrick Trinidad



learning to do, DOING TO LEARN

FFA *Academica* make a positive difference in the lives of students.

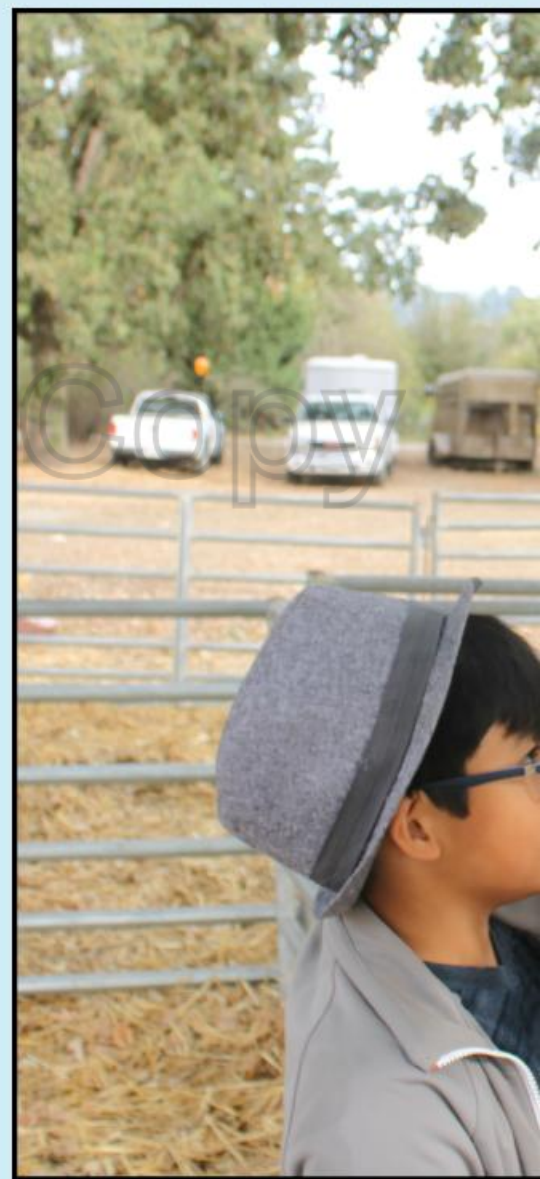
>>> Placing one more pink rose to finish it off, **Yvona Zipperle (12)** moves to the third side of the arrangement. The floral class landed a job for the harvest fair, and the three-sided arrangements with a variety of flowers had to blend flawlessly together. For the second year class, this was a new but simple challenge to conquer. Advanced Floral and Food Science and Nutrition were both new additions to the agriculture program, offering a more encompassing variety of options for students. The new classes were incredibly popular, but the other courses were still beloved.

"My favorite, believe it or not was joining Ag Leadership. Even though that class was a challenge I made a lot of new friends and created a lot of memories," said **Zipperle**. As the range of classes grew, so did the experiences that came along with them.

The agriculture program was more than just sitting in class, but other outside opportunities as well. There were activities

offered in each class, at lunch, and after school that showed scholars what they could do in the agriculture community. Students could attend conferences or work on the school farm to learn farming skills that they wouldn't usually get in a classroom. Living in a semi-suburban city, there weren't as many chances to learn the trade, but the agriculture program made those chances available to every kind of student by showing them every step of the process. For some kids, this was the program that changed their life.

"I've always been interested in agriculture, ever since I was little. When I got to SRHS and saw there was an FFA program I had to take the opportunity, because if I didn't I would probably never have the chance like that again to be part of a group that relates to me the most," said **Austen Peterson (12)**. The program welcomed everyone who wanted to explore, and encouraged them to grow. >>>Page by Morrin Cherry





>>>EXPLODE OR DISSOLVE?: During a lab in the food science and nutrition class, **Cameron McAtee (12)** is mindful of the chemicals. "I had fun with it and it was probably one of my favorite labs that we had done, other than the ones that we got food," said **McAtee**. Another experiment that the class took part in was seeing how long it took for marshmallows and chocolate chips to melt in tin foil. >>>Photo by Morrin Cherry

>>>ARE WE DONE YET?: Barbecuing hot dogs for the pumpkin patch, **Trevor McDonough(9)** attempts to cook them just right. "The best part was seeing all the little kids run around and have fun picking their pumpkins," said **McDonough**. As a freshman, he tried to be as involved as possible. >>>Photo by Morrin Cherry



>>>SO FLUFFY!: At the annual pumpkin patch, **Ben Mikalson (11)** teaches a young boy about goats and lets the boy pet one. "It was a good experience teaching kids about animals and the kids loved the goats and chickens. The kids that came to our pumpkin patch were nice, smart kids who had a great time," said **Mikalson**. This year's event went very well and raised funds for the program. >>>Photo by Cedrick Trinidad



>>>TILLING AWAY: During horticulture class, **Eryn Francavilla (11)** and **Gina Hansen (10)** work together to finish in the field. Every morning of the school year, students in the class went to the school farm to plant crops for the summer, care for the animals on the property, and >>>Photo by Cedrick Trinidad

>>>GRAB A DOG: Waiting in line for her turn to get food, **Maren Roche(10)** can't help but laugh with her friends. "FFA is fun and I've meet most of my friends through being a part of it, and I like the teachers," said **Roche**. It was her second year in FFA and she planned to stay involved throughout her high school career. >>>Photo by Morrin Cherry

>>>**NAILED IT:** While at Bodega Bay for a team building trip, **Morgan Begley (10)** and her classmates jump for a great group photo. "I liked how it made me feel like I can let my worries go, because my teammates have my back," said **Begley**. While at the coast, the students participated in a series of games and bonding exercises to bring them together.>>>Photo by Dawn Stornetta



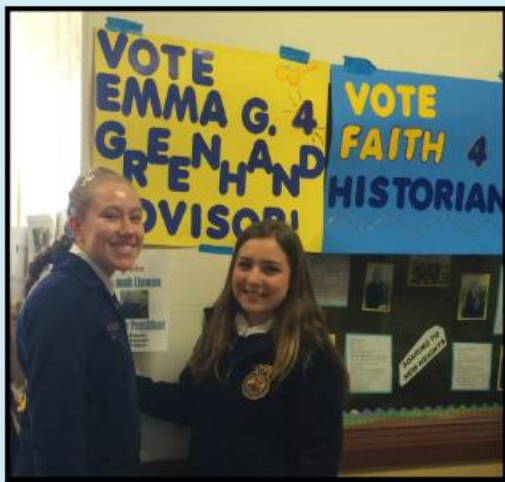
>>>**DOMINATING:** Showing off their success at the opening and closing contest, the chapter stands proudly. "It's nerve racking, but going up there and showing what you've been working hard for and just seeing all of the bright faces of all the FFA members attending just put a smile on my face. All the practices leading up to the contest were filled with great laughs and many bloopers. I love my chapter," said **Madison Kelly(11)**. After each of the four teams won first place, they had a right to brag.>>>Photo by Dawn Stornetta



>>>**COMING TOGETHER:** At the Chapter Officer Leadership Conference, **Kendall Simpson (11)** learns new ways to help the program while growing closer to her officer team. "My favorite was the social media workshop. We learned how to grow and produce our chapter along with keeping and recruiting members. I loved meeting new people and learning how to better my chapter at the same time. We all had the same passions and it was by far one of my favorite FFA conferences," said **Simpson**. >>>Photo by Dawn Stornetta

>>>**MADE FOR EXCELLENCE** Sitting with **Shay Johnson (10)** and **Trey Hennes (10)**, **Lillian Dutcher (10)** thinks about how much she was able to learn with the state officers and guided leadership sessions. "I learned that it's okay to face my public speaking fears and be assertive with what I do in life, I feel like it's important to continue expanding my social skills," said **Dutcher**. Sophomores were given the opportunity to attend the MFE and ALA conferences to gain even more experience.>>>Photo by Dawn Stornetta





>>>ELECTIONS: After hanging up her campaign poster, **Emma Guilfoil (11)** admires her work alongside Faith Valdez. "It's good to keep in touch with the other groups in school. I keep a strong bond with the yearbook and communicate with them, and I attend monthly ASB meetings," said **Valdez**. Elections like the one that **Guilfoil** and Valdez participated in helped keep the officer team strong. >>> Photo by Dawn Stornetta

>>>TRUSTING YOUR MEMBERS: At the leadership retreat, **Gus Christanson(11)**, participates in a trust line. Everyone was blindfolded except the last person that had to give directions by tapping the shoulder of the person in front of them. They had to get as many bean bags as they could. This activity was to show that they needed to follow what the person behind them and trust their direction. >>>Photo by Dawn Stornetta

>>>GREENHANDS: At the greenhand conference, first years learn about different aspects of FFA and what it means to be a greenhand. **Brandon Ly (9)** listened to the instruction for the next leadership building activity while he held the flag signifying what team he was in. They left the conference with more knowledge about the program. >>> Photo by Dawn Stornetta



>>> Cotton candy rested in people's hands, cars covered the Desoto lawn, and students milled to the many booths. But who was behind all of this? Officers from the school-associated FFA program led FFA members in organizing the annual Country Fair Day, which was a huge success. The newly elected sweetheart **Jenna Perkins (10)** and Mr. FFA **Trey Hennes (10)** worked with last year's sweetheart and Mr. FFA to pull off a successful day, along with other officers. Country fair day wasn't the only event FFA Leadership put together, and they were involved in many extracurriculars.

"I like to be involved and am good with leadership and can help with the incoming freshmen. My goal is to get freshmen more involved with the fun stuff we do like animals van trips, events, etc.," said **Hennes**. For the first time the team was extended to have fourteen offices instead of the usual six. Elections were taken very seriously, and it was a huge honor to be elected as an officer. This year, the team was extended to fourteen offices instead of the usual six. The new offices included sophomore, junior and senior class representatives, a historian,

representative, and greenhand representative, which made the team bigger and stronger.

As a chapter, students traveled to many different conferences and competitions to gain important knowledge and life skills. There were conferences specific to the level of FFA membership. For example the greenhand conference was for first year members, Made For Excellence was for second years, and Advanced Leadership Academy for third years. The end of the year big bang conference was a state convention open to all years. These conferences helped to improve the chapter and the leadership skills for everyone."

Our chapter is a mix of different personalities and at times those clash, but in the end we rise as a family and share one goal of advocating for agriculture and bettering ourselves. We are also bringing a whole bunch of new ideas and hopefully within the next couple of years our chapter will succeed in all of our endeavors," said chapter President **Adri Begley(12)**.

Conferences taught important leadership skills to both elected officers and hopefuls for next year's officer class. >>> Page by Morrin Cherry

learning to live LIVING TO SERVE

Developing their potential for premiere leadership, personal growth and career success

>>>NON-STOP SPIRIT: Hying up the crowd at the Welcome Back Rally, *Caroline Mertz (12)* and *Melanie Mathewson (12)* start the rally with a pumped up cheer. "Ever since freshman year, I've been looking forward to my senior year rally, and this year was so fun because my class was so pumped for the year to come," said *Mertz*. The seniors cheered loudly as the rally went on, starting the year off with a burst of spirit. >>>Photo by Ashlee Ruggels

>>>GET HYPED: Student Government kicks off the new year with a blast, bringing bright smiles and colors into the start of the New Year. As Mr. Coscarelli introduced the newly formed Student Government class, they came into the rally decked out in orange and black, pumping up the crowd for the rally. It was no joke to student government to come in extreme orange and black. >>>Photo by Cassy Moretto



>>>TACTICAL TESTERS: Upon the arrival of the Special Olympics, *Olivia Glaubiger (10)*, *Makenzie Oden (10)*, *Mackenzie Mathewson (9)*, and *Olivia Ruggels (9)* test the parachute for the athletes. This parachute was for the Olympic Village for any athlete to come and play with as they take a break from the event. A huge success, it involved the student body and many other schools. >>>Photo by Dreena Edillor

>>>SWAGGED-OUT IN SPIRIT: As the student government class attend their annual leadership event, *Kaitlyn Kline (10)* makes sure her spirit is shown. Her orange and black outfit brightened up the room, contributing to the rest of the class. "Spirit is really important because it shows that you take pride in your school," said *Kline*. No matter what, she never failed to dress up spirited no matter how crazy the spirit day can get. >>>Photo by Olivia Glaubiger

>>>FESTIVE FRIENDS: From Ugly Sweaters to Hot Cocoa, *Ally Daly (11)*, *Bre Bianchi (11)*, *Ally McCullough (11)*, and *Kylee Schroth (11)* warm up the room with smiles and joyous attitudes. Bringing the school together during a time of giving brought a strong togetherness that Student Government planned on recreating in the years to come. >>>Photo by Olivia Glaubiger





>>>SHINING STAR: Topping off the event by putting the star on top of the "tree", **Victoria Mapoy (12)** and **Emily Coddling (11)** share a cute moment of lighting up a Christmas tree. "It's fun to have cute little traditions to make the classes to feel like a family. Since we didn't have a tree, Emily's hair was the closest thing to a Christmas tree, so it felt right," said **Mapoy**. This hilarious and creative event in place of a real lighting brought a fun way of bringing holiday spirit. >>>Photo by Olivia Glaubiger

>>>THE NEWCOMERS: Grouping up for their first major leadership event, **Alana Macken (9)**, **Andre Gaudreau (9)**, **Olivia Ruggels (9)**, **Mackenzie Matthewson (9)**, and **David Mertz (9)** pose before heading into the spirit-filled Gym. "The freshman I knew were really nervous coming into school, and I feel that the freshmen in student government have done really well helping our class come into high school and feel comfortable," said Gaudreau. He and the freshmen of Student Government worked hard to assist the transitioning freshmen by using their leadership skills. >>>Photo by Dreena Edillor



throughout the year, they've been

LEADING THE WAY

Student Government ran another successful school year.

>>>With plans for a bigger and better school year, the Student Government class held many successful events, as well as kept a strong sense of spirit. The class was at its biggest size so far, with 35 students dedicating their time and energy to keep everything running smoothly.

"After being in this class for the past three years, I feel that this is the perfect amount of people in the class to work on big productions like the Special Olympics and Mr. Panther," said **Eva Nelson (11)**. The increase in members helped in all aspects of work. The hard work and dedication Student Government students put into their work was not absent.

"The events that we've had this year went smoothly when we planned them. The best day was jazzercise because it was new and it was a lot of fun to dress up for it," said **Michael Curry (11)**. Planning new and unique spirit days made it easy for students to be creative and have fun.

Changing up the schedule, Stu Gov replaced

the annual spring dance with Special Olympics, involving over 200 students from several different schools around the county. The event brought joy and awareness to the schools involved and the local community. Head of the Special Olympics committee, **Maddie Batchelder (12)** took charge of the behind-the-scenes aspect, with the assistance of the sophomores. "I'm glad we had Special Olympics this year because it brought a lot more people together. Everyone involved had so much fun and were so happy our school was involved with an event like this," said **Batchelder**. The event brought the entire community together, and kept everyone in an optimistic mood.

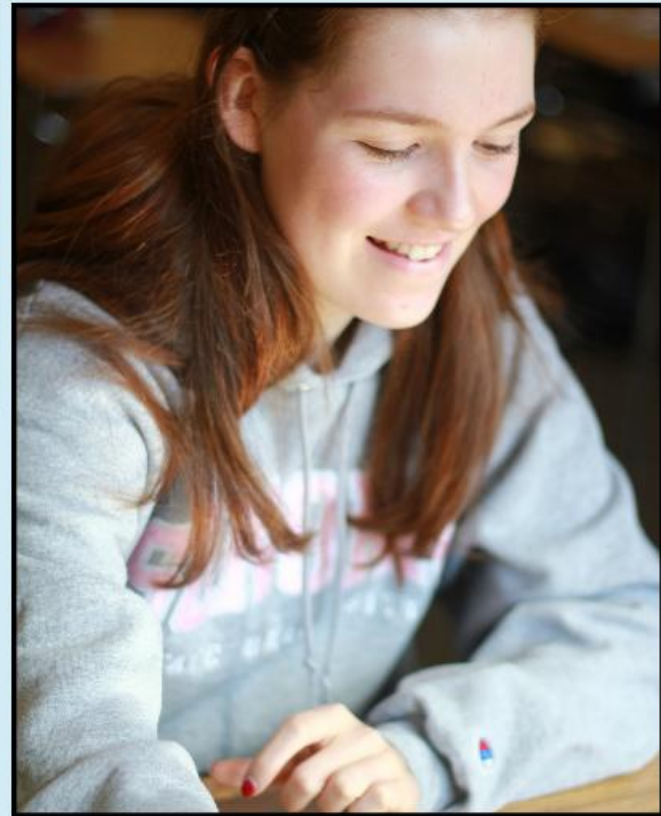
The school wide events kept students engaged and hyped up throughout the year. From bright orange tutus, to painted paw prints, the outstanding student government class stayed true to the successful spirit to which it was known. >>>Page by Dreena Edillor



PROMO POSTERS PAINTER: Keeping up with school events, **Nick Caravelli (11)** works on a poster to advertise the Talent Show. "Coming from ArtQuest, making intriguing things was always a part my style, so making posters was the task I volunteered to do whenever we needed it," said **Caravelli**. Adding color-popping decorations, Caravelli managed a well-designed poster that helps give awareness to upcoming school events. >>>Photo by Dreena Edillor



>>>**UNDER THE SUN FUN:** After traveling to Los Angeles for the national JEA convention, *Dreena Edillar (11)*, *Victoria Dinges (11)*, *Annika Gordon (12)* and *Dakota McGranahan (11)* meet spongebob while visiting Universal Studios. "It was a really fun experience, it was a really fun group to go with. JEA overall was a learning experience, and Universal Studios was a good bonding experience with everyone," said *Dinges*. While also going to classes at the convention, *Dinges* explored neighboring shopping centers.>>>Photo by Dakota McGranahan



>>>**A RAY OF SUNSHINE:** During a class brainstorm, *Siena Parrish (10)*, scribbles ideas for upcoming articles. "I find the brainstorms entertaining and fun because you can get article ideas about Kim Kardashian to a rather serious article about genocide. Everyone is scrambling to get ideas and it's just fun to be a part of," said Parrish. This was her second year of being in the class and has worked on a total of fourteen issues.>>>Photo by Dakota McGranahan



>>>**SWEATER WEATHER:** Celebrating the Christmas holiday, *Rachel Owen (9)*, *Caleb Robinson (12)*, *Milena Duarte (12)*, *Olivia Hernandez (12)* and *Nicholas Caravelli (11)* all demonstrate their holiday spirit by showing off their ugliest sweaters. "In the beginning of the journalism year, I was stressed out because I didn't know what I was doing entirely, but I figured out that there's more of a learning curve than I anticipated. As the year has gone on, I have learned to enjoy and love the class more with each day," said *Owen*. She plans on continuing journalism throughout the rest of her high school career and aspires to eventually become the photo editor.



>>>**THE KEYS TO HAPPINESS:** Typing his article for the newspaper, *Wesley Page (11)* sits in the editor's corner as he rapidly types away. "It's a class full of fun people, and you learn about the school in a fun and intriguing way. You learn a lot the average students doesn't know," said *Page*. In addition to Journalism, *Page* also participated in the Cross Country and Track teams. >>> Photo by Dakota McGranahan

>>>**FUN IN THE SUN:** After finishing an article, *Reece Wisler (9)* relaxes by playing a game of Scrabble. "I like the freedom this class gives you, it's nice when you have friends and teachers work with you while writing and getting interviews, it's what makes this class fun," said *Wisler*. After joining the class this year, *Wisler* has contributed substantial sports related articles for the newspaper. >>> Photo by Dakota McGranahan



a new definition of
FINEPRINT

The Journalism class puts forth an award-winning newspaper



BEAN BAG BUDDIES: Testing out the quality of their newly arrived bean bag, **Rachel Owen (9)** and **Hannah Appel (10)** discuss upcoming articles for the next addition of the Santa Rosa. "Journalism has a really nice environment and everyone is like a big family. I met one of my best friends here and I wouldn't be where I am today without this class," said **Appel**. While being an active journalist, **Appel** is preparing to become the future editor-in-chief. >>> Photo by Dakota McGranahan

>>> In the midst of modern age technology, the SRHS journalism staff rejuvenated the timeless tradition of newspapers. The staff spent hours fine-tuning the paper to perfection as they documented the events and people on campus. **Opal White (12)** was one of two chief editors, working alongside co-editor **Milena Duarte (12)** to create relevant articles. "Being the editor of a newspaper staff is very stressful, but also rewarding. Milena is great. Being the editors we became very close friends and we bonded because of our quirkiness.

"We go out and get crepes every once in awhile to celebrate all of the hard work we have accomplished and it's great," said **White**. Although it was the editors' job to edit the paper before print, it was the duty of the journalism staff to create the material published within.

Students like **Annika Gordon (12)** worked on pieces and photos that would interest and educate a variety of readers. Gordon joined the class after transferring from Ukiah High School and found that journalism ignited her passion for photography. "At first I thought it was going to be weird and no one would take me seriously as a photographer because it seemed as though everyone had already established their positions in the class. I assumed I was just going to be left on the sidelines and it turns out that journalism has been very welcoming;

"I didn't disappear into the shadows and

people actually enjoy my work," said **Gordon**. Although **Gordon** was a recent addition to the class, she left an impression in the newspaper because of her talents.

Another new edition to the class this year was **Langston Hay (10)**, who moved from Los Altos to Santa Rosa this year. "It's a new responsibility for me, being in journalism, so it's a bit difficult because I have to figure out my priorities. It's tough deciding whether or not to put an article in the newspaper but also needing sleep for an upcoming meet. While it's difficult, it's teaching me to work harder and procrastinate less," said **Hay**. While in the class, **Hay** learned the basics of journalism and wrote his own review column on newly released albums.

Winning overall excellence at The Press Democrat awards last year was only the beginning for the class. Staff writer **Leah Post (12)** won an award of excellence in editorial writing at the national Journalism convention this year. However, **Post** wasn't the only one to win an award. **Caleb Robinson (12)** won an honorable mention in review writing. With the final newspaper published, this class not only fulfilled their journalistic duty, but far exceeded the expectations of their peers. The journalism class had an amazing year of success once again, and students and staff couldn't wait to see what's in store for the years to come.

>>>Page by Dakota McGranahan



>>>**UNFORGET-A-BULL RIDE:** After dining in one of Universal Studios' restaurants, **Leah Post (12)** attempts to ride the bull next door. "Honestly it was quite the experience, it's unlike anything I've done before," said **Post**. While in Los Angeles, **Post** participated in an editorial writing contest, and received an award of Excellence.

>>>**DISTRIBUTION DAY:** Walking through DeSoto Hall, **Violet White (9)** distributes the newly arrived newspapers. "I feel like freshman year was more about surviving and next year I hope to be more passionate about my writing and write about topics that interest me," said **White**. Both **White** and her sister are active journalists and she originally joined the class to spend more time with her. >>> Photo by Dakota McGranahan

we will always be
YEARBOOK FOR LIFE

The yearbook class puts in long hours to produce this gorgeous product.





PROFESSING

<ArtQuest>



visual fine arts knows how to
LEAVE A MARK

The **VFA** students illustrate their own stories

>>> On any given day, walking into the ArtQuest Visual Fine Arts class means seeing students creating beautiful artwork with exceptional artistic skill. For many, making artwork was a part of their life for as long as they could remember.

"At my elementary school, we had a really good art program and that's how I started really making art," said **Ava Kirby (9)**. Since art was an important part of her childhood, **Kirby** carried her passion for artwork with her through grade school and expanded her skill and precision in her first year of VFA.

Many VFA students who pursued art as children planned to incorporate it into their professional lives in the future. "Ms. Dellelo has great connections with colleges as far as art. The whole curriculum prepares you really well for a competitive art program for college and I plan on going into design or architecture," said **Gabriella Palladino (10)**. Interested in

the field of art as a little girl while designing and making clothes for her Barbie dolls, **Palladino** took her passion and turned it into a possible occupation for the future.

However, turning one's love for art into a career option doesn't happen easily.

"You have to work yourself. You can't expect anyone to pick up your mess or help you and push you along," said **Carissa Nacol (12)**. She learned this important lesson throughout her years in both VFA and AP Studio Art, and applied it to both her artwork and everyday life.

Working hard to achieve a desired goal, whether a perfect self-portrait or a good grade, may seem hard, but it paid off in the end. Visual Fine Arts proved to be a tough class with the rigorous coursework and high expectations, but those who dedicated themselves to truly improving artistically reaped the countless benefits. >>>Page by Kala Russell



>>>**GAL PALS:** With their arms around one another, friends **Teresa Leon-Ibanez (12)**, **Aimee Holland (12)** and **Sarah Briggs (12)** show their love for each other and the class. "We're a really small group, so my favorite memories of this class are just all the little inside jokes here and there," said **Briggs**. Her favorite project from the year was the self portrait at eighty where they had to paint a nearly five foot tall self portrait of themselves in sixty years. >>>Photo by Deborah Fry

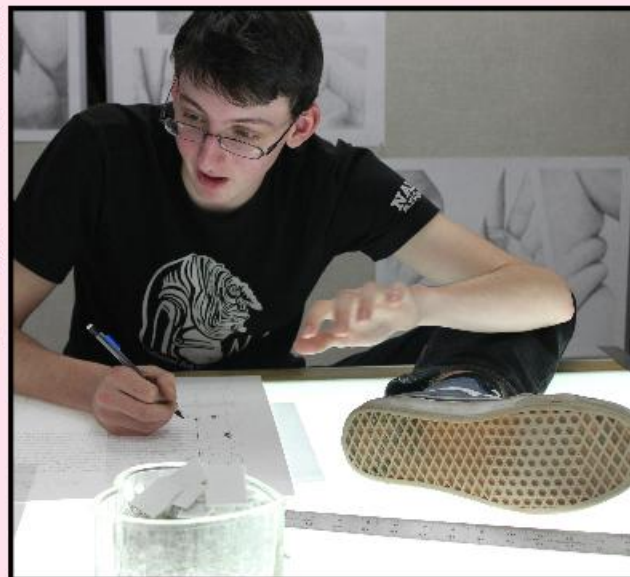


>>>**BEAR WITH IT:** Finished for the day, **Janie Seely (11)** lifts up her large drawing of a bear in order to store it away for the next day. "My favorite part about being in VFA is watching everyone progress because everyone starts out thinking that they're the best artist and we all saw each other's work and got all leechus, but over time we've all progressed so much and actually made art" said **Seely**. >>>Photo by Kala



>>>**HAPPY DAYS:** Content with her painting, **Lilian Mott (11)** shows her happiness with a wide smile.

"I think my favorite part about being in VFA is that you get to learn how to be creative in a work environment and they basically allow you to do any kind of art you really want to do in the guidelines and it just allows you to use your creative side after working all day," said **Mott**. Because the advanced VFA class was together since freshman year, **Mott** felt as though she had a second family within the class and working with them created many good memories. >>>Photo by Jennifer Camacho-Nunez

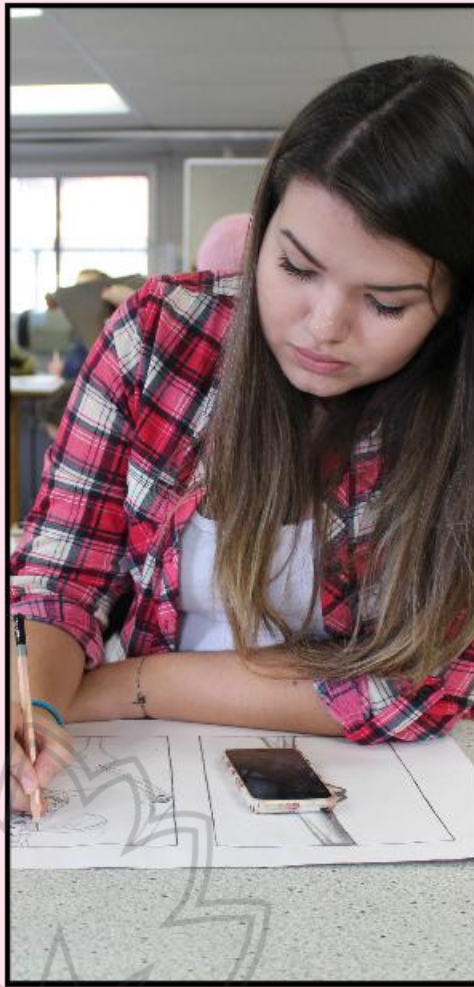


>>>**A DIFFERENT PERSPECTIVE** Using a lighted table, **Blue Growden (12)** traces his latest piece of artwork. One of **Growden's** favorite parts of VFA was the teachers. "We have such good teachers in VFA, like the best teachers. They're really nice, they're supportive, and they let you do kind of what you want but guide you at the same time," said **Growden**. In his years of being in the Visual Fine Arts program, **Growden** learned how to take various medias and use them to further develop a concept or idea. >>>Photo by Johannah Todd





>>>DRAWN TO ART: Concentrating on her work, **Desiree Savala (10)** uses graphite pencils to complete her drawing of a human skeleton. "VFA helps me a lot to practice with art and prepare me for colleges and helps me get into more colleges," said **Savala**. For her, the best part of the class was doing all of the projects and critiques. >>>Photo by Kala Russell



>>>ALL SMILES: Taking a break from her artwork, **Elizabeth Chu (9)** looks up with a smile. "Right now we're doing portraiture so it's very interesting. We work with lots of different media so we're doing chalk pastel right now but we've done graphite, acrylics, and watercolors," said **Chu**. Ever since she was introduced to art by her mom's fashion magazines as a little girl, **Chu** loved making art because she believed it was a great way to express herself and her feelings. >>>Photo by Jenna Kim

>>>FACE TO FACE: Painting a self portrait, **Parker Bee (9)** concentrates on his work. "I like the people in VFA. I think that VFA brings in an interesting crowd and an unique group of people," said **Bee**. His favorite memory from the year was when the VFA class took a field trip to San Francisco. >>>Photo by Jenna Kim



>>>FOCUSED ON SUCCESS: Working with different medias, **Abigail Ausburne (10)** focuses on perfecting her drawing. The Visual Fine Arts class gave many young artists the opportunity to discover their potential and learn how to create amazing artwork. Many students moved on from this program and created a career with the skills they had learned. >>>Photo by Kala Russell

>>>A COLORFUL CLASS: Using vibrant colors, **Scarlet Stuart (9)** paints geometric shapes in order to learn the basics. "I'm not sure if I'm going to pursue a career in art, but I do think being in VFA will benefit me wherever I end up in life," said **Stuart**. Her favorite project from the year was the self portraits because they challenged her, but also helped her learn a lot about different medias. >>>Photo by Jack Fowle



PICTURE PERFECT

Everyone learns to develop from the negatives in **Photography**

>>>Is it possible to truly capture a moment, a story, in one mere image? In the ArtQuest Photography program, dedicated photographers did just that by capturing their world through artistic eyes. The ArtQuest Photography class developed a traditional sense of what made a good photo. Throughout the year, they learned the process of developing film, and stayed true to the traditional methods of taking a picture. The class utilized the skill sets of each student by giving out a variety of assignments and projects. While helping the beginning students settle into the program, Ms. Braunstein had the class collaborate with beginning drama on their pinhole project.

"The process was really nice because we had a lot of time to sketch out our ideas and plan what we wanted to do with the drama students," said **James Cornell (11)**. Allowing the students to freely shoot anywhere around the campus helped with working under certain limitations.

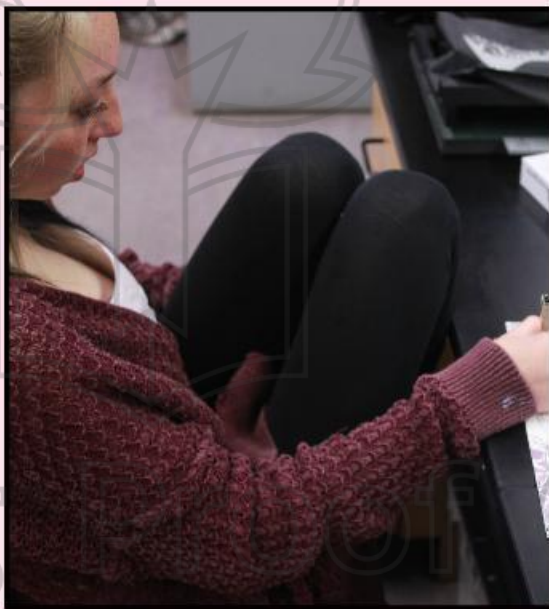
From this experience, the two ArtQuest classes were able to practice and improve their skills.

From the novice to the experienced, the advanced class held their own art gallery showcasing the work they created throughout the year.

"Since freshman year, I've learned so much about being a photographer, and to finally create my own art show has been a blessing and a curse," said **Zurisadai Gutierrez Martinez (11)**. The students thought the showcase made all the stress worth it in the end. "This was probably the hardest project I've ever done in my high school career, but what made it special was that it couldn't happen without the help and support of my other classmates," said **Mikaela Grenion (11)**. Since the beginning of the year, the advanced class prepared their best photographs for the show, impressing people of all ages. >>>Page by Dreena Edillor

>>>**SKETCHBOOK SCRIBBLES**: Taking a break from an intense work day, **Sky Arvin (11)** continues doodling in her sketchbook. "Somedays I spend all of my time in the dark room, and other times I have some free time to put some work into my sketchbook," said **Arvin**. From all the hard work during the class period, the students appreciated the extra free time to relieve stress. >>>Photo by Dreena Edillor

>>>**TEACHER'S ASSISTANT**: As **Olivia Hernandez (12)** assists photo teacher **Tanya Braunstein**, the photography class listens for updates on their presentations. "After being in photography for three years, I felt that I could help the beginning students coming into the class. So far, I've been able to give them tips, and a lot of their work has definitely improved," said **Hernandez**. Adding the TA class to her schedule, Hernandez gave her pointers and opinions as well as helped **Tayna** keep the class up to date. >>>Photo by Dreena Edillor



>>>**PEEK-A-DOODLE**: Working together during a note-taking activity, **Layla Morris (10)** and **Margaret Smith (10)** partner up together. "I never consider myself a photographer because I'm still learning a lot of things, but I've been interested in improving as a film photographer for as long as I can remember," said **Smith**. As **Smith** improves, she enjoyed learning from her peers around her. >>>Photo by Dreena Edillor





>>>**TIMELY FASHION:** Refilling a jug filled with chemicals, **Reyn Warr (11)** prepares her set up in developing her rolls of film. "Developing film photography is in extensive process that not many digital photographers consider. While the process can get frustrating, I don't take for granted the amount of effort I put into it," said **Warr**. >>>Photo by Dreena Edillor

>>>**EVERYONE'S A CRITIC:** Waiting to give constructive criticism, **Michelle Markarian (9)** participates during the class critique. "Critiques has helped me improve as a photographer and as an artist. At first it was nerve racking showing my stuff in front of the class, but I realized that critiquing helps me get better," said **Markarian**. The students shared their opinions with each other that informed the photographer the strengths and weaknesses in their work. >>>Photo by Dreena Edillor

>>>**FREE-TIME FREE WRITE:** goofing around during their work time, **Edge Weaver (10)** adds a little drawing into the sketchbook of **Cami Foley (10)**. "The workload in this class can be heavy but it's definitely rewarding. Film has been very useful because it's really fun to work with and learning a traditional medium has been helpful in my improvements as a photographer," said **Weaver**. >>>Photo by Dreena Edillor.



>>>**CHEMICALS REACT:** Developing her film from a recent photoshoot, **Jessie Irvin (11)** spends her work time in the dark room. "After three years in this class, it's nice knowing that I'm the most experienced. Since beginning and advanced are combined this year, my experience and knowledge has helped me and the other students improve," said **Irvin**. As the class learned the methods of traditional film, the advanced students offered their advice that helped the beginning kids in the process. >>>Photo by Dreena Edillor

>>>**PHOTOBOOK SHENANIGANS:** Adding a bit of silliness to a serious environment, **Anika Williams (9)**, **James Cornell (11)**, **Jessie Irvin (11)**, and **Reyn Warr (11)** take a break by playing with photobooth on the class computers. "Working with the advanced kids can be a bit intimidating, but when we do things like use the photobooth or collaborate on projects, they can be very helpful and fun," said **Williams**.

>>>**CREATIVE NOTETAKING:** Color-coordinating her sketchbook, **Sarah Stenerson (10)** completes the rest of her drawing. "I love film because I love being able to manipulate the image to the way that I want," said **Stenerson**. Completely filling up the sketchbook was a requirement, so most students planned their sketchbook around their schedule.>>>Photo by Dreena Edillor



>>>BEHIND THE SCENES: Writing the script for an upcoming video, *Serafin Escutia (12)* and *Natalie Gospe (10)* contemplate writing an inside joke into the dialogue. "I've always enjoyed the freedom Helmer gives us to be as creative as we want on projects. He never says, 'Don't do that', he says 'How can we make this happen,'" said *Escutia*. >>>Photo by Dakota McGranahan

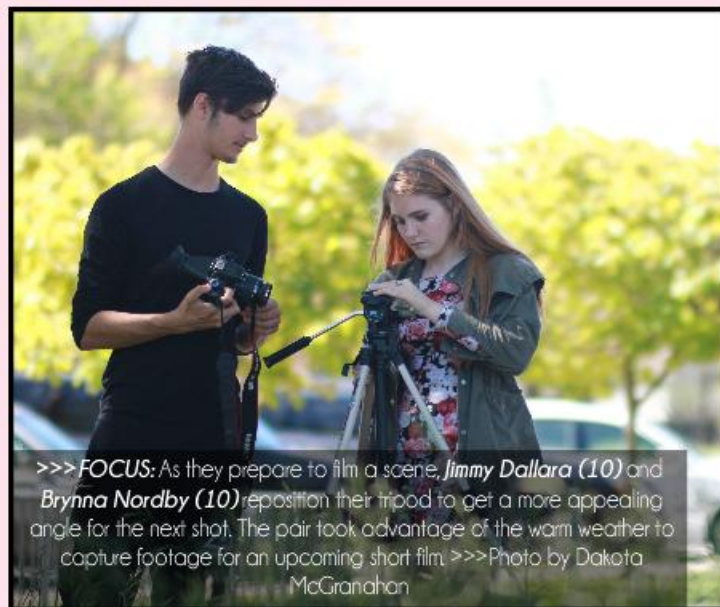
>>>LOST IN THOUGHT: *Evan Mason-White (11)* and *Jack Hobart (11)* put their heads together, literally and figuratively, to help brainstorm ideas for a new video. "Sometimes when we run out of ideas for our amazing videos we push our brains together as close as possible and hope for the best!" said *Mason-White*. >>>Photo by Jack Fowle



>>>PRACTICE MAKES PERFECT: During a class exercise, *Mitchell Park (9)* practices setting up the camera and finding the right settings in order to get a more appealing shot. The beginning video class spent much of the first semester learning the fundamental concepts of filmmaking. >>>Photo by Jack Fowle



>>>THE FOURTH WALL: *Neo Wagner (9)* holds a boom microphone steady as *Ethan Grove (9)* checks the audio levels and camera angle in preparation for their next take. The group filmed for their short film "Elevator" for several weeks around the campus, before entering it into a film festival in Marin County. >>>Photo by Jack Fowle



>>>FOCUS: As they prepare to film a scene, *Jimmy Dallara (10)* and *Brynna Nordby (10)* reposition their tripod to get a more appealing angle for the next shot. The pair took advantage of the warm weather to capture footage for an upcoming short film. >>>Photo by Dakota McGranahan

creating cinematic masterpieces

FRAME BY FRAME

ArtQuest Video sees life through a different lens



>>>In its twenty-one years on campus, dozens of successful videographers came out of the ArtQuest video program. The class, which provides students with professional-quality equipment and the freedom to express their ideas however they choose, was unique because it combines many other forms of art. Aspiring videographers spent the year perfecting acting, screenplay writing, cinematography, graphic design, and computer editing.

"Being able to take a video and manipulating it into something you can be proud of is so rewarding. It's really become a passion of mine," said **Karley Butler (10)**, who has made videos since eighth grade. Throughout the year, many students took the opportunity to share the products of their hard work by entering in film festivals and competitions. Among them were **Griffin Malone (10)**, **Andy Huey (10)**, and **Connor Macheras (10)**, who produced a public service announcement for the Russian River Watershed Association. The group entered their piece into a film contest for

Sonoma County high school students sponsored by the agency, which placed in the top three.

"[The PSA] was really fun to make, and the prize money wasn't bad either," said **Huey**. The contest's winners were used by the water agency to promote their effort to keep cigarette butts out of Sonoma County's creeks and rivers.

This year marked the final year for veteran video teacher **Jim Helmer**, who taught at Santa Rosa for sixteen years and inspired countless students to pursue careers in film. "I'm really going to miss Mr. Helmer when he retires, he's been so friendly and helped me realize my passion for video," said **Serafin Ecutia (12)**. Though students were sad to say goodbye, many were hopeful for what the future would bring.

"I'm excited to see who the new teacher is, but I will really miss Helmer," said **Huey**. Over the years, **Mr. Helmer's** calm demeanor and supportive teaching style greatly impacted the lives of his many students and allowed their passions for videography to flourish.

>>>Page by Jack Fowle



>>> **THE BIG PICTURE:** Before going out to film a video, **Jack Hobart (11)**, tests out his camera settings by taking photos of people and things around the video classroom. Video students learned to manipulate the camera's settings in order to create different moods and looks within a video. >>>Photo by Jack Fowle



>>> **ACT NATURAL:** During a discussion with his classmates, **Miles Kesser (12)**, puts on a dramatic face to demonstrate his acting ability. "I've loved all of the freedom that video has given us to create works of art in an extremely welcoming environment," said **Kesser**. >>>Photo by Jack Fowle



>>> **WORKING HARD:** While editing a project, **Karley Butler (10)** pauses to laugh at a funny moment in the footage that she is watching. "Making films myself really makes me appreciate all the blood, sweat, and tears that go into making movies," said **Butler**. Students in video used professional software to edit and finalize their projects. >>>Photo by Dakota McGranahan

>>> **(ON THE) RECORD:** **Grace Smith (9)**, **Lili Gibson (9)**, and **Ellie Provost (9)** record audio for a music video they are working on. "We had so much fun making the video. I really loved filming at the beach," said **Smith**. The group used the song "Like I'm Gonna Lose You" by Meghan Trainor and John Legend in their video. >>>Photo by Ashlee Ruggels

creating a masterpiece with
THE VIRTUAL FINE ARTS

Digital Arts brings a fresh view on traditional art.

>>> Applying technology to both the traditional arts and the modern arts, the Digital Arts class created advantageous artworks. With the presence of high quality computers, tablets, and computer programs, the class provided a variety of new methods to create art, including digital painting, animation, digital photography, and game designing. This year's Digital students created works using all of these methods.

The newest, and biggest, project from the students was their original video game "Speedles". Avid video gamers, the main game designers **Jameson Danning (12)** and **Cody Ruppel (11)** began their project in the beginning of this year. "We originally wanted to create a fighting game, but they felt that the way speedles was planned deserved to be a platforming game like classic Nintendo games," said **Danning**. Working long hours, they were able to finish "Speedles" the second semester, and published it for fellow students to play. "It has a new feel to how video games are nowadays but it brings back the old school feel like the Mario games," said **Tadd McCracken (10)**,

While students mainly used the computer to work on their art, they still exposed themselves to the traditional ways of creating art in places, like museums. Students either went to the Sonoma County Museum, or the Junior College, to see as many art shows as they could. First year digital arts student **Max Hammerich (9)** got a lot of inspiration from going to the museum trips. "The art shows we visited this year were pretty cool because it showed me that one day my work can be showcased in a museum if I work hard enough," said **Hammerich**. After their trips to the museum, the students reflected on what they saw, reviewed the elements of the artwork, and described their thoughts on the art with the rest of the class.

Overall, the digital arts class impressed many this year with the amount of projects completed by students. The artwork and projects provided a new outlook on progressive modern art, showing everyone that while this artwork was on a screen, it took skill and dedication to produce it. >>>Page by Dreena Edillor

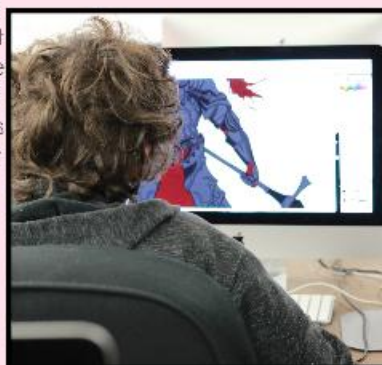


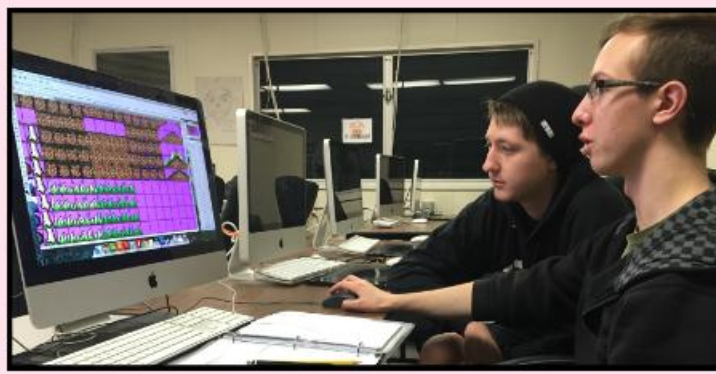
>>>UP TO INTERPRETATION: Studying a large piece of tapestry filled with intricate details and textures, **Lierin Quirke (9)** identifies the methods and basic elements of the artwork. "I get a sense of what and how other people do their art and find some way to incorporate it into my art," said **Quirke**. Their museum trips gave the digital students a sense of the wide variety of art. >>>Photo by Dreena Edillor

>>>SMALL-SCREEN SKETCH: Sketching out her next piece of work, **Nicole Padilla (10)** carefully designs her latest project. The students were allowed to submit personal works into the showcase, giving everyone an opportunity to step outside of the box and show their skills. Nicole spent most of her class time creating multiple artworks, practicing and improving her art skills. >>>Photo by Dreena Edillor

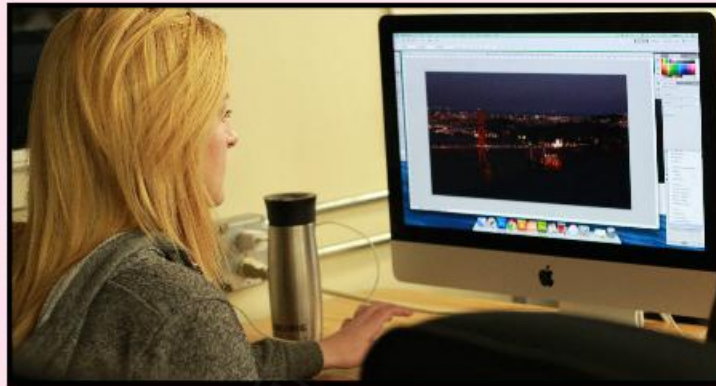
>>>COLLABORATIVE CREATIONS: Sharing a computer, **Evelyn Flota (10)** and **Max Williamson (10)** collaborate artwork by providing each other help and critiques to create the best works. "As a digital painter, I'm interested in creating colorful pieces, and getting critiques from my classmates helps me improve," said **Flota**. The two finished their works and planned to put them up for the Spring Showcase. >>>Photo by Dreena Edillor

>>>LAST-MINUTE TOUCHES: Preparing to print his works, **Creek Ressler (10)** adds his last few details to his work of art. "I think digital art differs from other art forms because it's so open ended and it allows me to do things that other mediums can't do," said **Ressler**. As he practiced his digital art skills, he pushed himself to improve and grow as an artist. >>>Photo by Dreena Edillor





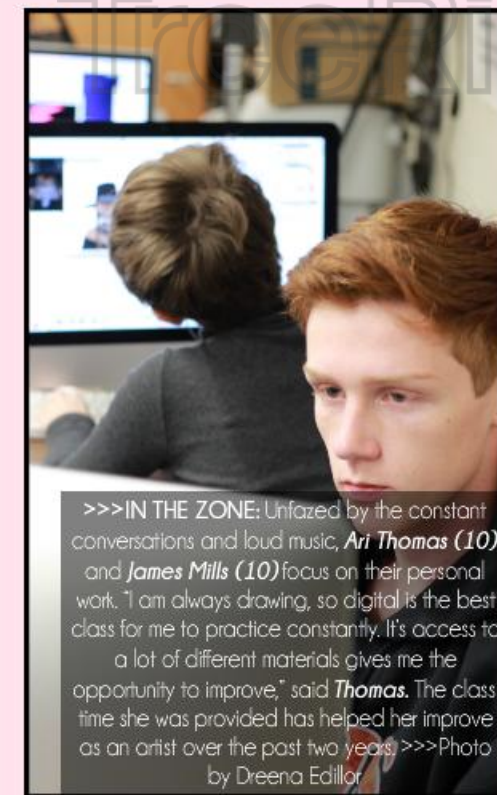
>>>**GAME DESIGN DECISIONS:** Designing another level for their video game 'Speedles', **Jameson Danning (12)** and **Cody Ruppel (11)** plan out the game's layout. "We put most of our time into this project and hope that it'll be ready for the public to play by the end of the year," said **Ruppel**. Speedles was ready to play at the Spring showcase for anybody to try. >>>Photo by Dreena Edllor



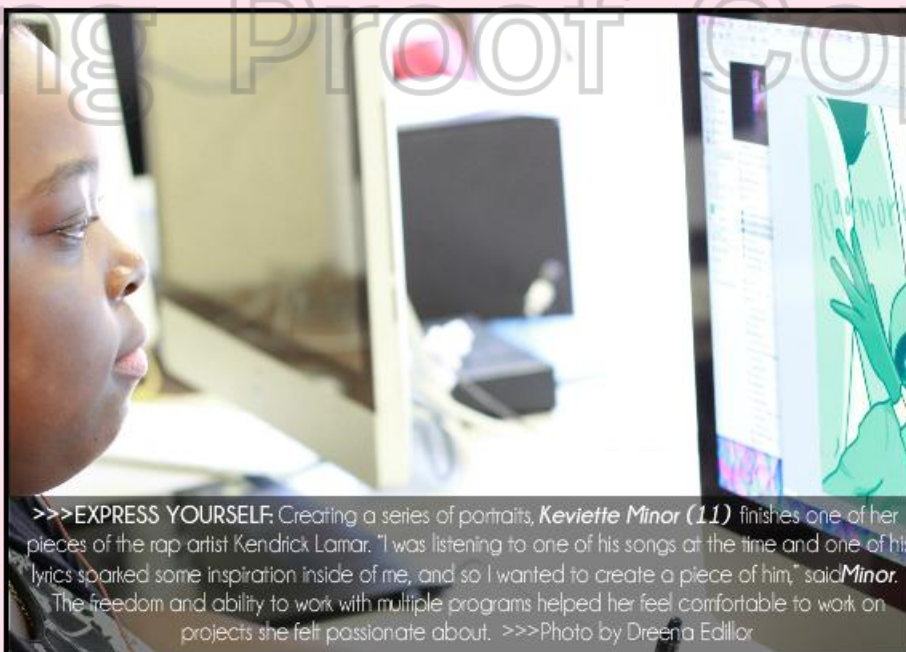
>>>**PHOTOGRAPHY PERKS:** Reviewing her final edits for her recent shoot in San Francisco, **Sarah Hayden (12)** shows off her best. "This class helped me improve my skills as a photographer. Seeing past works and knowing I can do better motivates me to do better," said **Hayden**. Digital Arts provided the basics of digital photography that helped students like Hayden move forward. >>>Photo by Dreena Edllor



>>>**GROUP REFLECTIONS:** Grouped up in the center of the Modern Museum of Sonoma County, the digital class discuss as the art show they just visited. **Chelsea Rinehart (9)** sat down and listened to her classmates say what they thought about the show. "Whenever we go on the walks I would always talk about the artwork with my friends. It's a good way to learn and have fun at the same time," said **Rinehart**. The students of the class frequently visited local shows from a walking distance. >>>Photo by Dreena Edllor



>>>**IN THE ZONE:** Unfazed by the constant conversations and loud music, **Ari Thomas (10)** and **James Mills (10)** focus on their personal work. "I am always drawing, so digital is the best class for me to practice constantly. It's access to a lot of different materials gives me the opportunity to improve," said **Thomas**. The class time she was provided has helped her improve as an artist over the past two years. >>>Photo by Dreena Edllor



>>>**EXPRESS YOURSELF:** Creating a series of portraits, **Keviette Minor (11)** finishes one of her pieces of the rap artist Kendrick Lamar. "I was listening to one of his songs at the time and one of his lyrics sparked some inspiration inside of me, and so I wanted to create a piece of him," said **Minor**. The freedom and ability to work with multiple programs helped her feel comfortable to work on projects she felt passionate about. >>>Photo by Dreena Edllor

round of applause! let's

TAKE A BOW

ArtQuest Drama's performances entertains many with a variety of scenes

>>> Behind the curtains, actors found themselves scrambling to change costumes, waiting excitedly as other performers took the stage. **Djuna Barricklow (10)** waited not only in anticipation, but panic as well. **Barricklow** and her partner performed a Shakespeare scene for the annual spring ArtQuest showcase and had forgotten their only prop.

"It was honestly so scary. When **Emma Ruderman (10)** told me that we didn't have the prop, my heart dropped. It took everything I had to not just quit and break down. But by the time the scene came around we had gotten a makeshift prop and she had talked me into doing the scene again, she gave me courage to continue the scene," said **Barricklow**. While this minor setback could have derailed their performance, it instead motivated them to find a solution and continue the performance. In between the moments of panic and anticipation, there was an overarching sense of pride that filled the actors. **Shayla Nordby (12)** felt this sensation after she won a gold award for her monologue at the Lanaea Festival.

"Honestly I wasn't expecting it at all, it was like a dream. When they announced that I was not only a gold winner, but had received the command performance as well, I was shocked. It's important to our drama class, so to win something this prestigious was an honor," said **Nordby**. During her command performance, **Nordby** acted in front of over sixty-seven different schools from all over California. Throughout rehearsals and performances, the class spent hours of quality time together, forging a family-like relationship. **Max Bohlke-Slater (9)** and **Samantha Bohlke-Slater (11)**, brother and sister, already had the familiarity built in.

"Having my sister in drama with me has been really fun. Even though we aren't exactly in the same class, it's nice knowing we share a common hobby," said **Bohlke-Slater**. As the year came to a close, the drama students built friendships and created memories. From one-acts to improv shows, this tight knit group of unique individuals ended the year closer than they could have imagined. They wouldn't have it any other way. >>>Page by Dreena Edillor



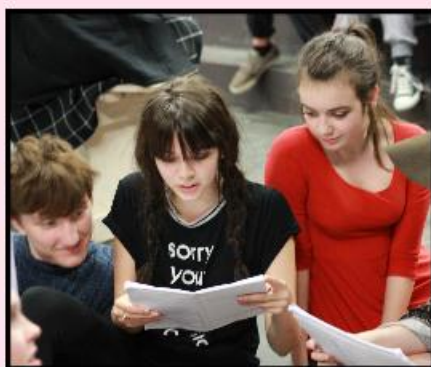
>>>GUARDIAN ANGEL: Performing a duo scene from their production of *Mad Forest*, **Emma Sloat (11)** and **Matt Farren (12)** face the audience to act out their scene. "I had a lot of fun playing the role of the priest and the dog because you got to switch around and play with the characters a little bit," said **Farren**. Playing the angel and the priest, the two gave their all during their performances. >>>Photo by Celena Clark



>>>HAND IN HAND: Leading their class in the traditional *Bacchae*, **Devin Keelty (12)** and **Georgia Ortiz (12)** give it their last hoorah before finishing their senior year. "It was kind of a bittersweet feeling to finally lead the *Bacchae*. It's such an adrenaline rush while doing it, but then I would realize that my time as an ArtQuest actress is almost over," said **Ortiz**. As the scene required a lot of movement and emotion, **Ortiz** did not neglect giving her all while performing. >>>Photo by Dreena Edillor



>>>GROUP READING: Sitting in a circle reviewing their scenes, **Dominic Costantino (10)**, **Jolie Santos-Ramsey (10)**, and **Redelle Canniff (10)** review their parts for their Shakespeare scenes. "It was very difficult for me to really get into my Shakespeare scene because I'm not really used to performing classic scenes such as these ones. I knew that doing something different would help me improve as an actor," said **Santos-Ramsey**. Analysing all aspects of the scene, the intermediate class prepared to perform to the best of their ability. >>>Photo by Dreena Edillor





>>>EXCITING MEME-ORIES: Kicking off the new year with a recap on last year's memes, *Evan Moore (12)*, *Riley Craig (11)*, *Gio Sanabria De La Cruz (11)*, and *Olivia Waters (11)* bring back these jokes with an interesting introduction. "Although the introduction to the show was planned, the rest of the show is entirely improvised, and it was really exciting to finally work as an advanced ArtQuest drama student," said *Sanabria De La Cruz*. The four shared the spotlight as the rest of the class strutted their stuff across the black box floor. >>>Photo by Dakota McCranahan



>>>PROP PREPARATION: Organizing her pile of props for her scene, *Senya Stein (9)* puts the assortment of items to good use. "Some scenes have props as decorations, but the one act we're doing right now actually represent the personality of each character, so it adds a little something different," said *Stein*. As her group prepared for their one act, they make sure that their props don't get lost all around the black box. >>>Photo by Dreena Edilior



>>>DESK REHEARSAL: Giving their script one last look before another run through, *Ava Henry (9)* and *Gwenyth Berghof (9)* review the minor details as they practice for their One-Acts. Reasonable "circulation" being able to learn with each other helped her learn and grow. Acting is always about the experience. While practicing, the beginning class had the opportunity to ask for advice, as well as grow and learn as they worked with their directors from the Advanced class. >>>Photo by Dreena Edilior



>>>DRAMATIC PERFORMANCE: As *Megan Fleischman (11)* and *Evan Moore (12)* perform a solemn scene from their production of *Mad Forest*, the two hold serious composure. "I've never been more excited to play a part more than my part in *Mad Forest*. As soon as I read the script for this character, I knew that this role had something special, and I knew I had to live up to its potential," said *Moore*. Both students acted a major role that required lots of depth and emotion. >>>Photo by Celena Clark



>>>SHOCKING SCENES: As the fall showcase illustrated the types of scenes ArtQuest drama performs, *Emma Burgess (11)* and *Megan Fleischmann (11)* act out a scene from Shakespeare's comedy, "As You Like It." "This scene with Emma is one of my favorites. It's definitely one of the most high-energy scenes. She's very good at responding, so there was a strong team-work dynamic that was easy to work with," said *Fleischmann*. The two received a large round of applause when their scene ended. >>>Photo by Jack Fowle



>>>ON THE SPOT: Relying on their wits and talents, *Amelia Reed (12)* and *Lilli Anderson (12)* give on the spot reactions during a game of Party Quirks. "The best part is hearing all the laughter. It's probably the only reason why I do improv shows," said *Reed*. As *Anderson* tried to figure out why *Reed* was all up on her hair, the audience gave nothing but laughter and positive remarks. >>>Photo by Olivia Claubiger



>>>TREBLE: Silence from the audience gives performers like **Katie DeFazio (11)** the realization that they're about to sing. "Although I sometimes don't remember our starting note, I always seem to be the one that sings the loudest," said **DeFazio**. She pulled through and helped the sopranos sound wonderful. >>>Photo by Olivia Claubiger



changing their tone and they'll
DUET THEMSELVES

Beginning Choir and Los Choralistas create pitch perfect performances

>>>This year's A Cappella and Los Choralistas choirs sang in style this school year. Both choirs worked extremely hard, trying their best to put together the best show they could. During the winter concert, both groups wowed their parents, peers, and friends with their amazing pieces of music. A Cappella impressed by performing a medley of Holiday songs that the Vocal Fine Arts teacher, Mrs. Bombace, had arranged. Some of the songs included in the mash-up were "Frosty the Snowman," "Walking in a Winter Wonderland," "Here Comes Santa Claus," and more! The singers walked away from their set proud of what they'd accomplished. "It was really cool how it ended up coming together. We ended up sounding and doing really good. It went better than I was expecting" said **Gavin Blower (12)**. The A Cappella group was able to show off their skill and professionalism, while still having the time of their lives.

When the ladies of the Los Choralistas took the stage, they were ready to show off. They performed the Pentatonix's cover of "White Winter Hymnal." After hours of rehearsing the music, and lots of time spent learning the complicated clapping used to keep the beat, the singers performed to rapturous applause. The girls agreed that the song was hard at first, but they all felt that they had sung in a way they could all be proud of for years to come. At the end of the final choir concert of the year, the Command Performance, both choirs joined the Concert Choir on stage, and as one massive group, they came together to perform a group piece; An A Cappella rendition of the song "Under Pressure," by Queen. Each group had an opportunity to lead the song, and every group rocked it, leaving the crowd before them with smiles on their faces. . Altogether, both choirs performed in a way that made people rise to their feet, cheer, and promise to come back again for more. >>>Page by Jasmine Deppe and Matt Farren





>>>ONE PLUS ONE: Taking the stage to play the piano, **Natalie Moss (12)** blows away the audience. "Honestly, it felt so great being up on stage. I loved it and enjoyed every minute of it," said Moss. She did wonderful and she looked amazing. >>>Photo by Olivia Claubiger



>>>SOPRANO'S MELODY: Leading with the other sopranos, **Peyton Krzyzek (9)** sings loud and proud. "My favorite thing about choir would most likely be Mrs. Bombace's facial expressions. Whether it's when the guys try to hit soprano notes, when we harmonize perfectly, or when we all miss our note, I wouldn't change it for the world," said Krzyzek. She kept her hopes high and was proud of her class, no matter what. >>>Photo by Olivia Claubiger



>>>THE LOVE NOTES: At Anady High School, **Kit Serrano (10)** and the other choirs got together to sing "We Go Together" with The Love Notes. "It was cool to see what the other choir groups sing. Also, it was really cool to have The Love Notes there. They were super cool and they sang so beautifully," said Serrano. She hoped to be as great as them some day. >>>Photo by Jasmine Deppe

>>>JORDAN'S ANGELS: Las Choralistas swing their hands to make emphasis when singing the word "tree." **Sophia House (10)** and the other sopranos wait for the right moment to sing their hearts out. "My favorite thing about choir is being able to sing and be with my friends. I also enjoy it because there's always so much life in the classroom," said House. She saw the value in choir and in friendship. >>>Photo by Olivia Claubiger



>>>DO, RE, ME: At center stage, **Daelee Wolfe (12)** feels the pressure of being a first soprano. "At the Anady Concert, I personally feel our group could have done better, but it was an amazing experience. I also learned how high my voice can go; maybe it's a little too high, but oh well," said Wolfe. She continued to sing to her heart's content. >>>Photo by Jasmine Deppe



>>>A CAPELLA: While singing their starting song, **Robert Jordan (11)** keeps calm and relaxes on stage. "Honestly, it's not that hard being on stage. With so many other people up there with you, it makes you feel more relaxed. It's also a lot more fun," said Jordan. He and the other boys in his group did a terrific job. >>>Photo by Olivia Claubiger

>>>PITCH PERFECT: Smiling to Mrs. Bombace, **Briana Wilson (9)** continues to sing and watches her conduct. "My favorite thing about choir is the days when we're in the auditorium, perfecting our songs before the concert. Knowing our harmony together and everything's going smoothly is relieving," said Wilson. She stayed calm and pushed through and they ended up sounding amazing. >>>Photo by Olivia Claubiger



>>>LA, TI, DO: In the back of the risers stands **Segen Asgedom (10)**, along with the other altos. "Choir is a lot of fun and it's also really interesting. You get to learn so much about music. It's really worth signing up," said Asgedom. >>>Photo by Olivia Claubiger

when you're not being heard...

RAISE YOUR VOICE

Concert Choir and Chamber Singers sing their heart out

>>> It was an eventful year for the Chambers and Concert choirs; not only did they have their own concerts on campus, but they also had performances with the Santa Rosa Symphony and the Sonoma Bach Choir at the Green Music Center, the Barclay Scholarship concert with the choirs from the other Santa Rosa City Schools, and the popular Singing Valentines, which were performed from SRHS to as far as San Francisco. Although the singers were kept busy, that doesn't mean they weren't able to have some fun: During the Winter Concert, the Concert Choir performed "The Dance of the Sugar Plum Fairy," with a twist - All of the choir members had little colored lights in their hands that, with the press of a button, illuminated the dark auditorium to make a dazzling light show. The crowd began to worry when the lights in the auditorium went out, but they were in for a huge surprise.

"I thought the light show was a huge success. If anything I'm sad I'm not able to watch myself perform. I personally believe I did a good job, kind of like Kanye West, but one can only dream. It was a really fun experience that I will always remember," said **Matthew Soto (11)**. The students worked long and hard to get the timing just right and when they had, the crowd was in awe. Entertaining, complicated pieces like this managed to bring the choir together in perfect harmony.

On top of their numerous performances with the Concert Choir, the Chambers singers had one more performance near the end of the year: Duke's Place, where the members of the 17 person choir were able to shine individually, with solos performed, as well as duets, trios, and larger ensemble pieces. **Jacob Nightingale (12)** was featured in 7 different pieces; he sang with the whole choir for the opening and closing of the show, made the audience laugh with the goofy Men's piece "Under the Boardwalk," sang a solo where he accompanied himself on the piano, a duet in which he played guitar, a trio where he harmonized beautifully, and played the drums for **Tucker Lang's (10)** solo, "Your Love Will Blow Me Away When My Heart Aches."

"I love music because it's a language. It's a way that people around the world can communicate without speaking a common tongue. Music is the roots of most cultures and plays a huge role in history. Music is much more complex than just a tune or a beat. Music is math. Music is art. Music is science. Music is beautiful." Said **Nightingale**. The night was a resounding success, packing the venue during both performances. Although it was a busy year for Santa Rosa High School's advanced choirs, both choirs handled the pressure perfectly, and impressed with every single appearance, never once hitting a sour note. >>>Page by Jasmine Deppe and Matt Farren



>>>**EARTH WIND AND CHOIR:** Singing with his group, **Matt Farren (12)** performs "September" by Earth Wind and Fire, for special music. "I've been performing in front of people my entire life, whether on stage or not, so me being nervous is a rare occurrence. When you have that little group of people all trying their hardest to make beautiful music, you feel at home," said **Farren**. The group's hard work paid off when their harmony inspired chills in audience members. >>>Photo by Olivia Glaubiger

>>>**ALUMNI:** Welcoming back graduates from past years in a unifying piece, **Kendra Gregersen (12)** sings alongside a panther alumna, **Jessica Glaubiger**. "The alumni pieces are always exciting. Knowing that for years to come, I will still be a part of this choir, is comforting to my heart," said **Gregersen**. Her musical talent melded with other singers in the class perfectly, but her smile was even more outstanding. >>>Photo by Jasmine Deppe

>>>**FANTASTIC FOUR:** During a performance, **Ariana LaMark (11)** and her group sing "Will the Circle be Unbroken." "I decided to do special music because it was a good opportunity to showcase the musical capabilities of our collective group. It also allowed me to use leadership skills, which are not commonly used in class," said **LaMark**. Incorporating special music into concerts showed off how talented the students truly were. >>>Photo by Jasmine Deppe





>>>**GLITTER TOSS:** At the finale of "The Dreidel Song," **Dana Johnson (11)** smiles as she throws glitter into the air. "I really enjoyed the song. The class was super excited about it and the choreography of the song really brought us together. Plus, we all wanted to see the look on Mrs. Bombace's face when she realized we threw glitter on stage," said **Johnson**. Fun instances such as this one helped bring the singers together and have a good time. >>>Photo by Jasmine Deppe

>>>**STEP, STEP OOOH:** The Concert Choir students, including **Jennifer Moules (11)**, carry out Mrs. Bombace's "Steppe-step" into their columns. **Moules** was glad to be a part of the experience. "The 'steppe-step' is a tradition that choir has been doing since Momma B. was a student at SRHS. It's a great start to a set and it's cute hearing the other choirs go 'Ooooh,'" said **Moules**. It is a tradition they hope to continue in future years. >>>Photo by Jasmine Deppe



>>>**KEEPING THE BEAT:** Bass singer **Jacob Nightingale (12)** adds a little pizzazz to the final group song. "Helping Mrs. Bombace and the other choirs is a great feeling. It's nice to be able to show off what else I can do," said **Nightingale**. There's nothing better than helping a show end strong. >>>Photo by Olivia Claubiger

>>>**SINGING VIOLINIST:** Helping create beautiful music, **Emily Chu (11)** plays the violin. "It makes me happy that I get to exercise some of my other music skills. I enjoy being able to help to help the other choirs. It's great seeing them get excited about putting their song together with me playing," said **Chu**. The other students were very appreciative of her work. >>>Photo by Jasmine Deppe



>>>**NEVER FRET:** Mr. Wardlaw cracks one of his antics during one of the the mid play as **Emily Chu (11)** smiles back. "He is very friendly and tells a lot of jokes, which is fun," said **Chu**. Humour was always well known and expected in the class and was a part of the class' vigorous playing to keep them going. >>>Photo by Cedrick Trinidad



>>>**BASS AND CLASS:** Joined the orchestra for his senior year, **Aiden Bourdage (12)** is having a great learning and social experience and is a great addition for the class. "My classmates are really great. They're all focused and clearly shows that they want to be there," said **Bourdage**. >>>Photo by Jasmin Amezcuita



>>>**IN PERFECT TUNE:** Eyes on the music sheet, **Genevieve Basile (9)** profoundly plays her part of the players' arrangement of the music. "Music is really important. It helps me through a lot," said **Basile**. Playing violin for 8 years, **Basile** followed her parents' footsteps and would love to major in playing music. >>>Photo by Cedrick Trinidad)

>>>**REAPING THE MOMENT:** Mr. Wardlaw acclaims the prominent stars of the night, which are the musicians after an inspiring performance. Displayed with poise, **Alec Bowman (12)**, **Alessia Garcia (11)** and **Daniel Pride (11)** stand after playing their final piece and appearing gratified for their talent. "I'll miss Mr. Wardlaw's sarcasm: the most. It's a skill he has perfected," said **Bowman**. >>>Photo by Cedrick Trinidad



>>>**CONCERTRATION:** Concentration is the key element for a successful concert, which is represented in **Trevor Jones' (10)** intense eyes. Music is a principal part of Jones' academic life. He experienced that being in the school orchestra "expands your brain in different ways that other [school] subjects wouldn't," said **Jones**. >>>Photo by Cedrick Trinidad

>>>**VIRTUOSOS:** Filled with excitement and emotions, the musicians play during their winter concert. Being lead to a beautiful symphony by Mr. Wardlaw, the students performed gracefully. "I enjoy playing in concerts because the group alleviates the anxiety that helps me play better," **Lisa Jarred (11)** >>>Photo by Cedrick Trinidad

>>>**BACH IN A MINUTE:** After successfully playing the first piece for the night, **Lucinda DeNatale (9)** and **Julia Rogers (10)** prepare for their next performance. **DeNatale's** favorite aspect from playing music is "being able to sort of look out into an audience and seeing that [playing] is making people happy," said **DeNatale**. She believed that an orchestra cannot serve it's purpose expressing music without the essential audience to be captivated. >>>Photo by Cedrick Trinidad





>>>BOWING RIGHT ALONG: In perfect rhythm, **Chloe Watson (11)** plays along with other bassists in unison. For Watson, music is her soul. It guided her deeply throughout her life and always hold it in high esteem. >>>Photo by Cedrick Trinidad

strings attached and

ALWAYS IN TUNE

The orchestra class played with full emotions

>>>While some academic students jotted down notes and solved mind-boggling problems, the Orchestra class actively arranged and performed classical music pieces with instruments in their hands instead of pens. The musicians studied independent musicianship, orchestral literature and group ensemble music. They dove into the class with passion and relished in the success of their group. **Alessia Garcia (11)**, a first row violinist from the class, embraced the beauty of this class more than most. She discovered herself through music, and joining Orchestra helped to develop her talent. Mark Wardlaw, the orchestra teacher, was well known for his ability to connect with students which is one of the things **Garcia** cherished. "He's definitely one of the biggest influences in my life. He was the one who introduced me to my passion," said **Garcia**. Wardlaw helped **Garcia** improve her musical skills as he does for every dedicated student. "Not only is he an amazing music teacher, he's an amazing friend. I have the same connection with him

that I do with music and it's one of the most powerful things in my life," said **Garcia**. As for the other orchestra players, they were **Garcia's** second family for the past six years after welcoming her when she moved from another city. "Everyone in the class is really nice and gets along, it's kind of like a big family," said **Talia Gamble (11)**. The class' musical skills were something to be reckoned with, with proof in their live performances. "The people in the class are really skillful and I think people should hear what we are doing," said **Giannina Erfa-Mejia (10)**. Their individual skills blended together in both rehearsals performances. The product of their work, live performances, were always well-received and highly praised. "The concerts are usually nerve-racking but Mr. Wardlaw helps us through it and it becomes a lot of fun," said **Gamble**. The musicians of SRHS orchestra were extraordinary, leaving the audience fulfilled after a wonderful musical performance. >>> Page by Cedrick Trinidad



>>>GRACEFUL GIG: The audience applaud as **Mazie Lewis (11)**, **Rachel Pride (10)** and **Fallon Duffy (11)** stand for them. Concerts were the most exciting part of the class where the students displayed their talents. "It's like you've been working on something for so long you get to finally show people what months of hard work is" said **Duffy**. >>>Photo by Cedrick Trinidad



SPOTLIGHT



"I like being exposed to different types of music and also the challenge,"
Antonio Lorenzana (10)



"I love how we do something other than regular school work. It's relaxing."
Rachel Pride (10)



"The people in Orchestra are so kind and humble."
Natalia Campos (11)

>>>**TAKE CHARGE:** Expertly conducting the symphonic band, **Delano Bell (12)** uses his musical knowledge to lead his classmates in song. Bell joined band when he got to high school, and slowly moved up the ranks to conduct the band occasionally, but was a true trumpeter at heart. "I play [the trumpet] because there are no other instruments that even fly anywhere near the altitude at which the trumpet so majestically soars," said **Bell**.>>>Photo by Delano Bell

>>>**FOCUSED:** Carefully reading the music to make sure she is on beat, **Jasmine Hall (12)** stays in tune with the rest of the band. Hall became very involved with the band in high school, and joined the Pep Band her freshman year to cheer on the football team.>>>Photo by Cedrick Trinidad

>>>**PRODIGY:** Adjusting his fingers on time, **Dominick Davis (9)** plays to the best of his ability. "This is my fifth year playing the trumpet; I started when I was in fifth grade. Here, we can play harder music and it sounds a lot better," said **Davis**. As a freshman, he was lucky to play with older, more experienced band members in Symphonic Band.>>>Photo by Jasmin Arnezquita



band students

REED THEIR LINES

The Symphonic and Concert Band come back for more

>>>The music began, the audience fell silent in awe of the beautiful tune. But this was just one more song for the dedicated band, whose practices and performances were never-ending. This year in particular, both concert and symphonic band surpassed expectations to play in complete harmony.

"I don't even prepare for concerts anymore. If you know your part, the concert is simply a rehearsal with people in the audience. I perform so frequently that it's simply a part of my life. In the next two weeks, I have five concerts that I'm playing horn on," said **Griffin Becker (11)**. Many stand-out students spent endless time rehearsing and caring for their precious instruments, but it all paid off once they were onstage.

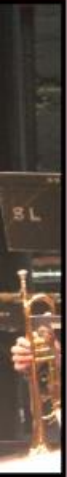
"It's kind of nerve-racking, but going through the piece you get really into it and it's really fun. That's the thing with music:

when you're playing you flow with the music. It's our little family and it's fun to play with them. It's a new experience playing with a lot of people," said **Xochipilli Olivera (9)**. Most of these students had been playing for much longer than their high school career, and many were near-professional in their endeavours, many getting attached to their instruments.

"I play flute and cello. The flute I picked arbitrarily when I was nine, but when I started middle school, I discovered cello and fell in love with the sound. I knew that I had to start playing it," said **Fallon Duffy (12)**.

This year was a learning year for the talented musicians in Symphonic and Concert Band, and with Mr. Wardlaw retiring, they anxiously prepared for change in the program. >>>Page by Ashlee Ruggels and Matt Farren





>>>RINGING IN THIER EARS
Fredy Perez-Cornejo (12)
adjusts his instrument carefully and hits the right notes. Although he sat in the back during concerts, his performance put him in the front of people's minds.

>>>PRECISION: A line of musicians toot their own horns. "I picked up my sister's french horn when I was in the 3rd Grade. Nine years later, I'm still playing horn." Said **Griffin Becker (11)**.



>>>THREE'S COMPANY: A trio of horn players add to the musical canvas. **Dominick Davis (9)** sits in the middle of this trio, holding his own surrounded by talented musicians on all sides.



>>>CONDUCTOR: Band Teacher **Mark Wardlaw** guides his pupils through a complicated piece. Although it can be tough, the class can't contain their boundless energy, much to the chagrin of their teacher. "We really do have a good time cracking jokes and doing silly things. How **Wardlaw** puts up with us, I don't know. Rarely a week goes by without somebody wearing a rubber glove as a hat, or using a broken stand as a crash cymbal. It's great fun." Said **Griffin Becker (11)**.



>>>VIOL-IN SYNC: During the winter concert band show, **Alessia Garcia (11)** follows the directions of other violin players. "It's always been so much fun to be a part of a group like this because it never feels like just a class to me, it has meaning," said **Garcia**. This was her third year in the ArtQuest band specialty. >>>Photo by Jasmin Amezcuita

keeping those pirouettes

ONPOINTE

Beginning and intermediate dancers sashay their problems away

>>> As the lights dimmed and the audience's whispers quieted to a silence, the dance class stepped onto the stage. The hours before had sped by in a mad rush of music, make-up and last minute preparations. Finally, the moment arrived for the class to showcase their talent. The beginning and intermediate dance classes knew the feeling very well, the rush from being onstage.

Each dancer had their own unique, favorite moment or memory from each show they performed in.

"My favorite part is the couple hours beforehand, right before you go onstage, because everyone's adrenaline's up and you're doing hair and last minute cramming and practice. Just the whole prep before the show, it's all really exciting," said **Ava Luthin (10)**, a longtime performer.

Since **Luthin** participated in theater and music along with dance, her experience onstage shone in every one of her performances. Like many dancers in the class, her trained talent stunned the audience.

The students loved the great group of classmates they danced with and worked to enforce a

positive environment for every dancer. When their beginning dance teacher decided to leave the school, this family-like community came together and threw a wonderful goodbye party.

"[My favorite part is] the community. Everyone's very supportive of each other. I met some of my best friends in Artquest dance," said **Nathalie Chicoine (9)**.

Chicoine had always been a part of the dance community and started dancing when she was three. From there, dance turned into a passion for her and she continued it into her first year of Artquest dance. Along with her classmates, she was exposed to many new styles of dance that she hadn't tried before. From this experience in Artquest dance the intermediate students learned an African dance that was performed at multicultural week while the beginning class learned a new style of contemporary dance.

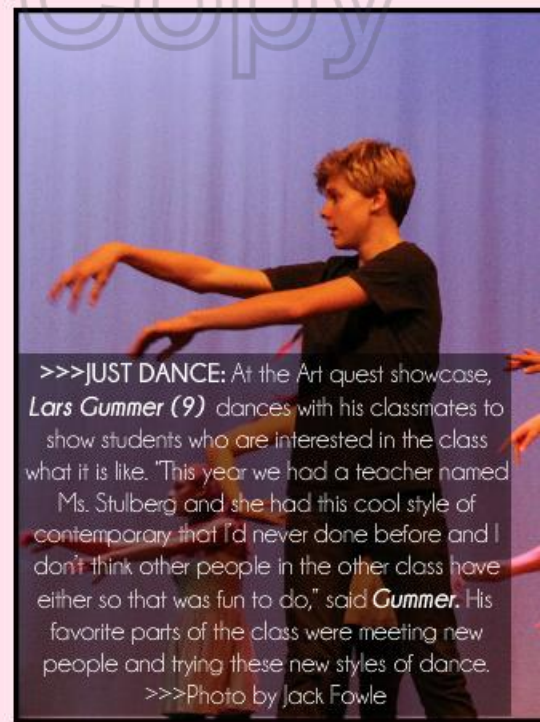
The classmates were able to come together over the main thing they had in common: dance. They learned many new styles and dances from their qualified teachers and each remembered fond moments from shows they performed in. Many dancers found new friends in their classmates and as the year flew by, they improved their skills as well. >>>Page by Jenna Kim



>>>DANCING QUEEN: Reaching to the sky, **Julia McKarens (10)** practices a dance with the rest of her class. "I didn't actually start dancing until freshman year because I was a gymnast. It had some dance in it but I'd never done classes," said **McKarens**. She started dancing when she shadowed her older friend and thought the class would be a really fun one to take and a great art to learn. >>>Photo by Kala Russell



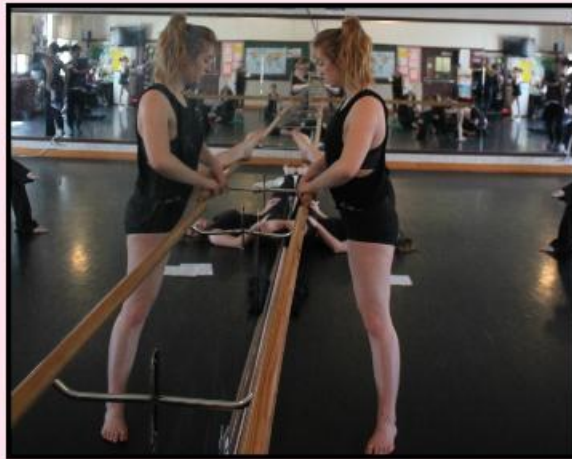
>>>SOMETHING NEW: All smiles, **Michela Teora (12)** performs an African dance with her intermediate dance class on multicultural week. Many of them loved the dance and the new skills they learned while practicing, it was a great chance for the class to show their skills to others. >>>Photo by Dakota McGranahan



>>>JUST DANCE: At the Art quest showcase, **Lars Gummer (9)** dances with his classmates to show students who are interested in the class what it is like. "This year we had a teacher named Ms. Stulberg and she had this cool style of contemporary that I'd never done before and I don't think other people in the other class have either so that was fun to do," said **Gummer**. His favorite parts of the class were meeting new people and trying these new styles of dance. >>>Photo by Jack Fowle



>>>**DANCE FEVER:** Alongside her classmates, **Bianca Salmeron (10)** focuses on her dance and executing the perfect moves. She has been a dancer for a very long time, ever since she was young. "I was four years old and my mom enrolled me into a ballet class and ever since that I just fell in love with it," said **Salmeron**. She loved Artquest, especially the great environment in the class. >>>Photo by Dakota McCranahan



>>>**AN ATHLETIC ART:** Stretching and warming up for another day of dance, **Ava Luthin (10)** waits for the class to start. "It's a way to express artistic ideas, feelings and emotions while being athletic because those are both things that I've always loved to do," said **Luthin**. She has always loved dance because it's art and sport put together, two of her favorite things. >>>Photo by Kala Russell



>>>**LEAP OF FAITH:** Flying through the air, **Grace Alchemy (9)**, **Daria Botygin (9)** and **Madison Buchanan-Graham (9)** leap across the stage at the Artquest showcase. "[I liked] the first day because we all came in and we didn't know each other but we were all being friendly and trying to socialize and that was a start to us being friends now," said **Buchanan-Graham**. The first day was a great experience for many of the girls because they were able to start off the year on a positive note. >>>Photo by Jenna Kim



>>>**TWINKLE TOES:** Dancing to the music, the beginning dance student **Juliana Hoehne-Diana (9)**, performs in the spring showcase. The class got to show the audience how much they'd improved throughout the course of the year. "I do plan on keeping dance in my life and Artquest dance helps me reach that by giving me a glimpse of all styles of dance and improving both our improv and choreographing skills," said **Hoehne-Diana**. From her experience in the class she learned many new skills that will help her in pursuing her passion. >>>Photo by Olivia Claubiger



>>>**BEST OF SHOW:** The intermediate dance class finishes their jazz routine at the Artquest showcase. One of the students, **Alyssa Reddins (10)** said, "[My favorite part of the class is] being able to express myself in a way that I love and making many friends," said **Reddins**. Dance is a great way for people to come together over a common interest and become friends. >>>Photo by Jack Fowle



>>>**DANG LOOK AT THAT LEG:** Preparing for the last dance show of the year, **Thao Dang (11)** practices the opening piece for the performance. "This dance is about being diva's and being really fierce. Ms. Woods wants us to feel confident when we perform this dance because it's a really intense song," said **Dang**. While the dance piece embodied confidence, the dance show showcased a collection of different themes. >>>Photo by Dakota McGranahan



>>>**WORK HARD PLAY HARD:** Taking a break in between practices, **Isabella Bishop (10)** completes her homework before it was time for her group. "We usually are in rehearsals and get a lot done, but when get the chance I typically try and complete as much homework as possible," said **Bishop**. >>>Photo by Dakota McGranahan



>>>**DYNAMIC DUO:** Dancing outside the music building, **Lucy Thomas (12)** and **Avery Lentz (12)** practice their routine for the end of the year senior dance performance. "The senior piece means a lot to me because it symbolizes our leaving the program and our departure from high school to move on to new things. It's our way of reflecting on that journey of what we've gone through together and where we are going to be in the future.," said **Lentz**. The two had been practicing their dance since the beginning of the year in order to perfect their final performance on stage. >>> Photo by Dakota McGranahan

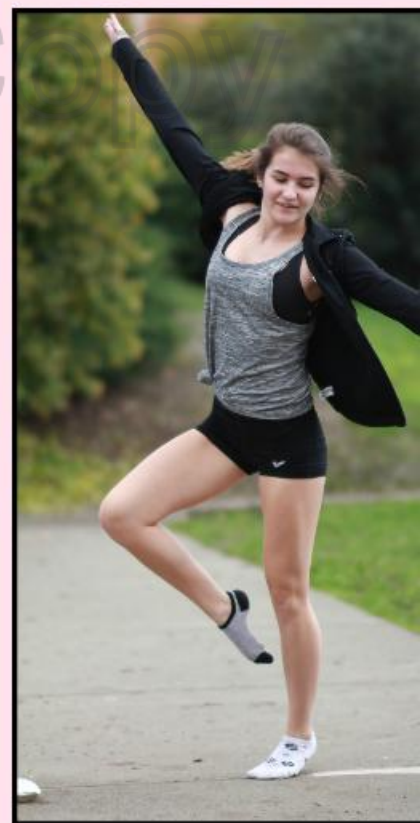
>>>**GRACE AND BEAUTY:** During the fall dance show, "What Lies Ahead", **Lucy Thomas (12)** perfects her ponche on stage during a piece she learned from a guest choreographer. "It has a lot of emotion behind it. It's about the choreographers family and it was such a meaningful and spiritual piece that we all took something from it and made it our own so that we can relate," said **Thomas**. In addition to this performance, she has collaborated with several other guest choreographers and choreographed some her own pieces as well. >>>Photo by Dakota McGranahan

>>>**CENTER STAGE:** Preparing for an upcoming show, **Lehua Murata (11)** is lifted up into the air while performing in an emotional dance. Having joined dance recently, **Murata** has been dancing long before ArtQuest. >>>Photo by Dakota McGranahan

>>>**PRACTICING PIROQUETTES:** Practicing her form, **Casey Wolfe (10)** twirls and piroquettes happily. "I was practicing for the dance company auditions, and I was really nervous, I'm always nervous right before auditions. But I focused and was confident in myself and it helped me survive," said **Wolfe**. After the auditions, **Wolfe** was accepted into Dance Company. >>>Photo by Dakota McGranahan



>>>**SWAY WITH ME:** Performing a dance she choreographed herself, **Sophie Light (11)** executes her moves with precision. "I go to school first through fourth periods and then I get to dance the rest of my day, because I have dance after school as well as Dance Company," said **Light**. >>>Photo by Dakota McGranahan



a rule to live by

TURNOUT FOR WHAT

Dance Co always keeps their audience on their toes



>>>For dedicated dancers in this year's elite ArtQuest Dance Company, dance wasn't just a hobby, but a way of life. For the performers, dance was more than just mere gestures, but rather emotions poured into movements that tell a story; a story that explained the deepest depths of their minds. Every aching hour put into rehearsing and perfecting their form placed them one step closer to their future. The dance room transformed into their home, and their peers become their family as they memorize and accentuate every detail of their routines, and pour their hearts into every performance. **Avery Lynch (12)** joined the dance program her freshman year, taking time to improve before advancing to Dance Company.

"Dance has completely made me who I am today, without dance I wouldn't know discipline. I learned how to be on time, and to take direction and critiques without turning it into a bad thing. When I'm sad I can start dancing and immediately feel better. The dance room is a safe place for all of us and it's the one place where we can have an escape, we can be ourselves, and it's a magical thing to watch people grow," said **Lynch**. As she challenged herself, Lynch learned to adapt to the dance environment and busy dance schedule. During practices, one of the most anticipated jobs was to be a choreographer. **Julia McKamey (12)** choreographed the hip-hop routines for the winter danceshow, "About the Journey".

"Choreographing is always such a learning experience; you not only pick up new material to use for the future but you see

all the different ways to choreograph because there are so many different ways to dance. When the routine is finally in front of an audience it's fulfilling to see and know that all of the hard work we put into our routines payed off," said **McKamey**. As she improved as a student, **McKamey** also excelled with teaching choreography.

While the group worked hard within the dance room, they also spent time together outside of it as well. In December, the Dance Company visited a hospital and participated in a flash mob in celebration of Christmas. This was a first for the Dance specialty, especially for newcomer **Max Prosser (10)** who joined the dance program last year.

"We had just learned the dance that day and we had to throw together costumes. Honestly, it was a bit of a trainwreck but I loved it and it was super fun. We all had fun with each other and I enjoyed it because I got to spend time with the people I love doing what I love," said **Prosser**. As he was quick to advance, **Prosser** learned to push himself and create a lasting impression on the dance company.

Throughout practices and performances, the ArtQuest dance company persevered once again to perform some of their best and most unique shows. The dance company attracted students and community members alike with their superior talent as they strove for nothing but the best and achieved perfection. >>>Page by Dakota McGranahan



>>>**FORMATION**: Circling the stage with fellow Dance Company members, **Hannah Huisking (12)** executes her moves with precision. The dance was about animals in the jungle and was based off of African movements and embracing African culture. While some people were birds and lions, I was a gazelle. It was difficult because African isn't my style of dance, but it was still fun to be a part of," said **Huisking**. >>>Photo by Dakota McGranahan

>>>**IN THE LIMELIGHT**: Dancing in the auditorium, **Zach Jorin (11)** and **Abbie Mendenhall (12)** practice their piece for the winter dance show. "For me, during a dance show, I love the feeling I get when I'm dancing on stage with my friends, there's nothing better than that," said **Jorin**. >>> Photo by Dakota McGranahan

>>>**TOTAL ISOLATION**: Towards the end of the dance show, **Kendra Simpson (11)** falls gracefully to the floor, indicating the conclusion of her performance. "In the beginning of the year, we were assigned an artist and we were required to write an essay and do a project on them. We had been given Picasso and so we pulled ideas from other pieces and tried to create a piece that represented him in the best way," said **Simpson**. These creative projects were completed every year within every level of the dance program. >>> Photo by Dakota McGranahan



ACELEBRATING

INGS

2



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an effective game plan: hustle, hit
NEVER QUIT

The JV Football team play to turnover a new page

>>> This year's Junior Varsity Football team faced many challenges on and off the field. All though the boys had a 0-10 record, they kept positive attitudes and showed great sportsmanship towards their opponents. They strove together as a team and never gave up, no matter the outcome of the game. **Ben Moreno (10)** was always there to keep his teammates' spirits up.

"Although I expected to win a lot, I know the team and I became used to not winning. However, after every game, it brought us closer together as a family and I think that's really important," said **Moreno**. He stayed dedicated to his teammates and appreciated the support after every tough loss.

The boys remained strong and proved that this season was just a bump in the road.

"I believe that this season went well. Sure, it wasn't what we were expecting, but we got better with each practice. It's not that we weren't good, we were, but so was everyone else," said **Fassold**. His passion for the game gave him the drive to continue on and never give up.

This season, the JV Football team showed major potential and realized that though they had a lot to improve on, the friends they made along the way were well worth. The coaches, parents, and players were proud of their hard work and dedication throughout the entire season. >>>Page by Jasmine Deppe



>>>WORK HARD, PLAY HARDER: Making an amazing offensive play, **Chandler Andrew (9)** makes his teammates proud. "I caught the ball and all I had been thinking was run. Unfortunately, the kid was faster than me and ended up tackling me. However, we scored after that, which was pretty cool," said **Andrew**. It was a memorable moment for him and he knows he'll never forget it. >>>Photo by Jasmine Deppe

>>>FAST AND FURIOUS: Some rising players make great plays for our JV panthers, such as **Jair Rivera (10)** when he tackled Maria Carrillo's player. "I blitzed and saw that he was going to run the ball. I lowered my shoulder and tackled him down. It was nice to have a helping hand from one of my teammates, after the tackle had been done," said **Rivera**. He continues to work long and hard, and get Varsity ready. >>>Photo by Jasmine Deppe

>>>GUARD THE YARD: Lining up for their next play, **Jaime Lemus (9)** and his teammates await the clock's start. "My favorite thing about having played in the games was hearing everybody cheer when we made a good play," said **Lemus**. The students cheers are what mattered most and their cheers are what he got. >>>Photo by Jasmine Deppe



>>>KICKOFF: A line of boys, including **Jonathan Vasquez (11)**, get ready for the kickoff. "It's a really great sport to be playing. The games are always a ton of fun; it's even better with how intense they can get. It is by far, my favorite sport and I wouldn't give it up for anything," said **Vasquez**. His love for the game helps him to not give up, even when the season gets rough. >>>Photo by Jasmine Deppe

>>>WONT BACK DOWN: Having run to the ball, **Julian Solorio (10)** makes a fantastic catch, making the crowd roar with excitement. "All I could think at the time was that I had to score by any means necessary. All I heard from my teammates was 'Go, Go, Go!' As soon as I got up, I looked around and realized I had run the ball 50 yards. I was happy about the run and how the catch turned out," said **Solorio**. He made his coaches and teammates proud, which was his main goal. >>>Photo by Jasmine Deppe



>>>GO HARD OR GO HOME: Heading off the field for a regroup to discuss Montgomery's tactics and make more plays, **Adreian Baca (10)** and his teammates run to the locker room. "I felt more motivated after the talk our team had at Montgomery. By the end of the day though, I was irritated because we ended up losing," said **Baca**. He didn't let the loss of the game stop him from believing they were still number one. >>>Photo by Jasmine Deppe

>>>EYE ON THE PRIZE: As the boys get ready for their next play, the mood is set. **Russell Chitwood (9)** gets his game on. "Football is one of the greatest sports ever. The people you meet and the games you play are always worth it. It doesn't matter if we win or lose, at least we did it as a team," said **Chitwood**. He loved the thought of being around his teammates because it resembled family. >>>Photo by Jasmine Deppe

>>>D-UP: Preparing to stop the offense, **Jaime Lemus (9)** thinks about what his team can do to prevent their opponents from scoring any more. The boys played together and worked their hardest to do their best on and off the field. >>>Photo by Jennifer Camacho-Nunez

pushing the ball with every hike

GETTING THAT DOWN

The Varsity Football Team plays to their full potential.

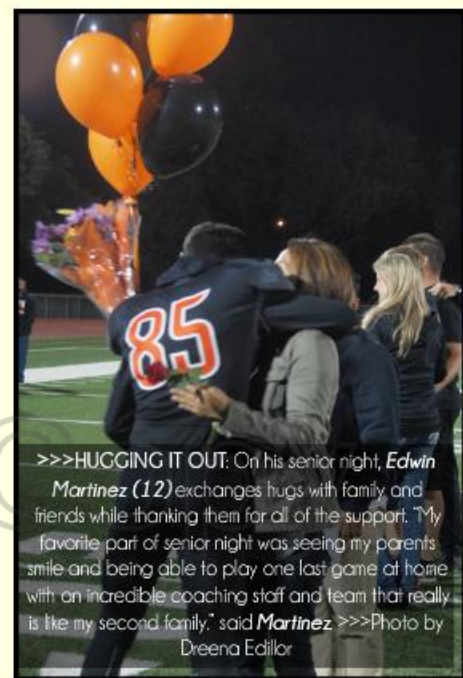
>>> Team bonding is an essential for amazing football team, whether the team is tossing the ball back and forth or having dinner together before a game. **Angel Alfaro (12)**, a middle linebacker, thought the team was rejuvenated through the team building and new coaching staff.

"We had a team dinner before each home game with a speaker there to tell us about their football career and how they're back here. We also had some scavenger hunts in teams while some of us were doing community service," said **Alfaro**. The team broke into groups with the four team captains, and did some bonding exercises in July before their season began. Many players on the team felt like that summer brought them closer together than ever in their years of high school football. Even the newest players noticed that the team was more of a brotherhood. **Trevor Smith (11)**, the team's running back, learned a lot from his first year on the varsity team and planned to continue with football into his senior year.

"In the first game I ever played we got a win and I got my first touchdown. I feel like towards the end we progressed as a team and tried our best to become closer as a

family.

Even though it was my first year with the team, I felt like they were all really open to the new guys and were really accepting of anybody," said **Smith**. He was ecstatic that the team was extremely open to him being a first time player and that helped him to be able to grow and get the confidence he needed. Although the team only received two wins, both wins were well deserved. When faced with challenges such as the game against Montgomery or their senior night against Rancho Cotati, the boys found a way to see the positive side of the loss. Going into double overtime against their rivals, the Montgomery Vikings, made them feel proud to be part of the team to get so close to winning the game. Being ahead in the beginning of the game to being neck and neck until the last seconds pumped everyone's spirits. Then, against the undefeated Cougars of Rancho Cotati, the players managed to stay only one touchdown behind throughout most of the game. In the end, they appreciated all matches for the improvement in their skills and bringing them even closer as a team.>>>Page by Brandon Dearmore

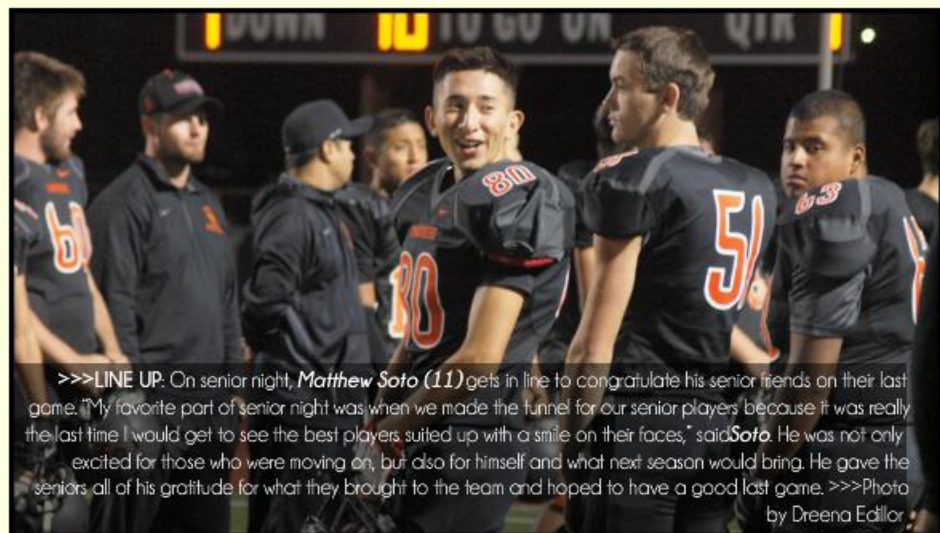


>>>HUGGING IT OUT: On his senior night, **Edwin Martinez (12)** exchanges hugs with family and friends while thanking them for all of the support. "My favorite part of senior night was seeing my parents smile and being able to play one last game at home with an incredible coaching staff and team that really is like my second family," said **Martinez** >>>Photo by Dreena Edilior



>>>READY TO POUNCE: At the end of the offensive line in the game against Montgomery, **Trevon Manning (11)** is ready for his teammates to rush forward and get a first down. Manning was proud of his teammates for being two touchdowns ahead for the first half and intended to keep it going after halftime. When pushed to the extreme from going into double overtime with the rival vikings, the team tried their best to push the ball toward the final touchdown, but were defeated in the end. >>>Photo by Brandon Dearmore

>>>GIVING SUPPORT: **Michael Curry (11)** supports his team while off the field by shouting words of encouragement and making sure he knows what to do each play. "I think about the form, cover, and who goes where. I feel excited and energetic that I get to hit someone," said **Curry**. He was proud of how the team had expanded since his freshman year and was excited for how close they will be next season. >>>Photo by Brandon Dearmore



>>>LINE UP: On senior night, **Matthew Soto (11)** gets in line to congratulate his senior friends on their last game. "My favorite part of senior night was when we made the tunnel for our senior players because it was really the last time I would get to see the best players suited up with a smile on their faces," said **Soto**. He was not only excited for those who were moving on, but also for himself and what next season would bring. He gave the seniors all of his gratitude for what they brought to the team and hoped to have a good last game. >>>Photo by Dreena Edilior



>>>**RIVALS AT HEART:** The boys face off against the Montgomery Vikings in their most heated game of the season. The players pushed their hardest all night which made them go into double overtime. The night ended with a two point loss, but it was a night to remember for how hard our team played. >>>Photo by Brandon Deamore

>>>**NEW RECRUIT:** After stopping the ball short of a first down, **Angel Alfaro (12)** pumps up **Richard Eyler (10)** to keep his intensity going. **Eyler** contributed to the team by bringing the same level of energy to every snap no matter what the score was. "When we are together, we get along like a family and I don't want to mess up and let them down," said **Eyler**. >>>Photo by Brandon Deamore



>>>**DOUBLE TROUBLE:** By working together, **Sonam Sherpa (12)** and **Kalei Aukai (11)** take down the ball carrier just after the 40 yard line. After a leap from **Aukai** and a final side tackle from **Sherpa**, the duo stopped the ball and got the down. "When I am on the football field playing next to my brothers, I am in a whole different world," said **Sherpa**. The team cheered and congratulated them on a great play. >>>Photo by Jennifer Camacho-Nunez

>>>**THE PROWLING PANTHER:** After suffering a right arm injury and finally returning onto the field, **Brock Shriver (12)** waits for the snap. "My favorite memory of the year was beating Piner in the final seconds of a tough game. The energy of the locker room after wards was crazy and I finally felt like we bonded as a family," said **Shriver**. He was very excited to return to field and worked his hardest to support the team. >>>Photo by Brandon Deamore



>>>**A SUCCESSFUL WALK:** Walking down the field on senior night, **Cameron McAtee (12)** is overwhelmed with happiness and satisfaction as he realizes he is playing his last home game of high school football. Knowing that his friends and family were there supporting him was enough to bring a bright smile to **McAtee's** face. The team also made sure that he knew that he was appreciated on the team as both a great friend and player. >>>Photo by Dreena Edillor

>>>**LET'S GO DEFENSE:** Waiting for the ball to be hiked, **Alvaro Reyes (11)** stands in his ready position. He was prepared to defend the quarterback no matter what the defense tried to do. "My favorite part is the brotherhood of the sport and just being with the guys in that tight bond. I want to help them succeed as much as they help me," said **Reyes**. Being the final game of the year for the panthers, he was confident in how hard he worked for that moment. >>>Photo by Jennifer Camacho-Nunez

they will always be

THE LOUD AND PROUD

The JV Cheer squad yells "Hello" from the other side

>>> They kept their heads high, their bows higher and their stunts the highest, cheering at every football and basketball game in their extended season. This year's Junior Varsity Cheer squad showed their sass with amazing stunts and outstanding moves. They learned difficult routines nearly every week but no matter the circumstance, they always performed with pride. The Back To School Rally was the first of many performances for the ladies, bringing both stress and excitement.

"I was so nervous about the rally because it was my first show in front of the school. I just remember how nervous I was, but to this day, that is still my favorite routine and memory that I'll never forget. It was our first outing to show everyone what we're made of and our different talents. It was great to feel so involved with the school and student body," said **Jennifer Aparicio (9)**. When the routine was well received, **Aparicio** and the other team members breathed a collective sigh of relief. The girls worked to stay calm under pressure and contain their nerves, and always had each other's backs no matter what happened on the sidelines. The girls kept smiles on their faces even when times were tough, and their hard work and high

paid off when they gave a successful performance at the annual Homecoming game.

"Homecoming was definitely one of my favorite routines. It was so great being one big team and bonding with one another. The routine itself was very stressful, but once we got it down, I knew it looked great," said **Destiny Rivera (11)**, a cheerleader for how many years? By the end of the routine, her confidence rose to a new level.

The squad faced many stressful practices filled with complex routines and stunts, but the girls never gave in to the pressure. Despite the fact that some routines took extra time to learn, they put in the time, made it work, and wowed the crowds. **Gabby Seims (10)** was pleased with the end result of the intricate Halloween routine.

"The Halloween routine was by far my favorite of all the ones we did. It was so much fun to do with everyone. It turned out extremely cool and I got so many compliments on how it looked. Everyone loved it, which made me love it even more" said **Seims**. The big Halloween success made an impression on not only the cheer squad, but the student body as well.

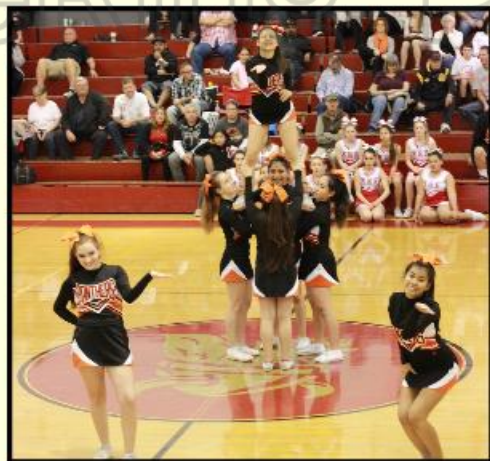
>>>Page by Jasmine Deppe



>>>KISSES TO THE CROWD:

Center of attention, **Monica Mendoza Nava (11)** blows a kiss to the fans in the stands. "Being a flyer was harder than I was expecting. You have to look out for so much. I don't know how to explain the experience of it, other than it's a really great and fun position to be in," said **Mendoza**. She showed what she was made of.

>>>Photo by Dreena Edilior



>>>READY? OKAY:

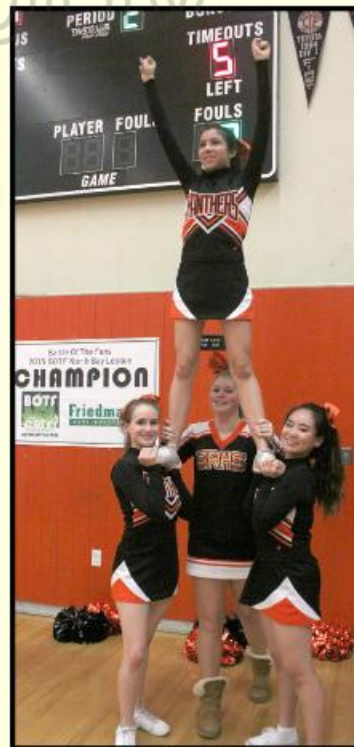
During halftime of a basketball game, **Jennifer Torres (10)** and the JV cheerleaders perform their new routine. "I was really into Gymnastics as a little girl. Unfortunately, it started to take up too much time and I had to quit. Once I got into high school, I figured it would be cool to join cheer. Not only did it help me with school spirit and get me more involved, I made a lot of great friends," said **Torres**. These girls really knew how to make good facials and kept smiling through it all.

>>>Photo by Dreena Edilior

>>>REACH FOR THE SKY:

Before the halftime routine, **Haley Solich (9)** and her group practice their stunts for the show. "Sometimes performing got really nerve racking. Something that helped me stay calm was realizing I wasn't all alone. I wasn't by myself and they all probably felt the same way I did," said **Solich**. In the end, she did a great job staying calm under pressure.

>>>Photo by Jasmine Deppe





>>>**SALUTE:** In a stunt during a football halftime, **Nikki Tinlin-Pawley (11)** and the team salute the fans. "Although practicing and performing with Varsity Cheerleaders was sometimes a little intimidating, it also helped and was a lot of fun. Having Varsity watch us and practice with us really motivated me to do better. I want to look as good as they do," said **Tinlin-Pawley**. They wowed the crowd with their amazing stunts and attitudes. >>>Photo by Jasmine Deppe

>>>**SITTING IN STYLE:** Cheering loud and proud, **Kandy Villafuerte (10)** and her teammates do a cheer to get the crowd going. "I really enjoyed basketball season. How loud the gym got with the cheers from the students was probably one of the greatest things ever. It's great to see how much school spirit we have," said **Villafuerte**. The girls continued to cheer their hearts out, and pumped up the fans as the game went on. >>>Photo by Jasmine Deppe



>>>**GO, FIGHT, WIN:** The girls perform a halftime routine to show off what they've got. **Sara Perez (9)** and her teammates array their moves. "If I had to choose a favorite season, I'd say it was football. Although the routines were sometimes very stressful, they always ended up really fun. We always looked amazing too," said **Perez**. The girls continued to strut their stuff throughout the game and proved to the crowd, they're much more than just your typical high school cheerleaders. >>>Photo by Jasmine Deppe



>>>**ALL FOR ONE, ONE FOR ALL:** After a long game of basketball, **Adria Heinrich (10)** and her teammates pose for a heart warming photo. "We learned a new routine just about every week. Although they were difficult and there were moments we felt like giving up, I'm overall extremely proud of us. We all became pretty close and I am really satisfied with the team that we became by the end of the season," said **Heinrich**. The girls not only stuck together as a team, but as a family too. >>>Photo by Jasmine Deppe



>>>**PAUSE AND POSE:** Before calling a cheer, **Erika Torres (10)** turns and smiles for the camera. "Cheering is such an amazing sport. I wouldn't give it up for the world. It's become a really big part of my life and cheering makes me extremely happy," said **Torres**. She stopped and smiled like a true cheerleader should. >>>Photo by Jasmine Deppe

>>>**SAYING HELLO:** During a football game, **Kymerly Stephens (10)** stops to wave hello. "Cheering wasn't always easy. We faced many problems along the way. The few things that kept me going were having confidence in myself and not underestimating the things I could do" said **Stephens**. She pushed through and made not only herself proud, but the team as well. >>>Photo by Jasmine Deppe

>>>**BRAGS:** First quarter just ended and Sydney yelled Brags, after running over to her group **Maria Sanchez (11)** gets set for her stunt." Brags were super fun and it gave us the opportunity to show what we could really do, because most of the cool stunts re put into the routines. This gave us the chance to show what we work hard to perfect on our own and show everyone what we are made of," said **Sanchez**. After flipping her hair in the air to the crowd she landed in just a half to spirit and get the audience pumped up. >>> Photo by Brandon Dearmore



>>>**OUR TIME:** Showing her cheer and stunt sequence, **Bonnie Donovan(10)** shows her talent in recreating last year's routines into new ones. "We had to make a halftime sequence with our stunt groups and once we picked it, we needed to go from girl to girl to see who remembered it from the summer. Afterwards my team and I had to teach it to both Varsity and Junior Varsity," said **Donovan**. Taking a cheer from camp and spicing it up with stunts and signs her group came up with a halftime the crowd loved. >>> Photo by Brandon Dearmore



>>>**CREEPIN:** On Halloween night, Varsity and Junior Varsity teamed up to perform a creepy dance acting as zombies. After getting their faces painted for halftime **Kyeoni Phenix (9)** lead the girls to keep straight faces to look as dead as possible. The girls had certain points that they had to look at which helped them focus. >>> Photo by Brandon Dearmore

it's one big
DREAM TEAM
 The Varsity Cheer squad accomplish their dreams

>>> Arms up, pom poms shaking, and feet stomping, the Varsity Cheer Team welcomed the players to the field by pumping up the crowd. The Cheer team cheered in both fall and winter for the football and basketball teams, spending more hours than any other sports team at games.

"My favorite memory is when Coach Sydney's 8-year-old niece came out to cheer with the team. She got to use one of my poms poms and call cheers with me. It was fun for her because she wants to be a cheerleader, and gratifying for me to see all her enthusiastic energy for the basketball boys," said **Daelee Wolfe (12)**.

The first half of the cheer season involved cheering at the football games, with warmer clothes and more space to move.

"What I enjoy most is learning different elaborate routines and performing them every week," said **Eryn Francavilla(11)**.

In basketball season the crowd and the cheerleaders stayed in sync, especially during the "silent night" game. Until the team scored ten points, everyone was completely silent, and the second they hit the tenth point, the two groups started into a cheer together.

The performance that stood out most for many was for the Halloween football game. After two weeks of cramming in practices to perfect this routine, the cheer team spent four hours together before the game getting ready. In the North gym, they did each other's ghostly make-up, one side beauty and the other beast. The performance itself was choreographed to a remix of "Thriller" and involved dance moves from Michael Jackson's famous music video. Their stellar performance inspired applause from both parents and students alike. >>>Page by Morrin Cherry





>>>SWOOSH: At the last game of her season, **Hailey Anderson(12)** hits every move and smiles from ear to ear. "That was a sad night, I still can't believe it was my last game but I spent it with the best people possible and it's definitely a night I won't forget," said **Anderson**. Being her last year she made this halftime worth it. After contributing to the choreography and practicing for extensive amounts of time, she took pride in showing off her skills. >>> Photo by Ashlee Ruggels

>>>GOODBYES: On halloween night the girls say goodbye to **Kendra Gregersen(12)** at her last game. "I wasn't anticipating it to be my last game, I was expecting to come back for basketball season. So when it really happened it was surreal leaving part of my cheer family behind," said **Gregersen**. Everyone showed her love and they cheered with all their hearts to make it her best game yet. >>> Photo by Brandon Deamore

>>>PANDY'S GUARDS: After being assigned to escort Pandy, **Bryn Shriver(9)** and **Nicole Russle (12)** fulfill their duties at the first game of the season. "It was fun seeing younger kids get all excited to talk to Pandy and take pictures with him," said **Shriver**. Having escorts were crucial to keeping Pandy's identity a secret. >>> Photo by Jasmine Deppe



>>>PETER PIPER: Showcasing the cheer she and her team had worked so hard to finalize, **Caitlyn Clark (11)** stomps alongside her teammates. "I really like the more intimate atmosphere of the games, there was a lot more excitement between everyone. Stomp cheers are way more fun and make more noise, my favorite was Peter Piper. I'm glad we learned it, because it was one of the harder cheers, and it's kinda fun to see how fast you can go with it," said **Clark**. The girls had been working on the cheer since school started and they were very excited to finally show it off. >>> Photo by Brandon Deamore

>>>BASKET: After practicing all year long with her stunt group, **Jessica Jafari(11)** hits her basket toe touch without hesitation. "It feels so amazing to just be so free while up in the air, and it's such a rush as my teammates catch me when I fall back down. I'm usually shy and quiet, but when I'm flying, I feel fierce," said **Jafari**. Being a flyer was not an easy job, it took a lot of training and thought. >>> Photo by Brandon Deamore



>>>LAST MEMORIES: At her last home football game, **Mikayla Forer (12)** takes in all of her emotions alongside her mom. "It was one big emotional night to say goodbye to all the seniors. Just a heartfelt and hug filled day," said **Forer**. On senior night, the cheerleaders were given flowers by their teammates and walked down the field with loved ones. >>> Photo by Dreena Edillor

>>>**JUST KICK IT!**: Playing against Windsor, **Alex Fenske(10)** tried to calm herself down by focusing on the corner kick. "[Playing soccer has] been a passion of mine [ever] since I was [a] little [girl]" said **Fenske**. Her fondest memory of the season scoring the tying goal against her old school, Maria Carrillo.



>>>**SOCCER, IT'S IN MY BLOOD**: Finding a way to pass the ball without struggling **Claire Dooley(10)** deals with her opponent from Casa. "Soccer kind of just runs in my family, my mom played, my grandma played, and I just joined since I was three" said **Dooley**. As she played against Casa Grande, all she thought about was winning and keeping up the family tradition. >>>Photo by Jennifer Camacho Nunez



>>>**ALL IN THIS TOGETHER**: At the final game, the girls take a picture celebrating their wonderful season. "Starting with the tryouts and summer conditions, they were really hard [practicing] everyday single day in 80 degrees on turf was really hard. But it was really fun [after all]. My favorite part of the season must have be towards the end, most of the girls played really good, and we all were use to each other" said **Lisset Pachua (10)**. Her biggest motivator was her dad and his constant motivational talks. >>>Photo by Jennifer Camacho Nunez



>>>**PEP TALK**: During halftime of the Montgomery Mark, the girl's coach, gives the girl advice and tells them about the plays he would like to see. "I usually listen to some G-Eazy right before a game to prepare myself... [I play soccer because] it's my passion... I've been playing since i was five. Both of my older brothers have been playing soccer their whole lives and so I grew up watching their games" said **Annie McKenzie (10)**. She loved to continue her family's passion for soccer. >>>Photo by Jennifer Camacho-Nunez



>>>**REFUSE TO LOSE**: Not being able to give up, **Joelle Berk (9)** tries to catch up towards her opponent from Ukiah. "I let the warm ups, warm up music, and take in some deep breaths [to prepare myself right before my games]" said **Berk**. Her practice paid off when she was able to catch up to her opponent. >>>Photo by Jennifer Camacho Nunez

>>>**EYES ON THE BALL**: As **Alessandra Cignetti (9)** plays, she feels her passion for soccer. "Ever since I could start walking I started playing little kickers since I was three, it's my passions, and my whole family plays it" said **Cignetti**. After her older brother started playing soccer, **Cignetti** felt the need to follow in his footsteps. >>>Photo by Dakota McGranahan



>>>**THE BATTLE CONTINUES**: Looking for a teammate to throw the ball to, **Lupita Gracia (10)** makes a fast decision to continue the game against our rival, Montgomery. "It was pretty hard because I would always take the throw ins. Sometimes the girls wouldn't open up but then you would tell them to open up and they found a way to open up. It would work out because they would end up getting the ball and controlling the ball" said **Gracia**. >>>Photo by Jennifer Camacho Nunez





>>>ALIVE AND KICKIN': Feeling the tension, **Caitlin Grace (9)** passes the ball to one of her fellow teammates. "I felt a lot of pressure when the forwards would have a break away, but that's what I love about being a goalie!" said Grace. The season went really well for **Grace**, she played goalie most of the season but also got the opportunity to play forward. >>>Photo by Jennifer Camacho Nunez

>>>Fighting for the Ball: Finding a way to steal the ball, **Carly Iverson (9)** tries to keep the ball away from her opponent. "I'm not the greatest player in the world, but I know now how to play, so it was nice to be able to advance my skills" said **Iverson**. Before every game she reminded herself of what needed to be done to help her performance on the field. >>Photo by Jennifer Camacho Nunez

>>>FAST AND FURIOUS: With two opponents trying to steal the ball from her, **Jessica Reyes (9)** focuses on how to prevent a turnover. "Well I just started playing soccer because my brother started playing soccer. Then I would go to the games and they seemed really fun I started playing since I was seven" said **Reyes**. Ever since then she has loved playing soccer. >>>Photo by Jennifer Camacho Nunez



they'll always be
KICKING IT UP A NOTCH

The JV Girls' Soccer Team stand united

>>> Tears, sweat, and determination went a long way this soccer season for the JV Girls Soccer. With seven injured players this year, it was difficult for the lady panthers to play with a full roster, but they fought to win. They experienced a huge change midway through the season. It was difficult to adjust with only eleven players and communication became the key to success for them. Until the last two games, the team played with few subs, but many on the bench. In their game against Ukiah, the ladies managed to play without all seven injured players and fought through any injuries they got on the field that they could ignore.

"When we played against Ukiah at their home they injured my leg but I couldn't get out because we didn't have a player to sub in," said **Lupita Gracia (10)**. When the injured players were finally cleared, it became easier to connect on the field with more rested players.

While the girls tried to balance school and soccer, many were forced to miss practices, affecting their

playing time. The lady panthers had to struggle with juggling outside sports as well as the high school team and got a taste of what it was like to be independent.

"I played seven days a week including my outside club soccer team. It was really hard having to balance both at the same time because we had to go to practice for Santa Rosa, after that practice we had to go to our club practice. Getting home around 7 pm, showering, and eating was the first thing I would do. Then starting homework around 8 or 9 p.m. was hard because some nights I would have to stay up until 2 am. doing homework," said **Leslie Grancia (10)**, who played alongside with **Gracia**, **Lisset Pachua (10)** and **Jessica Reyes(9)** on both soccer teams. But these dedicated girls used soccer as a motivation to focus in school and keep the grades to play. All of these obstacles, from injuries to schoolwork, did not stop the girls from playing the sport they love so much.

>>>Page by Jennifer Camacho Nunez

>>>REACHING NEW GOALS: Using her strength and skills, **Victoria Trono (12)** wars off the opposing team. "Soccer is the thing I am most passionate about. It has been in my life for so long, I can't imagine being without it," said **Trono**. While playing, she only focused on the game, nothing else mattered. >>>Photo by Carey Barnett



>>>SIDELINE: Standing on the sideline while cheering for their teammates. "One of the funniest moments this season was watching our coach, Nikki hop around on one foot because she had a broken leg," said **Maddie Maffia (12)**. She listened to fast beat music before every game to get pumped up. Photo by Deborah Fry



>>>ON THE MOVE: Moving in on the opponent, **Lily Gack (12)** takes her rightful place. "Before every game I find something I want to accomplish or I think of something that makes me super mad and that gets me focused to play as hard as I can," said **Gack**. When she was playing, she felt that the pressure of school and other real life obstacles were lifted off her shoulders; she felt happy to be strong and healthy. >>>Photo by Carey Barnett



running, kicking, and SCORING GOALS

A look into the world of *Varsity Girls' Soccer*

>>> The Varsity Girls Soccer Team started off the season more ambitious than previous years, as the year continued they embraced their victories and learned from their defeats. Through it all, they came together as a team to play their beloved game. This year, the team had the opportunity to welcome **Luciana Talamas(12)**—a new exchange student from Bolivia. She tried out for the soccer team to meet new people and quickly learn the culture, and that she did. Throughout the year, she stayed with three host families; one host brother was fellow student **Griffin Becker (11)**.

"At the beginning it was hard because I didn't know anybody here. And I had to move to a house with people I had never met before and the same for the school. But then I joined the soccer team and it was awesome. I got to know the girls pretty well, and I just loved them. They helped me a lot," said **Talamas**. For many of the players the most memorable part of the season was the tournament in Arcadia.

It was the first time everyone played together, as a team. Forced to miss the toga dance for the tournament, the seniors on the team set up a makeshift dance for the underclassmen in the hotel.

"We got to know each other on a much more personal note. It was the first time we had spent a large amount of time not only playing soccer. It was probably one of the most memorable things we did this season," said **Jules Celli (12)**. In the end, they celebrated another great season together. This year twelve seniors— about half the team— were saddened to say goodbye. After an emotional senior night, they pulled off a win against Casa Grande. They were thankful to have been part of an amazing team, with a great group of people. As they remember the last four years, the laughs and tears, they ready themselves for graduation and the paths that could one day bring them back together. >>>Page by Jennifer Camacho-Nunez





>>>ONE TEAM ONE DREAM: Huddling together, the team gets ready to step on the field. "We have our ups and downs but we really are a family. We are there for each other and encourage each other. I couldn't ask for a better team," said **Megan Andersen (12)**. They had many secret rituals that brought everyone together. >>>Photo by Carey Barnett

>>>SOCCER FAMILY: The Ruggels family celebrates a great season on senior night. "My entire family plays soccer, I've been playing for ten years, almost my whole life," said

Olivia Ruggels (9). She felt very accepted as a freshman on varsity along with her sister **Ashlee Ruggels (12)** and she hoped to keep getting stronger as the year progressed. >>>Photo by Dakota Granahan



>>>GOOD TIMES: The trio smiles because they enjoy each others company while playing the beautiful game. "I feel great when I'm on the field playing with my teammates. We have our differences but in the end, we look out for each other," said **Yasmin Palomares (12)**. As a result of district rules, she couldn't play all year because she transferred from a school in Washington. >>>Photo by Dreena Edilior

>>>CHASING GOALS: Sprinting effortlessly **Kelly Luekens (12)** goes after the ball as if no one is on the field chasing after her. "I have such a competitive personality. I love the game and I always want to keep improving. Soccer will always be part of my life," said **Luekens**. She had been playing soccer for eleven years now and she hoped to continue playing. >>>Photo by Jennifer Camacho Nunez



>>>CRAMPED UP: While in pain, **Quincey Barnett (12)** enjoys her special treatment. "The funniest moment for me was when both my legs cramped up while on the field and I had to get carried off," said **Barnett**. She got very excited before games; she prepared herself by eating a protein bar and making sure her sports bra and spandex matched. >>>Photo by Carey Barnett

>>>FINAL CHAPTER: The seniors on the team celebrate and dread the end of their last season together. "It was emotional and a lot of fun. The team really bonded and because there were twelve seniors we made up half the team and it made it really special. We became close friends. It was something really special to be a part of the soccer team; I'm really going to miss it," said **Jules Celli (12)**. They played their hearts out and never gave up whether they were winning or losing. >>>Photo by Jennifer Camacho Nunez

>>>DREAM IN MOTION: **Emily Staten (10)** concentrates and goes after the unaccompanied ball. "I've been playing soccer for ten years now and I hope to be involved with the sport in the future," said **Staten**. The routine team warm ups helped her stay focused on the game. >>>Photo by Jennifer Camacho Nunez



>>>REFUSE TO LOSE: Sprinting up the field **Lorenzo Rivas (9)** focuses on the game and play ahead. One of **Rivas'** favorite games of this season was when their team played Rancho Cotate. "We came to their house and we beat them and that felt really good" said **Rivas** remembering that unforgettable game. The last time the teams met Rancho won but the boys didn't let that discourage them. >>>Photo by Jenna Kim

>>>DEFENSE WINS: With great precision, **Jack Lorenz (9)** passes a ball to his teammate in the game against Sonoma Valley High School. "I play center back or outside back and I like it because it's kind of like a really important role and I just feel confident there," said **Lorenz**. He really liked his position and after a long time of playing the sport has grown more and more comfortable in that spot. >>>Photo by Jennifer Camacho-Nunez

>>>BELIEVE AND ACHIEVE Before heading out to play the rival Montgomery team, the JV boys soccer team cheers "Rosa" in the huddle. This pumped the boys up before their game where they played their hardest against the tough school. >>>Photo by Jenna Kim

>>>FAST AND FEARLESS: Taking the corner kick **Sean Mendoza (9)** passes the ball to his teammates. In his position as a forward **Mendoza** got lots of chances to score and proved his skill in the game against Newman. "I play the wing or forward. I like it because it allows me to attack by using my speed and being very creative and create a chance to score goals," said **Mendoza**. >>>Photo by Jennifer Camacho-Nunez



>>>TEAMWORK MAKES THE DREAM WORK: Midfielder **Ruben Sanchez(10)** tries to take the ball away from the opposing team's player. "I play midfielder and I can play either defensive or attacking. I like it because you're really participating a lot in the game and you can create opportunities for other players on the team" said **Sanchez**. >>>Photo by Jennifer Camacho-Nunez



>>>NO TRAIN, NO GAIN: The players sit on the bench eagerly awaiting their turn to play. "Our coach was a really good coach. He knew how to manage a team and I improved on almost everything," said **Julian Ramirez (9)**. He was very appreciative of all he learned this season from his coach and how much he grew from it. >>>Photo by Jenna Kim

>>>ALIVE AND KICKIN': In their game against Montgomery, **Linus Rydell (9)** throws in the ball to his teammate. "I thought it was really fun to be able to play with some older players who had more experience," said **Rydell**. He recognized how the playing with the older players pushed him to play harder and better. >>>Photo by Jenna Kim





commonly known as the

FAST & FURIOUS

The JV Boys' Soccer Team kicks it up a notch

>>> The JV boys soccer season started out with a bang when the team went undefeated for six straight games. After that they kept working hard and only lost three games throughout the rest of season. The boys worked as a team to play their best against many tough opponents, especially when they defeated Montgomery High School on its home turf.

"My favorite part was the very first practice when we got together as a team for the first time, because that's when I knew the connection between all of us was going to grow a lot," said **Alberto Bustos (12)**.

After just one practice, **Bustos** accurately predicted that the players would become more cooperative and learn to work together as a team.

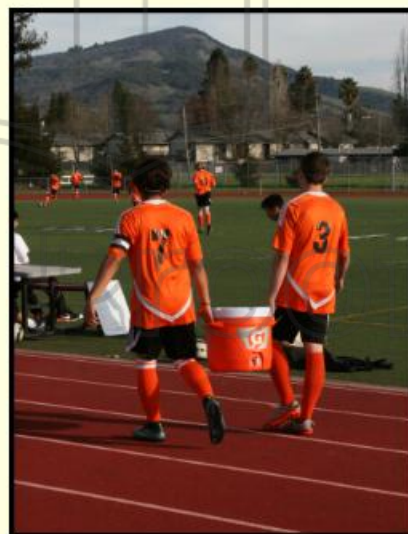
This team was made up of twenty-four players, but it took a responsible few to

step up and make the season a smooth one. These leaders, the team captains, were honored to be chosen. This year's captains were agreed upon by their coach for their seniority as well as their leadership skills.

"I enjoyed being captain. I like it because I felt like they looked up to me for motivation and it felt good knowing that someone counted on you to lift them up," said **Christian Rodriguez (12)**.

The captains helped other players through guidance and support, making sure they attended practice and games and kept their grades up. The players weren't the only ones to get something from the experience, as the captains were rewarded with a sense of accomplishment from helping their teammates. This was a very valuable and memorable learning experience for all the boys as they kept a fantastic record throughout the season.

>>>Page by Jenna Kim



>>>JUST FOR KICKS: Players **Nicholas Goodacre (11)** and **Jaime Juarez-Zurita (12)** carry the water cooler to the sideline where their team is set up. Throughout their game against Montgomery High, the boys drank water from it without cups, just putting their head and the spout and drenching themselves. >>>Photo by Jenna Kim

>>>FOR THE LOVE OF THE GAME: Never giving up on the ball **Delino Floriano (9)** chases down the opposing player in hopes of taking the ball from him. "I like to play soccer because whenever I'm feeling down or bad it just takes me out of the stress and it's something I've loved doing since I was young" said **Floriano**. Playing soccer was like a sanctuary to **Floriano** where he could go to be away from everything else but the game. >>>Photo by Jennifer Camacho-Nunez

>>>BEST IN THE FIELD: One of the goalkeepers, **Yaser Soriano (9)** takes the goal kick after the opponent kicks it out. "The first game was good because it was a day that we all got to meet each other and we all just went out there and we won 3-0," said **Soriano** as he remembers his favorite game of the season. In this game the boys came together to play with fairly new teammates and pulled out with a hard earned win. >>>Photo by Jennifer Camacho-Nunez



they will always

REFUSE TO LOSE

The Varsity Boys' Soccer Team finds success after tragedy

>>> There were only seconds left in overtime in the playoff game against Monte Vista High School, and the Varsity Boys' Soccer team was tied again, fighting for the final golden goal. But, alas, the game was not theirs to have. As the clock wound down, Monte Vista snuck in a goal, and the game was over. Hearts lay on the field as boys from Santa Rosa melted into the ground, at a loss, so close to the NCS championship. When it came to the Varsity Boys' Soccer team, blood, sweat, and tears were only a few requirements of the game. The season was wrought with both hope and heartbreak as the team fought their way to playoffs after losing beloved coach Danny Briebiescas.

The sudden death of Danny Briebiescas came as a shock to the entire community, deeply affecting the soccer team and its coaches.

"It was really hard because we had been building for this year for as long as I've been here. He was more excited than anyone and when I pictured us doing as well as we did he was in that image. It made it that much harder to play without him but I know we would have made him proud," said **Gavin Weitzenberg (11)**. To honor Briebiescas' legacy, the boys' new uniforms were adorned with his initials. For the boys, the initials were more than just two letters, but a motivation to both outsmart and outwork their opponents to take the title.

The team was determined from the first pre-season game to win the NBL Championship, to take home the previously elusive banner.

"My favorite part of the season was being able to score the winning goal against Montgomery that got us to NBL. [At that moment] I felt really proud of my team and myself just because Montgomery is one of our top rivals and they were right behind us in the league for winning the NBL championship," said **Edwin Martinez (12)**. The win against Montgomery came with NBL Championship banner, which eluded the program for ten years. The boys joined a part of boys' soccer history by going fifteen straight games undefeated.

Unfortunately they were knocked out in the NCS semi-final round after a tough game that ended in an overtime, last second loss.

"The semi-final game was really emotional. We started out not playing our best, but we brought the game back to life. When Monte Vista scored the last goal I was heartbroken. I knew that was the last time I would play with that team, and I couldn't help to lay on the field crying," said **Seamus Young (12)**. He was not alone, as many of the boys shed tears on the field or while hugging supporters. The sudden ending was a stark contrast to their long season, but the team still celebrated their overall success. >>>Page by Jennifer Camacho Nunez



TreeRing Proof

>>>EAT, SLEEP, PLAY SOCCER:

Keeping his eyes on the ball, **Anthony Lopez (10)** thinks about what he needs to do out on the field. "We played as a family, we never gave up on each other even when we were down" said **Lopez**. Music played a big key in his preparation right before a game. He listened to Cumbias and some Banda right before the games. >>>Photo by Jennifer Camacho Nunez



>>>"HEADING" ON THE TOP: Heading the ball **Seamus Young (12)** feels the pressure of his opponent. "I [believe] my best game was... against [Maria] Carrillo. My passes were [very accurate], my touch on the ball was good, and overall I made a lot of chances" said **Young**. Once he started to play soccer, he couldn't stop. >>>Photo by Jennifer Camacho Nunez





>>>**FOR THE LOVE OF SOCCER:** Giving it all he has, **Esteban Nunez (11)** focuses on kicking the ball to an open teammate. "The very first game of the season against Drake [was a game where I believed I did my best] because I came in as a sub 10 minutes in. I played my first minutes on varsity and through all my nerves I played great, did what I was suppose to do. Then I stayed in the rest of the game after coming in and I proved myself to the coach" said **Nunez**. He learned new information about defending and made some great memories. >>>Photo by Jennifer Camacho- Nunez

>>>**GO AFTER YOUR GOAL:** Accompanied by his family **Andrew Williams (12)** smiles as he plays his last league game. "[I play soccer] because I love it. To me there's nothing that compares as far as a form of an escape from anything else that might be bothering me. I just love the friendships that I've created through it, and the morals that I've learned" said **Williams**. He loved every second of being on the team. It was the best treat **Williams** could've asked for his senior year. >>>Photo by Ashlee Ruggels

>>>**NO PAIN NO GAIN:** As **Alan Sanchez (9)** keeps the ball close to him, he looks one of his teammates to pass the ball to. "It felt good to be [the only] freshman and to be a starter because I had a chance to help out the team," said **Sanchez**. His dad played soccer which motivated him to try it out. >>>Photo by Jennifer Camacho Nunez



>>>**GIVING IT ALL:** Not giving up, **Bryan Sanchez (10)** fights for the ball. "... Monty [must have been my best game of the season] because they thought they were going to beat us just because they have this one player. But we ended up beating them on their senior night" said **Sanchez**. He played with his younger brother **Alan Sanchez (9)**. >>>Photo by Jennifer Camacho Nunez

>>>**BRING THE HEAT:** Giving all of his effort on the field, **Ryan Lorenz (12)** did in every game. "No [there was not a game where I didn't try my hardest] I laid my heart out on the field for my team and my school and always went as hard as I could," said **Lorenz**. After >>>Photo by Jennifer Camacho Nunez

>>>**EXCEPT THE IMPOSSIBLE:** Deep in focus, **Jairo Villalobos (12)** punts the ball to one of his teammates. "[This season went] great for me. I met a lot of new faces and best friends I will keep after I graduate" said **Villalobos**. He started to play goalie when he was 11 years old. >>>Photo by Jennifer Camacho Nunez

>>>MADE THE CUT: With a strong followthrough, **Catherine Brunet (11)** eyes her ball sailing through the air. A strong shot was important, and Brunet constantly worked to improve her swing throughout the season. >>>Photo by Dreena Edillor

>>>ONE MORE SHOT: As chipping is one of her favorite swings to practice, **Azlen Ponte (11)** works on perfecting her short game on the driving range. "The driving range is the place where you can focus on yourself with your strengths and weaknesses," said **Ponte**. It is a tricky method to perform, one can either top the ball or chunk the ground from under it. >>>Photo by Dreena Edillor

>>>TEEING IT UP: Warming up with a few practice swings before teeing off, **Eve Hamilton-Kruger (10)** stretches herself out before executing her tee shot on the first hole at the Fairgrounds Golf Course. As she set up, she kept her eye on the ball to maintain focus. Her favorite swing to practice was the driver because she could reach the farthest distances with it. >>>Photo by Dreena Edillor



the lady panthers are

TEEING IT UP

The **Girls' Golf Team** astounds all by exceeding expectations

>>> The girls golf team reached epic goals during their successful season. Coached by English teacher Levi Jones and assistant coach John Dove, these ladies practiced and thrived as golfers. With five returning and nearly ten new players, SRHS acquired their biggest girls' golf team they've seen in many years. For the last few years, the team's roster hardly broke four players, and competing in matches requires a minimum of five. This year, the team's numbers tripled. **Maiah Lucas (11)**, a panther golfer for three years, watched the team grow from three players in her freshman year to fifteen in her junior year.

"I was shocked that so many girls were interested in golf this year. With a bigger team there is a lot going on," said **Lucas**. This year's golf team accomplished many achievements that involved the team's size and dedication. Many of the new players were freshmen, sophomores, and juniors. The majority were new to golf, but all showed a striking interest in the sport. Reflecting on her first year of playing golf, **Julita Zavala (10)** revealed that her proudest moment was definitely hitting her driver right.

"I couldn't get my swing down, but when I finally worked on it and I hit it, I felt such an amazing feeling," said **Zavala**. The girls practiced diligently to improve with the help of

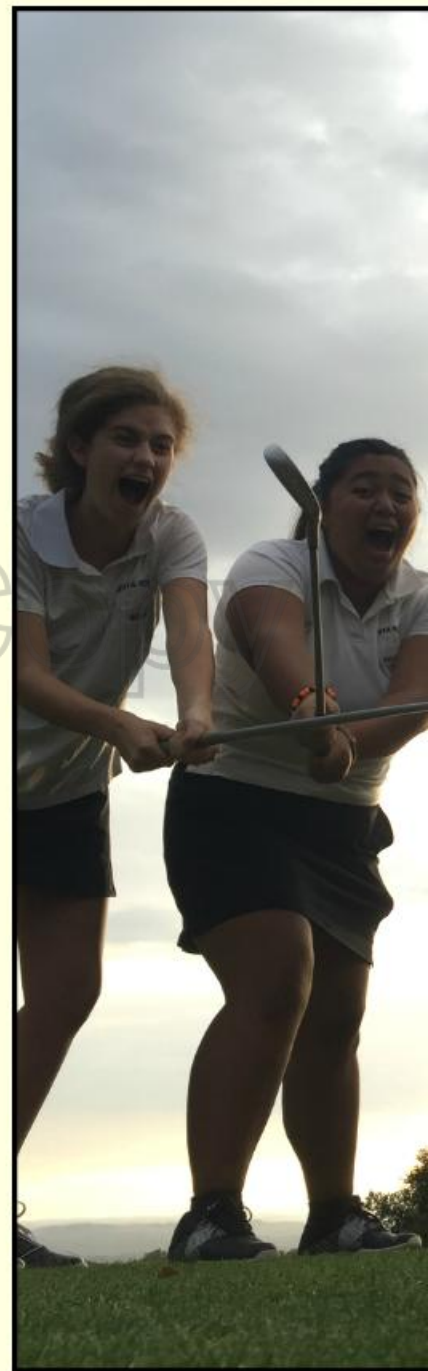
their coaches, but still

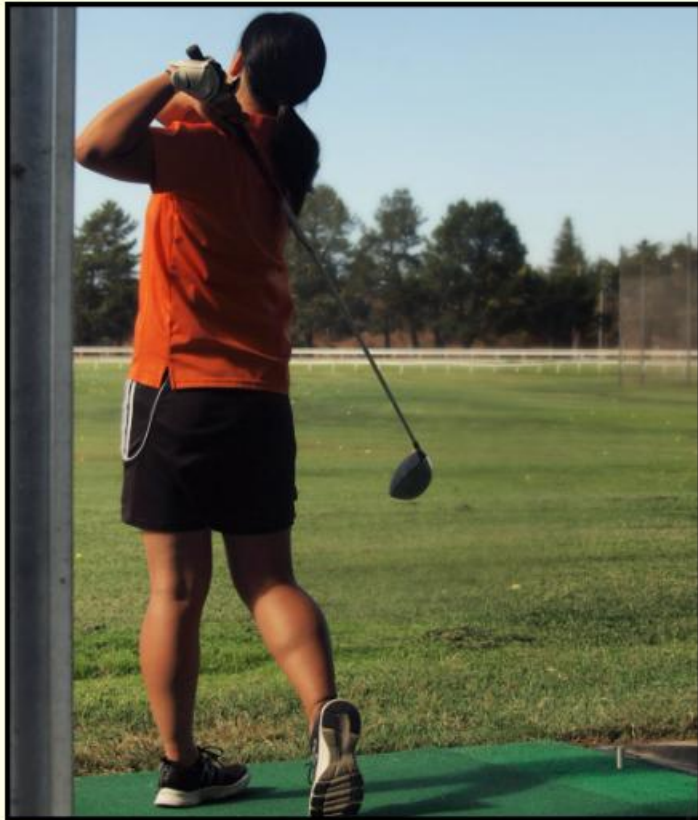
"I had a lot of fun during practices. Many girls didn't know each other when the season began, but new friendships immediately formed. **Abby Hamilton (11)** joined the team this year, and had the opportunity to play in multiple matches. "I handled my anxiety on match days by knowing I have support from my teammates and that whatever happens happens," said **Hamilton**. With the perks of having a smaller team than other sports, the girls had many moments that added a team experience to the sport that is mainly an individual sport.

In their post-season, **Olivia Hernandez (12)**, **Maiah Lucas (11)**, and **Dreena Edillor (11)** qualified for the NBLs tournament. Hernandez and Edillor placed second and third, moving onto the NCS qualifiers. Hernandez was proud for her improvements and accomplishments in her two years on the golf team.

"I was so proud for finishing second NBLs, not only because I got to move on, but I played my personal best round of golf I've ever played," said **Hernandez**.

Overall, the lady panthers had an exceptional season. They made concrete accomplishments that left a strong paw print on the school. This may be the first time many recalled hearing about the golf team, but this will not be the last time these ladies make headlines. >>>Page by Dreena Edillor





>>>UP TO PAR: Following her driver shot, **Victoria Dinges (11)** amazes many with her powerful swing. "I played softball for a few years before playing golf, so I knew I had a swing. It was an interesting transition into a golf swing," said **Dinges**. Occasionally, she lost sight of her ball because it would travel too far. >>>Photo by Dreena Edillor

>>>TRUNK TALKS : Winding down from a long practice, **Dreena Edillor (11)**, **Amanda White (9)**, and **Azlen Ponte (11)**, gossip on the back of their coach, Mr. Jones's, car, while he was away confirming their next match at the Fountaingrove Golf Course. "The best parts about golf are when we get to mess with Mr. Jones" said **Olivia Hernandez (12)**. The girls hung out after practice in the parking lot; they would bond and talk about their day. >>>Photo by Olivia Hernandez



>>>ROUND OF APPLAUSE: The Golf Team gathers one last time as they finish another delightful day on the golf course. "This was the most memorable season because of this big group of girls. We felt more like a family. We all cared and looked out for each other, and grew really close over the season," said **Olivia Hernandez (12)**. >>>Photo by Dreena Edillor

>>>SCANDIA FUN-DAY: As an end-of-the-season reward, the girls golf team spend time practicing their putting skills on the mini-golf course. "This was a great bonding experience. It let me spend time with my whole team rather than just one other person like it is on the course," said **Amanda White (9)**. This became a tradition for the team as a celebration for their fulfilling season. >>>Photo by Dreena Edillor

>>>GET A GRIP: Following traditions, lady panthers **Maiah Lucas (11)**, **Dreena Edillor (11)**, **Victoria Dinges (11)**, **Olivia Hernandez (12)**, **Azlen Ponte (11)**, and **Catherine Brunet (11)** wear white polos for home games at Fountaingrove; however, Catherine Brunet accidentally forgot to wear the right colors. The girls in white tease Brunet for her minor mistake, but it is all in good fun. "I really love how golf has made me develop persistence and patience," said **Brunet**. >>>Photo by Dreena Edillor

when the gun fires

BULLETS FLY

The Girls' Cross Country Team breaks records

>>> The crowd roared as the runners rounded the bend, about to finish. The runners sprinted, legs pumping, hearts racing. North Bay League Finals was a race both anticipated and feared by runners around the county. This year, the lady panthers outperformed their previous season. **Delaney White (12)** won her fourth consecutive title, making history as the only person in the county to ever do so, winning the race with an exceptional time of 17 minutes, 30 seconds. Placing fifth overall and second for the team was **Aimee Holland (12)** with a personal record of 18 minutes, 51 seconds. Finishing third overall in the JV race was **Samantha Baker (11)**. Baker completed the race with a time of 20 minutes, 52 seconds. Finishing right behind her was **Brooke Thompson (9)** with a personal best of 20 minutes, 54 seconds. The entire Varsity team moved on to North Coast Section in Hayward, where White placed second overall and moved on to state.

All the girls worked relentlessly in practice, hoping to take down Carrillo in a league meet. In mid-season the varsity team won a meet. Winning this meet tied them in points with Carrillo, putting them in a very good position to win NBL finals.

Each year one athlete who is considered inspiring by fellow teammates is awarded the Beardall Award. The award stems from a coach's brother who died in a car accident many years ago, but was well known in the community for his charismatic personality. The winner each year gets their name on a plaque and a trophy. This year, it was a tie between **Annabel Cowden (12)** and **Brooke Reitenbach (11)**. "I cried like a baby. I was really honored because I didn't know people thought of me as inspiring. It was definitely a highlight to my senior year," said **Cowden**. This shared award was another example of a season full of new records, inspiration, and great team bonding. >>>Page by Amanda White

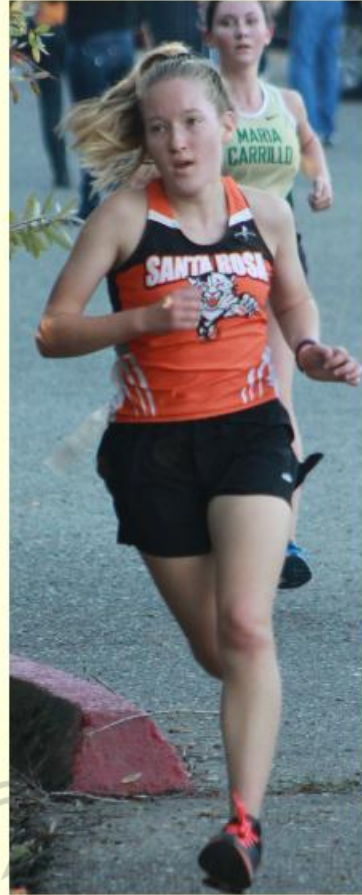


>>>RACE TO THE FINISH: In her final sprint before the finish line, **Caroline Duffy (9)** passes another runner to place in the Junior Varsity race. As a freshman, **Duffy** joined the team to make friends and get in shape. With a successful season under her belt, **Duffy** started preparing for next season. >>>Photo by Ashlee Ruggels

>>>RACING AGAINST THE CLOCK: Running along the path against other runners from seven different schools, **Maren Roche (10)** keeps a steady pace. "I've been running cross country for four years and I've met a lot of friends through the team," said **Roche**. Her hard work paid off though when she improved her race time in the final race, impressing her coaches and teammates. (Photo by Ashlee Ruggels)

>>>HOME STRETCH: As fans cheer her on, **Kirsten Carter (10)** races past to finish her race with a personal record. This was Carter's first year on the cross country team after her track coach from last year encouraged her to join in order to stay in shape for track season. "It's quite weird, since I run short distance in track, which requires more power and intensity. Whereas cross country requires patience and determination. Both sports require different mind-sets so it's actually almost a different sport entirely even though they are both running," said **Carter**. The challenge was met, with Carter exceeding expectations and making it on to the elite Varsity team in the first meet. >>>Photo by Amanda White





>>>UP AND RUNNING: Off to a swift start, **Annabel Cowden(12)** and **Brooke Thompson(9)** begin their last race of the season. "Cross country is definitely more of a family oriented sport. You're very close with everyone, everyone really has each others backs," said **Cowden(12)**. This was her third and final season and she said she will miss both the sport and team very much. >>>Photo by Ashlee Ruggels

>>>THE BEST OF FRIENDS: Posing for a picture, **Sophie Haugen(10)**, **Lian Morales(10)**, and **Annabel Cowden(12)**, get together after their race at the Ed Sias Invitational. "My favorite part of the season was long easy runs where me and some friends and we just had a lot of fun," said **Haugen(10)**. This was her second season of cross country and she said she will continue for as long as she is at this school. >>>Photo by Amanda White

>>>RUN WITH IT: Working her hardest, **Brooke Thompson(9)**, rounds the bend. "My favorite part was the team atmosphere and how we all wanted to do well for each other," said **Thompson(9)**. She had a blast that season and she planned to continue for the rest of her high school career. >>>Photo by: Ashlee Ruggels



>>>THE FINAL COUNTDOWN: Giving everything she has, **Aimee Holland(12)** finishes her last high school cross country race with a time of 18:51. "NBL finals wasn't expecting anything I did, I broke 19 minutes which was amazing," said **Holland**. Her senior year was her most consistent season and a great way to end her high school career. >>>Photo by Dakota McCranahan

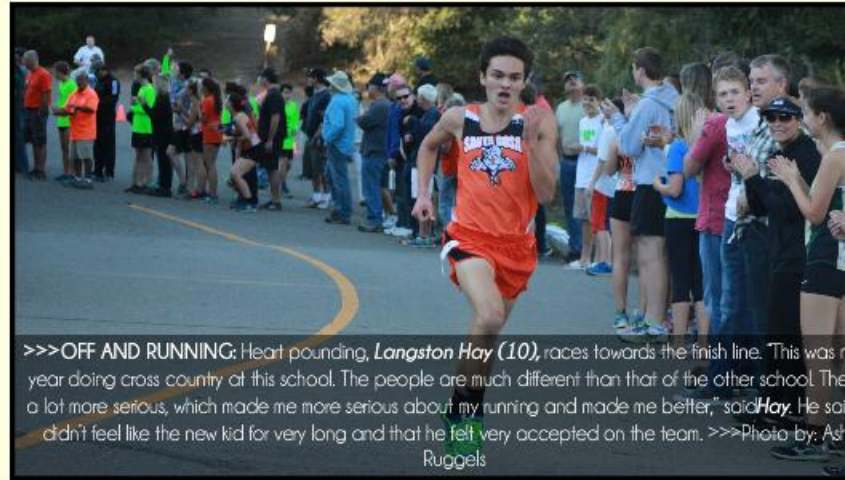


>>>THE FINAL SPRINT: Rounding the bend, **Kendall Block(12)** leads the pack in the final sprint. New to the school this year, Block joined the cross country team to meet new people in a fun environment. "I love long distance running and I've never been on a running team before. I came from a super tiny school where I was the only one who enjoyed long distance running, so coming to Santa Rosa and being part of a team was one of the greatest experiences ever," said Block. >>>Photo by Ashlee Ruggels

>>>SWEAT AND TEARS: Embracing her mother after her history-making finish, **Delaney White(12)** cries tears of joy. "I was ecstatic, it was a really cool thing to accomplish, I was really grateful I had the coaches I did and the competition I did," said **White**. Ending her final season was very emotional and she said she would miss the team very much. >>>Photo by Ashlee Ruggels



>>>RUNNING FOR THE HILLS: Running the last race of his final season, **Joseph Alongi (12)**, gives his all. "My favorite part was the feeling of community you get when you travel to different parts of the state with your team," said **Alongi**. He was on the team for four years and watched the members on the team change but the camaraderie stay the same. >>>Photo by: Dakota McCranahan



>>>OFF AND RUNNING: Heart pounding, **Langston Hay (10)**, races towards the finish line. "This was my first year doing cross country at this school. The people are much different than that of the other school. They are a lot more serious, which made me more serious about my running and made me better," said **Hay**. He said he didn't feel like the new kid for very long and that he felt very accepted on the team. >>>Photo by: Ash Ruggels



>>>HIT THE GROUND RUNNING: In the last race of the season, **Luca Mazzanti (11)** sprints to the finish line. "This season was very fun," said **Mazzanti**. He planned to continue participating in the sport for the rest of his high school career. >>>Photo by: Dakota McCranahan

you could say it's
ONE HILL OF A SPORT
 The Boys' Cross Country Team runs to win

>>> To bystanders, the boys cross country team may seem intimidating, but in reality, they are very welcoming.

"This cross country team is very accepting and I think that that is one of the best places to meet people. I felt at home there very quickly," said **Langston Hay(10)**, a newcomer to the team this year. These boys have formed a close group dynamic in a short amount of time.

"My favorite part was part was probably making new friends," said **Jordan Plack(9)**, a new freshman on the team. It's easy to see that these boys are very close friends and it clearly showed in the results of their season.

This year's boys cross country team was one of the fastest that this school has witnessed.

The varsity boys placed second at North Bay League Finals, close behind their running rivals, Marilla Carrillo. **Daniel Pride(11)** won the Varsity race with a time of 15:20. Following close behind Pride was **Luca Mazzanti(11)** with a time of 15:41. The Junior Varsity team also placed second with a win from **Alexander Sugarman(11)** with a time of 16:26. Finishing second for Santa Rosa was **Chandler Garrison(10)** with a time of 17:02. The varsity team moved on to the North Coast Section race the following weekend, and placed fourth overall, while **Pride** and **Mazzanti** moved on to the state race. This was **Pride's** second time running at the state meet, but **Mazzanti's** first. This season was one of triumphs and great team bonding.

>>>Page by Amanda White



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>>>**FABULOUS:** Supporting his team with fabulous spirit, **Cooper Wills (9)** cheers on his team at NBL finals. "There are still feathers at spring lake from when I wore the boa," said **Wills**. Being a part of the team was a great way for him to start off high school. >>>Photo by: Ashlee Ruggels

>>>**FINISHING STRONG:** Racing his heart out, **Jordan Plack (9)** sprints toward the finish line at the Ed Sias invitational. "If I was to describe the team in a movie, I would say grown ups because we are friends even though we are all very different, but we make up a very good team," said **Plack**. He enjoyed his time during the season and planned to participate in the sport for the rest of his high school career. >>>Photo by: Amanda White

>>>**FRIENDS INDEED:** Accepting their awards at the North Bay League Finals, **Brayden Glascock (9)** and **Sean Rollins (12)** pose for the cameras. "My favorite part of cross country was getting to run and train with all of my friends," said **Glascock**. He ran a time of 17:22 and placed second. >>>Photo by: Dakota McCranahan



>>>**RUNNING WITH PRIDE:** Sprinting towards the finish line, **Daniel Pride (11)** wins NBL Finals with a time of 15 minutes 20 seconds. "My favorite part of the season was getting to go to LA. Because the race was really hyped up and I enjoyed spending time with my teammates," said **Pride**. He later advanced to state for the second year in a row. >>>Photo by: Ashlee Ruggels



>>>**CHEERING SECTION:** Cheering on their fellow teammates, **Brayden Glascock (9)**, **Loren Gillogly (11)**, and **Johnathan Chi (11)** hoot and holler. "The team spirit is really great and I like getting to run with my friends," said **Gillogly**. He was one of many athletes who went to cross country camp and said he had a lot of fun. >>>Photo by: Dakota McCranahan

>>>**BATTLING IT OUT:** Running towards the finish line, **Jacob Quinn (11)** and **Rico Mazzanti (10)** fight for a fifth place finish for the team at NBL finals. "This year was a lot of fun. All the guys got along really well and we all bonded," said **Quinn**. >>>Photo by: Ashlee Ruggels

>>>**ACED IT:** Focusing intently *Isabella Lopez (09)* serves the ball over the net to the opposing team. "I had a great coach and teammates to help me improve this year. I got advice and feedback from the other older teammates on the team also. As a freshman coming into a high school team, it was nerve wracking. I was concerned I wouldn't be good enough," said *Lopez*. Because she already knew many of her teammates, she was able to have fun yet still get work done. >>>Photo by Jenna Kim



>>>**READY FOR ANYTHING:** Co-Captain *Cami Foley (10)* stands in ready position, waiting to receive a serve. For Foley, it wasn't only the ball that got hit on the volleyball team. "The most memorable moment for me was getting punched in the face by *Isa Ponce(09)*. I served the winning point of the third game to break the tie and Isa got so excited, she ran up and punched me in the face! It was not intentional for the record, she was trying to hug me but instead socked me in the face," said *Foley*. She took on a larger leadership role this year by becoming a team captain. >>>Photo by Dakota McGranahan



>>>**GLITTER AND GORE:** In the Student Government basement *Mackenzie Mathewson (09)* makes a poster for varsity player *Storey Smit (11)*. "I thought senior night was very sweet and it made the seniors last game very special," said *Mathewson*. She spent many lunches working to complete the senior night poster which recognized varsity volleyball players. During senior night, junior varsity players helped pass out flowers and hold up the posters for each senior player. >>>Photo by Johannah Todd



>>>**A QUICK TIP:** Tipping the ball over the net, *Katie Defazio (11)* scores a point for her team in the match against Windsor High School. "My favorite match would have to be the first game we won at the tournament, we had been losing the entire season and we were so intense everyone was going crazy the entire time. It was hilarious! Everyone was getting into it on and off the court, I loved it!" said *Defazio*. As the oldest on the team, she enjoyed being able to get to know the freshmen and help them improve their skills. >>>Photo by Dakota McGranahan

>>>**SMACKDOWN:** Attempting to hit the ball to an open spot on the court, *Olivia Taylor (09)* rolls the ball over the net. "I liked our last game. We had a lot of spirit and it was exciting. We won and I think we did our best on that game against Casa Grande High School," said *Taylor*. She enjoyed being an outside hitter which she explained as jumping and hitting the ball down or spiking. >>>Photo by Jenna Kim



>>>**BATTLE STRATEGY:** Huddling together during a timeout, *Evanne Burke (09)* and her teammates discuss their battle strategy for defeating Cardinal Newman. "I thought our Pink Out game was very fun and I love being able to honor all the victims of breast cancer," said *Burke*. For the breast cancer awareness game, the players made posters honoring loved ones who had battled a disease. >>>Photo by Jack Fowle

this team is
TIGHTER THAN SPANDEX

JV Volleyball sets the standards high

>>> What makes a team exceptional? Is it the hours of work each player spends to get better, or the friendships you make that allow you to play as a team, and not an individual? Yes, every great team requires a great amount of skill, but teams also need to be able to communicate with each other and understand each other during games, where every second counts. Every move, whether it is a pass or a serve, contributes to how the team does.

"When we won, I would think about how amazing my team is together. Having teammates and a coach that are really encouraging makes everything better when playing and practicing," said **Vanessa Miranda (09)**.

Miranda and her teammates would wear their warm up shirts on game days, and it was tradition for them to eat lunch together that same day. This helped the team grow closer and improved their teamwork on and off the court. A favorite tradition for **Karley Butler (10)** was going to Perry's Delicatessen before each home game to get food and gifts for their Secret Sister gift exchange.

"I play volleyball because when I make a really good play, I feel good about myself. I like how close everyone on the team gets and that the team really feels like a family," said **Butler**.

Not everyone gets to play the entire season though. **Morgan Karbowski (09)** had to end her season early due to injury. **Karbowski** broke her collarbone when a teammate jumped on her in excitement after winning a game, and even though she couldn't continue playing, she still attended most practices and every game to cheer on her team. **Karbowski** had high hopes to rejoin the season before it ended, and she was disheartened after she found out she wouldn't be able to play until next season.

"I was worried to tell my coach what had happened because I knew he would be disappointed that I was messing around. I was a little worried to tell my teammates because I wasn't sure what they would say," said **Karbowski**. However, both her coach and teammates were incredibly supportive and sympathetic.

To play any game well, you must to be a dedicated member to the team and a hard worker. But more importantly than that, have an irreplaceable love for the game.

"I play volleyball because it makes me happy inside and it brings out a different side of me that makes me, me. I love the feeling of being apart of something that's fun to me and making new friends," said **Miranda**. >>>Page by Johannah Todd



>>>**AIR AFFAIR:** Jumping high, **Isabel Ponce (09)** tips the ball to the opposing team. The senior night was really intense for me. Everyone was telling stories and everyone was sad because they were leaving, but happy because they were going to college," said **Ponce**. Her teammates recognized her great ability to adjust to any situation while playing. >>>Photo by Johannah Todd

>>>**CAN YOU DIG IT:** Standing at the ready, **Amanda Lee(11)** watches as **Kala Russell(10)** passes the ball from Ukiah. "This team is different playing-wise from others I've been on. We see openings, we see where the ball's going, where the other team is going to run their offense, but I definitely say this team this year was really close with each other compared to others I've been on," said **Lee**. This was her second year on the school volleyball team, however she has been playing since middle school. >>>Photo by Jenna Kim

>>>**NOT JUST A GAME:** Standing by the net, **Dana Colvin (09)** and **Amity West (09)** share a laugh before the game begins. "We went to Kala's house and it was really cool bonding moment for everyone. This team was more friendly than past teams I've been on like my eighth grade team, there was a lot of drama there," said **Colvin**. **West's** favorite moment from the season was cheering against Casa Grande because it was really exciting and **Cami Foley (10)** made everyone laugh. >>>Photo by Jack Fowle

serve strong. dig fierce. spike hard.

TRIPLE THREAT

Varsity Girl's Volleyball bumps up the expectations

>>> In volleyball, a team is made up of a diverse group of girls that come together as a family to create a fun and memorable season. This year's varsity volleyball team was no different. From the start the girls welcomed one another to the team, setting themselves up for success.

"I was a little nervous at the beginning because all the girls were seniors or juniors or just older than me. I didn't know what to expect but I went in with a whole heart and I loved it so much. I love those girls," said **Penny Case (9)**. For **Case**, a freshman on varsity, the older girls seemed intimidating at first but she quickly learned she had very friendly teammates.

The team demonstrated their outstanding ability to play and work together as a whole. When they played against Cardinal Newman the girls pulled out a hard earned win in a close five games.

"That was the best we played all year. We all were in our IPS which is your ideal performer self. We were all on fire, we played great, they played great, it was just a great volleyball match," said **Sophia Samonte (12)**. Even though Newman was a very tough team the girls weren't discouraged and in the end pulled out the win.

"This team is different because it brings in so many different age groups and people of different backgrounds. And it just brings everyone together in a common interest and it was really fun that way," said **Avery Apostle (11)**. She recognized that even though the girls had many differences it allowed them to play their hardest as a team. They stuck together through heartbreaking defeats as well as spectacular victories. This year's varsity volleyball team stuck together throughout the season, never giving up on the game or each other. >>> Page by Jenna Kim



>>>BLOCK THIS: **Eden Gold (12)** crushes the ball in the game against Maria Carrillo aiming to get the perfect kill. "I've learned to read where the ball's going better. I've learned to place the ball when I serve and I think I've improved on my serving," said **Gold**. Throughout this season she performed as an outstanding outside hitter as well as server. >>>Photo by Jenna Kim

>>>VOLLEY FOR A CURE: With the gym decked out in pink, the team comes together in a huddle during a timeout in the pink out game. In this game all of the girls played for people who had been affected by any type of cancer or illness. Keeping this in mind the girls gave it their all against Cardinal Newman. >>>Photo by Jenna Kim

>>>ACE ACE BABY: Focusing only on the point ahead and tuning out the crowd, **Avery Apostle (11)** serves the ball in one of the team's last matches. "There's always something new to work on and to change," said **Apostle**. She played her position of DS or defensive specialist with an open mind. >>>Photo by Jenna Kim





>>>BEEN THERE DUG THAT: Engulfed in the moment, **Sophia Samonte (12)** concentrates on digging a ball in an exciting, nail biting game against Casa Grande. "I just like that position and all the responsibilities that come with it," said **Samonte**. Playing the position libero, **Samonte** constantly showed her defensive as well as leadership skills. >>>Photo by Jenna Kim

>>>SETTING UP STANDARDS: **Makenzie Oden (10)** sets her teammate in the game against Cardinal Newman. "It was just the greatest point. Sophy passed it, I set it and Sarah just destroyed the ball, it was the greatest," said **Oden** reliving that unforgettable moment. Her favorite memory from this season was the last point, of the last game against Casa Grande. >>>Photo by Jenna Kim

>>>MAKING MEMORIES: After delivering a heart warming speech for **Sarah Pack (12)** on senior night, **Mackenzie Oden (10)** embraces **Pack Pack** loved how all the players had a great time. "Everyone really wanted to play volleyball. There was no one who didn't enjoy the sport so everyone was really united on the team." said **Pack**. She noticed her team's passion and love for the sport as well as her own. >>>Photo by Ashlee Ruggels



>>>DIG IT: Defensive specialist, **Kira Holtzer (12)** passes a ball hit at her by the competing team. As a backrow player **Holtzer** was able to utilize all her passing skills that she's perfected over the years. "I like to be able to be quick on my feet and able to move to the ball super fast and dive all over the court," said **Holtzer** while speaking about her position as a middle back. >>>Photo by Jenna Kim

>>>WELCOME TO THE BLOCK PARTY: Staring down the opposing team **Luisa Ciaffa (11)** waits in anticipation to block a hit coming her way. **Ciaffa's** favorite part of her position as a middle is being able to block the hard driven balls as well as get kills on the other team when she hits. >>>Photo by Ashlee Ruggels

a sport that's always

BASKETS OF FUN

Freshman Basketball learns to love the game

>>> There was one advantage to playing basketball as an incoming freshman. These athletes already had the ball rolling coming into the school year having new relationships with people they had the pleasure to call their teammates. Having played their first year on the freshman teams gave them the capability to feel comfortable during their next high school seasons. The transition from middle school to high school basketball was not as easy for some as it may have seemed. Although they may have struggled in the beginning both freshman teams ended on a high note.

"I don't really have a favorite basketball position, I just go where my coach needs me to be and try to get the job done. I do think that having a freshmen basketball team is a good idea

because it helps prepare us for going on to junior varsity and helps us learn the things we will need to know," said **Clark Mathiessen (9)**. Both teams were able to learn great tips and tricks from their coaches, when preparing for the next level of basketball they hope to play.

"I think that it is very important to have a freshmen basketball team because, it really helps you know what you are getting yourself into before just going to junior varsity. It also helps you learn how to communicate with your team," said **Peyton Krzyzek (9)**. The freshmen were able to see that there were so many other people that shared the same passion. Being on the freshman team allowed a lot of the athletes to grow on and off the court. >>>Page by Caitlyn Des-Bordes and Emily Coddling



>>>THROW IT: With the shot clock counting down, **Anahi Rincon(9)** hurries to get the ball into the basket. "My favorite position is being point guard because I like to bring the ball down and pass it to my teammates. Overall my team is excellent in sportsmanship, we had a lot of fun regardless if we lost," said **Rincon**. >>>Photo By, Caitlyn Des-Bordes

>>>OPEN: Awaiting the ball from her teammate, **Ava Henry(9)** fakes out her defender in order to stay open. "My favorite part about basketball is how intense the competition is. My favorite memory with the team is driving home from games with **Peyton Krzyzek(9)** and **Natalie Cucina(9)** and doing all kinds of crazy stuff like getting completely lost and driving and throwing cantaloupe out the window," said **Henry**. >>> Photo By, Caitlyn Des-Bordes



>>>RECEIVER: After a made basket, **Dylan Leslie (9)** receives the ball and now brings it up the court and engages an offense.

>>> Photo By, Caitlyn Des-Bordes



>>>RUN AROUND: going up towards the basket, **Margarita Aguilar(9)** runs around an opposing player to create a gap in the defense. "My most memorable moment on the team was when **Anahi Rincon(9)** made a winning shot in the last four seconds of the game," said **Aguilar**. >>>Photo By, Caitlyn Des-Bordes





>>>IN THE AIR: Taking a jump shot, **Jacob Townsend (9)** attempts to jump higher than the opposing player in hopes for a successful shot. "I love basketball as a team sport and I love the competition. I really enjoyed our team, but I wish we could have gotten a few more wins," said **Townsend**.
>>> Photo By, Caitlyn Des-Bordes



>>>GETTING OPEN: Running down the court **Kailie Brannum (9)** attempts to find a gap in the defense. "My favorite position is center, because I'm tall and I get to smack the ball away from people and be in all the action. I am so grateful that there is a freshman team because with out it, I don't think I would have been able to play this season," said **Brannum**. >>> Photo By, Caitlyn Des-Bordes



>>>UP THE COURT: Taking the ball upcourt, **Chandler Andrew (9)** dribbles towards the top of the key and starts a play with his team. "My favorite position to play is small forward. I like having a freshmen basketball team because I think it helps prepare us for our next year on junior varsity," said **Andrew**.
>>> Photo By, Caitlyn Des-Bordes



>>>DRIVE UP: With the ball in his hands, **Emilio Campos (9)** drives to the basket although there are two people defending him. "My favorite thing in basketball is shooting three's and my favorite position to play is point guard because my favorite basketball player Klay Thompson is a shooting guard," said **Campos**.
>>> Photo By, Caitlyn Des-Bordes

>>>CUT THE NET: Listening to her coach, **Isabella Ponce(9)** thinks about her performance on the court. " [The whole season went really well because] everyone on the team was amazing, I love them all so much, and we worked well together as a team" said **Ponce**. The season was very memorable for Ponce due to all the new friendships she made. >>>Photo Jennifer Camacho Nunez

>>>DEFEND UNTIL THE END: Racing to the net, **Eve Burk(9)** tries to pass the basketball to one of her open teammates. " There was one game where I felt like I didn't do my best but I did try my hardest but it was because I ended up having a concussion " said **Burk**. Preseason was her favorite part of the season due to the traveling to tournaments in which she got close to her teammates. >>>Photo by Jennifer Camacho Nunez

>>>KEEP AWAY: Racing to the hoop **Emily Staten (10)** finds a path in between her opponent to make a shot. " I would listen to Broadway music and usually I would talk to someone on the team and we would think on what I needed to do" said **Staten**. Her favorite part of the season was making friends. >>>Photo by Jennifer Camacho Nunez



everyone loves a good JAMSESSION

The JV Girls' Basketball Team sink their shots

>>> The JV Girls Basketball team had an eventful and very memorable. season. With many ups and downs, the girls wouldn't have made the 2015-16' basketball season one of the best seasons they have played yet. The majority of the girls were freshman, who experienced a major shift. For the freshman the transition from playing middle school basketball to high school basketball.

"It was really nerve racking in the beginning for me since I'm a freshman. Coming into a high school and trying out for a sport that is known very well in high school was nerve racking for me," said **Isabella Lopez (9)**. As the season continued they learned that high school basketball was as enjoyable as club and middle school basketball.

"High school basketball is totally different from elementary or middle school because you have so much time to get to

know your teammates" said **Princess Tufele (9)**. It was more than just playing a sport but a way to form a unique bond with each other. After of practice ,the girls would spend extra time together.

" We went out to dinner, went to each other's house, and had home cooked dinner a day before our games" said **Shay Johnson (10)**. They cherished their team dinners, frozen yogurt, team sleepovers, and hikes. These activities brought some of the unlikeliest people together over one common interest.

"We went to Fentons one time and [a] girl named Emily, one of the quietest in the group ordered a ice cream. They brought it out and we sang happy birthday to her [as a joke]. Then everyone else sang along" said **Eve Kruger(10)**. With the time spent with each other both at and outside, the girls were able to get to know each as more than just players, but as friends. >>>Page by Jennifer Camacho Nunez





>>>QUEST FOR THE NET: Heading to the net, *Isabela Lopez(9)* moves her opponent. "My favorite part of the season was] practices because our coach was very serious in practicing drills but he also made it a bonding thing and not just focused on only win" said *Lopez*. Knowing that she had people supporting her calmed down to do her best out in the court. >>>Photo by Jennifer Camacho Nunez

>>>LOCK IT UP: Looking for one of her fellow teammates to pass the ball, *Eve Kruger(10)* deals with her Montgomery opponent, blocking her view. "...the whole [season] was my favorite there wasn't one [specific] part were I liked the most" said *Kruger*. She always ate a kitkat and would go get juice shack as a way to calm herself before games. >>>Photo by Jennifer Camacho Nunez

>>>IN IT TO WIN IT: As they lady panthers play against their rivals, Montgomery, *Shay Johnson(10)* fights to get the basketball. "... my favorite part of the season was playing with them it was really fun" said *Johnson*. Her experience with the team was something very special that she had never had with another team before. >>>Photo by Jennifer Camacho Nunez

>>>SHAQ ATTACK: The pressure is on and *Princess Tufele(9)* races to the net. "Before a game, music is the key for me because it gets me pumped up but I [have] to remember to stay loose and not [to] be too nervous" said *Tufele*. Her favorite game was when they beat Cardinal Newman. Her motivation to beat them influenced her to score 29 points. >>>Photo by Jennifer Camacho Nunez





>>>THE LAST GAME In their final home game, **Simone Barnard(12)** proudly stands by her family and fellow team mates while **Summer Ponsford(11)** and **Solara Barrie(10)** read her their Senior letter. "I feel like this year was super special. I've become closer to all of my team mates . I'm really sad that this is my last year playing basketball, yet I wouldn't change one thing about it," said **Simone Barnard** >>>Photo by, *Olivia Glaubiger*



>>>PASS IT: When opposing player gets behind **Mireya Lopez(12)**, she must look for the person who is the most open and would make an easier and more successful pass. "My favorite thing about this basketball team is the high spirits that were always around. Anytime I am having a bad day I could count on the team to cheer me up or make me laugh. High school basketball has been a crazy experience but it has prepared me for the next step and I couldn't be more thankful," said **Lopez** >>>Photo by, *Caitlyn Des-Bordes*

>>>CHARGE IT: Taking the ball to the middle of the court, **Sara Howard(11)** continues dribbling the ball charging through one of the opposing players. "The hardships, comebacks and smiles were my favorite. With experiencing those parts of the games, I believe that it has built our team to have the love and heart for the game that we do. I'm definitely going to be playing next year and usually my favorite part of coming back into the season is watching my teammates grow and go through the experience all again," said **Howard**. >>>Photo by, *Caitlyn Des-Bordes*

>>>DIDI! DEFENSE: While Montgomery Point guard brings the ball down the court **Ally McCullouch(11)** drops down and brings her hands up to potentially get the ball and turn it over.

>>>Photo by *Ashlee Ruggels*



they've stirred up

QUITETHEHOOPLA

The Varsity Girls' Basketball Team dunks and dodges



>>> This year the Varsity Girls basketball team was very tight knit. Through long road trips in *Summer Ponsford's (11)* family's motorhome and team dinners at *Emily Codding's (11)* house, the girls created a very strong bond.

"I feel like we had more of a camaraderie than another team that I've been on. We were all so close with each other. We knew what was best for the team," said *Simone Barnard (12)*. During one practice, some of the girls started making up nicknames for other girls playing a shooting game called money in the bank. Some of the nicknames included; Ferocious Oop: *Mireya Lopez (12)*, Killa Whale: *Bella Passey (12)*, Psycho McNugget: *Ally McCulloch (11)*, Simon the Prophet: *Simone Barnard (12)*, S Smooth: *Sara Howard (11)*, and Rabid Giraffe: *Codding*. What started as a joke

turned into much more. *Barnard*, even made "holiday cards" and photoshopped every player's heads onto an animal or object that matched their nickname including the coach, Mr. Patrick. The girls continued to say these nicknames on the court and around campus. At the end of the year banquet, Mr. Patrick even added the photoshopped images into the slideshow at the end of the season banquet. It was inside jokes and quality time spent together that helped the girls have chemistry on the court and finish second in the North Bay League. It was not only the great relationships that helped the girls succeed on the court. A reliable group of guys from the boys varsity team that showed up at nearly every game helped the girls keep moral up and strive to do better on the court. >>>Page by Caitlyn Des-Bordes and Summer Ponsford

>>>FULL COURT PRESS: Attempting to engage the offense, *Emily Codding (11)* dribbles past her defender. "For the team as a whole and myself personally this season has been one to remember. I couldn't have gotten my 1,000th point without the support from my team and my peers. We may have not gotten as far as we wished this season, but we had nothing to lose and gave it everything we had," said *Codding*. >>>Photo by Jennifer Camacho-Nunez



>>>ALL IN: After a break in the game the team huddles around before they have to go back in. Talking together as a team would help the players stay focused and stay positive for the remainder of the game. >>>Photo by Jennifer Camacho Nunez

>>>REMEMBERING: Last home game of the season and all of the senior players line up to hear their speeches. *Julia Muniz (12)* takes a few minutes to remember all of her memories she made throughout her high school basketball career and *Ally Daly (11)* reads her the speech she had prepared. >>>Photo by, Olivia Glaubiger



>>>LET'S GET STARTED: Before the final home game, *Kelly Leukens (12)* jumps in the air against *Simone Barnard (12)* after giving a high five to her teammates. "This season was definitely one to remember. I think that was different about this year was that we all were close on and off the court. It was a team effort in every game and I think that's what made a difference this year. One of the things I will miss the most about high school basketball is out teams drives to and from games because that's when we really got to know each other and bong," said *Leukens*. >>>Photo by Ashlee Ruggels



>>>COURT IS NOW IN SESSION Reaching high for the jump ball, **Anthony Costamagna (10)** successfully tips it off on his team's side. His favorite game of the season was the home game against Maria Carrillo because it went on a close overtime. "Even though we lost, it was an intense game," said **Costamagna**. >>>Photo by Cedrick Trinidad



>>>HOOP, THERE IT IS. At Any, **Henok Mesfun (10)** scores a shot in traffic and takes control of the game by bringing their score ahead from the opposing team. "It's not my plan B. I want to be somewhere I can play basketball and get paid," said Mesfun. He was deeply attached to his ingrained dream of becoming a basketball star. >>>Photo by Cedrick Trinidad

>>>TAKING IT TO THE NET: In order to get past his defender, **David O'Sullivan (9)** assesses the court. "My favorite aspect about being in this team is how you bond as a team throughout," said **O'Sullivan**. He did not know a lot of people in his team at the beginning but as the season progressed, they all bonded as a family. >>>Photo by Cedrick Trinidad

>>>A STEP AHEAD: Staying free from defense, **Wesley Guerra (10)** anticipates his teammates to catch and pass him the rebound for an easy shot. "My favorite thing about basketball is the competitiveness because you could play a team that is much better than you and you'll still try even though you know you're going to lose," said **Guerra**. He found basketball unique among other sports and didn't plan to stop playing. >>>Photo by Cedrick Trinidad



>>>NEVER LETTING YOU GO: Gripping the ball solid in his hands, **Brayden Glascock (9)** treads lightly to slip away from the dense defense. "I really liked the idea of playing because I was fairly tall for my age and i just got into it," **Glascock** said. "Who has been playing since third grade, he is one of the few Freshmen that made it to the JV team." >>>Photo by Cedrick Trinidad





it's a battle and a

QUEST FOR THE BEST

The JV Boys' Basketball Team fights to finesse

>>> Sneakers squeaking and sweat glistening on their faces, the JV boys basketball team was focused on the ball and successfully sunk a basket before a deafening buzz, just as they practiced a thousand times before. This kind of teamwork paid off in key moments.

"The whole team is great," **Matthew Soto (11)** said. "We have some different methods and it could be hard working together sometimes, but when we had a rhythm, things clicked," said **Soto**. Though they valued individual skills, they knew their proficiency on the court was dependent on their relationship to each other to build teamwork. New to the team, **Brayden Glascock (9)** was immediately welcomed by people that he soon respected and revered.

"I got really close to my teammates and it was a really fun experience. Like a family, there are arguments but at the end of the

day, we always learn all our mistakes and get along," said **Glascock**. Each team has it's own unique method of working toward victory and the boys spiced up their routine this year with a pre-game hype.

"Before a game in the locker room we would have a thing called the hype circle. We would bring a speaker and get in a big circle and start pumping each other up with music. Each player would then one at a time go to the circle and bust out some moves," said **Ethan Frei (10)**. Proof of how this gathering turned the tide of the upcoming game was obvious. "It got us all hyped. We did this later in the season and this is when our playing really started to develop and got better so it definitely made a difference," said **Frei**. The players were disappointed when they didn't place first in the division, but the privilege playing on the team resulted in a rewarding experience for each player. >>>Page by Cedrick Trinidad



>>>**TURNING TEAM:** The team watches the on going game on the bench as they await to be subbed onto the court. They are focused on their opponents' every move and itched to get back into action. >>>Photo by Cedrick Trinidad

>>>**HOT SHOT:** During a home game against Casa Grande, **Ethan Frei (10)** attempts a successful shot. "I like playing on the home court because the crowd cheers you on, it feels really good," said **Frei**. The crowd brought him the adrenaline while on the hardwood floor. >>>Photo by Cedrick Trinidad



>>>**NO OBJECTIONS:** The team huddles together during a timeout near the end of a fiery game, evaluating tactics. Even though they lost, the lessons they learned were not. >>>Photo by Cedrick Trinidad

>>>**SPACE JAM:** Giving his all, **Matthew Soto (11)** leaps to catch the ball out of the air. He practiced the presence of God throughout games and it drove him during to do his best. "Either halftime or before the game, I make a good five minutes [praying] to God and thank him for blessing me and the team with such great abilities," said **Soto**. >>>Photo by Cedrick Trinidad

in everything we do

NO ONE FIGHTS ALONE

Varsity Boys' Basketball finds new meaning to the game

>>> There were only three seconds left in the final quarter against rival team Montgomery High, and the Varsity Boys' Basketball Team was down by a mere three points. The ball landed in the hands of **Tommy LaVine (12)**, and before anyone could react, he sunk a three-point shot to take the team into overtime. The crowd went ballistic, jumping and yelling, with signs and beads thrown into the air. No one could remember the last win against Montgomery, and now, there was a chance to change history. After an intense overtime, the win was theirs, and the court was full of celebratory students, coaches, parents, and teammates.

"The feeling can't be matched. At first it was disbelief, then it was relief. It was like we proved to others that we are a competitive team," said **LaVine**. The overwhelming sense of success continued throughout the rest of the season.

With a record of 13-13, the team was just one win short of making NBL playoffs. A sudden setback in a game made it important for the players to communicate and adjust in the moment, which strengthened the team. But the hard work was worth it for dedicated players, who in return improved their record.

"This is one of the best seasons we've had in recent years and it's exactly what I wanted for my senior year," said **Mazi Macondray (12)**. It was a battle from every tip-off, as the boys faced their opponents fiercely on the court.

This was a whirlwind season for many reasons.

In November, the team faced a loss off the court. Sharon Diggs, mom to player **Alex Diggs (11)**, passed away after a hard-fought battle with pancreatic cancer. A pillar in the community and a second mom to most of the boys, the passing of Sharon Diggs sent shock waves through the student body. But no one felt it more than her son, who lost a friend, teacher, and mom.

"She didn't have to know a single thing about a person, but if they needed help, she was the first to lend a helping hand. My mom to me was my role model, she did everything she could to provide for my family. She would not let anyone waste a day, even herself. She taught me that you can really take nothing for granted and should be improving yourself or helping others around you as much as you can," said **Diggs**. An indestructible force kept the team together as they rallied around their fellow teammate and friend, giving them motivation to play with every ounce of their strength.

"It was hard to see such a good kid endure such a heavy loss. It made us want to play for more than just the game, but for the Diggs family too," said **Jordan Walker (12)**.

To honor the Diggs family, fans and players alike adorned themselves in purple to symbolize the battle against pancreatic cancer. Win or lose, these athletes showed determination and compassion not only for basketball, but for each other as well. >>>Page by Zach March & Ashlee Ruggels



>>>BAND OF BROTHERS: The team lines up for the national anthem, eager to kick off the league at home against Casa Grande. They went on to eventually win the game by a score of 55-50 and begin league play 1-0. "We came together as friends instead of just being teammates. Practices were fun and we all enjoyed being out on the court together," said **Chris Langer (11)**>>> Photo by Ashlee Ruggels



>>>THE FUTURE: >>>THE FUTURE: With a defender on his heels, **Andre Gaudreau (9)** drives to the hoop with a chance to give the team some momentum. "As a freshman playing varsity, I learned how important it is to learn from my older teammates. I also learned that Santa Rosa High School has the best fans, and they truly make a positive impact on how we play," said **Gaudreau**. >>> Photo by Ashlee Ruggels



>>>LOCK DOWN DEFENSE: *Anthony Gallegos (12)* hustles back on defense and takes away a fast break opportunity from the other team. "My favorite moment was free styling on the bus ride back from the Pittsburg Game," said *Gallegos*. He was always a hard worker in practice and loved to do competitive drills such as the five minute conditioner. >>> Photo by Ashlee Ruggels



>>>PLAYING WITH AGGRESSION: Attempting to break the press, *Isaiah Steele (11)* dribbles through traffic and looks for an open man up-court. "The thing I will miss the most about this season is playing with my best friends. I will miss all the hard work that we put in and the dedication from every single player on the team. I will miss the feeling that we felt after beating montgomery and I will miss seeing my friends everyday," said *Steele*.>>> Photo by Ashlee Ruggels



>>>HUG IT OUT: Preparing for the game, *Corinne Jones (12)* and *Shamus Lyons (12)* show their excitement. "Some memories I had from my last season were definitely getting the chance to create a special bond with my teammates, having a winning record and giving ourselves a chance to compete with the other teams in our league for a playoff spot," said *Lyons*. He played his heart out his senior year, determined to improve.>>> Photo by Dakota McGranahan



>>>GAME TIME: Before the tipoff, *Kalei Aukai (11)* collects high fives from all of his teammates as the starters are being announced. This year I learned how to overcome things in a better way, for example when I lost a very important person to me, I didn't give up on things but I lifted my head and worked harder and was able to overcome that hump in my life and my teammates life," said *Aukai*.>>> Photo by Dakota McGranahan



>>>SILKY SMOOTH: *Tommy Lavine (12)* sets up at the line ready to shoot two, in the crunch time of an elimination game against their rivals. "Coming up through the program I've learned that game reflects who you are as a player," said *Lavine*. During practice they dedicated a lot of their time to shooting free throws and using a consistent routine.>>> Photo by Dakota McGranahan



>>>SPEED KILLS: With an open lane to the basket, *Mazi Macondray (12)* burns a Ukiah defender and takes the ball to the hoop for an easy two points. "I love basketball because it created a bond between my teammates and I that has made us brothers for life," said *Macondray*. He spent countless hours of hard work and repetitions throughout his basketball career in order to get where he wanted to be his last year.

>>>GIRLS CAN WRESTLE AND WIN: With 5 seconds left in the match, **Dana Johnson (11)** manages to flip a switch and pin the opponent down. "It was a really short explosive match," said **Johnson**. She is one of few girls on the wrestling team and made it to NBL's.

>>>STAYING UP: **Daniel Leffew (10)** holds his opponent up for just a few more seconds so his opponent doesn't score another point. "There was one in a tournament and the ending score was 7-5 and it went throughout the entire 3 periods, by the end of it I was literally dying and it was painful after and I felt dizzy for a good 20 minutes," said **Leffew**. >>>Photo by Olivia Claubiger



>>>PEP TALK: Prior to any match, teammates gather together to talk strategy and give each other encouragement. **Noah Spiering (12)**, one of the top players, had the experience in being a good team leader. "We go over strategies and we have a chant we do at every meet, where we say "GO PANTHERS" said **Spiering**. >>>Photo By Celena Clark



>>>LAST MEET, LAST SMILES: The team gathers smiling as they took home 3 wins at NBL playoffs. "NBL was really fun because our team did really well, all the girls won first place champions, but we did not have the team points to win the flag which kind of sucked," said **Elizabeth Guzman (11)**. She believed that wrestling taught good manners, which helped in many different arenas.

>>>FLIPPIN OUT: Using strength and flexibility, **Adam Vo (9)** gets ready to flip his opponent and force him out of the circle. "The coaches were really great, which helped when we were down or upset, they also helped and taught us to gear up for any match" said **Vo**, who became believed wrestling made him a stronger person. >>>Photo by Olivia Claubiger

>>>PANTHERS ON TOP: Getting ready to take on his opponent, **Prabin Thapan (11)** competes in a tough match and came out on top. "It was hard season because we started out with 20 players and ended up with only 6 able to play at the end of the season. Half of them got concussions. Only 6 people made it to finals. If we had more people, it would be more fun," said **Thapan**. He proved his strength by competing against larger opponents. >>>Photo by Olivia Claubiger



they arrive and

PINTOWIN

The Wrestling Team performs take downs that matter

>>> Slamming someone on the floor was difficult, but being the one slammed was even harder. When there were only seconds before the end of the round, wrestling became a sport of either attack or survival, depending on each wrestler's strengths. Wrestling required more than just the moments in the match, and the training beforehand; some students starved themselves before matches in order to make weight for competition, a dangerous gamble. And players didn't just have to worry about weight, but concussions were a major issue as well. **Tyler Condron (9)**, an important member of the varsity squad, suffered a major concussion midway through the season, which knocked him out of competition, and school, for months.

"I didn't realize it for a while. It took about a month for me to go see the trainer, and by that time my symptoms were pretty bad. When he asked me what the date was, I was twenty days off. Since the school district takes concussions so seriously, I was out for the rest of the season, and even now I'm still on medication for it," said **Condron**. Although wrestling was a dangerous sport, many still joined the team because they enjoyed it so much.

Most schools in the district didn't have girls on their wrestling teams, but here, there were a few powerful girls who joined the team and exceeded expectations. In a mostly male-dominated sport, these ladies stood out-but because of their immense talent and not for their gender. For **Dana Johnson (11)**, gender wasn't an issue at all.

"It wasn't really anything special. I was treated fairly and it seemed like I was just another one of the guys. We wrestled together, played together, and fought with one another just like we would if it were all guys, or all girls," said **Johnson**. All three girls on the team made it to the North Bay League playoffs, and took home major wins. Unfortunately because there were not enough of girls on the team, they weren't able to get the flag points to make it to the next level.

This season, the wrestling team gave more than one hundred percent. They gave their bodies, their diet, and all of their mental strength for the few minutes of intense, body-twisting combat. >>>Page by Olivia Glubiger



>>>HEAD ON HEAD: As **Tyler Condron (9)** takes on his first year of wrestling as a Panther, he prepares himself for any competitor and is ready to pin anyone down. "Some guys/girls would stop eating more than 24 hours before a weigh in. For me, I had trouble gaining weight so it wasn't too much of a problem," said **Condron**. The wrestlers spent a lot of time and energy trying to staying in their weight class so that they didn't have to wrestle unknown contenders >>>Photo by Olivia Glubiger

>>>JUST TEAM FUN: Before every meet the team prepares by practicing moves and pins on each other while keeping it fun to avoid injuries. Along with practicing before the meets, they also shake hands with the opponents and meet them. >>>Photo by Celena Clark

a team full of
IRONMEN

The **Boys' Golf Team** comes in full swing

>>> The ball sailed through the air as Linus Rydell (9) hit in the perfect direction of the hole. After many hours of practice Rydell had finally hit the ball with accuracy and precision. Though his team didn't win big this year, they were able to sharpen their skills in a game they could play for their entire lives. Whether they made par for a hole, or not, the team was able to remain enthusiastic throughout the season.

"There was a practice when Jackson hit his ball maybe 60 yards past the hole all the way past the driving range and putting green to the next tee box. It was fun to play with my friends because the team was so small that you were always together. I knew I wanted to play a spring sport but I wasn't sure which one. I decided to play golf because I wanted to try a new sport and because a couple of my friends were playing too," said **Rydell**. This young team had much to l

learn as they prepared for their matches on some of Sonoma County's most beautiful golf courses.

"I actually started playing a month before golf started and would practice with my dad. What I love about golf is the aspect of solving problems or getting out of tough spots when your in matches or even during practice. I felt like we had a great team this year, even though it was small, it was lots of fun and I definitely made some great friends, " said **Brandon Plott (9)**. Win or lose, the team always stayed hopeful for their next outing. This year's team included many freshmen, "I hope that the freshmen are able to play all four years with Mr. Jones and increase their skill as they go," said **Jackson Barnard (12)**. This young team improved their skill this season and hoped that, with each upcoming season, they would only get better. >>>Page by Ashlee Ruggels and Emily Coddling



TreeRing Proof

>>>**HEADS UP:** After hitting a teammate with a golf ball, **Cooper Fox (9)** hit with a golf ball by one of his teammates. Accidents like this occurred on more than one occasion for the team, as they worked to enhance their golf game. >>>Photo by Ashlee Ruggels

>>>**NO JOKE:** After making shot into the trees, **Russel Chitwood (9)** laughs with the his teammates. On the course, panthers made an admirable effort to maintain a supportive environment





>>>POINT OF FOCUS: Seeing the flag in the distance, **Jered Edwards (9)** follows through with his swing, watching as the ball flies through the air. **Edwards** and his teammates watched each other swing and often gave feedback and critiques. >>>Photo by Ashlee Ruggels

>>> PUT PUT PERFECT: Watching his teammates, **Jackson Barnard (12)** practices his swings off to the side of the putting green. It was common for the boys to practice in between holes, during matches. >>>Photo by Ashlee Ruggels

>>>THE GOLF GANG: After finishing a match, the boys take a picture to commemorate the end of another season. Although the team was small, the friendships formed were bigger than their wildest dreams. >>>Photo by Ashlee Ruggels



>>>BARREL OF LAUGHS: After the fifth hole, **Linus Rydell (9)** chuckles with **Cooper Fox (9)** and **Brendan Plott (9)**. While they played hard throughout the season, they found time in between matches to have fun. >>>Photo by Ashlee Ruggels

>>>FLY BALL: As he executes his swing, **Robbie Bisordi (12)** watches in anticipation to see how far his ball will travel. While golf is a technical sport, luck is another determining factor. >>>Photo by Ashlee Ruggels

baby got

BACKHAND

The Girls' Tennis Team comes full swing



>>>SQUAD UP: The tennis team gathers for a picture after their senior night where the seniors were rewarded with leis for their efforts on the team. Though sad that the season was over, the girls were also happy that they had the opportunity to play on such a great team with such fun teammates. Overall, this year was a success for the team, the girls truly enjoyed the season.

>>> All eyes were focused on one tennis ball, soaring through the air towards the player whose reaction determined the outcome of the match. In one of the most exciting matches of the year, the girls tennis team took on one of their hardest opponents, Cardinal Newman. It came down to one match, and when the final game ended with a win for the Panthers, players swarmed the court with cheers of victory. This exciting match up was just one of many examples of an overall successful season. Always playing to their best ability, the team performed incredibly well and got second place overall, losing only two matches the entire season.

With many new faces on the team, and many different skill levels, the seasoned players stepped up and took the lead. When the season came to a close, those new players were able to hold their own and create great rallies.

"People of all experience came out to join the team and it's always great to meet new people and see how much we support each other on and off the courts," said **Riley Harrison (12)**. **Harrison** joined the team her freshman year and kept with the sport where she met many of great friends. The team became very close quickly, and always encouraged and was there for each other. Most of the girls discovered friendships within their teammates. From playing music at practices to a pizza

party after the Ukiah match, their enthusiasm and positive energy never dwindled.

The skill levels of every girl greatly improved throughout the season with the constant support of their coach. **Sophia Sidney (9)** improved her game this year by listening to her coach and adopting a more competitive strategy.

"I got used to playing more competitively because while I had been playing tennis for numerous years I didn't really play competitively. I was just honing my skills but this year I finally got a chance to play competitively so I improved on my strategies and instincts," said **Sidney**. Joining a tennis team enabled **Sidney** to channel her competitiveness, and pushed her to expand on her talent. Although she was an individual competitor, she was a team player, like all of the other girls on the team. Playing on a tennis team was enjoyable for many of the girls because it could be played as an individual sport, but teamwork was still present.

"I like playing tennis because it's exciting but also calming. You're part of a team but each player has an equally important role. It's incredibly gratifying to hit that ball with all you've got," said **Anwen Lin (9)**. Tennis was a combination of both physical and mental strength, bringing the team together over a common goal-success. A tightly knit group of girls constantly proved their skill and teamwork on and off the court. >>>Page by Jenna Kim



>>>CONFIDENT: All smiles, **Riley Harrison (12)** gives her friend **Milena Duarte (12)** a piggyback ride at their match. "I was so scared joining my freshman year and now I love welcoming new players. Being on the team has taught me to speak up," said **Harrison**. Now a senior, she has gained confidence and learned how to be a leader on the team.



>>>GET SERVED: Serving the ball, *Emma Guilfoil (11)* aims to get a perfect ace. "It's just really fun. I like how it can be an individual sport because I've played team sports my whole life. It's really fun and challenging. There's a lot of technique that goes into it but it's really fun to push yourself and work on that" said *Guilfoil*. She loved how tennis was different from sports that she had played in the past. She especially liked the game in which she used her techniques and skills to beat Newman. >>>Photo by Emma Wisler



>>>TILL THE END: Seniors *Olivia Cobb (12)*, *Riley Harrison (12)*, *Anastasiya Rye (12)*, *Milena Duarte (12)* and *Taylor Bellinghausen (12)* are congratulated for their years of playing on the team at one of their last matches. As their season came to a close these seniors thought back to their experiences on the team and how they improved throughout their years of playing tennis.



>>>HUSTLE, HIT, AND NEVER QUIT: Concentrating on her serve, *Sophia Markoff (10)* hits the ball over the net. "I really improved by repeating strokes the right way because practice makes permanent versus practice makes perfect. So if you keep practicing the wrong way then you'll get it ingrained, like muscle memory the wrong way. But if you practice the right way then you'll get better at it and there's always something to improve on" said *Markoff*. As she said, throughout the season *Markoff* got a lot better on her strokes through her precise and correct repetitions. >>>Photo by Dakota McCranahan



>>>WE ARE FAMILY: The team makes a braiding train at one of their matches which was great in helping to build friendships and teamwork. "My favorite part was all the friends I made. Most people don't really think of tennis as a team sport, but it really is. It feels like a family and I can't wait for next season," said *Anwen Lin (9)*. Throughout the season the bond between the girls only grew and like *Lin* said, the environment on the team felt so much like a family.



>>>WE ARE FAMILY: Excited for the coming game, *Milena Duarte (12)* prepares for her match. "The best part of being on the tennis team was the people. My team was awesome and going to the practice was the highlight of the day. We all joked around and always had a good time. I'm going to miss them like crazy," said *Duarte*. She really loved the bond between the team members that grew throughout the course of the season.



>>>SAY CHEESE: Friends *Elizabeth Chu (9)* and *Grace Alchemy (9)*, as well as their coach, *Dustin St. John* pose for a picture at their tennis match. "My coach would encourage me to push myself harder and that really helped to build up my endurance. And when I thought I couldn't do something he would teach me and show me and I would practice it and that's how I got better" said *Alchemy*. She recognized all her coach's help and really appreciated how he worked with her to help her to improve on different skills.

for the love of the game

MAKING A RACQUET

The Boys Tennis Team smashes the competition

>>> Although tennis requires athletic ability, it is a largely mental game as well. In order to excel in this sport, one must be determined, confident, and physically and mentally tough. The boys tennis team possessed these winning traits which directly contributed to their success as a team.

For **Joshua Michaels (10)**, being confident in his playing ability directly impacted his performance in a game and often dictated its outcome.

"Not getting down on yourself and keeping a positive attitude is really important because you can always come back in tennis. If you get down on yourself you play worse," said **Michaels**. Having played with this mentality, **Michaels** ended his very successful season with an impressive record.

This mentality also played an important role when competing in a doubles match.

"My favorite part about playing on the tennis team is meeting all the new people and learning to work better

with other people," said **Jordan Plack (9)**. From playing various doubles matches, **Plack** learned that getting along with your partner was vital to success, and he worked hard to improve his ability to get along with other players.

Introduced to tennis by friend **Plack**, **Riley Warren (9)** began playing tennis this year and immediately fell in love with the sport.

"My favorite part is being part of a team and not knowing who you're going to play with in a match and then just working with that person to win. I think knowing that you're going to do well and just having a mind set to win is very important," said **Warren**. Believing in himself and his partner helped **Warren** improve his teamwork and skill.

Having a strong mental game was crucial to the success of the boys tennis team and this year, the team excelled at this. While relatively small in numbers, the team was able to pull through for a fun and productive season. >>>Page by Kala Russell



>>>TWO'S BETTER THAN ONE Practicing with his partner **Riley Warren (9)**, **Jordan Plack (9)** prepares himself for the match ahead. "My favorite memory of this season is running in the rain because the courts were wet," said **Plack**. Even though everyone came to school the next day with colds, it was a valuable team-bonding experience and brought the boys closer together. >>>Photo by Dakota McGranahan

>>>READY FOR ANYTHING Running down his opponents serve, **Jason Do (11)** sends back a powerful stroke. "Hanging out with my teammates was my favorite part of being on the tennis team," said **Do**. He especially enjoyed when he and his teammates jogged down to an ice cream shop to enjoy a hard earned treat after practice. >>>Photo by Dakota McGranahan

>>>GET SERVED Starting off the rally, **Justin Nutt (9)** focuses on giving his opponent a tough serve. "I've improved a lot on my strokes and getting my feet set. Before, I missed a lot of balls because I couldn't get there in time, but now I can get the ball better," said **Nutt**. This was the first year he had ever played tennis, his most memorable moment of the season was his first match because it was his first game. >>>Photo by Kala Russell





>>>**GAME FACE:** Staring intently across the court, *Emil Guzman (11)* waits for the game to begin. "I've learned to be more consistent with my playing," said *Guzman*. He started playing tennis when a couple of his friends joined the team, so he decided to join as well. *Guzman* genuinely enjoyed playing tennis and believed that staying calm greatly benefited his playing ability. >>>Photo by Kala Russell

>>>**ACE IT UP:** Warming up with his partner before the game, *Weiland Bennett (9)* practices his serves. "I like the competition when we go and play, but I just really like the game of tennis. It's fun to play," said *Bennett*. His favorite part of being on the tennis team was making a lot of great friends that he would not have had the opportunity to meet otherwise. Photo by Dakota McGranahan



>>>**GO HARD:** Keeping the ball in play, *Robert Fletcher (9)* hits it back over the net. "My favorite memory of the season is practicing and finally getting good at my serves," said *Fletcher*. At the start of the season, he did not know how to serve well, but as the season progressed, he improved and was able to excel at serving. >>>Photo by Dakota McGranahan

>>>**DOUBLE TROUBLE:** Playing doubles with his teammate, *Shane Rankin (11)* stands at the net ready for action. "My favorite part of the team is just the camaraderie of the guys, just team spirit I guess" said *Rankin*. He started playing tennis because his now doubles partner, Jameson, told him to join the team with him. >>>Photo by Kala Russell

>>>**SWING HARD:** Swinging powerfully, *Jameson Danning (12)* focuses on his forehand stroke. "My favorite memory of this season is just all the new teammates, just lots of new people who are fun to mess around with and joke and play with," said *Danning*. Through being on the tennis team multiple years, he had formed unbreakable bonds with his teammates and the team became a little family. >>>Photo by Kala Russell



>>>**HIT, CATCH, THROW:** As **Kailie Brannum (9)** has the ball she thinks on what's the fastest way to get the ball to first base. "[My favorite game was] vs. [Maria] Carrillo. I was doing very good defensively and offensively. I got an out a lot very inning and a lot of good at bats," said **Brannum**. Softball has given her so many friends it's like another family to her. >>> Photo by Jennifer Camacho Nunez



>>>**SEEK AND DESTROY:** At bat, **Briana Wilson (9)** focus on hitting the ball hard. "This season went really well for me. I'm going to miss it a lot. When I first started, I was really nervous because I'm just a small freshman but one I got to know my teammates better and know how everything worked I felt confident," said **Wilson**. Her favorite part of the season was when she went to the games and played her heart out. >>>Photo by Jennifer Camacho Nunez

in this game, only the
GOODGIRLSSTEAL
 The JV Softball Team prove to be diamond divas

>>>The ball bounced off the bat as **Hailie Borges (10)** smashed it into the outfield. After hours of practicing she had finally hit the ball farther than she ever had before. Unfortunately, the Lady Panthers had a difficult season, with no coach to offer them guidance and support. Their lack of a coach, however, did not stop the team from pulling off two wins early in the season. Though their record this season was less than stellar, the girls did not give up hope. The group became a family as they faced a tumultuous season, sharing laughs and memories in the on and off the field. "It was only my second season so I still had a lot to learn. Most people say that being serious is better but for us it was different because the more we

goofed around, the more we could talk, the better we worked together," said **Lily Ambrose (9)**. Many players on the Junior Varsity team had aspirations for a spot on next year's varsity team. Unfortunately, not having a coach proved to be a big downfall for the team this season, making it extremely difficult to practice.

"The hardest part of the season was not having a coach and having two to three games a week, and only have none to one practice a week," said **Borges**. These girls had a great season even though they didn't get to the level of play they wished. The season was a difficult one for the team, but they were able to get through it with each others support.

>>>Page by Jennifer Camacho Nunez

>>>**TAKINGOFF.** Anticipating her opponents next pitch, **Breanna Valdez (9)** takes a safe lead off of first base. It was crucial that she focus he attention on the pitcher in case she tried to get the forced out.>>>Photo by Cedrick Trinidad





>>>**LIVE, LOVE, PITCH:** While pitching the ball, **Keyoni Phenix (9)** tries to relax. "Pitching [was my favorite part of the season] because I was never a pitcher [for] the eight years I've been playing. And now I love it," said **Phenix**. She stayed focus during school and did what she needed to do ahead of time was a way she managed to balance school and sports. >>> Photo by Jennifer Camacho Nunez

>>>**ALL IN:** As, **Sarah DeLair (9)** gives a high gave to her opponents she tried to make the best out of the game. "This is my first year of [playing] softball. So it's [fun] to learn how the game works," said **DeLair**. Coach Jube made it fun for her to play and learn. >>> Photo by Jennifer Camacho Nunez



>>>**SAFE:** Being faster than her opponent, **Brennan Brown (9)** touches the base. "[My favorite part of the season was] learning how to [play] new positions like first base. Its super fun to play [but] something different for me," said **Brown**. Before the games she would put herself in a super good mood and mindset. >>>Photo by Cedrick Trinidad

>>>**NO GLOVE, NO LOVE:** Catching the fast pitch, **Mikayla Forer (12)** tries to relax herself. "If I was mad or upset I [would] just get my anger out when I [would] bat. But when the game started I focused [only on the game]. During the game I [wouldn't

focus on anything outside of softball until the game was over," said **Forer**. Sports helped her keep up with her grades. >>>Photo by Cedrick Trinidad

>>>**GO HARD OR GO HOME:** All, **Lillian Dutcher (10)** could focus on while at bat is getting the ball where her opponents won't be able to get it. "I play softball to try and get past not playing baseball anymore. Softball helps with anything going on in my life because I can take it out on the ball if i wanted or needed to," said **Dutcher**. Her favorite part of the season was when they left school early to go to far away games because the entire team would go get food after which was a good team bonding experience. >>>Photo by Jennifer Camacho Nunez

there's no place like

HOME, SWEET HOME

It's safe to say **Varsity Softball** is the best

>>> Stepping up to bat, and the adrenaline that came along with it felt like nothing else in the world. The pitcher threw the ball, and the nervousness made everything else fade into the distance. While being given the chance to step up to bat excited the Varsity Girls' Softball team, what they really loved about the sport was the relationships formed and the personal limits that were tested throughout this game that they loved.

As a freshman on varsity, **Ava Henry (9)** didn't exactly know what to expect when she joined the team.

"At first it was kind of intimidating because there's a lot of older people, but they're all really nice," said **Henry**. When she hit her first home run as a freshman on varsity, the entire team celebrated her big accomplishment and considered that one of the best memories of the season. Although skill and practice contributed greatly to the team's success, in the end it came down to instinct.

"Softball takes thought, but also mindless reaction. It has to be built in intuition, but you also have to watch carefully and analyze every pitch and hit," said **Luisa Ciaffa (11)**, a veteran player. As a centerfielder, **Ciaffa** used this mentality during every game when she had only split seconds to react. This was the same for other positions as well. **Kira Holtzer (12)**, who was a right fielder, played her hardest when she simply let her instincts take over.

"My favorite memory is when I got a grounder to the outfield and I threw home and got the runner out. I didn't know I could throw that far until I did," said **Holtzer**. Her love for the game gave **Holtzer** the motivation she needed to improve her skills and

Trusting one's instincts in the game of softball helped the team achieve success, but it also applied to the everyday lives of the players. The girls softball team helped teach the girls how to be confident and trust themselves to make the right decisions in difficult situations. >>>Page by Kala Russell

>>>THROW TOUGH Senior pitcher **Adrianna Begley (12)** throws her toughest pitch against Maria Canillo High School's batter. "My favorite memory would have to be when we were warming up for a game and we had a killer jam session to No by Meghan Trainor," said **Begley**. Even though she was injured for most of the season, **Begley** pushed through it and improved on her hitting. >>>Photo by Kala Russell

>>>IN THE OUTFIELD: Standing in the outfield, **Angelina Baez (9)** watches as the pitcher throws the ball and the play begins. "Everyone, more because I'm a freshman, if you do something wrong everyone will start cheering for you and motivate you to do better and it just makes you want to improve more so you can play the same level as everyone else," said **Baez**. Her favorite game of the season was when they played Middletown because they were losing, but came up in the end to win. >>>Photo by Kala Russell

>>>LINE DRIVE: Standing on third base, **Megan Fassold (12)** gets ready to contribute to the play. "It's interesting being up there because you really have to focus on that ball in the pitcher's hand and at that point that's all that should matter to you," said **Fassold**. She believed that the key to being a good hitter was having patience, discipline, and staying calm. >>>Photo by Kala Russell





>>>IN THE MOMENT: Getting in the zone before she bats, **Emma Frey (11)** takes a deep breath and prepares to swing. "My dad always played baseball or softball so I started playing baseball when I was little," said **Frey**. She played a different position for part of her junior year and got to experience a different aspect of the game she loved. >>>Photo by Kala Russell

LIVE, LOVE, PITCH: Freshman pitcher, **Valerie Bertolini (9)** pitches the ball to the opposing team. "The girls are pretty supportive and there's other freshmen, so it's just been like a huge community," said **Bertolini**. As a freshman on varsity, she felt as though playing on a higher skill level helped improve her overall softball skills. >>>Photo by Kala Russell



>>>ON HER TOES: Covering second base, **Kaitlyn Kline (10)** prepares to make a play. "I just love the team aspect of playing, getting to go out there and make new friends and work on something together and seeing how we progress throughout the season," said **Kline**. She started playing softball four years ago after trying out almost every other sport. >>>Photo by Kala Russell

>>>HEY BATTER: Swinging with all her strength, **Morgan Begley (10)** slugs the ball into the outfield. "I play first base and I like it because I don't like the pressure of finishing the play and catching the ball," said **Begley**. Her favorite part of playing softball was the feeling of pride she got when she helped her team win a game. >>>Photo by Kala Russell



>>>ALL OUT, ALL DAY: Looking up as she runs, **Bre Ririe (11)** holds up her glove to catch the pop-fly. "We've gotten closer as a team so it's easier to motivate each other when you're closer. We know each other's strengths and weaknesses so we can put it together on the field better because we can help each other with what we need help with," said **Ririe**. She played shortstop and liked it because she was moving constantly. >>>Photo by Kala Russell



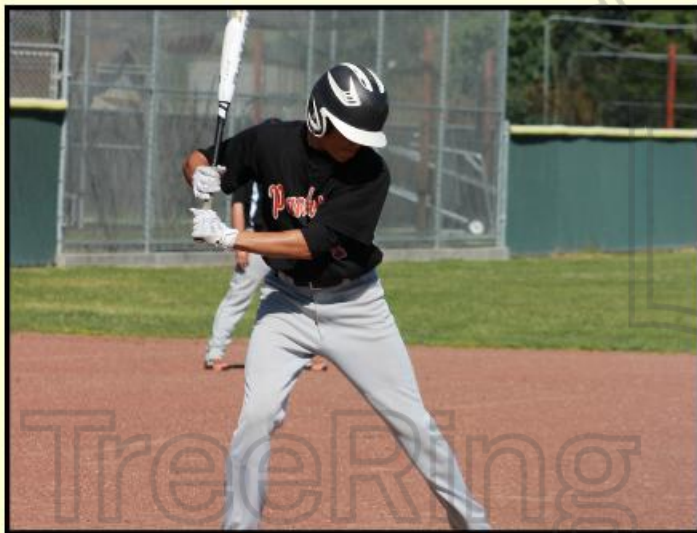
>>>STRIKE!: Standing in position, **Emma Guilfoil (11)** prepares to catch the pitch. "My favorite memory was probably this last game we had against Windsor. It was our first win and it was the first game that we really felt that we played together as a team," said **Guilfoil**. She enjoyed playing catcher because she was involved in almost every play. >>>Photo by Kala Russell

back to normal and
INFULL SWING
 The JV Baseball Team swings and saves

>>> Baseball is a sport that is both individual and involves team collaboration. There is individual aspect of it where batting or pitching abilities are put to the test, and then there is the team part in the outfield and at all the bases where teamwork comes into play in order to get a good turnout. At the end of the day it was all about coming together as a team and learning how to work with one another. From long after school practices to late night batting practices this team didn't give up on each other no matter what. Something like a game loss for a team could be discouraging and might had made them

want to give up, but the team having each other allowed them to prosper. Every day they learned new skills that would be shown in their next game. This team never gave up in any situation they were handed. They were able to make the best of every moment with each other. "My favorite memory was pitching in Ukiah, even though we lost 2-0 we still played well as a team and competed for seven innings," said **Zach March(11)**. These teammates had each others backs and will always in the future.

>>>Page by Caitlyn Des-Bordes



>>>UP TO BAT: Up to bat **Julian Sanchez (10)** finds his perfect position to bat. "My favorite part about baseball is being able to go out with all my friends and simply play the game. All of us are brothers, we all have each others backs and we'd do anything for each other, whether it's on the field or at school, every single one of us have our teammates backs, that's whats different about this team. We are a family," said **Sanchez**. >>> Photo by, Caitlyn Des-Bordes



>>>THROW TO BASE: When the opposing team hits the ball into the outfield, **Jack Hamilton (9)** throws the ball to base to potentially make an out. "High school baseball was not what I suspected. Lots of hard work put in but I've learned more in a month than I have in ten years," said **Hamilton**. >>> Photo by, Caitlyn Des-Bordes





>>>TAKE A SWING: When **Zachery Holt (11)** is up to bat he angles himself in a position to hit the ball and make it a long ball. "High School baseball is what I expected, I'm excited and look forward to next year even though it will be my last year. I love everyone on the team, we do have our ups and downs with each other but we have more great memories," said **Holt**. >>> Photo by, Caitlyn Des-Bordes

>>>KNUCKLE BALL: Starting pitcher of the game **Brandon Griffin (10)** steps to mound in preparation for a hopeful strikeout. "Some good memories of the season were pitching one hundred and thirty-one pitches and having my team make good plays, my favorite part of pitching is striking people out with my knuckle ball," said **Griffin**. >>> Photo by, Caitlyn Des-Bordes

>>>CHEER ON: When teammates are up to bat, the rest of the team stands in the dug out and cheers there team on.



>>>NO TIME: When it gets to your time to bat you don't have time to think you just have to do it. "When you are in the batting box you don't have time to think, you just have to trust that you've prepared yourself as well as possible in practice," said **Elliot Fouts (10)**. >>> Photo by, Caitlyn Des-Bordes

>>>TAKING OFF: Waiting for his teammate to hit the ball, **Thomas Anderson (9)** steps off of first base to start making his way to second, having to be cautious of the what the pitcher is doing. "High school baseball was what I expected, I knew it was not going to be easy but I know all the hard work will pay off," said **Anderson**. >>> Photo by, Caitlyn Des-Bordes

>>>RETRIEVE IT: When a ball is hit into the outfield **Steven Ward (9)** retrieves the ball and makes a conscious decision where to throw the ball. "My favorite memory was when we played rancho at the beginning of the season when **Zach March (11)** hit a walk off single," said **Ward**. >>> Photo by, Caitlyn Des-Bordes

>>>INTO THE MOUND: With his intense gaze centered on one opponent, **Shamus Lyons (12)** analyzed the batter, then pitched. "My favorite aspect of baseball is the pressure it exposes you to in certain situations and having to work my way through that," said **Lyons**. For him, the feeling of being in a baseball match is special and it's not like any other feeling. >>>Photo by Ashlee Ruggels



>>>FULL BATTERY: During a home game against Montgomery, **Justin Owen (11)** attempts an early swing. "In baseball, you have a small opportunity to think in such situations. It's a really fast paced and there are a lot of things you need to process," He found baseball unique among other sports. >>>Photo by Ashlee Ruggels



>>>NOT A MEATBALL: After pitching, **Jesus Suarez's (11)** eyes follow the ball and anticipate its trajectory. "You can't just let anger, hatred or frustration come to you because it just messes up your rhythm and momentum," said **Suarez**. When pitching, he always tried his best to be as calm as possible. >>>Photo by Cedrick Trinidad

it's never just

FIELDWORK

The Varsity Baseball Team makes their way home

>>> At 6:30 a.m. every morning the team is working hard lifting weights in order to become stronger players. At 9:00 p.m. the team ends their long day with baseball practice, trying to perfect their performance. The dedication of this team only comes around once in a while. Most of these boys started playing when they were toddlers and have stuck with it through their high school seasons.

"There is no better feeling than to be in a baseball game. It feels as if I am a child again. Every time I step on the field," said **Jordan Walker (12)**. In spite of the fact that enthusiasm was important, individual integrity was also key. Some people believe that "it didn't matter if you win or lose," but that didn't hold true for this team. They believed their victories were the sign of their hard work, improved by coach Paige Dumont. His main goal was to have each player become a man of value by developing their work ethic. Day after day, they found themselves staying for countless hours on the field to perfect their skills, never taking days off until the toil became merely a distraction.

"There is nothing to come up of anything that is hard about being on the team aside from the usual daily grind that you normally bring for

something you do that you love," said **Sean Conlon (12)**. Consistency like this helped them to advance throughout the season.

"We competed a lot more with other NBL teams. We always had a hard pre-season with the DII teams in the East Bay but we always had fun playing them because they're really competitive," said **Ross McKnight (12)**.

Critical games taught them how important it is for their bond to be tight and their trust in one another to be strong. Their bond was shown both on and off the field.

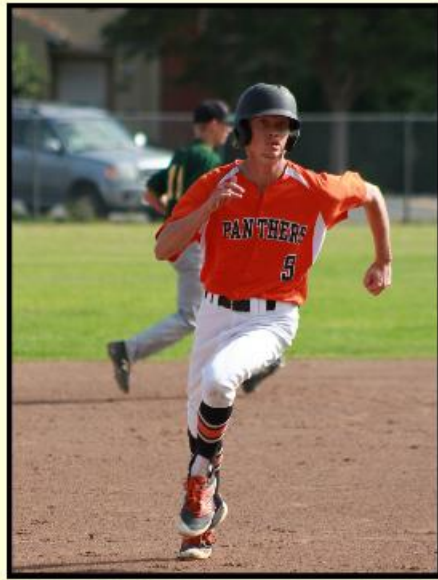
"I'll never forget my teammates along with the bond that we formed this year. This is probably the bond that is the strongest we ever had and I ever felt," said **Elijah Bowers (12)**.

Most of them had been on the same team for years. They experienced the same struggles, they all had to go through and celebrated the same successes, and pulled each other up when needed. Their strong camaraderie was something they will never forget and will extend beyond the field and after high school. >>>Page by Cedrick Trinidad and Emily Codding



>>>GET OUT OF HERE: In anticipation, **Elijah Bowers (12)** tagged the batter mid dive to secure the inning. "I started off in baseball since Little League and found my passion since day one," said **Bowers**. His passion will continue throughout the years. >>>Photo by Ashlee Ruggels

>>>NO TIME TO SPIT: Huddled up in the dugout, the team paid special attention at the game. They are free to cheer to their teammates on the field or cry out help such as for pick offs to gain the advantage. >>>Photo by Cedrick Trinidad



>>>FLEET FOOTED: Running at full speed, **Sean Conlon (12)** hopes to get to home base first before the ball. "We obviously have a lot of pride at this school, so it's fun to play at home when you know that these people are there to support you," said **Conlon**. He appreciated the pride he felt from the people cheering for them. >>>Photo by Dakota McGranahan

>>>ALLEY CAT: After keeping track of the baseball, **Dante Alinas (12)** ran and caught a pop fly that ended the inning. "The memory I will never forget this year is hitting a homerun at Windsor," said **Alinas**. >>>Photo by Dakota McGranahan



>>>HE'S GOT A CANNON: At Windsor, **Ross McKnight (12)** throws an aggressive fastball. "It hardly ever goes your way in baseball. If it happens, you just keep playing and find a way to love the game," said **McKnight**. He loved the unexpected challenges that gets thrown at him while playing. >>>Photo by Cedrick Trinidad

>>>WIRE CAGED: At home **Evin Pelosi (11)** caught a struck pitch as the Casa Grande batter goes out. "Catcher's are different because all you have to really do to be good is be gritty and have aspects that other positions may not require," said **Pelosi**. He is one of the team's profound catchers. >>>Photo by Cedrick Trinidad



>>>PLAYING IT DIRTY: In order to stay on the field, **Jordan Walker (12)** dives quickly to first base to avoid getting picked off. "I'm going to miss playing the sport I love for the best school and with my closest friends," said **Walker**. He cherished the years of playing for the team during his high school career. >>>Photo by Cedrick Trinidad

>>>GATHER UP: The team met in the field after a victorious match against Windsor. After each game, the boys bring it up together and recap the game with the coaches and exchange thoughts of anything that happened. It's also an opportune time to go over things of what can they improve and commend the things they did well that day. >>>Photo by Cedrick Trinidad



>>>HONEY I'M HOME: Giving his all, **Marcus Hollingsworth (12)** takes advantage of a good swing from his teammate by running from second to home base and scoring. "I need to take it game by game and not look too far ahead. I just have to keep working day in and day out," said **Hollingsworth**. He aspired to have a career in baseball by playing in college. >>>Photo by Ashlee Ruggels

this year's group is a

SMASHING TEAM

The Badminton Team refuses to lose

>>> On the left, there were badminton players laughing at each other's jokes, and to the right was another teammate answering the question of the day. Then, everyone laughed hysterically and the conversation soon switched from the question of the day to funny personal stories. In order for the Badminton Team to get to know each other, they had "circle time" every day, which was where they gathered around in a circle and answered the question of the day. After everyone in the circle answered the question of the day, perhaps "what would you want if you were stranded on an island?" it was drill time. However, when the coach said "grab a partner," no one felt the anxiety-causing and heart-wrenching dilemmas of wondering if his friend would pick him like it usually was in group-related activities. Instead, teammates felt the comfort overwhelming them that they could be anyone's partner, anyone's friend. They walked up to random people on the team and within minutes the partners were already close friends. That's what it always felt like to be on the badminton team: friendly, welcoming, and fun.

Everyone in the badminton team felt like they were in one big family.

"Ever since I joined Badminton I immediately realized how welcoming the team was. It's great how everyone's really friendly and we all get along really well. As competitive as we are, we're also really social and outgoing" said **Nadav Wichmann (10)**. At the end of each year, at the Badminton banquet, the team would always appoint someone to be the person who was clapped for at its daily circle time. Usually, the tradition was passed onto the shyest person on the team, this year's tradition holder being **Sam Esperon (12)**.

"Circle time is one of the most fun and unique aspects of Badminton. It shows our team mentality because it's more than just winning for us, we are a really tight unit of individuals who care about each other and are passionate about the game" said **Esperon**. Besides goofing around during "circle time," Badminton players spent most of practice, which was open for anyone to stay anywhere from 3 pm to even 10 pm, challenging each other to move up the ladder system. This year, siblings **Emily Staten (10)** and **Oliver Staten (12)** held the #1 spots for boys and girls varsity. However, the rest of the team worked to take the #1 spots from the two all year."

I want to take Oliver's spot. I love and respect him as a friend, but I'm definitely putting my best into beating him. I work my butt off to get #1" said **Jerry Vang (12)**. Though badminton was extremely competitive to Vang and many others, the team constantly struggled with the perception that Badminton was not a sport. **Emily** offered an answer to this idea: "There's so much more to Badminton than what people think. They think it's just a 'nerdy' sport where you don't really have to run or exercise. But instead, it's a really cool group of people who put in hundreds of hours into improving their game and proving to the world that it's a highly sophisticated, and amazingly fun and welcoming sport." >>>Page by **Cassy Moretto**

>>>REACH FOR THE SKY: Jumping up to demonstrate his signature smash, **Jerry Vang (12)** amazes his fellow teammates. Along with practicing at local Badminton clubs throughout the school year and summer, **Vang** also challenged opponents in different cities when he was traveling to places like Sacramento. However, being this prepared still did not make **Vang** any less nervous when it was match time. "When I walk in the gym the atmosphere is very intense. You think you're going to lose, no matter how prepared you may be, but you just have to suck it up and push through the nervousness. Winning gives you that motivation, you know you have to crush your opponent and make it to the top" said **Vang**. >>>Photo by **Cassy Moretto**

>>>ALL SMILES: Reaching with her forehand to smash against her opponent, **Emily Drake (10)** smiles as **Johannah Todd (10)** tells her a joke. One of the main reasons **Drake** joined Badminton was that she heard of how fun and welcoming the teammates were. "I really liked the idea of a sport that is very intense but it also has a nice social aspect to it, where you can have fun with your friends" said **Drake**. To deal with the intensity of the sport, **Drake** always concentrated on making sure she noticed the other team's mistakes to try to use their weaknesses to her advantage. >>>Photo by **Cassy Moretto**

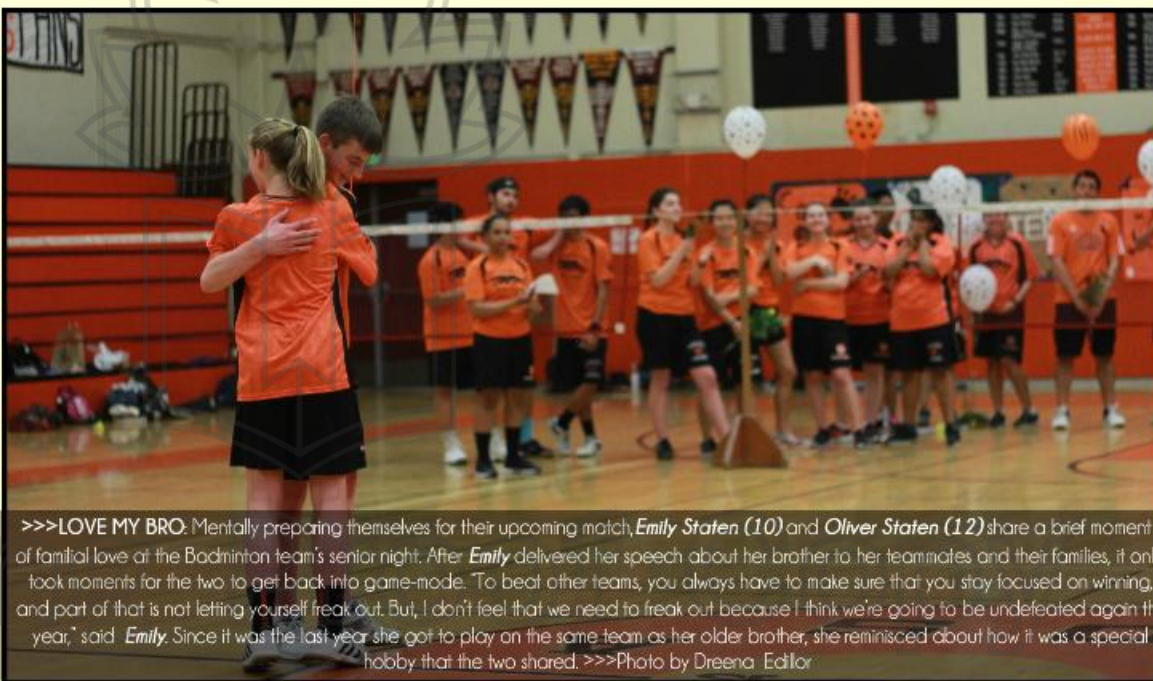
>>>YEARS OF WORK: Extending his backhand to create a fast drop, **Tommy Nguyen (12)** stays sharp during a match against Maria Carrillo. Nguyen put hundreds of hours of work into improving his playing, from working on drills at home to going to Badminton clubs around the county. "Even though I should feel prepared for matches considering all of the work I put into improving, I still get really anxious before a match because I don't want to disappoint my team and coaches. I've been working really hard for 4 years and everyone's proud of me," said **Nguyen**. He worked hard enough to maintain his spot in the top 5 all season. >>>Photo by **Dreena Edlilar**



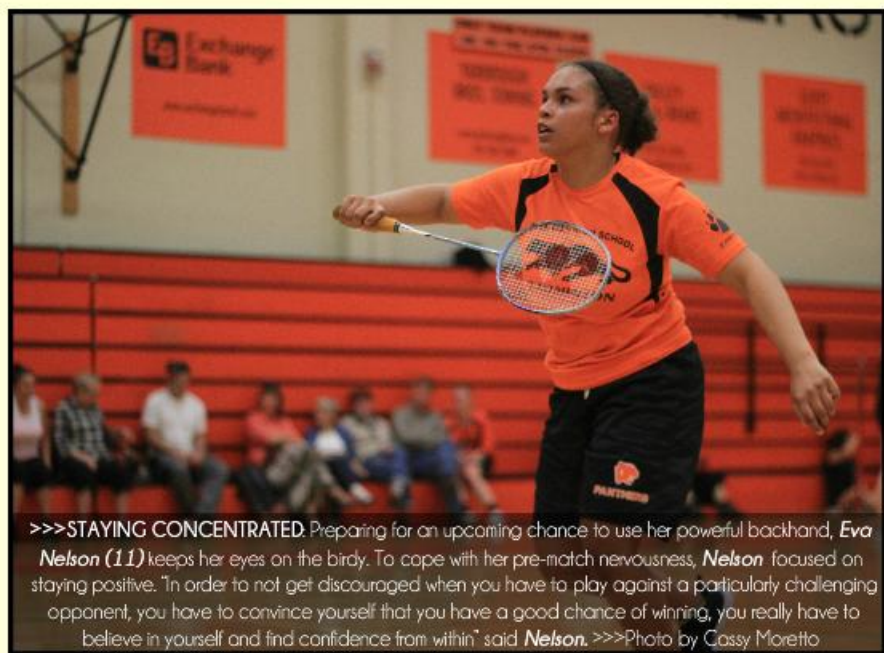


>>>ANOTHER PLANE: Focusing on getting a perfect serve, **Beatrice Howell (11)** mentally blocks out everyone in the gymnasium. "Before playing the only thing you can think of is how nervous you are and how much you wonder, 'who am I going to play and how am I going to do?' But on the court it's like you're on a completely different plane. All of the nervousness goes away and you just become extremely engaged and focused on the moment and the birdy," said **Howell**. >>>Photo by Cassy Moretto

>>>NEURAL HANDSHAKE: Laughing at one another's jokes over some delicious pizza, **Sebastian Filimon (10)** and **Nadav Wichmann (10)** enjoy yet another successful "Snackminton," where the Badminton team gets together once a week to have a potluck. "What makes our friendship unique is that we have a mental bond going on, a "neural handshake" if you will, and so we can definitely use this bond on the court by systematically predicting who will get the shot and when, without having to shout it out," said **Filimon**. **Filimon** and **Wichmann** had been best friends since the age of 10 years old and their friendship was strengthened through their time spent as a mixed doubles team in Badminton. >>>Photo by Cassy Moretto



>>>LOVE MY BRO: Mentally preparing themselves for their upcoming match, **Emily Staten (10)** and **Oliver Staten (12)** share a brief moment of familial love at the Badminton team's senior night. After **Emily** delivered her speech about her brother to her teammates and their families, it only took moments for the two to get back into game-mode. "To beat other teams, you always have to make sure that you stay focused on winning, and part of that is not letting yourself freak out. But, I don't feel that we need to freak out because I think we're going to be undefeated again this year," said **Emily**. Since it was the last year she got to play on the same team as her older brother, she reminisced about how it was a special hobby that the two shared. >>>Photo by Dreena Edlar



>>>STAYING CONCENTRATED: Preparing for an upcoming chance to use her powerful backhand, **Eva Nelson (11)** keeps her eyes on the birdy. To cope with her pre-match nervousness, **Nelson** focused on staying positive. "In order to not get discouraged when you have to play against a particularly challenging opponent, you have to convince yourself that you have a good chance of winning, you really have to believe in yourself and find confidence from within" said **Nelson**. >>>Photo by Cassy Moretto

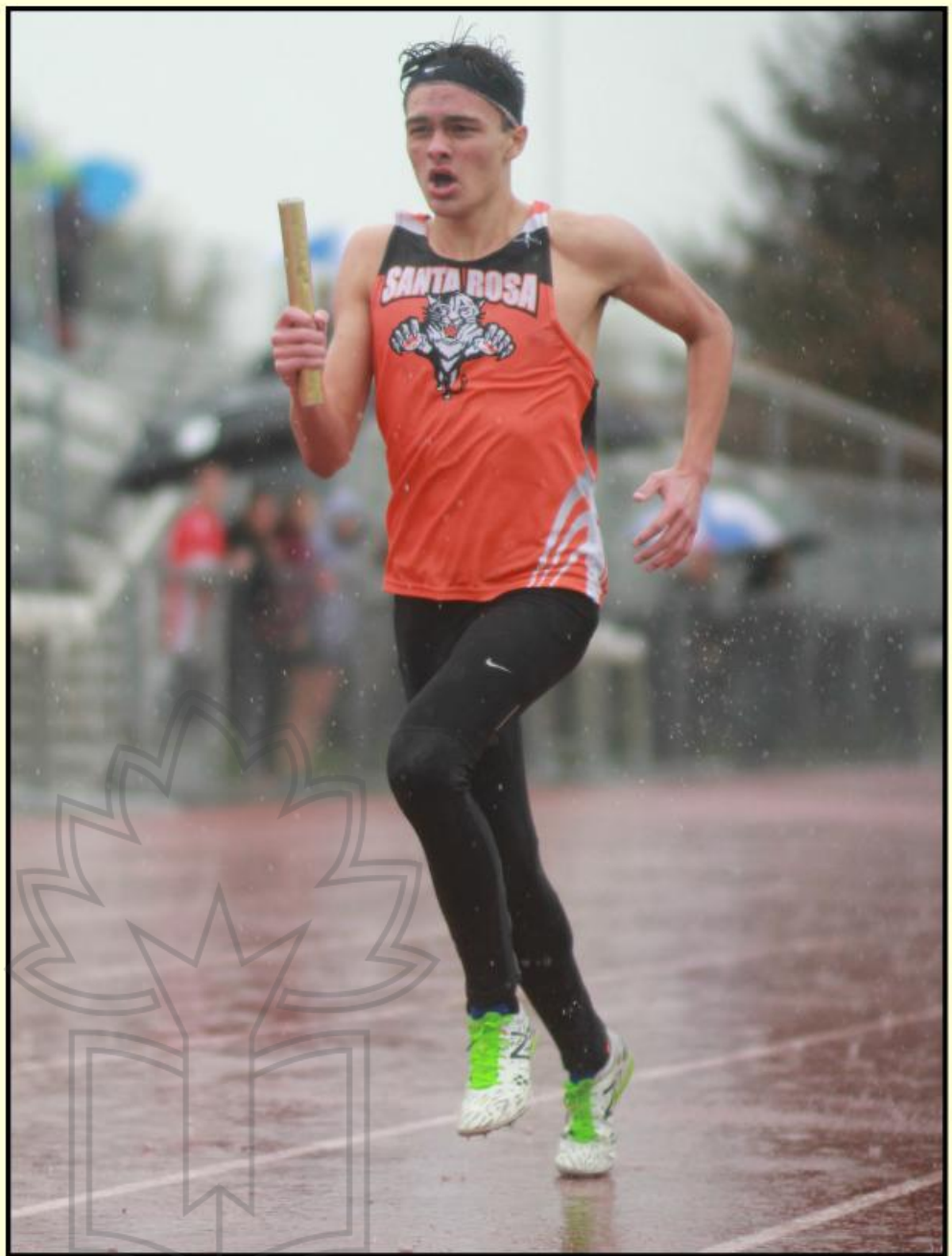


>>>ONE OF THE TEAM: Preparing herself for a fast-approaching birdy, **Simranjit Kaur (10)** focuses on her Windsor High opponent. During matches, **Kaur** maintained her sophisticated intensity and attempted to intimidate her opponents, although that wasn't always the case at practice. "I feel really happy to be a part of the team. I love the sport and being part of it allows me to make more friends and to learn so much more every day," said **Kaur**. >>>Photo by Jennifer Canacho Nunez



>>>**SERIOUS STRIDE:** Keeping in mind his stride and movement, **Rico Mazzanti (10)** paces himself. "I feel powerful and in control when I'm running because my performance depends solely on what I put out there," said **Mazzanti**. He believed when you put in the work, you would come to realize what fitness level you are and what times you should be running in races. >>>Photo by Jennifer Camacho

>>>**IN IT TO WIN:** Using all he has left, **Daniel Pride (11)** passes his opponent. "This season I had to deal with an injury that set me back and might prevent me from hitting the times I had planned for. However, I have learned to roll with this and realize that this is just a minor setback in the long run. This injury has taught me to be more aware of my body, and know when to stop running to be safe," said **Pride**. He loved to see people improve and know that they were motivated and love to see results of hard work like he did. >>>Photo by Jennifer Camacho



>>>**CONCENTRATED BREATHING:**

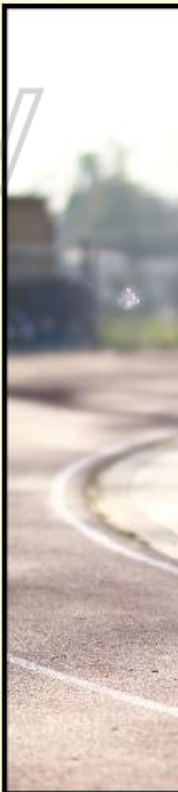
Concentrating on his steps, **Langston Hay (10)** keeps his breathing in mind. "Track is one of the only sports that's for everyone. There are so many different events from jumping to throwing to running that there's bound to be something for anyone," said **Hay**. His favorite event was the eight hundred meter; he hoped to have the fastest eight hundred time in the Redwood Empire Mid-distance. >>>Photo by Dakota McGranahan



>>>**SPRINTING AND SMILING:** With baton in hand, **Kirsten Carter (10)** practices for the main event. "By doing hard work at practice it improves speed, form, and allows a person to feel prepared. So far this season I learned that if I'm going to be at practice I might as well do it with one hundred percent effort," said **Carter**. >>>Photo by Dakota McGranahan



>>>**HARD WORK AND DETERMINATION:** During practice, **Delaney White (12)** works hard to achieve her goals. "I've learned that doing all the little things count. The core, the strength work, the iron upkeep - it's all important. Just running miles won't give you all you want, there's other things on top of it. I've also worked on my mental standpoint going into meets. I try to not put as much pressure on myself, because I know I will run faster when I put less weight on myself," said **White**. She encouraged anyone and everyone to join because she believed although running is very individual, being part of a team is the most important aspect. >>>Photo by Dakota McGranahan





running in the FASTLANE

The **Track Team** made running healthy *and* fun

>>> Track allowed more than one hundred students to partake in many different individual events while being part of a team. Events like the 100, 200 and 400 allowed the sprinters on the team to shine using the skills they learned to improve their form and speed. Distances like the 800, 1600, and 3200 allowed the long distance runners to exceed and beat their personal records. The track team practiced every day, rain or shine. **Aimee Holland (12)**, a track and cross country runner, showed up to every practice to train.

"Practices are essential for good results at races. The coaches know what they are doing and how to train kids to perform to the best of their ability. Practices are well thought out and make sure they benefit us in the best ways. I think having a set schedule definitely helps us have a positive race and builds the strong athletes that this wonderful team has," said **Holland**. Throughout the season, the team's hard work was obvious through their many accomplishments.

While demanding, teammates drew upon their but determination and will to run, jump, and throw for new records. "I have track everyday after school until five. I also have a job and I'm in FFA. I make sure to divide my time evenly; I don't get a lot of free time," said **Ben Mikalson (11)**.

This season, athletes like **Mikalson** learned that the key to success was not only accountability, but teamwork played a role. "I have learned that I need not only persistence, but also support and encouragement from your teammates. I am very thankful to be part of such a supportive team that will cheer for you regardless of the circumstances. I have learned what it means to actually be a teammate," said **Pamela Menendez (11)**.

Track wasn't meant for the lazy, but those who participated were rewarded for their extra time and dedication. The team finished the season as strong as ever, hoping to take their winning streak through the seasons to come. >>>Page by Deborah Fry

>>>IN THE PACK: Both **Bria Keelty (9)** and **Brooke Thompson (9)** fight for the home win. "I do the eight hundred and sixteen hundred but I feel I do my best in pole vault because I'm competing against myself and it helps me improve on my jumps. I don't have to worry about a crowd watching me or my coach being disappointed in me," said **Keelty**. She liked getting to experience the different aspects of track and field because she was able to try events that she wouldn't have thought to try. >>>Photo by Jennifer Camacho

>>>JUMPING FOR JOY: Putting time aside to have fun, **Aimee Holland (12)** and **Lian Morales (10)** keep their hard work in mind. "When I'm doing my events, I feel nervous at first, because like anything in life, it's so unpredictable. However, once my events get closer, I turn all that nervousness into excitement; I remind myself how amazing it is to have this opportunity to run and how this is the moment I can test my ability and my training to see where I am," said **Holland**. She loved the eight hundred because she had the speed for it and it helped her build herself up not only physically but also mentally. >>>Photo by Dakota McGranahan

>>>PRACTICE MAKES PERFECT: (photo top pf page) Giving his all in practice, **Spencer Cortright (12)** gets stronger and improves in the meets. "For me, this season has been about determination. I have learned to always look for ways to improve, whether it be working harder in practice, doing some training on my own, or changing up my technique. Doing a combination of these things has really helped me progress as an athlete," said **Cortright**. He believed without practice, he would be totally unprepared for meets because as a sprinter, it takes a lot of repetition and work to achieve good form, fast starts, and the endurance needed to finish a race. >>>Photo by Dakota McGranahan



>>>**READY TO FLY:** Freshman **Caitlin Grace (9)** throws the discus and watches it fly through the air. "When I'm out there I always feel like I need to be doing better than I am because I can find mistakes no matter how well I do. But I think that's why I like discus especially because I can always improve," said **Grace**. >>>Photo by Deborah Fry



>>>**EFFORTLESS TOSS:** Using his technique, **Scott McCamish (10)** aims for his new personal record. "I have learned patience from this season. With throwing it is just repetitions and perfecting that same movement. It takes patience. The more you sweat in training, the less you bleed in battle," said **McCamish**. He got excited for competitions because he enjoyed that everything was in his hands and he had to rely upon himself for his success. >>>Photo by Deborah Fry



>>>**LOOK OF EXCITEMENT:** Even though it's cold and rainy, **Rose Cozine (11)** puts on her best smile. "I love being a part of a team where everyone does something different and has different interests or events they like that are unique from everyone else," said **Cozine**. She loved jumping because it was unique and a different part of Track and Field. >>>Photo by Deborah Fry

>>>**THROWING CREW:** The throwers pose for their traditional picture in the discus ring. "My favorite event is discus because I love the technique required and how precise every step has to be for it to work out. I feel a lot of excitement and happiness getting to do something not many people would normally be able to do," said **Brandon Cobb (10)**. He saw results not only in the meets, but also in practices. He enjoyed having the chance to be part of such a great team. >>>Photo by Rose Cozine



>>>**UP AND OVER:** Preparing to jump, **Grace Alechemy (9)** uses her stride and skill to clear the height. "I believe track can be for anyone. This has been my first year and I have really felt like I was part of a team, I have gotten to know so many people on the team and they are all so supportive and positive. I really enjoy going to practice every day," said **Alechemy**. She was able to balance track and school work by managing her time well. >>>Photo by Jennifer Carricho



you'll find them

THROWING & JUMPING

The **Field Team** showcased athletic abilities of all sorts

>>> Their arms were sore from hours of practice, but the discus was in hand, and it was time to throw yet again. Stepping up to the designated area, thoughts ran through the throwers' heads: body placement, proper form, beating their personal record. A successful throw could put them in the top position, the ultimate goal. It's easy to think of the throwing team stereotypically, as lazy students who didn't feel like running, but this year the throwers proved the doubters wrong with a broad range of strength and physical capability leading them to a great season.

"The work we do allows us to progress as athletes. Practice makes perfect. The more you practice certain movements and ideas, the more naturally they come to you. In order to become a better athlete, you have to pour hours upon hours into your work and practice, and apply yourself fully to the work," said **Dana Johnson (11)**,

an on-and-off thrower and runner for the last three years.

Teamwork was visible among the throwers as well as the jumpers and pole vaulters, as they encouraged one another. "I have learned how to work as a team, and how much everyone plays a part in Track and field as a whole," said **Gina Conley (12)** a high jumper.

While some student athletes like **Dakota Hidas (12)** originally joined Track and Field for PE credits, they were quick to learn how much more the sport had to offer. but those who returned came to work hard.

"Last season I had to go to all the practices for PE credits, but this year it's all by choice; I want to get better. I loved being part of a team; everyone is very supportive. There is friendly competition between all of us, making me want to do even better," said **Hidas**. >>> Page by Deborah Fry



>>>STANDING AND WAITING: Snagging for her teammate, **Kalysta Schwartz (10)** stands at a distance, waiting for the throw. "This season, I have really learned that a team is only as strong as its weakest player. Full commitment is required of everyone if we want to be better. I also learned that on a good team, you're never alone. Track is nice because the people on the team come from all different groups at the school. We are a mosaic of personalities and anyone can fit in," said **Schwartz** >>>Photo by Deborah Fry

>>>MAKING THE HEIGHT: Using his strength, **Chris Horton (10)** pulls and pushes his body over the bar. "This season I've learned that it's very important to eat well and exercise out of track so you can do better during track. Practices are also important because they help a lot with form which help get you the best heights," said **Horton**. >>>Photo by Jennifer Camacho

>>>MAKING IT COUNT: Holding her stance, **Arie Markowitz (12)** watches as her discus tips through the air. "When I throw, I really just get in my zone. Everything around me disappears and I focus on my technique and getting my throw to go as far as it can," said **Markowitz**. She participated in shot-put and discus for three years. >>>Photo by Deborah Fry



they have their

EYES ON THE PRIZE

The Swim Team goes for the gold

>>>Drive, strength and development were all characteristics of a good swimmer. This swim team was able to apply these characteristics resulting in them sweeping the league and being undefeated the whole season. The team held on to feeling while they could because of their unsure expectations for the next year. There were a fair amount of seniors leaving to move on to different colleges around the country.

"My entire high school swimming career was a blast. I had so much fun every year, so to have this be my last year, last NBLs, and last NCS does make me sad. The practices weren't always the most fun or the easiest but the swim meets are what made it all so worth it. I'm so excited for my NBLs because we're undefeated and that's such an awesome way to end my senior season," said **Taylor Sargis (12)** who had been swimming for most of her lifetime and was have said goodbye to the sport she loved the most. The seniors, however, had not moved on yet, as the whole team had to prepare for the NBL championships. Each swimmer took time to practice and perfect their strokes in hopes to win big at the meet.

A lot of strength and power came with being on both the JV and Varsity Swim Team. The JV team worked hard to impress their coach in hopes of achieving varsity status for the next season. The swimmers practiced drills that pushed their bodies to a whole new level so they could have more success during meets.

"This season has been fun and really hard at the same time. I try to improve at every meet because I feel I am expected to do well at all of them. I am hoping to improve enough this year to make varsity next year" said **Ali Neese (9)**. During a meet against another school, Coach Ericka Richards, positioned swimmers in different categories so that they could challenge themselves to become stronger swimmers. This allowed for the students to expand their swimming portfolio.

No matter who was in the water, whether Varsity or JV this team came together poolside to support one another in the water. Cheers could be heard from underwater and far away in encouragement of their teammates. That sort of sportsmanship was what pushed the team to such success and victory.

>>> Page by Olivia Glaubiger

>>>**FLY AWAY:** Swimming in one of her last high school swim meets, **Caroline Mertz (12)** says goodbye to high school swimming and hello to college swimming. "I am sad to be leaving high school swimming. It's been a major part of my high school experience and I've met so many awesome people through it. It's hard to pick the best memories I've had, because I've had so many good ones," said **Mertz**. She has been swimming basically her entire life, and was excited to continue excelling in the sport.
>>>Photo by Dakota McGranahan



>>>**FRESH AND EASY:** During the 100 yard freestyle, **Rachel Pride (10)** fiercely swims towards the swim line, listening for the bell. "It's never stressful, for me, it's just fun to be on the team and to go to meets with everyone," said **Pride**. She gave up a lot of her social time to attend swim meets for school and her outside team.
>>>Photo by Olivia Glaubiger



>>>**EYE ON THE PRIZE:** The butterfly is a grueling stroke that takes strength, flexibility and focus **Parker Bee (9)** kept his eye in the prize as he flew toward the finish line. "I used to do Water Polo and now doing competitive swimming it really different because Water Polo was all about team and swimming is very independent," said **Bee**.
>>>Photo by Olivia Glaubiger



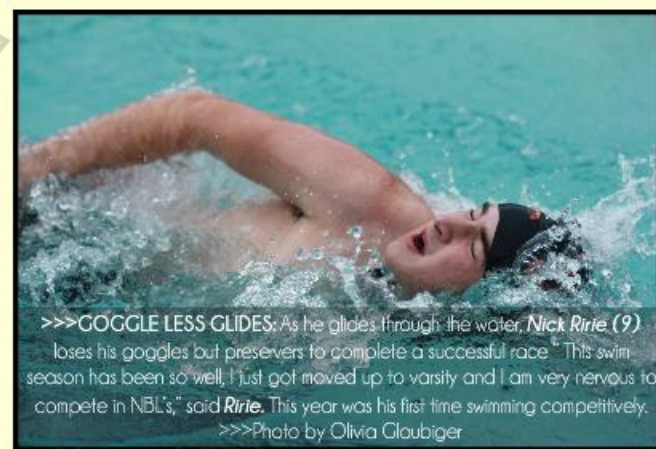
>>>**WARM UP BUDDIES:** Swimming together since the beginning of their high school career, **Reilly Welsh (10)** and **Zoe Watz (10)** warm up together for a big meet against their rival team. "We do partner warm up, we help each other with drills and pacing, it's all about team bonding everyone's great" said **Welsh**. Swimming together helped them challenge each other and strive to do their best. >>>Photo by Dakota McGranahan





>>>**SMILE, YOU'RE ON CAMERA:** While competing in his butterfly stroke, Griffin Becker (11) flashes a smile between breaths. "All the members on the team are amazingly supportive of each other. I don't think there is any team that cheers as loud as us," said Becker. Who is happy to be on a supportive swim team.
>>>Photo by Olivia Glaubiger

>>>**HUG IT OUT:** After swimming a hard and successful race, Megan Jones (9) hugs her teammate after winning. "The most challenging thing I have dealt with being on the swim team is one time we were at a competition and it was pouring down rain, but I still had to compete and I just had to push through it and swim well," said Jones. But the team was always there for each other, whether one win or loss.
>>>Photo by Dakota McGranahan



>>>**GOGGLE LESS GLIDES:** As he glides through the water, Nick Ririe (9) loses his goggles but perseveres to complete a successful race. "This swim season has been so well, I just got moved up to varsity and I am very nervous to compete in NBLs," said Ririe. This year was his first time swimming competitively.
>>>Photo by Olivia Glaubiger



>>>**FOUR YEAR CHAMPION** Taking to the block every year since freshmen year Berklee Welsh (12) has been part of the swim team all four years of her high school experience. "The most intense thing of my high school experience so far has been NBLs which is our biggest meet- all of the teams in the league come and it is full of fast swimmers! People usually put down the

>>>**BREAK FREE:** While at practice, Alex Lewis (11) successfully demonstrates the perfect form of the butterfly stroke. "I like the 100m Breaststroke best because it's not a very popular event. It's very technical and a lot of people can't get into it, it's very competitive for me but I enjoy it," said Lewis. Lewis participated in the 100m Breaststroke, 50m Freestyle, and 100m Freestyle during his time on the swim.
>>>Photo by Olivia Glaubiger

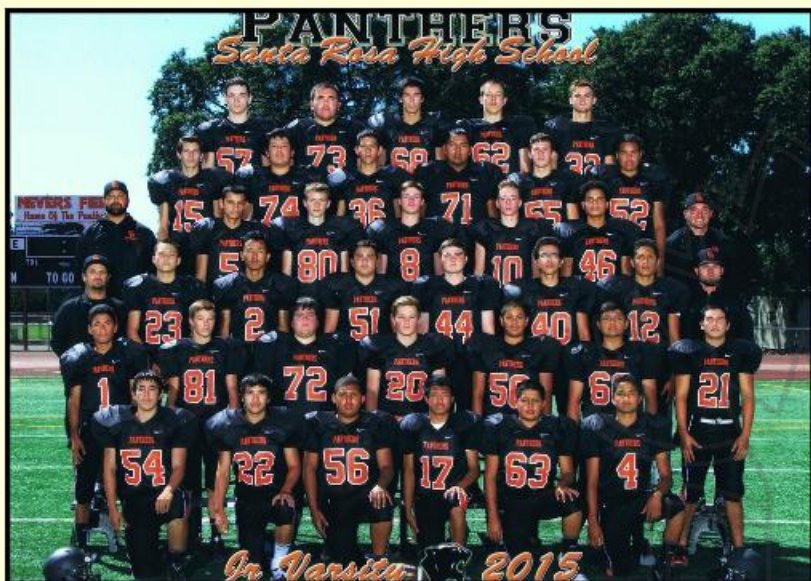


>>>**A BREATH OF FRESH AIR:** Emerging from the water, Megan Ference (9) continues down the lane during the butterfly stroke. Not all the students on the team took swim super seriously however, they all had a blast together. >>>Photo By Dakota McGranahan

>>>**FRIENDS THAT SWIM TOGETHER, STAY TOGETHER:** After a swim meet Reilly Clarkson (11) and Caroline Mertz (12) grin with relief after taking a win at their meet. Being a member of the swim team often results in many hours spent at the pool, which helps the swimmers create a great bond. "I absolutely love swimming with my friends. Not only do I get to do the sport I love, but I'm also surrounded by my best friends while doing it," said Clarkson. >>>>Photo by Olivia Glaubiger

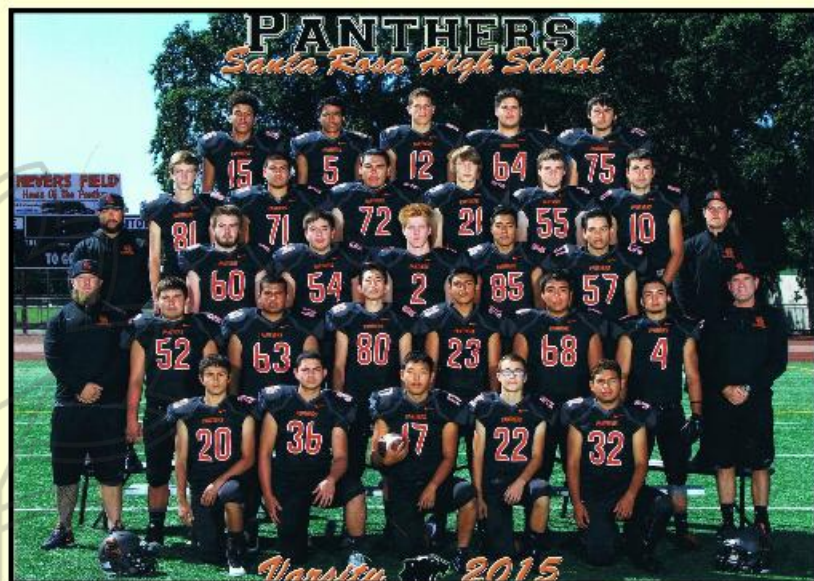
no matter the season
WORKING TOGETHER
 Panther pride runs strong on all fields of competition

Standouts for 2015-2016:



JV Football

Adreian Boca (10) Allen Baker (9) Elias Bergstrom (10) Daniel Butcher (9) Russell Chitwood (9) Garrett Cordova (11) Cole Elham (10) Richard Eyley (10) Ryan Fassold (9) Amare Funches (9) Hunter Garthwaite (10) Odin Georgedes (9) Raul Guerrero (10) Erick Guzman (9) Wyatt Homan (9) Andrew Hernandez (10) Robert Jordan (11) Jaime Lemus (9) Joseph Liberato (10) Robert Lopez (9) Ben Moreno (10) Conner Olsen (9) Andrew Parker (9) Fidel Reyes (10) Bryan Rodriguez (10) Miguel Sanchez (10) Nate Seims (9) Dawa Sherpa (11) Jair Solario-Rivera (10) Julian Solario-Rivera (10) Brandon Sousa (10) Adrian Tafoya (10) Brandon Tafoya (11) Juan Torres (9) John Volce (9) Johnathon Vazquez (11)



Varsity Football

Pablo Aguilar (11) Angel Alfaro (12) Kalei Aukai (11) Cassius Banks (11) David Barrera (11) Juan Bernabe-Vega (12) Jacobo Chavez (12) Michael Curry (11) Nico D'Amato (12) Daniel Gonzalez (11) Carlos Lemus (11) Blake Leiva (10) Trevon Manning (11) Edwin Martinez (12) Cameron McAtee (12) Edgar Meza (12) Daniel Pardo (12) Alvaro Reyes (11) Paul Rivas (12) Francisco Sandoval-Romero (11) Angsonam Sherpa (12) Brock Shriver (12) Paul Smith (12) Matthew Soto (11) Isaiah Steele (11) Alejandro Suarez (12) Adrian Vazquez (11)



JV Volleyball

Katie Defazio (11) Evi Burke (9) Cameron Foley (10) Amanda Lee (11) Vanessa Miranda (9) Isabel Ponce (9) Karley Butler (10) Isabella Lopez (9) Jenna Kim (9) Mackenzie Mathewson (9) Morgan Karbowski (9) Amity West (9) Olivia Taylor (9) Kala Russell (10) Dana Colvin (9)

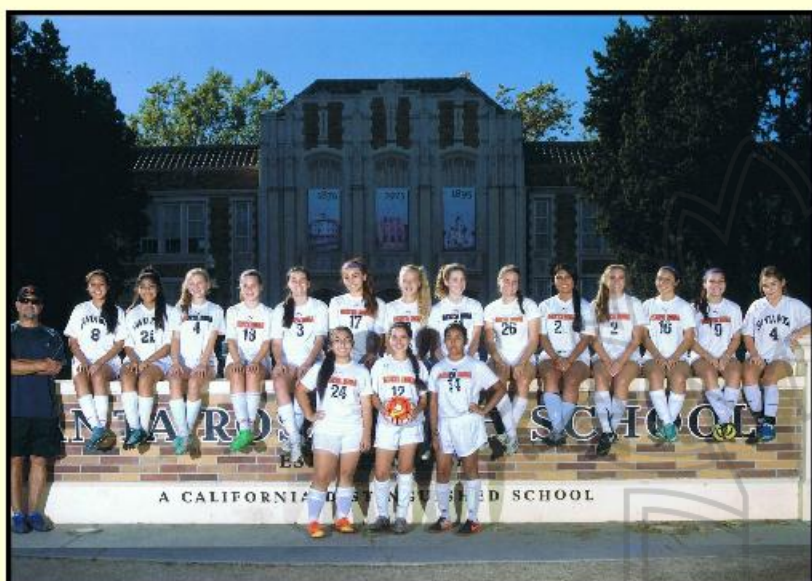
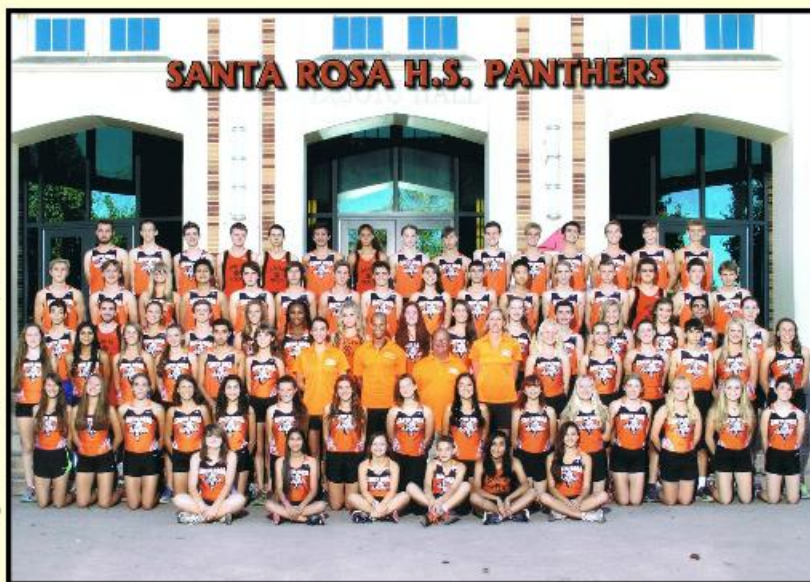


Varsity Volleyball

Avery Apostle (11) Luisa Ciaffa (11) Mariah Gehring (12) Eden Gold (12) Hope Hansen (12) Kira Holtzer (12) Makenzie Oden (10) Sarah Pack (12) Briana Ririe (11) Sophy Samonte (12) Storey Smitt (12) Olivia Trull (10) Penny Case (9)

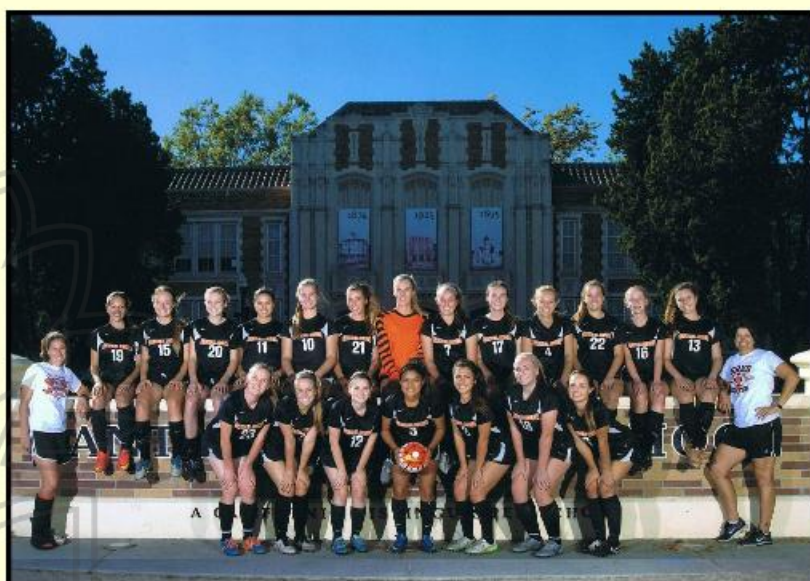
Cross Country

Toby Alongi (12) Christine Altamura (9) Robert Bailey (9) Samantha Baker (11) Stephen Becker (12) Gwennyth Berghof (9) Kendall Block (12) Whitney Block (9) Rory Bourdage (9) Alec Bowman (12) Cole Brady (10) Ross Brady (12) Sarah Catching (12) Kirsten Carter (10) Johnathan Chi (11) Aleksander Cichosz (9) Gina Conley (12) Annabel Cowden (12) Aminata Daffeh (9) Josef Deithlesen (9) Marie Doyle (10) Peter Duarte (10) Caroline Duffy (9) Destiny Ember-Larson (9) Chloe Farson (11) Robert Fletcher (9) Katrina Frandsen (9) Tucker Frandsen (11) Christina Frost (12) Emma Frost (10) Chandler Garrison (11) Loren Gillygly (11) Brayden Glascock (9) Danny Greenan (12) Gloria Greenstein (12) Aliana Gutierrez (9) Emil Guzman (11) Jacqueline Hale (9) Gina Hansen (11) Sophie Haugen (10) Langston Hoy (10) Sedona Hernandez (9) Juliana Hoehne-Diano (9) Aimee Holland (12) Sedona Howell (9) Arlen Jeane (12) Dana Johnson (11) Jordan Jolliff (11) Samuel Joslyn (10) Bria Keely (9) Sarah Kelleher (10) Molly Kozlowski (11) Peyton Krzyzek (9) Brendan Lameiro (12) Joseph Lara (9) Mazie Lewis (12) Antonio Lorenzana (10) Alana Macken (9) Sophia Martin (9) Luca Mazzanti (11) Rico Mazzanti (10) Cole McGriff-Parsons (10) Jeremiah McManus (11) Sophia Miller (11) Lian Morales (10) Ali Neese (9) Xochipilli Olivera-Vera (9) Nicole Padilla (10) Wesley Page (11) Siena Parrish (10) Jordan Plack (9) Justin Plott (12) T.J. Prescott (10) Daniel Pride (11) Jacob Quinn (11) Brooke Reitenbach (11) Maren Roche (10) Ian Rose (9) Sean Rollins (12) Connor Schott (9) Maya Schroeder (12) Eddie Seaman (12) Mia Sedgewick (9) Michelle Sedgewick (9) Riley Shepherd (11) Trevor Siple (11) Noah Spierings (11) Alexander Sugarman (11) Brooke Thompson (9) Alex Walker (10) Chloe Watson (11) Delaney White (12) Ashley Whitt (11) Cooper Willis (9) Itzel Zamora (9)



Girls JV Soccer

Joelle Berk (9) Gabby Camara (10) Alessandra Cignetti (9) Claire Dooley (10) Alex Fenske (10) Leslie Garnica (10) Caitlin Grace (9) Audriana Cuerrero (10) Maya Harville (9) Carly Iverson (9) Elva Leon (11) Annie McKenzie (10) Alma Ochoa (10) Lisset Pachuca (10) Bella Rabellino (11) Jessica Reyes (9) Jennifer Villalobos (10)



Girls Varsity Soccer

Megan Anderson (10) Celeste Barajas (12) Quincy Barnett (12) Maddie Batchelder (12) Dominique Garzoli (9) Lily Gack (12) Kaylee Harmon (10) Mia Johansson (10) Cyd Kasler (10) Kelly Luekens (12) Maddie Maffia (12) Melanie Mathewson (12) Yasmin Palmares (12) Ashlee Ruggels (12) Olivia Ruggels (9) Kylee Schroth (11) Skylar Sloan (11) Emily Staten (10) Ashton Sotak (11) Victoria Trono (12) Anika Williams (9)



Girls Golf

Mackenzie Allen (9) Catherine Brunet (11) Victoria Dinges (11) Dreena Edillor (11) Kassidy Figueroa-Xiong (9) Eve Hamilton (10) Abby Hamilton (11) Olivia Hernandez (12) Casey Jaramillo (11) Maiah Lucas (11) Azlen Ponte (11) Celia Rose (10) Hannah Stenson (11) Amanda White (9) Julia Zavala (10)



Girls Tennis

Grace Alchemy (9) Taylor Bellinghausen (12) Elizabeth Chu (9) Emily Chu (11) Olivia Cobb (12) Regina Collins (9) Emily Drake (10) Milena Duarte (12) Emma Guilfoil (11) Riley Harrison (12) Anwen Lin (9) Cecilia Lopez (11) Leona Mansueto (10) Sophia Markoff (10) Ankita Menon (11) Maia Pagan (10) Julia Pasternak (12) Anastasiya Rye (12) Sophia Sidney (9) Sarah Stenson (10) Paige Trapnell (9)



Freshman Girls Basketball

Margarita Aguilar (9) Donya Asadi (9) Kailie Brannum (9) Natalie Cucina (9) Ava Henry (9) Briana Jones (10) Peyton Krzyzek (9) Morgan Matthews (9) Jessica Onate (9) Anahi Rincon (9) Sophie Shelley (9) Sydney Sylphone (9)



Freshman Boys Basketball

Chandler Andrew (9) Davian Avina (9) Allen Baker (9) Leo Bowers (9) Emilio Campos (9) Jaydin Henderson (9) Parker Hernandez (9) Dylan Leslie (9) Jayvee Long (9) Rene Luna (9) Clark Matthiessen (9) Martin Ramirez (9) Jacob Townsend (9) Bjorn Von Arx (9)



JV Girls Basketball

Sarah Alchemy (10) Segen Asgedom (10) Evi Burke (9) Emma Frost (10) Caitlin Grace (9) Abby Hamilton (11) Shay Johnson (10) Eve Kruger (10) Isabella Lopez (9) Isabel Ponce (9) Savannah Saunders (10) Emily Staten (10) Princess Tufele (9)



JV Boys Basketball

Cus Christianson (11) Anthony Costamagna (10) Ethan Frei (10) Cole Gandy (10) Broydon Glascock (9) Wesley Guerra (10) Henok Mesfun (10) David O'Sullivan (9) Darren Pan (10) Angel Pearson (10) Joseph Salinas (11) Matt Soto (11) Wayne Wight (10)



Varsity Girls Basketball

Simone Barnard (12) Solara Barrie (10) Emily Coddling (11) Allison Daly (11) Mikayla Forer (12) Sara Howard (11) Mireya Lopez (12) Kelly Luekens (12) Ally McCulloch (11) Julia Muniz (12) Bella Passey (12) Summer Ponsford (11) Isabella Steele (11)



Varsity Boys Basketball

Kalei Aukai (11) James Bell (11) Richard Brown-Barajas (10) Alex Diggs (11) Anthony Gallegos (12) Andre Gaudreau (9) Julian Iervolino (12) Jonas Johnsrud (10) Chris Langer (11) Tommy LaVine (12) Shamus Lyons (12) Mazi Macondray (12) Iscaiah Steele (11) Jordan Walker (12) Andrew Dias (11)



JV Boys Soccer

Alec Bowman (12) Alberto Bustos (12) Kenny Fuentes (9) Sebastian Gachet (10) Edgar Garcia (11) Nick Goodacre (11) Emilio Hernandez (9) Jaime Juarez (12) Jack Lorenz (9) Sean Mendoza (9) Jonathon Martinez (12) Kyle McCowen (11) Dermiri Phengaroune (11) Giovanni Partillo (12) Genaro Rangel (9) Jorge Rebolledo (9) Cristian Rodriguez (12) Nathan Rhodes (10) Lorenzo Rivas (9) Linus Rydell (9) Ruben Sanchez (10) Yaser Soriano (9) Julian Ramirez-Vasquez (9)



Varsity Boys Soccer

Enrique Albor (11) German Chavez (12) Enzo Cignetti (11) Daniel Cruz (12) Luis Cruz (10) Andres Garcia (12) Edwin Gomez (12) Yovani Guizar (12) Anthony Lopez (10) Ryan Lorenz (12) Edwin Martinez (12) Luca Mazzanti (11) Esteban Nunez (11) Alejandro Olvera (10) Juan Oseguera (11) Alan Sanchez (9) Brian Sanchez (10) Gerardo Valencia (11) Victor Valencia (11) Jairo Villalobos (12) Gavin Weitzenburg (11) Mason West (10) Andrew Williams (12) Seamus Young (12) Matthew Ziemer (12)



Cheer

Erika Torres (10) Kyrrberly Stephens (10) Sara Perez (9) Monica Mendoza-Nava (11) Destiny Rivera (11) Haley Solich (9) Gabrielle Seims (10) Adria Heinrich (10) Giannina Erfe-Mejia (10) Jennifer Aparicio (9) Kandy Villafuerte (10) Mikayla Forer (12) Morrin Chery (12) Jasmin Deppe (11) Keyoni Phenix (9) Caitlyn Clark (11) Bonnie Donovan (10) Briana Holmes (9) Brynn Shriver (9) Eryn Francavilla (11) Hailey Anderson (12) Kendra Gregersen (12) Amadi Macondray (10) Ilse Alvalos-Carrillo (9) Jessica Jafari (11) Daelee Wolfe (12) Nicole Russell (12) Carolina Lee (11) Jasmin Torres (12) Araceli Santana (12) Lidia Reynoso (12) Alondra Suarez (11) Kailee Nguyen (11) Cassandra Farley (9) Destiny Poole (11) Monica Alvarez (12)



Wrestling

Stephen Ampier (9) Devlin Burr (9) Tommy Caldwell (9) Tyler Condron (9) Hunter Garthwaite (10) Elizabeth Guzman (11) Sam Guzman (9) Dana Johnson (11) Daniel Leffew (10) Leo Lopes (9) Shaunisty Lund (9) Shaylin Mattson-Cairati (9) Xochipilli Olivera (9) Mitchell Ramirez (12) Nick Ririe (9) Noah Spierings (11) Prabin Thapa (11) Faith Upright (10) Adam Vo (9)

Track and Field

Moaftina Ahmed (12) Toby Alongi (12) Grace Alchery (9) Christine Altamura (9) Kaitira Ardley (12) Jessica Arayo (12) San Baker (11) Robert Bailey (9) Nina Bardwell (12) Delano Bell (12) Whitney Block (9) Rory Boundage (9) Cole Brady (10) Ross Brady (12) Evi Burke (9) Jennifer Camacho-Nunez (10) Enilio Campos (9) Kirsten Carter (10) Penny Case (9) Sarah Catching (12) Jacob Chavez (12) Johnathon Chi (11) Brandon Cobb (10) Emily Coddling (11) Dana Colvin (9) Gina Conley (12) Diana Contreras (12) Spencer Cortright (11) Anthony Costantagna (10) Annabel Cowden (12) Rose Cozine (11) James Dallara (10) Lucinda DeNatale (9) Josef DeHofsen (9) LeeAnn Diohep (10) Marie Doyle (10) Peter Duarte (10) Caroline Duffy (9) Chloe Farison (11) Katrina Frandsen (9) Tucker Frandsen (11) Christina Frost (12) Erinna Frost (10) Deborah Fry (12) Sebastian Gachet (10) Chandler Garrison (11) Loren Gillogly (11) Brayden Glascock (9) Nick Goodacre (11) Caitlin Grace (9) Blue Gowden (11) Wesley Guena (10) Audriana Guerrero (10) Jacqueline Hale (9) Gina Hansen (11) Sophie Haugen (12) Langston Hay (10) Dakota Hidas (11) Juliana Hoehne-Diana (9) Aimee Holland (12) Chris Horton (10) Michael Horton (12) Dana Johnson (11) Jordan Jolliff (11) Sam Joslyn (10) Bria Keely (9) Sarah Kelleher (10) Mally Kozlawski (11) Peyton Krzyzek (9) Brendan Laineiro (12) Daniel Leffew (10) Mazie Lewis (12) Jaycee Long (9) Guadalupe Lopez (12) Antonio Lorenzana (10) Mazi Macandray (12) Arielle Markowitz (12) Sophia Martin (9) Melanie Mathewson (12) Luca Mazzanti (11) Rico Mazzanti (10) Sarah McCanish (12) Scott McCanish (10) Jessica Melen (10) Pamela Merendez (11) Ben Mikalson (11) Sophia Miller (11) Lian Morales (10) Ben Moreno (10) Deven Muro (11) Carissa Nacal (11) David O'Sullivan (9) Lisset Pachuca (10) Wesley Page (11) Angel Pearson (10) Casera Pinto (9) Olivia Phelps (9) Isobel Ponce (9) TJ Prescott (9) Daniel Pride (11) Jacob Quinn (11) Sandra Ramirez (10) Valeria Ramos (10) Maren Roche (10) Sean Rollins (12) Olivia Ruggels (9) Joseph Salinas (11) Reed Saiman (12) Connor Schott (9) Maya Schroeder (12) Kennedy Schroeder (10) Kalysta Schwartz (10) Eddie Seairans (12) Mia Sedgwick (9) Trevor Spile (11) Noah Spierings (11) Seren Stegner (9) Senya Stein (9) Brooke Thompson (9) Luciana Talamas-Steinback (12) Victoria Trano (12) Luis Vasquez (11) Micah Victoria (9) Kayley Walker (10) Chloe Watson (11) Amanda White (9) Delaney White (12) Anika Williams (9) Cooper Willis (10) Izel Zanora (9)



Swimming

Brianna Anderson (10) Dane Beatie (10) Griffin Becker (11) Parker Bee (9) Cwenyth Berghof (9) Alec Bowman (11) Aleksander Cichosz (9) Reilly Clarkson (11) Milena Duarte (12) Sophia Ennod (12) Angelina Espinosa (10) Megan Ference (9) Edgar Garcia-Medina (11) Elizabeth Guzman (11) Sedana Howell (9) Jessica Irvin (11) Carly Nelson (9) Linda Jacobson (12) Megan Jones (9) Trevor Jones (10) Ava Kirby (9) Alex Lewis (11) Dante Martinez (9) Emily Martinez (10) Jeremiah McManus (11) Ali Neese (9) Caroline Mertz (12) David Mertz (9) Kaitlyn Morrison (10) Max Owens (9) Kathryn Petersen (9) Mariah Plack (10) Rachel Pride (10) Vladik Rael (9) Brooke Reitenbach (11) Nick Rife (9) Taylor Sargis (12) Michelle Sedgwick (9) Mia Sedgwick (9) Riley Shepherd (11) Isabel Staples (10) Sarah Street (10) Michael Taylor (9) Chloe Watson (11) Zoe Waltz (10) Berlee Welsh (12) Reily Welsh (10) Riley Williamson (10) Daria Yarofeyeva (11)



Badminton

Karina Aguirre (10) Mackenzie Allen (9) Darya Asadi (9) Solara Barie (10) Jasmine Benigno-Hall (12) Cindy Carracho (11) Graciela Carriff (10) Keyla Ceras-Loya (9) Nathaniel Cortez (12) Ashley Coscarelli (9) Victoria Dinges (11) Phi Do (10) Emily Drake (10) Sam Esperon (12) Kate Feige (11) Sebastian Filman (10) Dellha Floriano (9) Gavin Graham (9) Josue Gutierrez (12) Olivia Hernandez (12) Beatrice Howell (11) Sofia Hudson-Narario (12) Lisa Kasenalt (9) Shranjit Kaur (9) Catherine Kingabury (10) Shane Labrador (10) Jonathan Lynn (9) Andrew Masuda (9) Anikita Menon (11) Ethan Michaels (10) Vanessa Mondragon (12) Catherine Moretto-Regout (10) Angel Muillo (12) Eva Nelson-Livous (11) Tommy Nguyen (12) Nereida Ortiz (10) Nicole Pacilla (10) Pariser Pemberton (10) Christian Pouden (12) Nathan Rhoades (10) Parker Sahnon (12) Dawa Sherpa (11) Samnang Sam (10) Emily Staten (10) Oliver Staten (12) Pembo Tainong (9) Jhannah Todd (10) Cedrick Trinidad (12) Jerry Vang (12) Jeremy West (9) Nadav Wichmann (10) Anthony Williams (10)



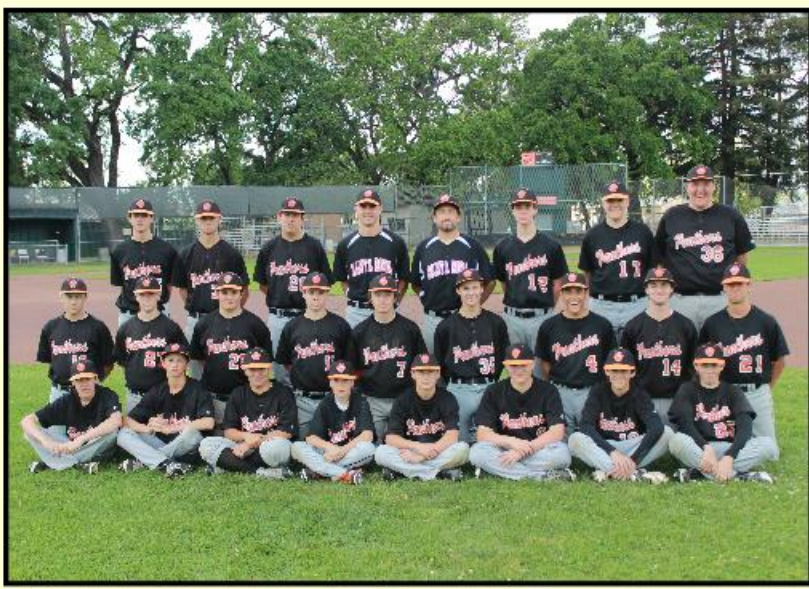
Boys Tennis

Weiland Bennett (9) Jameson Danning (12) Jason Do (11) Rob Fletcher (9) Emil Guzman (11) Josh Michaels (10) Justin Nutt (9) Jordan Plack (9) Shane Rankin (11) Riley Warren (9)



Boys Golf

Jackson Barnard (12) Robbie Bisordi (12) Russell Chitwood (9) Jered Edwards (10) Cooper Fox (9) Nick Murachanian (11) Brendan Plott (9) Linus Rydell (9)



JV Baseball

Thomas Anderson (9) Leo Bowers (9) Ricky Eyer (10) Rex Evich (10) Ryan Fassold (9) Elliot Fouts (10) Brandon Griffin (10) Jordan Gurries (10) Jack Hamilton (9) Jaydin Henderson (9) Zach Holt (11) Zack March (11) Gabe Malone (9) Clark Matthiessen (9) Cameron Morris (9) Dylan Leslie (9) Patrick Rose (9) Aidan Runyon (9) Julian Sanchez (10) Jack Stometta (10) Jacob Townsend (9) Steven Ward (9) Neo Wagner (9) Reece Wisler (9)



Varsity Baseball

Dante Alinas (12) Jacob Ambriz (11) Elijah Bowers (12) Max Condron (11) Sean Conlon (12) CJ Foy (12) Sebastian Froman (11) Marcus Hollingsworth (12) Tyler Kelley (12) Shamus Lyons (12) Cody Mariani (12) Ross McKnight (12) Justin Owen (11) Evin Pelosi (11) Justin Plourde (11) Jesus Suarez (11) Jordan Walker (12)



JV Softball

Lily Ambrose (9) Hailey Borges (10) Kaitie Brannum (9) Brennan Brown (9) Sarah Delair (9) Jasmine Deppe (11) Lillian Dutcher (10) Savannah Farris (10) Mikayla Forer (12) Eryn Francavilla (11) Keyoni Phenix (9) Faith Valdez (11) Breanna Valdez (9) Briana Wilson (9)

Treeering Proof Copy

EMPLOYERS

<People>



leading the school are our
FACULTY & STAFF

The teachers and staff show commitment and passion on a daily basis.

Wendy Albarran (STAFF)
 Lisa Anderson (MATH)
 Christine Ando (ENGLISH)
 Gus Arredondo (SRO)
 Monica Baldenegro (VP)
 Elaine Bechler (SCIENCE)
 Monet Bell (SPEC ED)



Kris Bertsch (COUNS)
 Eric Bohn (MATH)
 Kira Bombace (MUSIC)
 Paul Booker (SCIENCE)
 Amber Bowman (COUNS)
 Tanya Braunstein (AQ)
 Andrew Brennan (HISTORY)



Robert Bryden (SCIENCE)
 Adrian Comano (HISTORY)
 Dara Carroll (LANG)
 Jim Carroll (HISTORY)
 Lynnette Casey (STAFF)
 Melanie Charler (SPEC ED)
 John Corlopasi (HISTORY)



Brad Coscarelli (PRINCIPAL)
 Doug Courlemarche (PE)
 Brooke Delello (AQ)
 Jessica Dennis (ENG/YB)
 Casey Elea (ENGLISH)
 Kristine Erken (COUNS)
 Albert Etiedgui (HISTORY)



Hollis Fennen (ENGLISH)
 Laureano Flor (COMP)
 Carla Forchini (LANG)
 David Franzman (HISTORY)
 Howard Frazee (MATH)
 Susan Gallegos (MATH)
 Daisy Gallegos (WOOF)





Bill Galloway (SPEC ED)
 Seth Geffner (COUNS)
 Isolde Geis (LANG)
 Adriane Glatf (ENGLISH)
 Forrest Harper (AP)
 James Helmer (AQ)
 Veronica Hernandez (LANG)



Fernanda Hernandez (ST)
 Arthur Horner (HISTORY)
 Kathryn Hower (PE)
 Cynthia Ingram (MATH)
 Henry Jourdain (VOC ED)
 John Kennedy (MATH/STU GOV)
 Amanda Killen (SPEC ED)



Kenneth Knowlton (PE)
 James Kowalczyk (ENGLISH)
 Jessie Kroeck (ENGLISH)
 Jo Lalicker (LANG)
 Christine Lewis (VFA)
 Lauren Lioffa (SCIENCE)
 Riego Lokka (AG)



Joy Lozano (MATH)
 William Lyon (ENGLISH)
 Joseph Mc Divitt (AQ)
 Michelle Mc Watt (LIB)
 Thomas Meade (MATH)
 Jean Miller (STAFF)
 Lara Miraglia (MATH)



The Counselors!



Johnathan Muchow (HISTORY)
 Blaire Murphy (COUNS)
 Toni Noonan (STAFF)



Amber Oden (STAFF)
 Luis Patrick (PE)
 Susan Pearson (ENGLISH)

Jamie Poore (COMP)
 Bryan Price (PE/SCIENCE)
 Leslie Pryor (STAFF)
 Kathleen Ramos (SPEC ED)



Nickolas Reed (SPEC ED)
 Constance Rice (SCIENCE)
 Lee Rosichan (ENGLISH)
 Annie Samuels (ENGLISH)



John Sappington (AQ)
 Debbie Sedletzky (STAFF)
 Elaine Stone (SPEC ED)
 Stephen Swain (ENGLISH)



Mr. Utsey

Terry Swehla (LIFE SKILLS)
 Grace Swehla (WOLF)
 Matthew Szopinski (HISTORY)
 Ryan Terschuren (PE)
 Helen Thomson (STAFF)
 Julie Tiffany (ENGLISH)
 Mitchell Utsey (VOC ED)



Janet Van Winkle (SPEC ED)
 Karen Wagner (SPEC ED)
 Alvin Wheeler (STAFF)
 Richard Whitman (LANG)
 Megan Whyte (ENGLISH)
 Amber Williams (MATH)
 Shannon Wong (SCIENCE)



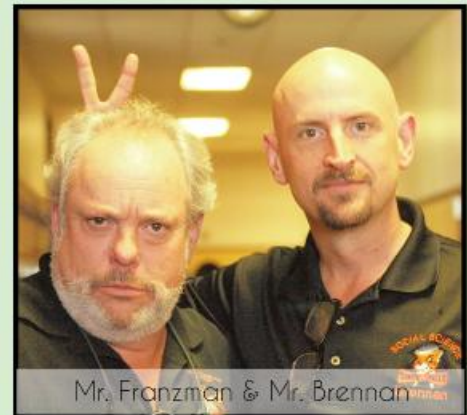
Not Pictured

Nzinga Woods (MUSIC)
 Emma Zavala (LANG)



Regina Brennan (HISTORY)
 Ralph Broussard (VFA)
 Rob Cormi (ENGLISH)
 Vicki Carpenter (ENGLISH)
 John Craven (AQ)
 Matt Davis (SCIENCE)
 Michelle Feleay (SCIENCE)
 Monica Garcia (LANG)
 Tom Gutsch (VOC ED)
 Molly Haberg (MATH)
 Bambi Iserra (SPEC ED)
 Levi Jones (ENGLISH)
 Vilia Mangelsdorf (LANG)
 Michael Marios (SPEC ED)
 Lee Miller (MATH)

Stefanie Nagorka (VFA)
 Arranda Newton (LANG)
 Toni Noonan (STAFF)
 Sharon Palmberg (STAFF)
 Lisa Pehl (AQ)
 Ron Reichruth (SPEC ED)
 Eric Roberts (VFA)
 Aron Rue (SPEC ED)
 Lori Simerly (SCIENCE)
 Melissa Shaw (PE)
 Jen Safie (AQ)
 Patty Stage (STAFF)
 Dawn Stometta (AC)
 Mark Wardlaw (MUS)



Mr. Franzman & Mr. Brennan



Mr. Horner



Mr. Kennedy



Mr. Dellepere & Mr. Wheeler



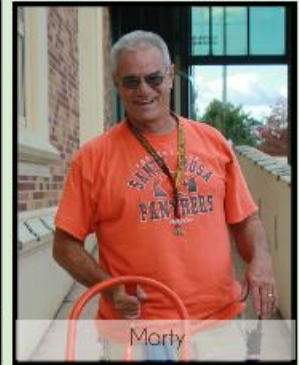
Ms. Ramos



Mrs. Newlon and Mrs. Carrell



Mrs. Whyte



Marty



Mrs. Bechler



Mr. Courtemarche



Mr. Ettedgui



Mrs. Swehla

new faces, new people
CLASS OF 2019

The Freshman Class experiences high school for the first time



President

Andre Gaudreau



Vice President

Olivia Ruggels



Secretary

Mackenzie Mathewson

Acevedo, David
 Aguilar, Margarita
 Aguilar, Veronica
 Alapa, Destani
 Alarcon, Angel
 Albor, Alejandra
 Alcala, Carlos



Alchemy, Grace
 Allen, Jessica-Elise
 Allen, Mackenzie
 Altamirano, Adilene
 Altamura, Christianna
 Alvarado, Christian
 Alvarez, Leslye



Ambrose, Lillian
 Ampier, Stephen
 Anderson, Jessamy
 Anderson, Thomas
 Andrew, Chandler
 Andrews, Christine
 Anzures, Micri



Aparicio, Jennifer
 Aragon, Evalyn
 Arce, Adrian
 Armanino, Anabelle
 Arteseros, Megan
 Asadi, Donya
 Avalos, Estrella





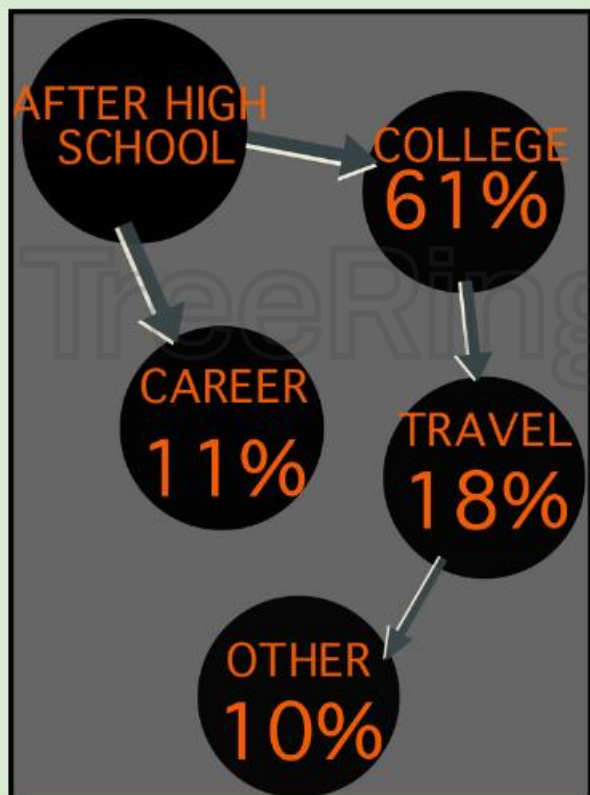
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 Baker, Allen
 Baker, Melissa



Barragan, Karla
 Barreto, Jose
 Barron, Emanuel
 Basile, Genevieve
 Batchelor, Lily
 Bee, Parker
 Begg, Sebastian



Benavides-Salazar, Gustavo
 Bennett, Weiland
 Bentley, Anthony
 Berghof, Gwenyth
 Berk, Joelle
 Bertolini, Valerie
 Bierling, Ria



Bignasca, Logan
 Billy, Trinity
 Bitanga, Brandon
 Block, Whitney



Bohlke-Slater, Maximillion
 Bonsall, Julien
 Borchers, Brice
 Borges, Yesenia



Bottler, Julianna Rose
 Botygin, Daria
 Bourdage, Rory
 Bowers, Leo

Brannum, Kailie
 Brewer, Ayden
 Brown, Brennan
 Brown, Jessica
 Brown, Mikayla
 Buchanan Graham,
 Madison
 Burke, Amanda



Burke, Evi
 Burlison, Ava
 Burr, Devlin
 Bustamante, Felipe
 Butcher, Daniel
 Calderon, Lizette
 Caldwell, Izak



Caldwell, Tommy
 Camacho, Cynthia
 Campos, Emilio
 Candia, Samantha
 Capi, Alondra
 Carter, Brooke
 Case, Penny



Casteel, Ruby
 Cebrenros, Diana
 Cederborg, Katherine
 Cerros-Loya, Keyla
 Chavez Hernandez,
 Isaias
 Chavez, Fabiola
 Chavez, Maya



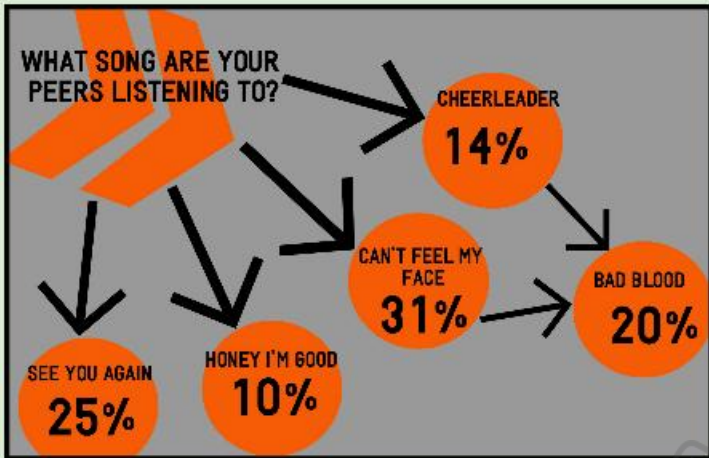
Chicoine, Nathalie
 Chieffo, Gianna
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 Christie, Ava



Chu, Elizabeth
 Cichosz, Aleksander
 Cignetti, Alessandra
 Cleek, Sage



>>>HARD AT WORK: Putting her heart and soul into her work, **Kristina Garcia(9)** writes a remarkable essay. "When I first came into Freshman year I felt really young and everyone was older than me, and I slowly I just started to adapt, and now i just go with the flow," said **Garcia**. >>>Photo by: Dakota McCranahan



Clem, Maranda
Collins, Regina
Colvin, Dana



Colvin, Kylee
Condron, Tyler
Corral-Ontiveros,
Brandon



Coscarelli, Ashley
Couzens, Azura
Cox, Erica
Creedon, Julianne
Cucina, Natalie
Cuevas, Estefania
Cuevas, Jesus



Cuevas, Jose
Daburlos, Kamille
Daffeh, Aminata
Dang, Elani
Davies, Jonnieann
Davis, Dominick
Davis, Lydia



Daw, Anthony
Debret, Audrey
Delair, Sarah
DeNatale, Lucinda
Derby, Bailey
Dethlefsen, Josef
Diamond, Emma



Diaz, Kimberly
Dinges, Alexis
Dodd, Patrick
Donaghy, Obadiah
Duffy, Caroline
Duryea, Liam
Elam, Alyssa Ann

Eljumaily, Evan
 Ellis, Jadin
 Ember, Destiny
 Escamilla, Alexandria
 Ethington, Emma
 Evans, Christian
 Fallon, Seamus



Farley, Cassandra
 Fassold, Ryan
 Feige, Kelly
 Feiwell, Audrey
 Ference, Megan
 Ferguson, Connor
 Ferguson, Skylar



Figuroa-Xiong, Kassidy
 Fletcher, Robert
 Flores, Gabriela
 Flores, Jocelyn
 Floriano, Delfino
 Foote, Hasley
 Fox, Cooper



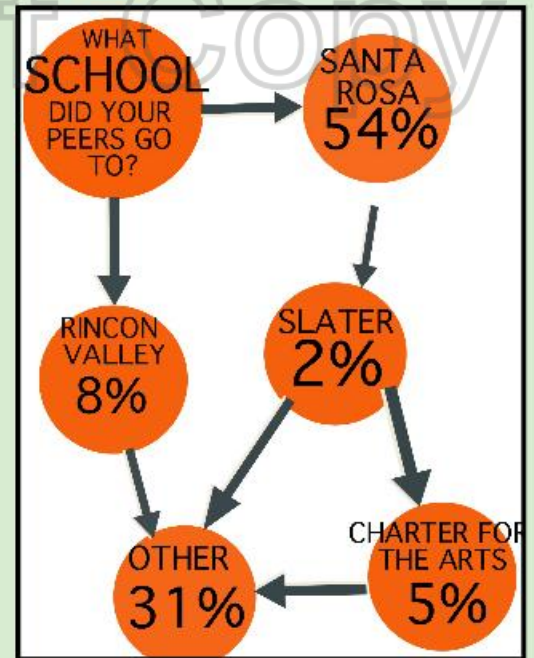
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 Freeman, Francesca
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 Gaitan, Joseph



Garcia, Abraham
 Garcia, Carmen
 Garcia, Kristina
 Garcia-Aguilar, Juan



Garcia-Alas, Itzel
 Garcia-Diaz, Nathan
 Gardea, Angelina
 Gardea, Olivia





Garzoli, Dominique
 Gaudreau, Andre
 Gayda, Paris
 Gaytan, Sebastian
 Georgedes, Odin
 Gersley, Shelby
 Gibson, Bernadette



Gilhooly, Genaveve
 Glascock, Brayden
 Goitom, Rim
 Gomes, Kristina
 Goss, Jennivia
 Grace, Caitlin
 Graham, Gavin



Grove, Ethan
 Grove, Jade
 Grund, Haylee
 Guerrero Calderon,
 Jennifer
 Guerrero, Sheila
 Guerrero-Cordova,
 Jesus
 Gummer, Lars



Gutierrez, Aliana
 Guzman, Erick
 Guzman-Ramirez,
 Samuel
 Haimson, Christopher
 Hale, Jacqueline
 Hall, Jaylin
 Hamilton, Jack



Hamlin, Nicholas
 Hammerich, Maxwell
 Harman, Wyatt
 Harrison, Rosa
 Harville, Maya
 Hauck, Arianna
 Hayward, Christopher



Henderson, Jaydin
 Henry, Ava
 Hernandez, Anthony
 Hernandez, Emilio
 Hernandez, Isaac
 Hernandez, Parker
 Hernandez, Sedona

TreeRing Proof Copy

Hernandez, Stephanie
 Hernandez, Yissel
 Higareda Leon, Diego
 Hodes, Eva
 Hoehne-Diana, Juliana
 Holcomb, Brandon
 Holiday, Bella



Holmes, Briana
 Holtzer, Neal
 Howell, Sedona
 Huerta Razo, Sara
 Hughes, Emma
 Hughes, Letavion
 Humphreys, Maya



Iturribarria, Christina
 Iversen, Carly
 Iversen, Diane
 Jackson, Derrell
 Jepsen, Joseph
 Jimenez Rivas,
 Cassandra
 Johnson, Aerin



Johnston, Megan
 Jones, Megan
 Jorge-Cuevas,
 Rochelle
 Juarez, JuanPablo
 Juarez-Bilow, Zenaida
 Justice-Steele, Teryan
 Karbowski, Morgan



Kasemsit, Mesarat
 Katiya, Savannah
 Kaur, Simranjit
 Keelty, Bria
 Keene, Austin
 Kegney, Jaden
 Keith, Matthew



Kemper, Hannah
 Kenkel-Danly,
 Samantha
 Kennedy, Stephen
 Keo, Nathan
 Kern, Samantha
 Khammivong, Haylie
 Khammivong, Kylie





>>>STRONG AND STEADY: Racing as a Junior Varsity runner in her first season of Cross Country, *Senya Stein(9)*, progresses forward.



Kim, Jenna
Kirby, Ava
Kithcart, Makena
Krzyzek, Peyton



Lacombe, Victoria
Lam, Son
LaMark, Noelle
Lara, Joseph



Lemos, Alexandra
Lemus, Jaime
Leon, Sergio
Leonovicz, Gray



Leslie, Dylan
Lily, Bianca
Lin, Anwen
Lobao, Natalie
Loeffler, Jillian
Logan, Elias
Logoai, Elizabeth



Lomeli-Loyo, Saul
Long, Jayvee
Lopes, Leo
Lopez, Cesar
Lopez, Erin
Lopez, Isabella
Lopez, Itzel



Lopez, Paula
Lopez, Robert
Lopez, Wendy
Lorenz, Jackson
LoSchiavo, Taylor
Luna, Rene
Lund, Shaunisty

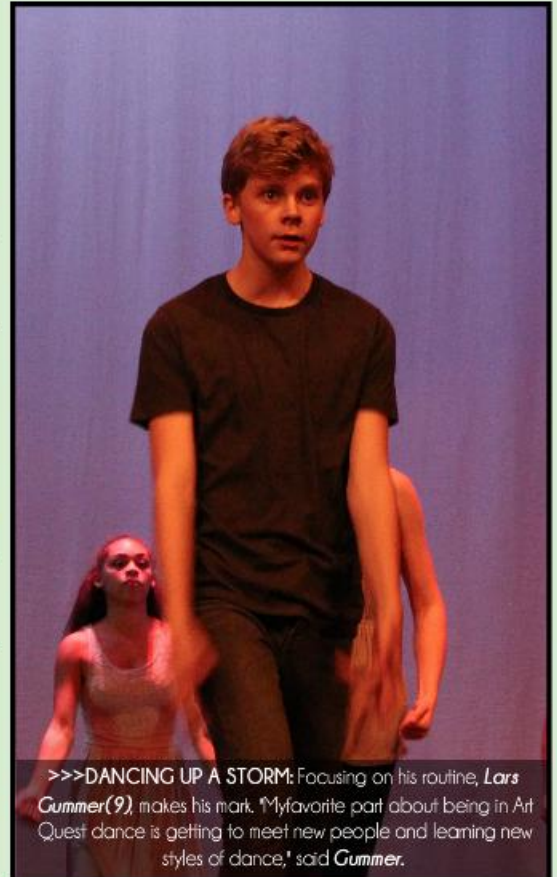
Lundie, Eric
Ly, Brandon
Lynn, Jonatan
Macias, Brian



Macias-Gil, Rubi
Macken, Alana
Malone, Gabriel
Maloney, Teanna



Maravilla, Andrea
Markarian, Michelle
Marks, Brandon
Marquez, Shayla



>>>DANCING UP A STORM: Focusing on his routine, *Lars Gummer* (9), makes his mark. "My favorite part about being in Art Quest dance is getting to meet new people and learning new styles of dance," said *Gummer*.

Martin, Sophia
Martinez, Alan
Martinez, Ashley
Martinez, Ashley
Martinez, Dante
Martinez-Gonzalez,
Brayan
Masuda, Andrew



Mathewson,
Mackenzie
Matthews, Morgan
Matthiessen, Clark
Mattson-Cairati,
Shaylin
Mcdonough, Trevor
Meade, Joshua
Mejia-Fuentes, Iris



Melovich, Moonlight
Mendoza, Eduardo
Mendoza, Sean
Mercer, Sophia
Mertz, David
Mikrikov, Olga
Miller, Johanna





Miller, Madison
 Minor, Cortunay
 Miranda, George
 Miranda, Vanessa
 Moeller, Caroline
 Molina, Kareli
 Monraz, Cari



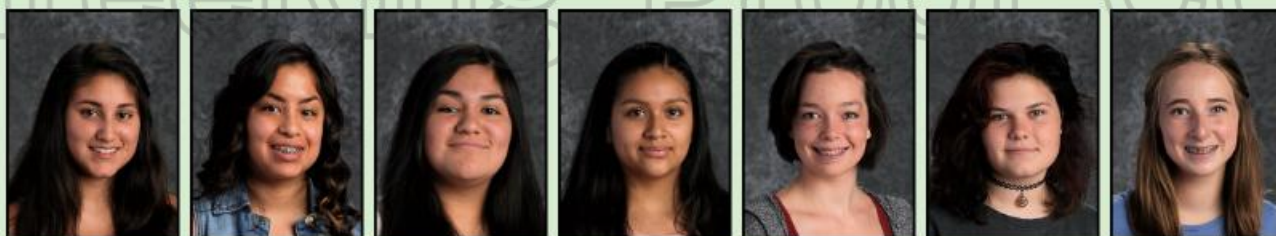
Moreno, Disney
 Moreno, Elizabeth
 Moreno, Jeannette
 Morgan, Zuzu
 Morris, Cameron
 Motley, Katalina
 Moyado, Stephanie



Murray, Connor
 Musso, Dario
 Neese, Alexandra
 Nguyen, Kien
 Nunez Infante, Maria
 Nutt, Justin
 O'Keefe, Eden



O'Sullivan, David
 Oakes, Elijah
 Ochoa Flores,
 Alejandro
 Ockenfuss, Jeremiah
 Olivera-Vera, Xochipilli
 Olson, Conner
 Onate, Andrew



Onate, Jessica
 Orellana, April
 Ortiz Ochoa, Maritza
 Ortiz, Katya
 Otsen, Tabitha
 Ottens, Sarina
 Owen, Rachel Ann



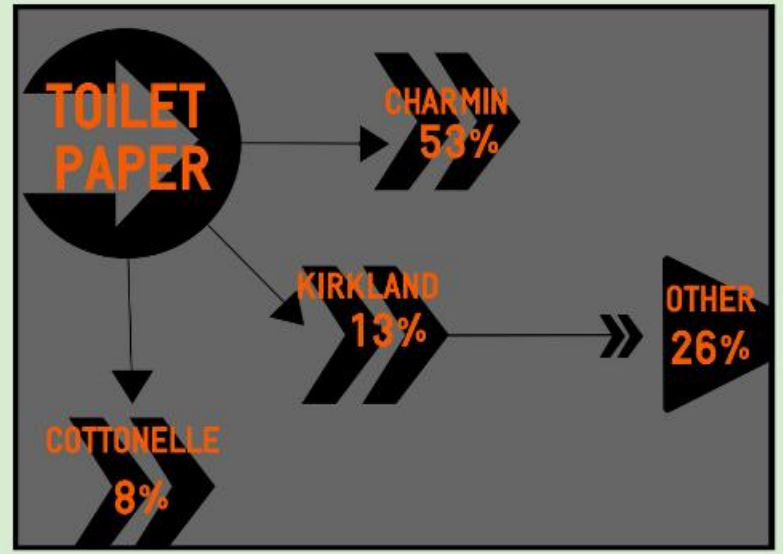
Owens, Max
 Pacheco, Anahi
 Pacheco, Catrina
 Pacheco, Jennifer
 Pacheco, Renae
 Parker, Andrew
 Parks, Mitchell

TreeRing Proof Copy

Pastis, Julia
 Pearson, Beatrix
 Pedrazzetti, Ruby



Pena-Perez, Xalli
 Peralta, Chloe
 Perez, Leilani



Perez, Sara
 Petersen, Kathryn
 Pettigrew, Tyler
 Pham, Kevin
 Phelps, Olivia
 Phenix, Keyoni
 Pinto, Casera



Plack, Jordan
 Pletkin, Alexander
 Plott, Brendan
 Ponce, Isabel
 Ponce-Cabrera,
 Jessica
 Provost, Eleanor
 Pump, Adiana



Purcell, Desmond
 Quezadas,
 Christopher
 Quijas, Brandon
 Rabadan-Munoz,
 Eloisa
 Rael, Vladik
 Ramirez Ramirez,
 Ashley
 Ramirez Vasquez,
 Julian
 Ramirez, Cristobal
 Ramirez, Martin
 Ramirez, Noe
 Ramos, Alicia
 Rangel, Genaro
 Rebolledo, Jorge
 Reyes, Jessica





Reyes, Leslie
 Reyes, Lizbet
 Reyes, Lizet
 Rhoades, Haily
 Richie, Justice
 Rincon, Anahi
 Ririe, Nicholas



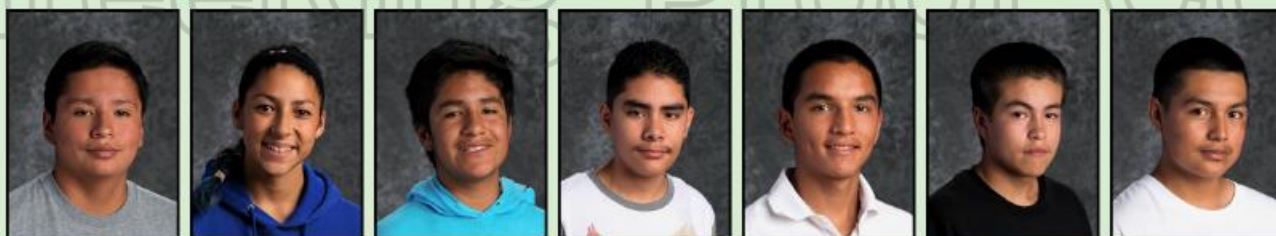
Rivas, Lorenzo
 Rodriguez, Alissa
 Rodriguez, Angel
 Rodriguez, Maritza
 Rojas Loyola, David
 Roll, Sofia
 Roman, Noe



Romero, Arianna
 Romero-Alamilla, Brandon
 Rosales, Jorge
 Rose, Ian
 Rose, Patrick
 Ruggels, Olivia
 Runyon, Aidan



Russell, Erin
 Rydell, Linus
 Salarian, Marcus
 Salas Vazquez, Sebastian
 Salinas, Luke
 Sanchez, Aaron
 Sanchez, Antonio



Sanchez, Edwin
 Sanchez, Emma
 Sanchez, Josue
 Sanchez, Samuel
 Sanchez-Loyola, Alan
 Santacruz, Luis
 Santana, Giovanni



Santoyo, Naomi
 Schlosser, Simon
 Schott, Conor
 Schott-Lujan, Pepper
 Sebal, Trevor
 Sedgwick, Mia
 Sedgwick, Michelle

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Seims, Nathaniel
 Sereni, Marco
 Sewell, Isabella
 Shelley, Sophie
 Shriver, Brynn
 Sibert, Aaron
 Sidney, Sophia



Sloan, Peyton
 Smilie, Stephen
 Smith, Grace
 Smith, Grant
 Smith, Jelena
 Smith, Judah
 Smith, Tamia



Solano, Jennifer
 Solich, Haley
 Soriano Fuentes,
 Yaser
 Spanier, Evan
 Sprinkle, Hayden
 Stark, Spenser
 Stefanski, Justin



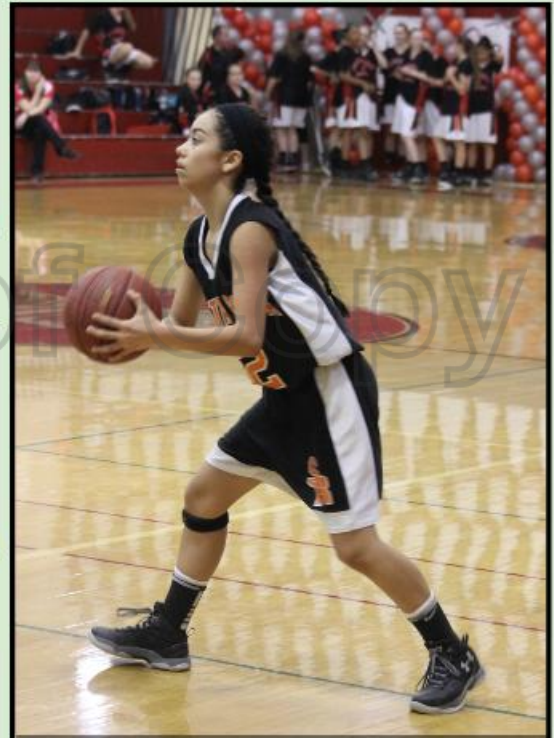
Stegneil, Seren
 Stein, Senya
 Stohlman, Jared
 Stonum, Jessie



Stuart, Scarlet
 Svay, Jehnien
 Syliphone, Sydney
 Tamang, Pemba



Taylor, Ashley
 Taylor, Michael
 Taylor, Olivia
 Thompson, Brooke



>>>BUZZER BEATER: Focusing hard, *Anahi Rincon(9)*, goes up for a shot. "When I came into basketball I started getting to know more people, and now I have a lot more friends," said *Rincon*.



Tilden-Browe, Seven
 Tormo, Zoe
 Torres-Galindo, Eduardo
 Torres-Hermosillo, Juan
 Towns, Carseyana
 Townsend, Jacob
 Trapnell, Paige



Tremayne, James
 Trowbridge, Halei
 Trumble, Hannah
 Truong, Joshua
 Tucker, Lucas
 Tufele, Princess
 Turetsky, Rachael



Turner, Katelyn
 Uch, Kalleyan
 Urquhart, Cameron
 Valce, John
 Valdez, Arynn
 Valdez, Breanna
 Valledor, Calvin



Vaughn, Evan
 Vaughn-Kirk, Veronica
 Vazquez, Diego
 Vega, Christian
 Ventura, Claudette
 Ventura, Michael
 Vera, Joaquin



Victorio, Micah
 Vo, Adam
 Voight, Preston
 Von Arx, Bjorn
 Vu, Khoa
 Wagner, Neo
 Walker, Elias



Walker, Micayla
 Wallace, Mason
 Wandrey, Braden
 Ward Jr., Steven
 Warren, Riley
 Watson, Desiree
 West, Amity

TreeRing Proof Copy

West, Jeremy
Wheeler-Nicholson,
William
White, Amanda
White, Violet
Wickman, Milo
Wilgus, Savannah
Williams, Anika



Willis, Elijah
Wills, Cooper
Wilson, Briana
Wisler, Reece
Wohlschlaeger, Gina
Wolfe, Andrew
Woolverton, Marit



Zalas, Paulina
Zamora, Daphney
Zamora, Izel
Zaragoza, Pedro
Zarco, Fernanda
Zavala, Niza
Zechowy, Mia



Zumsteg, Hayden



Not Pictured

Emily Albers
Robert Bailey
Emanuel Contreras
Mauricio Fernandez Pena
Anthony Galarza
Tiffany Gibbs
Breanna James
Ling Kong
Selena Liscano
Axel Lojas Guzman

Salvador Mendoza Isol
Sara Olsen
Liliana Pell
Ole Pimney
Clementine Puntti
Fernando Rodriguez Lopez
Banden Schiene Hall
Ayden Thomas-Moore
Joselyn Vargas
Ava Young

TreeRing Proof Copy



Treering Pro Copy

feeling confident, gaining knowledge

CLASS OF 2018

The Sophomore Class returns, already knowing the ropes



President
Kaitlyn Kline



Vice President
Reilly Welsh



Secretary/Treasurer
Olivia Glaubiger

Aguilar, Salvador
Aguirre Carrillo, Karina
Ake-Camara, Gabriela
Albers, Emily
Alchemy, Sarah
Alexander, Nicholas
Alvarez, Efren



Alvarez, Jose
Amezquita, Joe
Andersen, Brianna
Andersen, Megan
Anderson, Alyxandra
Anderson, Nina
Antilogus, Charlotte



Appel, Hannah
Aqui, Peter
Araujo, Margarita
Arcos, Alexis
Armstrong, Elinore
Arredondo Carrillo,
Laura
Asgedom, Segen



Astobiza, Joseph
Ausburne, Abigail
Austin, Nathanael
Avila, Eduardo
Axberg, Niyeh
Baca, Adreian
Bailey, Robert





Ballard-Becker, Taylor
 Banks, Chayli
 Barajas-Brassell, Damian
 Barajas-Teran, Karely
 Barrera, Giovanni
 Barricklow, Djuna
 Ossie
 Barrie-Sesay, Solara



Barron, Lina
 Beatie, Dane
 Begley, Morgan
 Berger, Galina
 Bergstrom, Elias
 Bernal, Gerardo
 Biggs, Hannah



Binkley, Andrew
 Binkley, Erin
 Bishop, Isabella
 Bivin, Hannah
 Borges, Hailie
 Brady, Cole
 Briceno, Daniela



"We love to exercise together, like running and doing races together. But then again we also love to eat food together. And sitting on the couch. A lot of sitting on the couch" said *Emma Frost (10)*.



Brinckmann, Anna
 Brock, Amunet
 Burke, Taylor



Butler, Karley
 Cabral, Karly
 Cacharelis, Tianna



Camacho Nunez, Jennifer
 Camacho-Ruiz, Jennifer
 Camp, Morgan

Canniff, Graciela
 Capito, Gabriel
 Carduff, Collin
 Carter, Kirsten
 Cazares, April
 Cervantes, Nayelli
 Chavarria, Denise



Chaverria, Perla
 Chavez, Diego
 Chavez, Jorge
 Chua, Audrey Robbin
 Ciardiello, Sophia
 Claybrook, Abigail
 Cline, Angel



Cobb, Brandon
 Colby, Jackson
 Collado, Aldair
 Cordova, Kiya
 Correa, Alicia
 Cortes Torres,
 Christian
 Cortez, Erin



Costamagna, Anthony
 Costantino, Dominic
 Counter, Cory
 Cox-Balut, Adrienne
 Cramer, Lauren
 Cruz, Luis
 Cuadra, Jesus



Cuevas-Tellez, Angel
 Cummings, April-Ann
 Curiel, Mario
 Dallara, James
 Dao, Jasmin
 De Korsak, Emma
 De Long, Milo



Delgado, Angel
 Demattei, Isabella
 Denham, Cole
 Dhakal, Pranesh
 Diaz, Dmitri
 Diaz, Jesenia
 Dinno, Michelle





Diohep, L.
Do, Phi
Donica, Jason
Donovan, Bonnie
Dooley, Claire
Dowdy, Uzziah
Doyle, Marie



Drafton, Olivia
Dragoman, Samantha
Drake, Emily
Driver, Ryan
Duarte, Peter
Dutcher, Lillian
Edwards, Jered



Erfe-Mejia, Giannina
Eroh, Ella
Escutia, Erick
Espinoza, Angelina
Evich, Rex
Eyler, Richard
Falcone, Savannah



Feldman, Naomi
Felice-Mitschelen,
Samantha
Fenske, Alexandra
Ferris, Savannah
Filimon, Sebastian
Filmon, Robel
Finley, Isabelle



Fitch, David
Flores Carranza,
Jonathan
Floriano, Maria



Flota-Millan, Evelyn
Foley, Cameron
Fong, Ryan

"Track is so much fun because of the people I do it with. Like Rico, for example. We exercise and we laugh and we just have a lot of fun. We stay in shape outside of Track too and we go for hikes together," said **Brandon Cobb (10)**.

Fontes, Zachary
 Foster, Evan
 Fouts, Elliot
 Fowle, Jack



What's your favorite season?
 Why?

Frans, Tianna
 Freeman, Rex
 Fret, Ethan
 Friedland, Melody



"Spring is pretty cool besides the pollen. Everything is so full of life and everyone is so excited for summer. Anticipation is the best," said *Sam Joslyn (10)*.

Froman, Hannah
 Frost, Emma
 Gachet, Sebastian
 Galletti, Mia



Gamez, Rosy
 Gandy, Cole
 Garcia Ayala, Victoria
 Garcia Ruiz, Mario
 Garcia, Ana Maria
 Garcia, Guadalupe
 Garcia, Jacqueline



Garcia-Roberts, Gabriel
 Garnica, Leslie
 Garnica, Marisela
 Garthwaite, Hunter
 Gassner, Lucy
 Geizler, Chloe
 Gilardoni, Tazebachew



Glaubiger, Olivia
 Gleason, Samuel
 Gonzalez Camarena, Jose
 Gonzalez-Andrade, Jacqueline
 Gospe, Natalie
 Griego, Justin
 Griffin, Brandon





Guerra, Wesley
 Guerrero, Raul
 Guerrero-Herrera, Audriana
 Guevara, Waleska
 Gurries, Jordan
 Gustafson, Sean
 Gutierrez, Analicia



Gutierrez, Herber
 Guzman Barajas, Erika
 Guzman Navarro, Margarita
 Guzman, Brittany
 Guzman, Tanya
 Hall, Justin
 Hamilton-Kruger, Eve



Hammond, Sara
 Harmon, Kaylee
 Haugen, Sophie
 Haun, Jack
 Hay, Langston
 Haydock, Marina
 Hays, Alexander



Heinrich, Adria
 Hennes, Devin
 Hennes, Trey
 Hernandez
 Hernandez, Javier
 Hernandez Sandoval, Elena
 Hernandez, Andrew
 Hernandez, Nancy



Herrera, Jeremiah
 Heyer, Marissa
 Hiatt, Bridget
 Hill, Estrella
 Hindmarsh, Maddie
 Hobro, Tyler
 Hodgson, Luka



Hoff, Hunter
 Horton, Christopher
 Hoss, Graceanne
 Hour, Natalie
 House, Sophia
 Huey, Andy
 Hughes, Harmony

TreeRing Proof Colony

Humphrey, Jessica
 Johansson, Mia
 Johnson Grady, Ashley



If you had one million dollars, what would you do with it and why?

Johnson, Jane
 Johnson, Shay
 Johnsrud, Jonas



Johnston, Kaya
 Jojoa Valencia, Laura
 Jojoa, Mauricio



"I would buy a 3 story house with ramps instead of stairs so I could use a self-balancing scooter indoors," said Langston Hay.

Jones, Trevor
 Joslyn, Samuel
 Jurin, Caitlyn
 Jurin, Cameron
 Kamin, Caroline
 Kampmann, Joseph
 Kaslar, Cydney



Kaur, Amber
 Kaur, Harleen
 Keisner, Kaitlyn
 Kelleher, Sarah
 Kiech, Kinley
 King, Hailey
 Kinge, Mark



Kingsbury, Catherine
 Kintz, Miles
 Kirby, Miles
 Kline, Kaitlyn
 Kline, Samantha
 Koons, Devon
 Labrador, Shane





Landrus, Cecilia
Lang, Tucker
Lantow, Calvin
Larsen, Devon
Laytart, Hunter
Leffew, Daniel
Lehr, Ian



Lehrer, Sawyer
Leiva, Blake
Lentz, Katherine
Leon, Phillip
Liberato, Joseph Jun li
Lopez Menjivar, Kevin
Lopez, Jaime



Lopez, Jennifer
Lopez, Karen
Lopez-Silva, Anthony
Lorenzana, Antonio
Luevano, Isaac
Lugo, Andy
Lugo, Anthony



Luna, Francisco
Luna, Gildardo
Luthin, Ava
Ly, Montel
Macdonald, Adrian
Macheras, Connor
Macias, Lizeth

What do you think about our rivalry with Monty?



"I mean, elementally, I'm anti-Monty (it's a chemistry joke)," said **Chris Horton**.



Macias, Ruth
Macondray, Amadi
Madrigal, Daniela
Magana, Luis



Magana, Sarai
Maggioncalda, Gianna
Mallamo, Star
Malone, Griffin

Manning, Quinn
 Mansueto, Leona
 Maravilla, Angel
 Markoff, Sophia
 Martinez Aguiar,
 Bryan
 Martinez, Alejandro
 Martinez, Emily
 Naomi Caro



Martinez, Jesus
 Masuda, Sean
 May, Audrey
 Mazzanti, Enrico
 McAnally, Justin
 McCall, Mason
 McCamish, Scott



McClure, Ellie
 McCracken, Thaddeus
 McCrea, Elodie
 McCready, Peyton
 McCulley, Erin
 McGriff-Parsons, Cole
 McKairnes, Julia



McKenna, Grace
 McKenzie, Annemarie
 Mehta, Robin
 Melen, Jessica
 Mencarini, Ciana
 Mendez, Ashleigh
 Mesfun, Henok



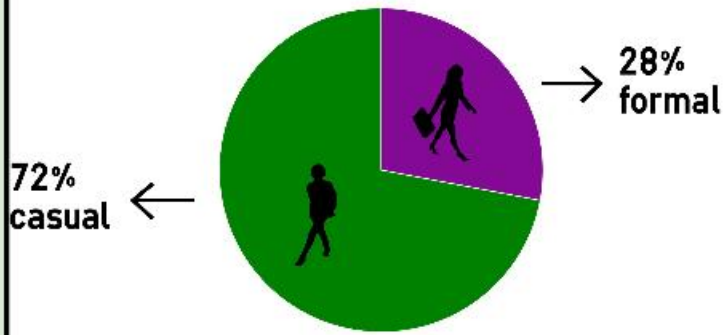
Mestuzzi, Autumn
 Metzger, Alyssa
 Michaels, Ethan
 Michaels, Josh
 Mills, James
 Mintonye, Miranda
 Moges, Habem



Mondragon, Andres
 Morales Montano,
 Denis Andrea
 Morales, Lian
 Moreno, Benjamin
 Moretto-Regout,
 Catherine
 Morris, Layla
 Morrison, Kaitlyn



Would you rather dress casually or formally?



Morse, Natalie
Mottershead, Oscar
Munoz, Brenda



Murdock, Paris
Murphy, Carina
Murphy, Sydney



Myers-Littler, Lisa
Ann
Nagle, Madeline
Nava, Andrea
Nelson, Cassandra
Nordby, Brynna
Nykamp, Rachel
O'Brien, Christopher



O'Riley, James
Ochoa Espinoza,
Julian
Ochoa, Alma
Ockenden, Zander
Oden, Makenzie
Olivares, Alan
Olney, Mary



Olivera Cordova,
Alejandro
Ortiz, Nereida
Ortlinghaus, Meena
Oseguera Galvan,
Eloisa
Oum, Janet
Overton, Ashley
Pachuca-Vicario,
Lisset

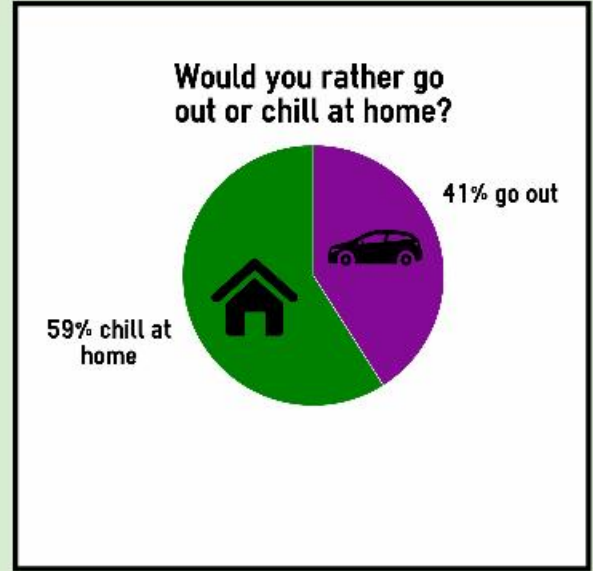


Padilla, Nicole
Pagan, Maia
Palladino, Gabriella
Pan, Darren
Pan, Sharon
Paniagua, Jennifer
Panoo, Angelo

Parenteau, Denicio
 Parrish, Siena
 Patel, Sahel
 Pearl, Jaylyn



Pearson, Angel
 Pemberton, Parker
 Perkins, Jenna
 Phillips, Sadie



Plack, Moriah
 Pontes, Shelby
 Prescott, Thomas
 Pribyl, David
 Pride, Rachel
 Proaps, Faith
 Prosser, Maxwell



Pulido, Bianca
 Quesenberry, Miles
 Quijada, Claudia
 Quirke, Lierin
 Ramirez Cervantes, Sandra
 Ramirez-Fregoso, Esteban
 Rangel Martinez, Esthela



Rasmusen, Sarah
 Redins, Alyssa
 Ressler, Creek
 Reyes, Fidel
 Reynolds, Alexander
 Reynolds, Reid
 Rhodes, Nathan



Rincon, Daniela
 Rivas, Joshua
 Rivera, Jennifer
 Roche, Maren
 Rodriguez Rosas, Bryan
 Rogers, Julia
 Rojas, Frank





Rojas, Jose
Rosales Recinos, Bryan
Rose, Celia
Rowand, Isabel
Rubio, Shaira
Ruderman, Emma
Russell, Hailey



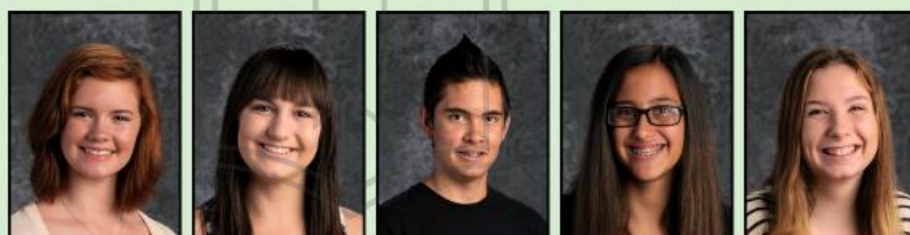
Russell, Kala
Salmeron, Bianca
Sanchez Loyola, Brian
Sanchez, Joshua
Sanchez, Miguel
Sanchez-Ince, Julian
Sanchez-Sepulveda, Ruben



Sanders, Susanne
Santos-Ramsey, Jolie
Saorio, Jair
Saunders, Savannah
Savala, Desiree
Schieberl, Alexander
Schroeder, Kennedy



"I love to read and do homework, as weird as that sounds. I've probably read over 450 books in my life time. I use reading as an outlet for my stress, it calms me down and makes me happy," said *Isabelle Staples (10)*



Schwartz, Kalysta
Scuderi, Siena
Sebestyen, Anthony
Sedeno, Kelly
Seims, Gabrielle



Serrano, Cassandra
Sewell, Matthew
Shakya, Palistha
Sheffield, Crecia
Sherpa, Chyamu



Silva, Brian
Singkeo, Kiawona
Skalski, Stella
Smith, Margaret
Solorio Rivera, Julian

Som, Kannitha
Som, Samnang
Sonke, Emma
Sousa, Brandon
Stabler, Hannah
Stammer, Vance
Staples, Isabel



Staten, Emily
Steele, Jade
Steinhart, Nolan
Stenerson, Sarah
Stokeld, Charlotte
Stornetta, John
Street, Sarah



Suarez, Eduardo
Suarez-Jorge, Andrea
Sweazey, Camryn
Tafoya, Adrian
Takano, Erik
Tapia Lopez, Jose
Tarver, Brendon



Temple, Delaney
Thomas, Ariella
Tirado-Ramos, Valeria



Todd, Johannah
Torres Santos, Julian
Torres, Alexis



Torres, Erika
Torres, Jennifer
Trinkino, Kamryn



Student Spotlight





Trudeau, Tara
Trull, Olivia
Tuon, Jalen
Turpin, Rose
Uhrberg, Maj-Britt
Upright, Faith
Urdaneta, Luisrodrigo



Valdez, Isaac
Valentine, Reed
Vahnachit, Chan
Vasquez Najar, Niko
Vasquez, Daneet
Vasquez, Rheanna
Vazquez, Benjamin



Vergara-Welch, Tiffany
Vigil-Bravo, Guadalupe
Villafuerte, Kandy
Villalobos, Jennifer
Wagner, Camryn
Walker, Alexandria
Walker, Kayley

Question and Answer with Andrea Suqrez

Q: What hobby interests you most?

A: Visual fine arts

Q: What kind of art do you specialize in? Which type do you like to make most?

A: I like to create portraits of people because I feel like people are the things that you are closest to in life. I usually draw people that I know, or just random people in the streets. My favorite way to depict them is through watercolor and ink.

Q: Which piece of art that you've made is your favorite so far?

A: I'm really proud of all of my still life paintings. My favorite of them was one I made of a dancer because there's just so much expression in the piece and I thought it looked like the best so far and it was also really fun piece to create.

Q: What is your favorite thing about creating art? How does it make you feel?

A: Art really relaxes me and it is what's natural to me; it makes me feel as if I'm doing what I should be doing and is what truly makes me happy"

Q: What inspired you to become an artist?

A: In preschool I had to draw a family portrait. And when my dad picked me up that day, my teacher knew exactly who he was, before asking him who his child was, because of how well I drew him. That was when I knew that I had to be an artist. because that feeling of actual recognition, and the happiness I got from drawing my dad, gave me the feeling that being an artist is who I should be.

Q: Do you plan on making a career in your future out of your artistic talents?

A: Yes. I've been making art from the womb and I will make it until the tomb.



Warnert, Siena
Warren, Kobe
Waterman, Alexandria



Watkins, Kimberly
Wattz, Zoe
Weaver, Edgerrin



Weiding, Kyle
Welsh, Reilly
Wessman, Sonja

West, Mason
Williams, Anthony
Williams, Asher



Williams, Kayla
Williams, Sophia
Williamson,
Maximilian



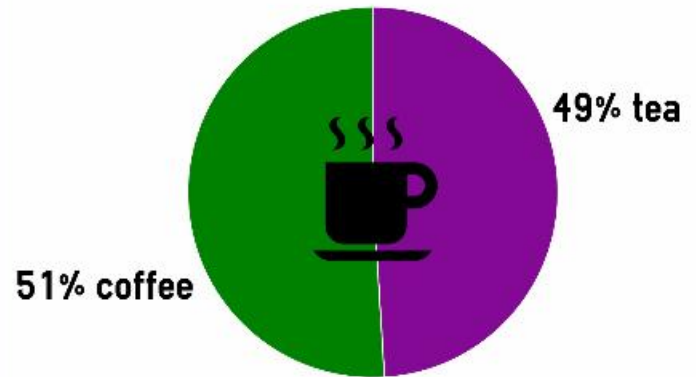
Williamson, Riley
Winters, Samuel
Wolfe, Casey
Wright, Wayne
Wroth, Anjalina
Yama, Manuel
Yancey, Madilyn



Young, Katherine
Zavala, Julia
Zirbel, Chase



Would you rather drink coffee or tea?



Celia Rose (10) has been a scientist for as long as she can remember. "When I was younger I loved to participate in the science fairs at my school. One year I did an experiment on chicken bones and I analyzed what happened to the bones after they were immersed in soda for a month," said **Rose**. Some of **Rose's** most recent experiments include cross-breeding different types of flowers together. "I really loved completing the experiment on cross-breeding because my goal of becoming a geneticist is something I have worked for a really long time and it is what keeps me so motivated in school," said **Rose**.

Rose enjoys observing the world around her and learning about how everything works, from photosynthesis to why humans get goosebumps, she always strives for an answer to her scientific questions. "I've always loved science and learning how things work. It's a good feeling when you learn more and understand the world around you." Not only does science give her the explanations to subjects she's always wondered about, but it also is her goal to help others through science. "I would like to make scientific studies that would improve the understanding of the human body and health and so would help people live their lives better."

Though **Rose** is very passionate about science, she, like most, sometimes struggles with the subject. However, she offers inspirational words to those who may think of giving up on science: "Sometimes science can be really hard, but once you persevere through the struggle of difficult reactions and 'unanswerable' questions, the hard work is definitely worth it. Once you do answer the questions that were thought to be too difficult or for example, you finally get why one substance reacted with another gives off a certain gas, it's the greatest feeling in the world."

Student Spotlight





Not Pictured

Ahern, Matthew
 Anderson, Brianna
 Anderson, Natalie
 Arias-Gallegos, Metzli
 Aviles, Angelo
 Bowen, Cameron
 Brasher, Carole
 Brown-Barojas, Richard
 Burris, Shyane
 Catalan Espinoza, Hugo
 Flores, Jose
 Garcia, Sandra
 Garcia, Victoria Garcia, Mario
 Gonzalez, Miguel
 Hernandez, Jaqueline
 Hickman, Charles Howard, John
 Johnson, Jane
 Johnson, Shay

Macias, Adrian
 Manning, Quintin
 Mansueta, Leona
 Maravilla, Angel
 Marufo, Shareen
 Martinez, Emily
 Meza, Luis
 Morales, Lizeth
 Moreno, Fernando
 Ochoa, Alma
 Palomares, Monica
 Parra, Javier
 Patrick, Mica
 Peterson-Estrada, Temoc
 Ramos, Katia
 Rankin, Addie
 Resendez, Alexis
 Revuelta, Viviana

Rinehart, Chelsea
 Robles, Jacob
 Rodriguez, Alexandra
 Santiago, Cristian
 Silva, Stevie
 Solorio Rivera, Jair
 Soto, Uriel
 Stephens, Kymberly
 Tellez, Itzel
 Thomas, Blake
 Santos, Julian Torres
 Vasquez, Galindo
 Wichmann, Nadav
 Zurita, Diego

feeling the pressure, finding direction
CLASS OF 2017

The Junior Class faces a year of stress and hard work



President
Emily Coddling



Vice President
Bre Bianci



Secretary
Alexis McCulloch

Aguilar, Pablo
 Albor Tapia, Enrique
 Albor, Orlando
 Alonso-Mendoza,
 Cesar
 Alvarado, Ashley
 Alvarez, Itzel
 Amante, Selena



Ambriz, Jacob
 Andersen, Evan
 Anderson, Claire
 Angel, Marco
 Apostle, Avery
 Aqui, Emily
 Aragon, Kalypso



Arevalo, Sam
 Arvin, Sky
 Aukai, Kalei
 Avellaneda, Roberto
 Avila, Carlos
 Avila, Steven
 Avina, Rene



Ayala, Shayla
 Baez, Adriana
 Bailey, Charles
 Baker, Alea
 Baker, Samantha
 Banks, William
 Barbosa, Jacqueline



Best to Binge

What Your Classmates Watched this Year

Walking Dead.....	24%
American Horror Story.....	16%
The Office.....	12%
Friends.....	10%
Orange is the New Black.....	9%
Parks and Rec.....	8%
Gossip Girl.....	6%
Grey's Anatomy.....	4%
Supernatural.....	3%
Gilmore Girls.....	2%
One Tree Hill.....	1%
Scandal.....	1%



Barela-Lopez, Andrew
Barragan, Cesar
Barrera, Antonio
Barrera, David



Becker, Griffin
Bell, James
Bell, Savannah
Bianchi Childress,
Breanna



Blancaflor, Jenna
Bohlke-Slater,
Samantha
Bonds, Alaric
Bowen, Amanda
Brantley, Bo
Brown, Rachel
Brown, Samantha



Brunet, Catherine
Brunn, Kenneth
Burgess, Emma
Burns, John
Burns, Laura
Burton, Ryan
Calderon, Jacqueline



Caldwell, Jordan
Calloway, Christopher
Calvillo, Mirian
Camacho Gutierrez,
Cindy
Campos, Natalia
Caravelli, Nicolas
Cardenas, Alma



Carpenter, Rosalynda
Carter, Wynema
Caruso, Jessica
Catrambone, Azure
Cazares Tapia, Jose
Rey
Chavez Coria, Selena
Chavez, Daniel

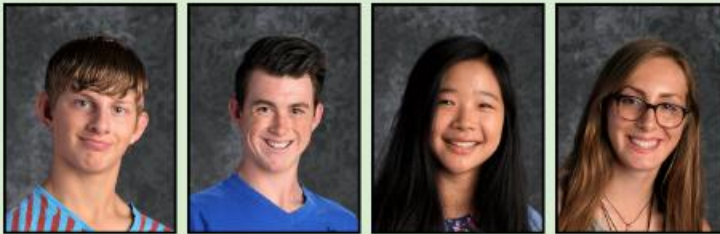
What is the #1 thing on your bucket list?

Chavez, Erika
Chi, Johnathan
Chilcote, Thomas
Chin, Keva



"To use my brother as a car and try to go through a drive through," said Katherine Hansen.

Chock, Noah
Christianson, August
Chu, Emily
Claffa, Luisa



Cignetti, Enzo
Cipes, Ravendawn
Claret, Maxwell
Clark, Caitlyn
Clark, Celena
Clarkson, Reilly
Coddling, Emily



Colombini, Sawyer
Condron, Max
Cordova, Garrett
Cornell, James
Cortes, Zianya
Cortez, Stephanie
Cozine, Rose



Craig, Riley
Crompton, Colin
Cruz Monsivais, Lilitiana
Cuevas Gutierrez, Alondra
Cuevas Torres, Alondra
Curiel, Daniel
Curry, Michael



Daly, Allison
Dang, Dylan
Dang, Thao
DeFazio, Katie
Dehnert, Mikenna
Dempsey, Bronagh
Densham, Sarah





Deppe, Jasmine
Dias, Andrew
Diaz, Maria
Diggs, Alex
Dillon, Casey
Dim, Patti
Dinges, Victoria



Dinniene, Ethan
Dionne, Taylor
Dippel, Kellen
Do, Jason
Dominguez, Mia
Dow, James
Duffy, Fallon



Dunn, Ashton
Duque, Pamela
Edillor, Dreena
Elias, Aaliyah
Erts, Jillian
Escutia, Cruz
Esparza, Miguel



Farison, Chloe
Fay, Whitney
Feige, Kate
Felton, Caleb
Fess, Shealynn
Fleischmann, Megan
Flores, Ashley



Foster, McKenzie
Fragoso, Elisa
Francavilla, Eryn
Frandsen, Tucker
Frey, Emma
Froman, Sebastian
Galindo, Elizabeth



Galindo, Zulema
Gamble, Talia
Garcia Huertero, Jose
Garcia, Alessia
Garcia, Angelina
Garcia, Raul
Garcia-Medina, Edgar

TreeRing Proof Copy

Garrison, Brian
 Gilleran, Thomas
 Gillogly, Loren
 Go, Jorgen Victor
 Gomez, Noely
 Gomez, Valeria
 Gonzalez, Juliana



Goodacre, Nicholas
 Gray, Samuel
 Green, Cara
 Grenion, Mikaela
 Guerrero Uzueta,
 Daisy
 Guerrero, Alondra
 Guerrero, Emma



Guilfoil, Emma
 Gutierrez Martinez,
 Zurisadai
 Gutierrez, Brianna
 Gutsch, Jordan
 Guzman, Elizabeth
 Guzman, Emil
 Hagins, Denzel



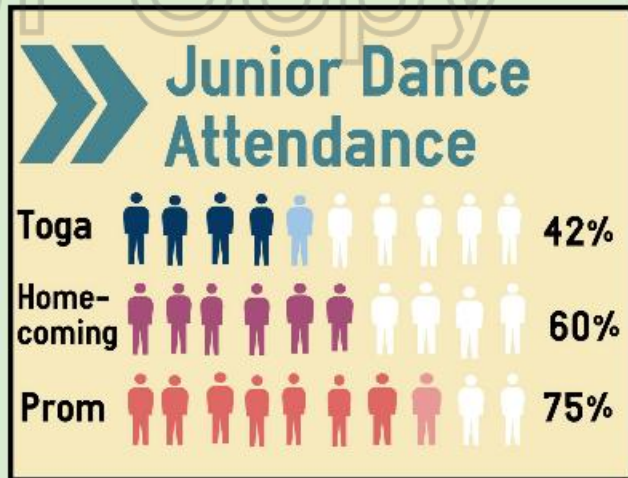
Haiman, Justin
 Haimson, Nathan
 Hamilton, Abigail
 Hansen, Gina
 Hansen, Katherine
 Henley, Jasmine
 Hernandez, Yajaira



Hewson, Haley
 Hill, Marcos
 Hobart, John
 Holt, Zachery



Hoss, Jacob
 Howard, Daniela
 Howard, Sara
 Howell, Beatrice





Huerta, Miguel
Huffman, Dakota
Hunn, Joshua
Hylton, Levi
Irvin, Jessica
Irwin, Felix
Jafari, Jessica



Janred, Lisa
Jaramillo, Casey
Jimenez Contreras,
Luis
Johnson, Dana
Johnson, Nikolette
Johnston, Zella
Jolliff, Jordan



Jordan, Chervonna
Jordan, Robert
Jorgenson, Haley
Jorin, Zachary
Junkel, Melissa
Kang, Melody
Kegney, Brooke



Keith, Gerrit
Kelley, Madison
Kelly, Sally
Kern, Veronica
Kong, Christopher
Kozlowski, Molly
Kram, Madison



Kuria, Ezekiel
Kuzmenko, Karina
Kuzmenko, Kristina
Lam, Phu
Lamaison, Mariah
Lamark, Ariana



Langer, Christopher
Langer, Lea
Lazo, Michelle
Leach, Hailey
Lee, Amanda
Lee, Carolina
Lee, Wentir

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Lehr, Isaac
 Leinhaupel, Alec
 Lemus, Carlos
 Leon, Elva
 Lewis, Alex
 Light, Sophia
 Link, Kirra



Loeffler, Sydney
 Lopez Menjivar, Leslie
 Lopez Vargas,
 Cristofer
 Lopez, Adriana
 Lopez, Cecilia
 Lopez, Jennifer
 Lopez-Ambrosio,
 Miguel



Lopez-Rocha, Sabrina
 LoSchiavo, Brittany
 Lozano, Pranjaree
 Lozano-Casillas, Lidia
 Dianna
 Lucas, Maiah
 Luna Maciel, Maria
 Lund, Anna



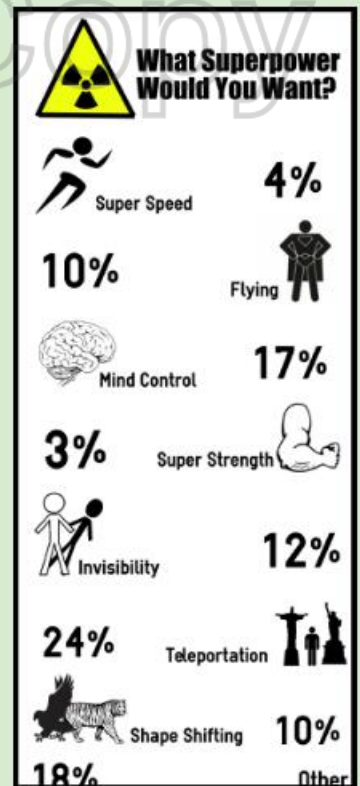
Magana, Kevin
 Magana, Uziel
 Manning, Trevon
 Manzo, Celeste
 March, Zachary
 Marks, Dylan
 Martinez, Giselle



Martinez, Jilliyn
 Mason-White, Evan
 Matias, Nathaniel
 Matlock, Kamrin
 Matlock, Tristan



Maxwell, Isabella
 Mazzanti, Luca
 McCann, Miranda
 McCowen, Kyle
 McCulloch, Alexis





McDonald, Riley
McDonnell,
Christopher
McEvoy, Patricia
McGranahan, Patrick
McManus, Jeremiah
Meas, Nora
Mehta, Shalika



Melo, Jaime
Mendoza Isol,
Celestino
Mendoza Nava,
Monica
Menendez, Pamela
Menon, Ankita
Mensch, Samuel
Michaca, Xochitl



Mikalson, Benjamin
Miller, Sophia
Milligan, Olivia
Minor, Keviette
Mitchell, Petra
Modar, Cerra
Molsberry, Bailie



Moore, Natasha
Moore, Zoe
Morales, Mitzzy
Moreno, Isidro
Moss, Natalie
Mott, Lilian
Moules, Jennifer



Murachanian,
Nickolas
Murata, Lehua
Murillo, Manuel
Naranjo, Zach
Nazarov, Evan
Negrete, Andreina
Negron, Miranda



Nelson, Ethan
Nelson-Livous, Eva
Newlin, Kyle
Ngo, Carolyn
Nguyen, Kailee
Nieto, Alejandro
Nunez, Esteban

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O'Brien, Kayley
 Onate, Isabelle
 Ornbaun, Jerimy
 Oseguera Galvan, Juan
 Owen, Justin
 Page, Wesley
 Palmer, Riley



Palomares, Miguel
 Pawley, Dorothy
 Pelosi, Evin
 Pemberton, Chase
 Penny, Skyler
 Perez Chavez, Carlos
 Perez, Cristian



Perez, Genesis
 Perez, Stephanie
 Perez-Hart, Fiona
 Phengaroune, Demitri
 Phommachanh,
 Nicholas
 Pierce, Bradley
 Plourde, Justin



Poe, Grace
 Pondolfino, Kathleen
 Ponsford, Summer
 Ponte, Azlen
 Poole, Destiny
 Preston, Nathaniel
 Pribyl, Hannah



Pride, Daniel
 Provost, Abigail
 Quinn, Jacob
 Rabellino, Isabella
 Raff, Emma
 Rai, Jessie
 Ramos, Joshua



Ramos, Marlene
 Rankin, Shane
 Reitenbach, Brooke
 Reyes, Alvaro
 Rinehart, Benjamin
 Ririe, Briana
 Rivera Vidrio,
 Cuauhtemoc



Would you want to
live forever?



"No, it is not part of the natural order. I could never come to see everything I know and love wither and die. I will accept my fate when my day comes," said Ashley Whitt.



Rivera, Destiny
Rodriguez Godinez,
Alvaro
Rojas, Jackeline
Rosas Narvaez,
Alondra



Rosas, Gabriela
Ruppel, Cody
Saavedra, Joseph
Salinas, Joseph



Salvador, Alexis
Sanabria De La Cruz,
Giovanni
Sanchez, Maria
Sandoval-Romero,
Frankie
Schlosser, Fereby
Schroth, Kylee
Schuster, Wyatt



Sears, Chase
Seliga, Andrew
Sendall, Alexis
Serratos, Henry
Sharp, Aurora
Sherpa, Dawa
Sherpa, Pema



Simpson, Kendall
Simpson, Kendra
Singh, Lovepreet
Siple, Trevor
Sloan, Skylar
Sloat, Emma
Smith, Trevor



Solis, Karina
Sotak, Ashton
Soto, Matthew
Spierings, Noah
Stark, Elizabeth
Steele, Isabella
Steele, Isaiah

Would you want to live forever?

Stenerson, Hannah
Storie, Kaley
Suarez, Alondra
Suarez, Jesus
Suarez, Naomi



"Yeah, so I could outlive my enemies," said Matthew Soto.

Sugarman, Alexander
Suter, Tori
Sutton, Isabelle
Tannehill, Alexis
Tellez Pacheco, Luis
Antonio
Tenorio, Angel
Thapa, Prabin



Thongrasmy, Phurksa
Thornton, Alyssa
Tilsch, Hannah
Tipantuna, Gabriel
Toby, Justin
Torres Mendoza, Raul
Torres, Luis



Torres, Martha
Trask, Hailey
Trent, Teryn
Turetsky, Jessica
Uraje, Armando
Urquieta, Dalia
Urquieta, Teresa



Valavanis, Adrienne
Valdez, Eric
Valdez, Faith
Valencia, Gerardo
Valencia, Jose
Valencia, Victor
Valrey, Zoe



Van Dyke, William
Varakin, Andrey
Vargas-Milano, Jason
Vasquez, Adrian
Vazquez, Jonathan
Vazquez, Jose
Vega, Bella





Vickrey, Ethan
 Villa, Flor
 Villagomez, Jose
 Vyeniolo, Tosh
 Wagner, Michael
 Walker, Joe
 Walling, Alexis



Warner, Rachel
 Warr, Sydney
 Warren, Dylan
 Waters, Olivia
 Watkins, Dustin
 Watson, Chloe
 Webb, David



Weitzenberg, Gavin
 White, Aidan
 White, Connor
 White, James
 Whitt, Ashley
 Wiecek, Gavin
 Windus, Bailey



Wisler, Emma
 Wolcott, Tyler
 Wood, Abbe
 Yerofeyava, Daria
 Zalas, Mariana
 Zarco, Bianca
 Zettel, Willow

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Not Pictured

Allen, Taj
 Banks Cassius
 Brumley Elisha
 Caballero-Mancera, Alma
 Campell, Ashton
 Contreras-Rivas, Yaisiri
 Cortez, Isela
 Cuevas, Daniel
 Fildes, Dustin
 Fletcher, Bradley
 Gajurel, Aayush
 Garcia, Mauricio
 Cassner, Lucy

Gomez, Julio
 Hayden, Sophia
 Hernandez-Perez, Joseph
 Hudson Naranjo, Zachary
 King, Amber
 Lopez, Yasmine
 Lue Arevalo, Wendy
 Medrano-Reyes, Juan
 Miller, Brianna
 Muro, Deven
 Olvera Cordova, Jonathan
 Perez Chavez, Carlos
 Perez-Cornejo, Fredy

Plyer, Natalie
 Provost, Jackson
 Quimbey, Justin
 Rodriguez Guerrero, Ashley
 Roland Hill, Marcos
 Ross-Dillon, Travis
 Sheffield Gomez, Grecia
 Shepherd, Riley
 Tofoya, Brandon
 Tellez, Consuelo
 Uriostegui Lazcano, Isacc

final goodbyes, lasting memories
CLASS OF 2016

The **Senior Class** prepares to set out into the world, forging paths of orange & black



I'd like to thank the class of 2016 for being such an incredible class. I am truly honored to have been your Principal over the last four years. The students of this class have shown me what the future will hold by the actions you have taken. From the drama productions, shows, events and clubs, to the community work at veterans events, parades, feeding the homeless to helping our environment, I know the future is in good hands. No matter where all of you end up living and working, I hope you will remember your years at Santa Rosa High School fondly. I am looking forward to hearing about the accomplishments you will make in the world!

Love, Brad Coscarelli

Once a Panther, always a Panther!







Patrice Acker



Kimberly Acosta-Ha

"Take those broken wings and learn how to fly."



Marisol Aguirre



Maatiana Ahmed

"What's meant to be will always find its way." - Champagne out



Brian Alderman



Angel Alfaro



Joseph Alongi



Bryana Alvarez



Monica Alvarez

"We're adults. When did that happen and how do we make it stop?"



Melina Ames

"The only real failure in life is not to be true to the best one knows."



Jasmin Amezcua

"The secret to a beautiful smile is a beautiful heart!" - Jazzy



Isabella Anderson



Hailey Anderson

"Don't be afraid to give up the good to go the great. - John D. Rockefeller"



Lillianne Anderson

"It's the errors that make them valuable. That's my theory on people."



Jessica Arroyo



Stephanie Avellaneda

"Take me home; no really, Sephora is not far from here"



Celeste Barajas



Nina Bardwell-Chanthalangsy

"Procrastinated on senior quote"



Jackson Barnard

"Who coined the term 'coined the term?'"



Simone Barnard

"I was planned."



Quincey Barnett

"Non, je ne regrette rien" - Edith Piaf



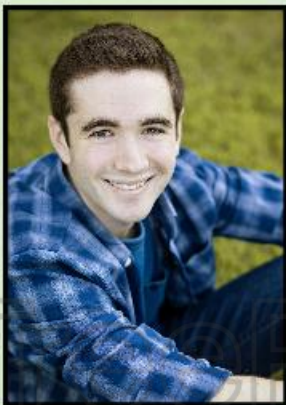
Dary Barrera



Jessica Barrientos



Madelyn Batchelder



Stephen Becker



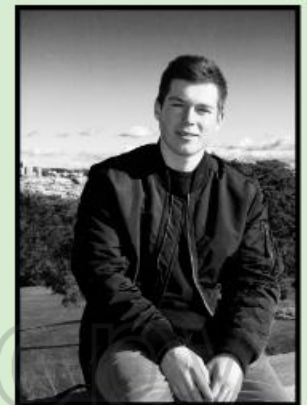
Stephanie Beckman

"I'm too tired to think of a quote."



Adrianna Begley

"I actually wasn't truly single.. My steer is my boyfriend."



Alexander Beletsis

"You can have anything you want, you just can't have everything."



Delano Bell



Taylor Bellinghausen

"See kids, I told you mom was hot in high school!"



Emily Berk



Marlo Bertozzi

"Lettuce turnip the beef!"

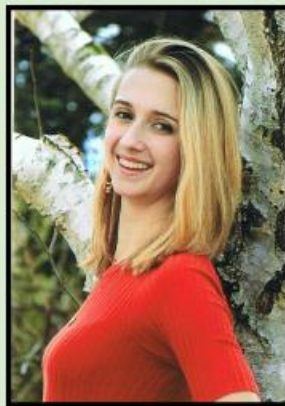


Brittney Bignasca



Robert Bisordi

"Life's hard. It's harder when you're stupid" - John Wayne



Kendall Block

"Supercalifragilistic expialidocious."



Gavin Blower

"Enjoy the moment, for it's not here for long."



Anna Bouquet

"



Aidan Bourdage

"Take care of all your memories, for you cannot relive them." - Bob Dylan



Elijahblue Bowers

"Don't permit the pressure to exceed the pleasure."



Janelle Bowers

"Rescue. Rehome. Repeat."



Garrett Brady

"Old enough to know it's wrong, young enough to do it again."



Justin Brady



Ross Brady



Sarah Briggs

"I'm not superstitious but I am a little stitious" - Michael Scott



Hannah Burch



Anthony Busack



Alberto Bustos



Brad Butterfield

"Wingin' it."



Andrew Calahan



Jaime Campos

"Strive not to be a success, but rather to be of value."



Isabel Cano Gomez



Alejandro Cantabrana

"Can't fight against the youth, because we're strong!" - Brad Lee



Katherine Cardona

"Do you believe in love? Yes, I fall in love with every dog I see."

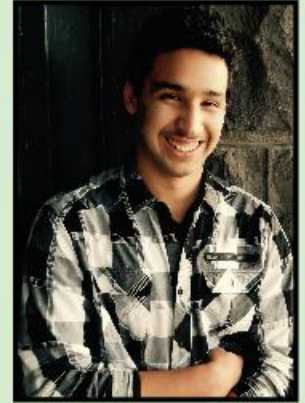


Marissa Castillo



Sarah Catching

"And this is how it starts." - The 1975



Francisco Cebrenros

"Look for the silver-lining."



Julianna Celli

"I have no idea what I'm doing but I know I'm doing it really really well!"



Liliana Cerda

"I love inside jokes. Love to be a part of one someday."

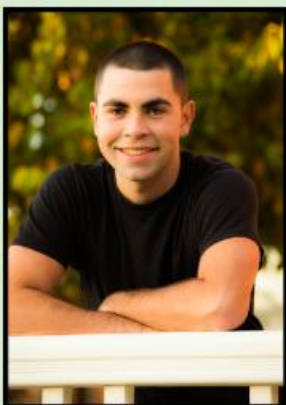


Royce Chanthalangsy

"I may not have been the best student but at least I had fun."

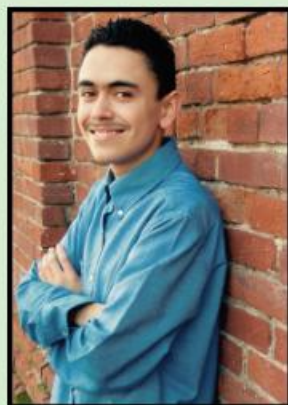


Casey Chapman



Jacob Chavez

"I eat ice cream with my chicken."



Miguel Chavez



Morrin Cherry

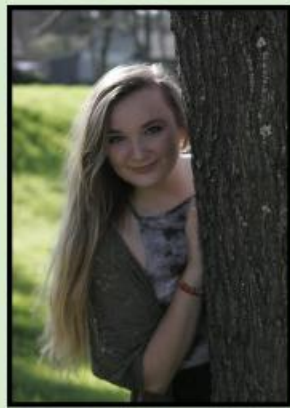
"To infinity and beyond..!"



Gianna Cianfichi



Sequoia Cipes



Audrey Clark



Denisia Clark



Garrett Clegg

"Live life to please yourself. Who cares what anyone else thinks?"



Maddison Clifton

"To the window..."



Olivia Cobb

"Just smile and wave, boys, smile and wave."



Emily Cogliandro

"People say nothing is impossible, but I do nothing every day."



Kevin Conejo

"Make your dreams come true."



Gina Conley

"Com to be wild."



Sean Conlon

"I am a nice person. People that know me like me" - Donald J. Trump



Jasmine Contreras



Diana Contreras Cervantes



Carlos Contreras Rauda



Nathaniel Cortez



Spencer Cortright



Annabel Cowden-Howarth

"Life is short, so smile while you still have teeth!"



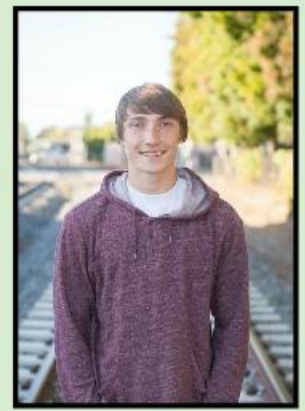
Kyra Cromwell



Frebrenie Dale



Jatinder Dhaliwal



Nico D'Amato



Jameson Danning

"My favorite hobby is winking at strangers."



Brandon Dearmore

"...like Buzz and Woody."



Annelise deLong



Mark DeMaria

"...to the wall!"



Caitlyn Des-Bordes



Alex Dewey

"You're constantly being judged in the memories of an older you."



Karina Diaz-Adley



Katie Doeckel



Joshua Doyle

"WHAT UP NOW, SWEDES?
WOOOO!"



Milena Duarte



Kennan Dunn



Sophia Emad



Siany Escamilla



Serafin Escutia Cornejo
"I am DISGUSTED."



Samuele Esperon
"Believe the stars will light your path, even a little bit."



Jake Ethington
"In the book of life, the answers aren't in the back."



Sidney Falbo
"Stay determined." - Undertale



Benjamin Farkas



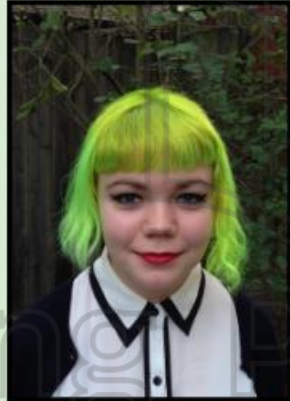
Zoe Farmer



Matthew Farren
"Curiosity killed the Matt."
-Jordan Walker



Megan Fassold



Clara Fast
"Life moves pretty fast. Run faster!"



Tess Felando



Haley Madison Fletcher
"We acquire the strength we have overcome." - Ralph Waldo Emerson



Jesus Flores



Julia Flores
"Better to regret something you did than something you didn't."



Mikayla Forer
"Thanks, Justin Bieber, for getting me through this year."



Christopher Foy



Christina Frost
"Not all blondes are dumb."



Deborah Fry
"Accept the challenges so that you can feel the exhilaration of victory." -George S. Patton



Lily Gack



Anthony Gallegos
"Wine and dinin' with a diamond, she Hawaiian."



Garima Chaudhary



Raechel Garner
"No one knows who I am yet."



Morelia Gaspar



Dylan Gault
"Yes, I'm diabetic. Yes, I can eat that."



Michael Gesualdo



Rebecca Gibson



Corey Glynn
"Come on dude, let's go bowling."
-Walter Sobchak



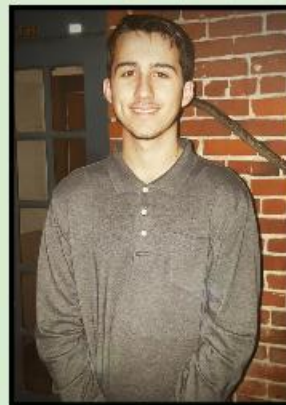
Eden Gold



David Gomez
"Don't call me when my mixtape drops."



Edwin Martin Gomez
"If a man does not have sauce, then he is lost." -Gucci Mane



Daniel Gonzalez
"Who needs a photographer when you have a phone?"



Annika Gordon



Daniel Greenan

"I'm the real Dirty Dan." -Spongebob

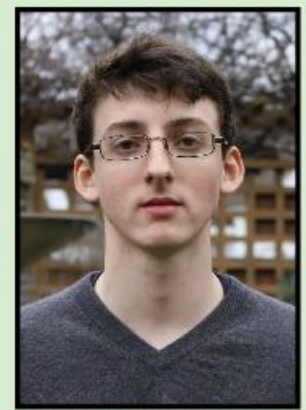


Kendra Gregersen

"If your dreams don't scare you, they aren't big enough."



Katelynn Griffin



Ragsdale Growden

"Scarf."



Emori Gucake



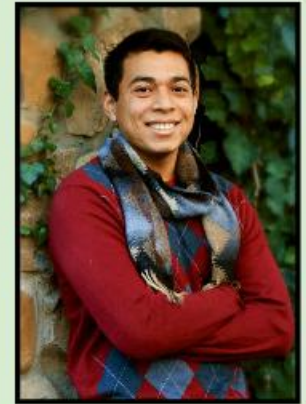
Jasmin Guillen

"Yes, this is my natural hair color."



Yovani Guizar

"Silence is the best reply to a fool!"



Josue Gutierrez Lopez

"I walk like everything's okay but deep down, my sock is slipping."



Juliana Guzman Dominguez

#grad #selfie #madeit #wontmissyou #smile #followme #TBT #inout



Jasmine Hall

"Crawl, walk, run - but whatever you do, keep moving forward."



Mikaila Hall

"Do or don't; you'll regret both."



Hope Hansen



Madelena Hansen

"Silence kills good ideas! So shout!"



Zelia Harger



Isabella Harman



Riley Harrison

"Only feelings I've had in high school are tired and no."



Sarah Hayden

"Is Stars Wars the one with the wizard boy?" -Ron Swanson



Andrew Hejl



Madison Hennes

"We've all got both light and dark inside us."



Samantha Hermosillo

"This isn't Burger King; you can't have it your way."



Olivia Hernandez



Jessica Herrera



Casie Herron



Dakota Hidas



John Hobart



Tiffany Hoecker



Brittany Holder

"There's too many people. We need a new plague." -Dwight Schrute



Aimee Holland



Marcus Hollingsworth

"You're not ugly; think of yourself as a beautiful monkey."



Kira Holtzer

"Life is better when you're laughing."



Michael Horton



Daniel Hough

"It takes hard work and determination to get to the next level in life."



Kathryn Houser
"Forsure."



Hannah Huisking



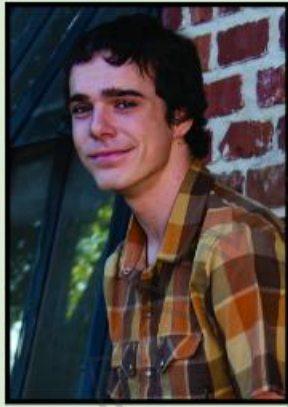
Keven Hunt



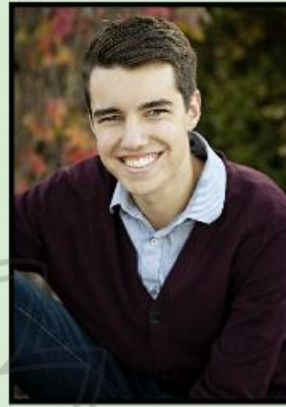
Julian Iervolino



Linda Jacobson
"Kindness is something to be truly appreciated. Thanks, SRHS!"



Jake Jared



Arlen Jeane



Travis Jensen



Raeanne Johnson



Kajsa Johnsrud
"Master have given Kajsa a diploma. Kajsa is freeee!!" - Dobby



Andrew Jones



Corinne Jones
"Can you please play 'Work Out' by J. Cole?"



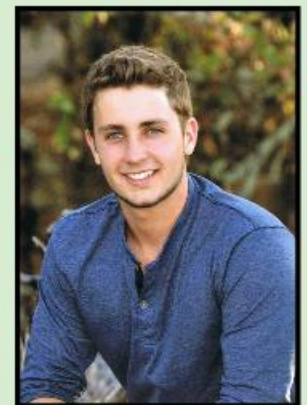
Kenna Kane



Alia Kanihan



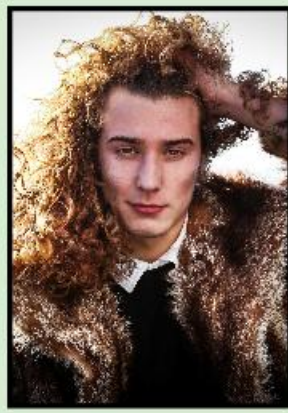
Devon Keelty
"You can plan for the future but can only take it one day at a time."



Tyler Kelley
"Motivated by the fear of being average."



Benjamin Kelly-Blum
"Don't make me get my Gucci flip flops."



Miles Kesser
"Move over refrigerators, here's what's cool."



Leanna Khamvongsa
Even after we graduate, my hotline still won't bling."



Macey Knope



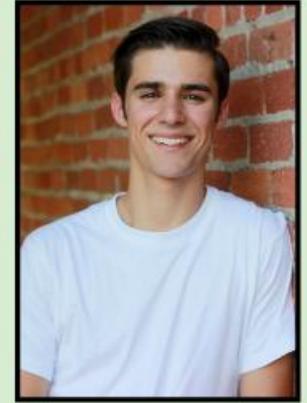
Mary Lameiro



Paul Lameiro
"The best way to predict the future is to create it."



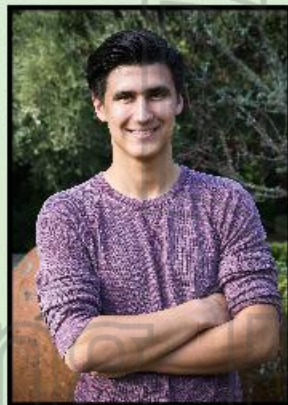
Gianni Landaverde
"Don't cry 'cuz it's over, smile 'cuz it happened."



Thomas LaVine



Michele Lawson
"A goat's frown can not stop it from being taken to the market."



Christopher Leach



Avery Lentz
"I just don't carrot all.
#shockedthemintosubmission #whatever"



Teresa Leon-Ibanez
"I am visually fine."



Esme Lewis



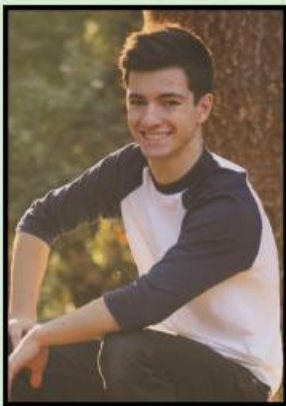
Jo-Anne Mae Liberato



Hannah Lipman
"wait, what?"



Karina Lochner
"..Magic!"



Daniel London

"LADIES AND GENTLEMEN PLEASE! DO NOT BE LATE!" - AJ



Guadalupe Lopez



Mireya Lopez



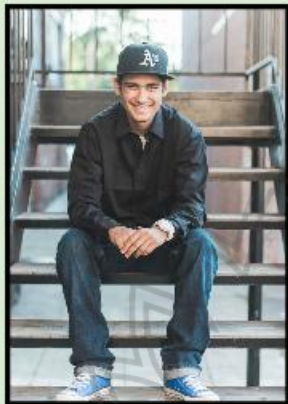
Daniela Lopez Vega

"Hey, hey, hey!"



Ryan Lorenz

"Free my boy, B."



Tristin Lota



Kelly Luekens

"I actually won Mr. Panther."



John Lugo

"You can't be paralyzed by fear or failure or you would never push yourself."



Avery Lynch



Shamus Lyons



Sierra Macken

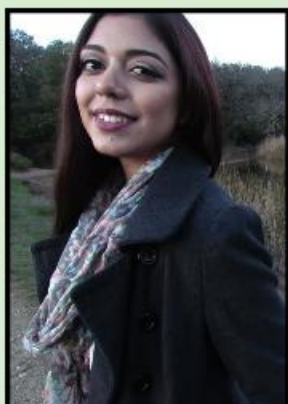


Mazi Macondray

"Boomin Poppin" - Julian Iervolino



Madelyn Maffia



Perla Magana

"when they give you ruled paper, write the other way."



Victoria Mapoy

"I can't wait to look back at all of this and laugh."



Cody Mariani



Arielle Markowitz



Kaitlyn Marshall



Edwin Martinez



Jonathan Martinez Gutierrez



Bryan Masuda

"If you see this, I still love you."



Rebecca Mateo

"The effort you put forth to anything, transcends yourself for there is no futility even in death!" - Monty Oum



Melanie Mathewson

"If it doesn't have meat, it's a snack." - Ron Swanson

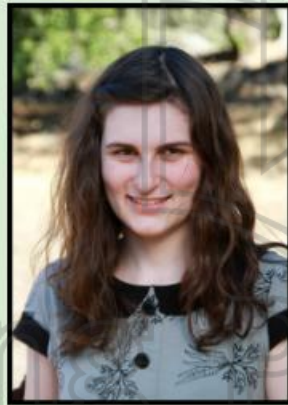


Cameron McAtee



Sarah McCamish

"Stillness. Don't waste energy moving unless necessary."

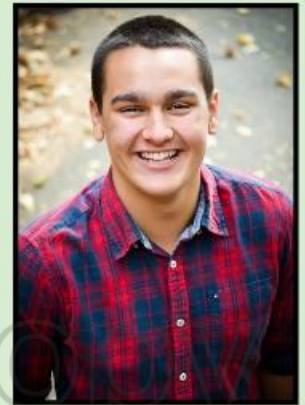


Iris McGuckin

"Without stories, we wouldn't be human beings at all." - Philip Pullman



Julia McKamey



Ross McKnight

"That's life, man."



Gerald Mello



Abbie Mendenhall

"I should have won best singer."



Caroline Mertz

"60% of the time, it works every time."



Brittney Miller



Katelyn Miller

"You watch while I revise the world."
Sunday in the Park with George



Vanessa Mondragon



Evan Moore

"They say I've got brains but they ain't
doing me no good!" -Brian Wilson



Emma Mueller

"I'm the hot twin."



Nicholas Mueller



Julia Muniz

"I'd like to thank all the kids who
didn't cover their test papers!"



Angel Murillo



Maria Laura Murillo



Carissa Nacol

"I hate art!" -Teresa Leon



Xavier Nava

"Take joy in the simple things in life!"

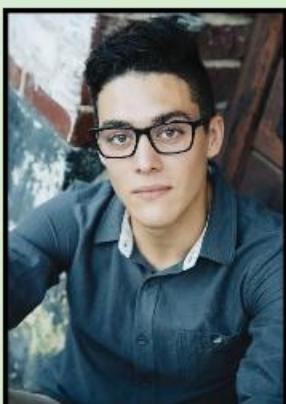


Tommy Nguyen



Whitney Nguyen

"Don't get lost in the sauce."



Jacob Nightingale

"What do you do while I'm gone?"
-Spongebob

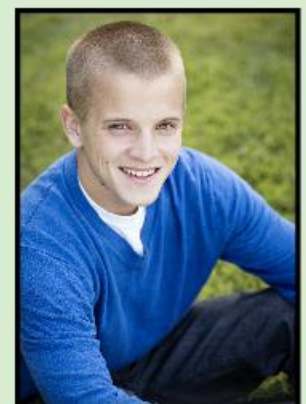


Shayla Nordby

"Wait for you to come back."
-Patrick Star



Elaina Norris



Samuel Nudi



Julian Ochoa Contreras

"Don't set yourself on fire to keep others warm."



Paola Ojeda

"We have a choice. To live or to exist." -Harry Styles



Raul Ojeda

"I don't play with demons."



Sierra Oleson



Georgia Ortiz

"I can give you your heart's desire. Help you set your world on fire." -Caryl Churchill



Arabella Osorio



Jasmine Oum



Sarah Pack



Bryant Palacios



Ulises Palma Gonzalez

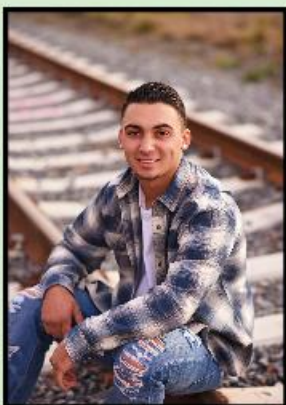


Yasmin Palomares



Elyssia Panoo

"They used to say I couldn't go too far, but now I'm here."



Daniel Pardo



Adam Parker

"Y'all need Jesus."



Jodi Pasquini



Isabella Passey



Micaela Penilla



Maria Perez

"I used to be smart until math happened and it blew my mind."



Jeffrey Perrone

"A life is like a garden; perfect moments can be had, but not preserved, except in memory."



Casey Peterson



Ashlee Peterson

"I don't know half of you half as well I should like, and I like less than half of you half as well as you deserve."



Austen Peterson

"My tach goes to 4, but I can always pull more."



Ryan Phillips



Micah Pintor

"Don't raise your voice. Improve your argument."



Justin Plott



Giovanni Portillo Loya



Leah Post

"I am ready to face any challenger that might be foolish enough to face me." -Dwight Schrute



Christian Pouden



Maicie Rackerby

"Live life at full draw."



Annabella Raffaini



Mitchell Ramirez



Natalie Ramsey



Madison Rasmussen

"Merme queen 2k16."



Nicole Redins

"Always be yourself. Unless you suck, then pretend to be someone else."



Amelia Reed



Nicholas Reis



Jadzia Renda

"What a drag."-Shikamaru Nara



Nicholas Richard



Ivett Rios Sarabia



Lily Rivera

"Exodus 14:13 - Do not be afraid"



Caleb Robinson



Caroline Robinson



Dinora Rodriguez



Sean Rollins



Kaitlin Romriell



Ashlee Ruggels

"Be who you are and say what you feel, because those who mind don't matter, and those who matter don't mind."



Maria Isabel Ruiz



Nicole Russell

"My quote is last minute, like most of my homework senior year."



Anastasiya Rye

"I'm gonna go stand outside. If anyone asks, I'm outstanding."



Parker Salmon



Reed Salmon



Sophia Samonte

"You're the one who can fill the world with sunshine."



Dulce Sanchez

"..BARELY.."



Karen Sanchez

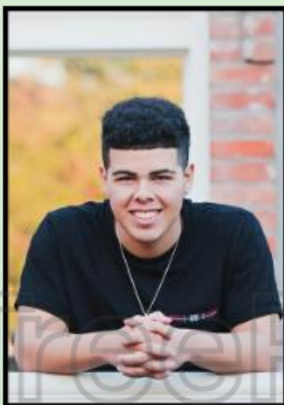


Araceli Santana

"Be a fruit loop in a world full of cheerios."



Taylor Sargis



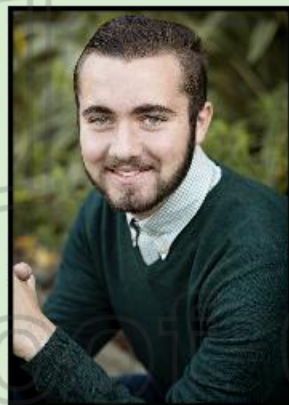
Isaiah Saunders

"I don't really know if it's gon be alright. Way we goin up, we might be all right!"



Maya Schraeder

"I'm pretty sure there's a lot more to life than being ridiculously good looking." -Zoolander



David Seamans

"I DONT WANT NO SCRUB."



Rachel Seitz



Riley Shotts



Brock Shriver



Derek Silver



Alec Singmevangthong

"My expectation to graduate was about as real as Santa."



Austin Slyh



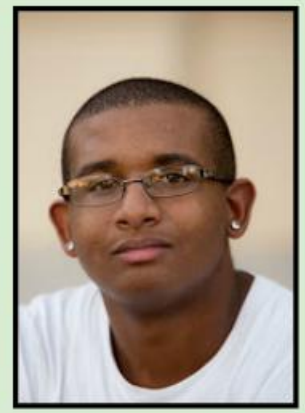
Storey Smit

"It's not fun if it's not fun."



Aryona Smith

"All you need is faith, trust, and a little pixie dust!" -Peter Pan



Paul Smith

"History repeats itself, opportunities don't." -P-40



Samantha Smith



Sivon Som

"Work hard in silence. Let success make the noise." insta: @sivonsom



Ashton Souvannavong

"Some days, nothing beats a really good drive."



Eric Sparkes

"Bob Saget once said, humans are stupid and that's what makes them funny."



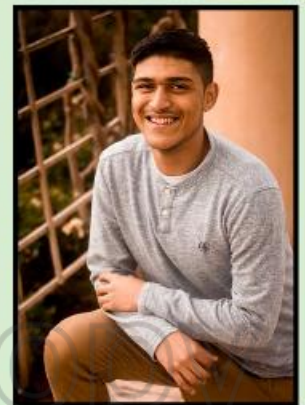
Oliver Staten



Aimee Stirling



Ivy Stuart



Alejandro Suarez

"Success is determined by the second letter."



Luciana Talamas Steinbach



Elizabeth Talbot



Michela Teoro

"That wasn't like High School Musical at all."



Kerina Thaviboun

"I chill harder than you party."



Lucy Thomas



Jasmin Torres



Victoria Trono

"The roof is not my son but I will raise it."



Lauren Tucker



Jerry Vang



Michela Vasey



Nicholas Vasquez

"Education is important but big biceps are more importanter."



Luis Vazquez

"Family comes and goes. Kids you're in school with are forever."



Jairo Villalobos

"I can't save my grade in math, but I can save a few goals."



Chelsea Villeda Hernandez



Jordan Walker

"You do what you want when you're poppin." -Julian Iervolino



Veronica Wallace



Zachary Warren

"The universe is a lie, time is an illusion, save the whales!"



Joseph Watkins

"I'm fat because I don't chase these females."



Kiana Weathers



Berklee Welsh

"@berkleebakes!"



Delaney White

"A race is just a race, but running can be anything." -Julia Lucas



Opal White



Andrew Williams



Lauren Williams



Daelee Wolfe

"They laugh at me because I'm different; I laugh at them because they're the same."



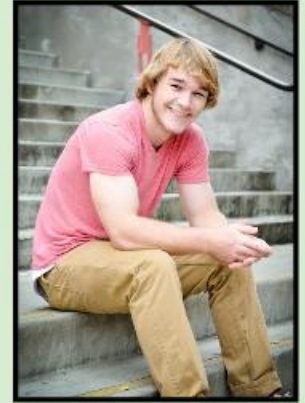
Colin Wolford

"Play stupid games, win stupid prizes."



Nicholas Wycoff

"When the president does it, that means it's not illegal." -Nixon



Seamus Young

"I'm the best there is, plain and simple." -Ricky Bobby



Lidia Zamora

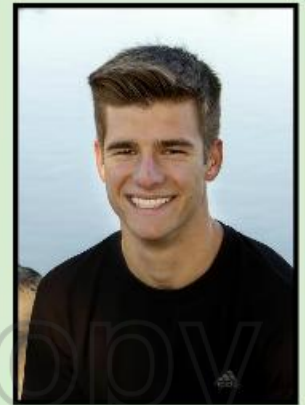
"Don't let anyone ruin your sparkle!"



Sandra Zamora Tena



Carlos Zetina Monarrez



Matthew Ziemer

Better late than never...



Yvona Zipperle



Sofia Hudson-Naranjo



Diva Jones



Abigail Medeiros

"#nofilter"

the class winners for
SENIORMOSTS

The Class of 2016 votes on its standout students.



Most Spirited

Ross McKnight & Victoria Mapoy



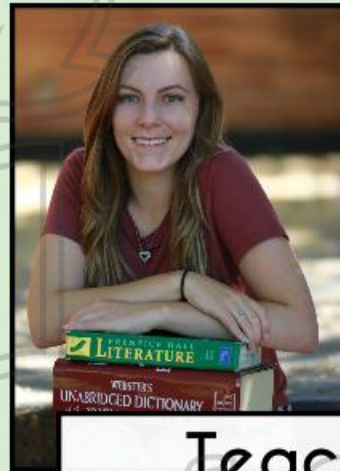
Most Likely to Succeed

Ashlee Ruggels & Sam Esperon



Class Clown

Jairo Villalobos & Simone Barnard



Teacher's Pet

Alaina McIntyre & Jeffrey Perrone



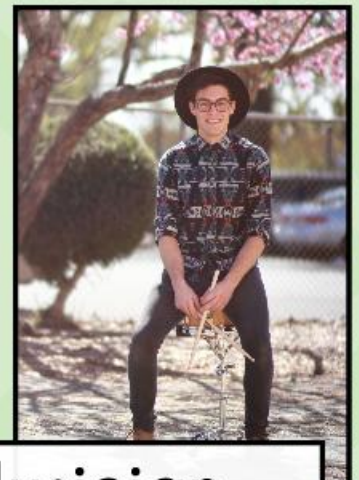
Most Artistic

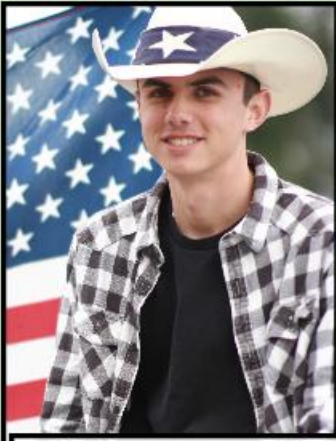
Blue Crowden & Teresa Leon



Best Musician

Arielle Markowitz & Jacob Nightingale





Most Aggie

Austen Peterson & Maicie Rackerby



Best Eyes

Quincey Barnett & Tyler Kelley



Best Smile

Victoria Trono & Arlen Jeane



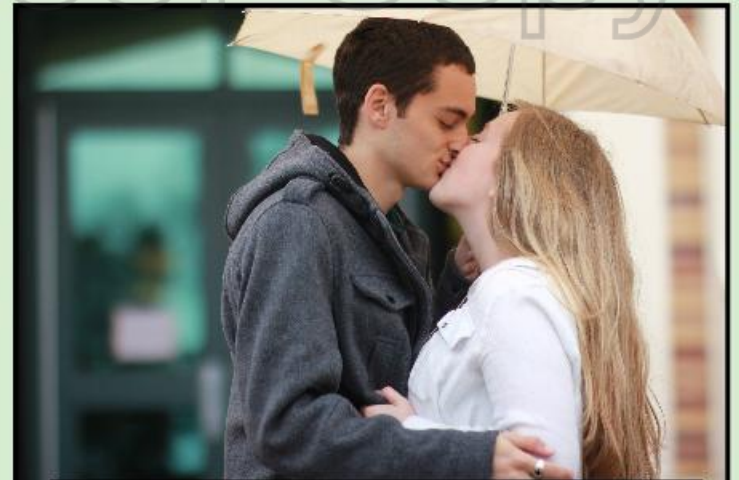
Worst Senioritis

Samantha Smith & Mazi Macondray



Best to Bring Home

Andrew Williams & Maddie Batchelder



Cutest Couple

Maddison Clifton & Mark DeMaria

TreeRing Proof Copy



Biggest Klutz

Mikayla Forer & Evan Moore



Best Laugh

Caleb Robinson & Olivia Cobb



Most Athletic

Tommy LaVine & Delaney White



Team Mom & Team Dad

Caitlyn Des-Bordes & Ben Kelly-Blum

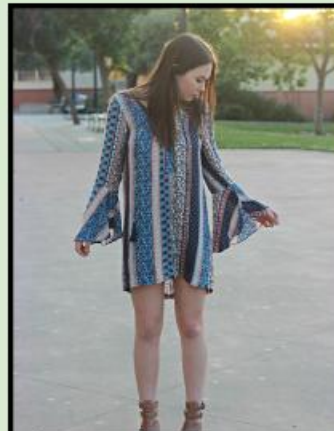


Class of 2016



Best Dancer

Chris Leach & Abbie Mendenhall



Best Dressed

Avery Lynch & Nick Vasquez



Most Likely to be on Broadway

Shayla Nordby & Matt Farren



Best Hair

Miles Kesser & Sarah Briggs



Class of 2016

Corey Glynn



Congratulations, Corey!
Now, on to the next adventure!
Love,
Mom, Dad and Trevor



Maatlana Ahmed



*"Be who you are and say
what you feel, those who mind
don't matter and those who
matter don't mind."*

Stay true to your heart,
believe in yourself, be open
to new experiences. May your
light always shine bright so
you never lose your way.

Love you,
Mom, Dad, Jordan



Eden Gold



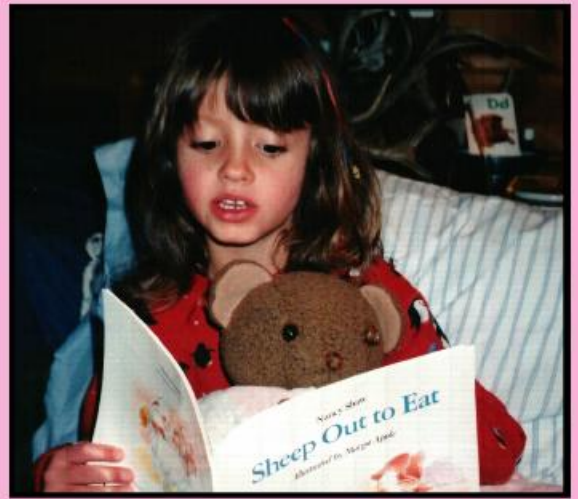
I am so proud of you! It's been amazing to watch you grow up to be the smart & beautiful young lady you are. I know you can and will do great things when you put your mind to it. Always remember to NEVER give up. The sky is the limit, so be sure to know yours. Make the best of each day and ALWAYS remember I LOVE YOU!! --Mom



Eden, during high school, things haven't always been the easiest, but together we have overcome many obstacles that have made us stronger people and family. I've always had high expectations for you and I know you are strong and will accomplish whatever you set out to do. I love you and I look forward to seeing the adult you become. I wish all the best that life brings your way and I am very proud of you. --Rob

Good job little sheeshta! You finally made it to the big kid world. Even though we're hundred of miles apart, I'm by your side no matter what. Love, your big sheeshta! --Jessica

Brennie Dale



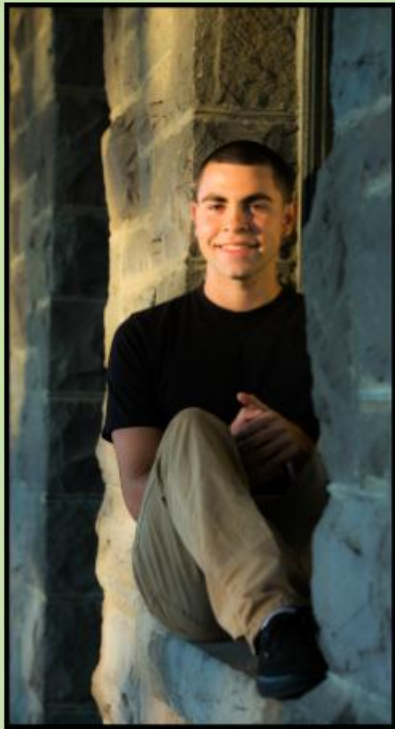
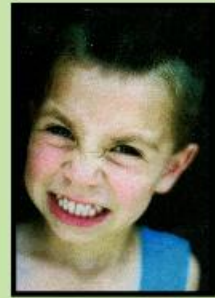
Our Dearest Brennie,

You are not only a gift to me, but to your entire family, friends, community and the world and all its two legged and four legged members. I have always told you, "YOU gave me life; I didn't just give life to you." The years of playing puppy and kitty, tea parties and young travelers are now past. I can't play airplanes anymore with you, so I just take you oodles of places. You have the world at your feet. Your warmth, honesty and integrity are felt by all those who have met you and know you. Never has a parent been more proud of their child than I am of you. I truly believe you have great things to accomplish in your future. I may not get to go to college or graduate school with you, but I will visit a ton. Never forget all the smiles you've brought not only to everyone you've met around the world, but to all those closest to you. Be safe, always "look around corners" and take the "high road". Always travel; I will be in your heart, if I can't be in the seat next to you.

Your Loving Mother, Catherine.



Jacob Chavez



You have grown into an amazing young man: strong, smart, and kind. Though you are now an adult, you will never outgrow our hearts. We couldn't be prouder to know and love you.
Mom, Dad and Maya



Becca Gibson



Congratulations, Becca! All your hard work has paid off and now you get to write the next chapter of your life. You have grown into a very thoughtful, caring, intelligent and beautiful young lady. We are so proud of all you have accomplished and look forward to celebrating with you as you continue to grow and achieve new goals. Go out and do great things, Becca, we'll be cheering you on all the way!

All our love,
Mom and Dad



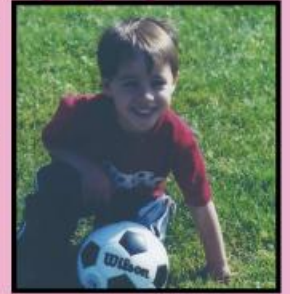
Abbie Mendenhall

From your first day of preschool until your senior year, you have made us so proud! Through dance and your everyday life, you express your beauty inside and out. Your hard work has created your future opportunities. You are more than ready!
Love you so much!
--Mom and Dad



Andrew Calahan

We are so proud of you. With your talents, determination, and character, we know that you can accomplish anything. Always be yourself and success and happiness will continue to come your way. Remember, we will always be there for you.
We love you,
--Mom, Dad, and Kristin



Andrew Hejl



Andrew Cavanagh Hejl:
We are all so proud!
Great job! Congratulations!
We love you!!
--Mom

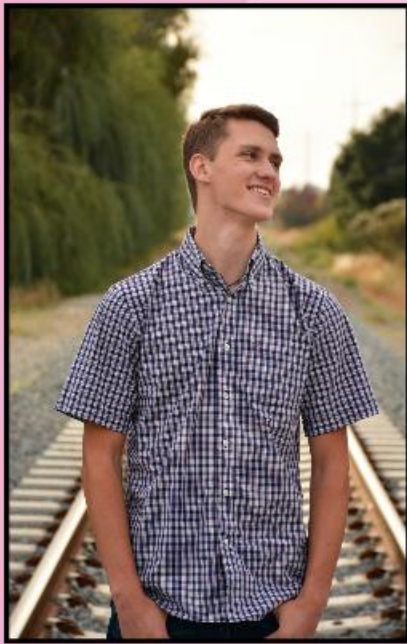


Kajsa Johnsrud

You've seen lots of change in your life and now it's time to soar again. We are super proud of you and can't wait to watch you reach for your dreams! You bring joy to others as you remain true to yourself. Always remember who you are!
We love you!



Aidan Bourdage



From the moment you were born, you have been a blessing and a joy to us. We are so proud of the strong, confident, funny and talented young man you have become.

Hold on to your kindness, your compassion, your passion for giving and openness to new experiences.

Be bold and fearless.

Work hard and follow your heart, not the crowd. And always remember how very deeply you are loved. Congratulations, Mr. Panther!

Love,
Mom, Dad and Rory



Patrice Acker



Congratulations, Patrice!

We know that this day couldn't come any sooner for you. It has been such a joy for us to watch you grow up; from Little Angels to Santa Rosa High School, and everything in between. From this point forward, you get to choose your path, and we know that you will do great things as well as succeed in whatever you decide to do. With the endless choices and opportunities that will come your way, we look forward to seeing what you will do next.

We are all so very, very proud of you.

Love,
Mom, Dad, and Devin



Delaney White



We love you and are so proud of you. Not just because of your accomplishments as an athlete and student, but because of the young woman you have become.

As you run the race of life, we know you will be in the lead and leaving your mark.

You are a wonderful sister, daughter and granddaughter and we love you with all of our hearts.

Love,

Sister, Mom, Dad, Grandma, Nonna and Poppa



Riley Harrison



Riley Kate Harrison:

You have always been true to yourself and an inspiration to everyone around you. Always an "old soul". Now it's your turn to fill your days with music, friends, and adventure. Live it up!

So many "firsts" yet to come!

It's time to begin...

Ladybug, we love you to the moon and back!

Love,
Mom and Dad



You are the best sister anyone could ever have.

Love you so much --Jack

You are the greatest sister. Can't wait to visit you in college.

Love you --Max



Sean Conlon

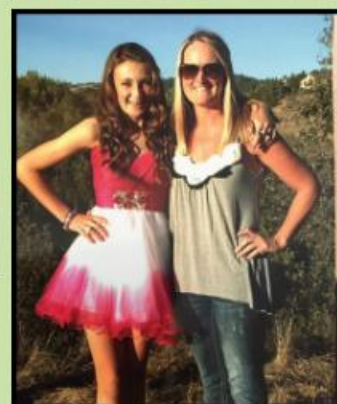
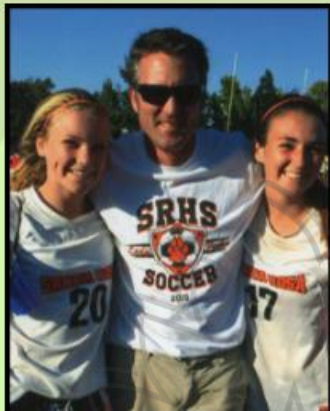
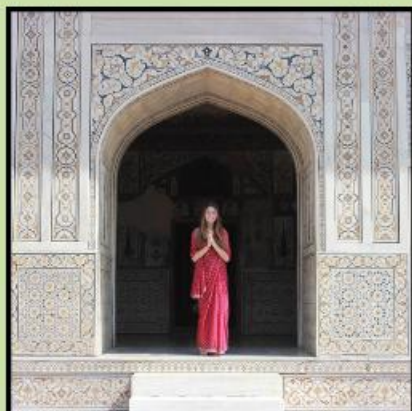


"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

-Twain



Ashlee Ruggels



We are so proud of you, ASHLEE!!

Watching you succeed and grow into the amazing person you are has been inspiring...

We can't wait to see what your BRIGHT future holds...

enjoy the journey!
We LOVE you, Smash!

Love,
Mom, Dad, Oli and Landon



Maddie Batchelder

Maddie Girl -



We are so proud of you and your accomplishments!

Your confidence, compassion, smarts, determination, strength and kindness will take you far in life.

We wish you a life full of adventures and happiness. We love you!



Your biggest fans,
Mom and Dad

Madison Rasmussen



"A daughter is a little girl who grows up to be your friend."

You have grown into such a lovely young lady.

We are so proud of you! Go out into the world and do great things.

Love, Mom and Dad



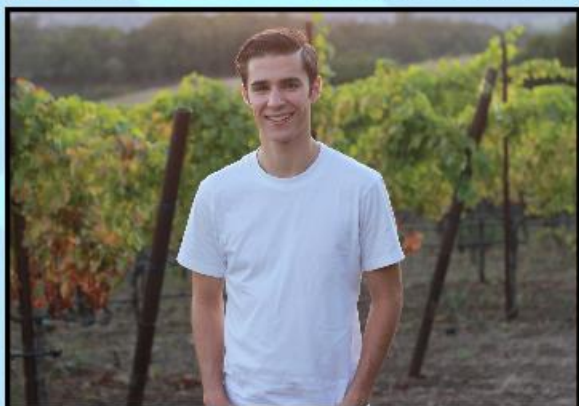
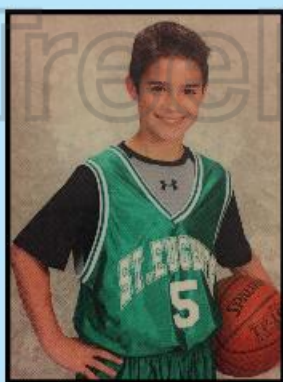
Thomas LaVine



Congratulations, Tommy! From the day you were born, you were confident, sensitive, intuitive and determined.

We are very proud of you and the man that you have become.

You will always have our full support. We wish you the best! Love, Mom, Dad, Patty, Jake, and the rest of the family!



Aimee Holland



"The future belongs to those who believe in the beauty of their dreams."

--Eleanor Roosevelt



Aimee, you are truly beautiful inside and out.

We love you and are so proud of you.

--Mom, Dad, Chris and Erin

Oliver Staten



Congratulations, Oliver!
You've made it to the edge
of the nest. Now, just start
flapping like mad: we can't
wait to watch you soar!
Much Love,
Mom and Dad



Sierra Macken



Congratulations, Sierra!

We couldn't be more
proud of who you are
and what you've
accomplished.
We wish you much
happiness and further
success as you dance
into the next
stage of your life.

Love,
Mom, Dad, and Alana



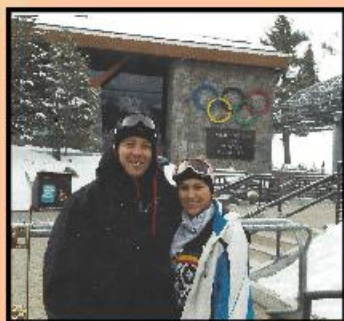
Aryona Smith



Congratulations, Aryona!!
I'm so proud of you, kid.

You are an awesome daughter,
and I'm so honored to
be your father.

I love you!!
Dad



Tess Wilson

*"Go confidently in the
direction of your dreams.
Live the life you've
imagined."*

No one else's footsteps
lead exactly where you're
going.

We love you...
Mom & Dad



Ross McKnight



Dear Ross (our favorite middle kid),

We are so thankful for you. You have brought so much life and fun into our family. Our little gregarious, bold, wiggly, chatty kid has grown into a charming, confident, kind and empathetic man.

We are excited for you to step into this next journey. Remember to trust in the Lord with all your heart, and lean not on your own understanding. In all your ways, acknowledge him and he will direct your paths. Proverbs 3:5-6

We love you!
Mom & Dad



Corinne Jones



Cori,

It has been an amazing journey watching you grow from our cute, smart, and sassy baby girl to a lovely, bright, compassionate, and spirited young lady.

You are a special person whose sensitive heart, kind soul and warm smile inspires all those you meet.

We are so incredibly proud of you and know your future is bright and full of promise.

We look forward to seeing the difference you make in the world.

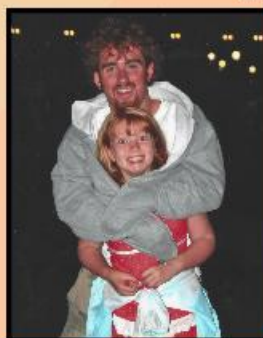
We will always be here to love and support you.

Love you,
Mom and Dad

Cori,

I'm very proud of the beautiful, intelligent, and spunky young woman my little sister have become and I am even prouder to be your older brother. No matter how old you get, I will always be there looking out for you.

Love you, Bubba



Sarah Pack



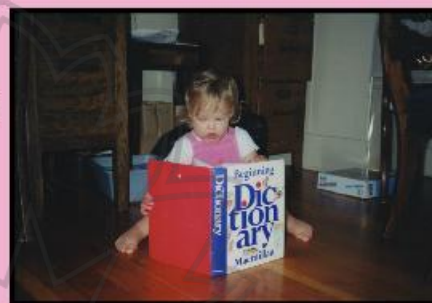
CONGRATULATIONS, Sarah!
 Reader, rocker, comic, Aquaman,, volleyballer.
 Your hard work and persistence has paid off.
 We're so happy for you, and proud of who you are.
 Principled and determined. Witty and wise.
 Thoughtful and kind. Fabulous friend.



Awesome big sister.
 Thanks for such great family memories, from
 laughing together at Jon Stewart and SNL to
 enjoying adventures in Cape Cod
 and Costa Rica.



We'll miss you, and so will the cats!
 But we're looking forward to seeing and being
 a part of the next chapters of your life--
 whatever they hold.



Stand tall. Be yourself. You rock!

We love you!
 Mom, Dad and Sam

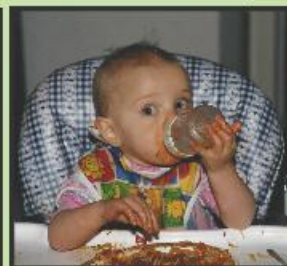
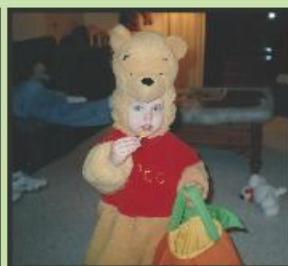
Mikayla Forer



Dear Mikayla,

It doesn't seem so long ago, that day you were born and came into our lives to change our world forever, and yet you are graduating from high school. We knew from the day you entered this world that you would be our greatest gift. You have filled our world with joy and laughter, ok some tears too, but it has been amazing to watch you grow into this incredible smart, funny, and beautiful young woman that you are today. There is no doubt that you are capable of great things. We hope you find that passion that fills your life with purpose and happiness, Pursue your dreams and make them come true. As you move into this new chapter in your life, we wish you only the best and love you very much.

We are so proud of you!
 Love, Mom & Dad



Quincey Barnett



Beautiful, Smart, Edgy, Talented, Adventurous, Tenacious, Compassionate, Funny.. there are so many ways to describe our girl. Miss Quinn where has time gone? 18 years we've watched you grown into the most amazing person we know. Your drive and passion for life shows in all do and it will guide you into many adventure in life. Reach for stars, go after what you want, we are right here with you watching in the amazement as our baby girl will become the class of 2016. We are so proud of you Q and the person you have become. We are so blessed to have you in our lives. Be good, be good, be nice and most importantly be YOU. We love you more than you could ever know.

Love, Mom, Dad, & Cadeo



Stephanie Beckman

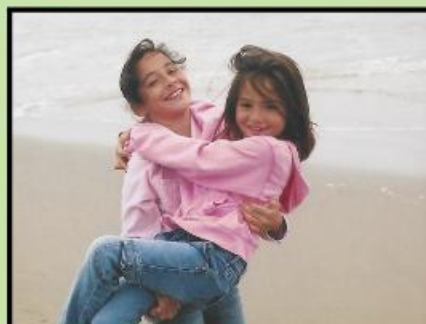


Dear Stephanie - Congratulations on this significant achievement! We are proud of you and the person you have developed into. We know you will add many more great chapters to your life in the coming years.
Love, Mom and Dad



Bryana Alvarez

Mija, we are so proud of you! You're so determined to accomplish your goals. Your dreams will come true, just believe in yourself. You're a bright beautiful young lady; remember we are always here for you.
Si Se Puedel
Love, Mommy, Papi, Hermana



Melina Ames



"The only way of discovering the limits of possible is to venture a little way past them into the impossible"- Arthur C. Clarke

Congratulations, Linal

Time and again, I have witnessed you test challenges, push envelopes, and accomplish the improbable. You are brave and you are strong, intelligent, sensitive, and determined. Believe in yourself, follow your dreams, and listen with your heart.

Your entire family is very proud of you and excited to see what comes next.

We love you!

All my love,
Mom
(Remember, you will always be my baby.)



Natalie Ramsey



Natalie,

We are so proud of you and all you have accomplished. We can't wait to see where life takes you because we know your future is bright! Always remember to stay true to yourself because you are an amazing young woman. Congratulations!

Love Always,
Mom, Trevor and Mario

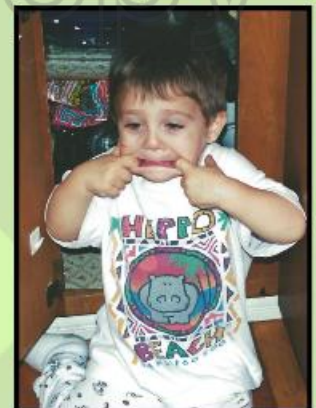
Nicholas Reis



Nicholas,

Congratulations on your graduation. We are very proud of you and what you have accomplished. You are so bright - that's why we decided to call you son! We look forward to your future success.

Love,
Mom, Dad, and Al



Jackson & Simone Barnard

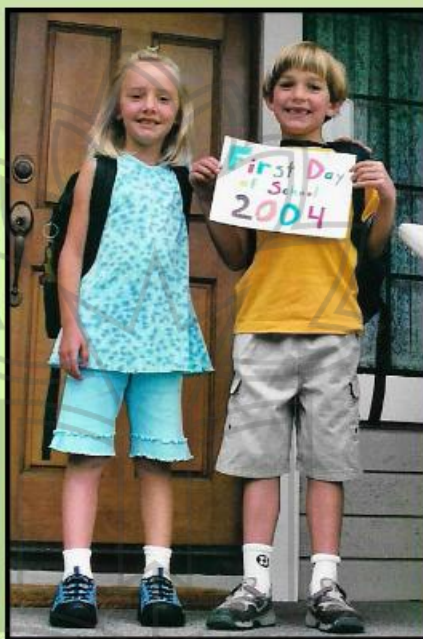


We are so proud of both our son and daughter. We are also so excited for you, as one chapter finishes in your life and new chapters begin!

Phil. 4:13 "I can do all things through Christ who strengthens me."

Love, Mom and Dad

Simone... our queen of the basketball court. You've grown and changed so much: from goal keeper to point guard; from penguins to puppies; from running on the playground to racing for a cure. You always knew what you wanted to do- keep that approach in life as you go on to greatness!



Jackson... our pi champ with an Arnold Palmer swing. You always dedicated yourself to what interested you: from trains to trivia; from baseball to golf; from magic tricks to the theater stage. You have the focus to become whatever you want to be- go out there and do it!

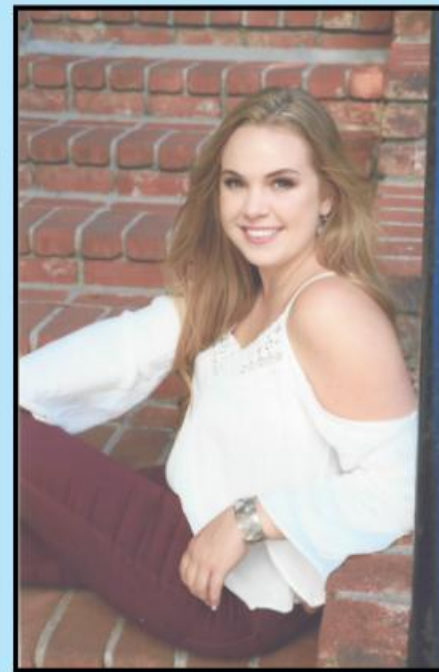


Aimee Stirling



"Life is not about the breaths you take, but the moments that take your breath away."

This is one of those moments. I am so proud of you,
my sweet baby girl.
Love, Mom



Adriana Begley

Adrianna Adele:

You are the light of our lives. You shine in every role play, but the role you do best is being you. Always believe in your dreams because they will become your reality. Never give up and don't be afraid to take chances because in the future you may be more disappointed by the things you didn't try than by the ones you did and try. Never let the fear of striking out keep you from playing the game!

Redneck Tip: Saying "y'all" makes more sense than saying "you guys". It has less syllables and is therefore more efficient!

Love,
Mom and Dad



Andrew Williams

Our dearest son,
We are so proud of you and feel so lucky to be your parents. Keep doing what you are doing and stay true to yourself. Have fun, work hard and get the most of what this beautiful world has to offer. You certainly make it a better place.

We love you so much,
Mom, Dad and Anika



Berklee Welsh

Thank you for letting us watch you grow
into your dreams.
We're your biggest fans.

Love,
Mom, Dad & Reilly

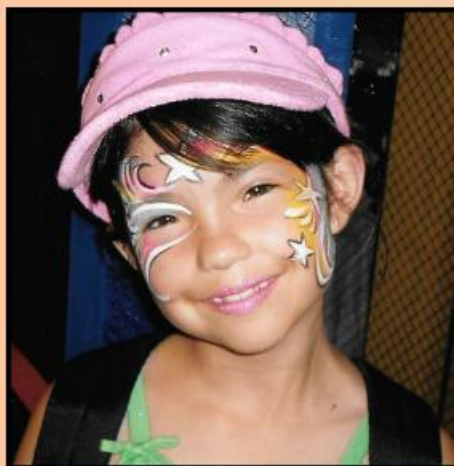
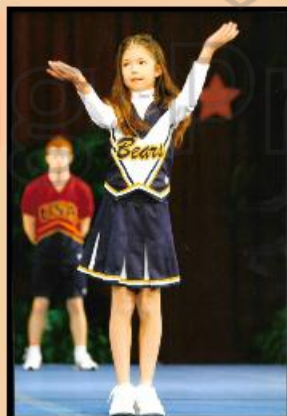
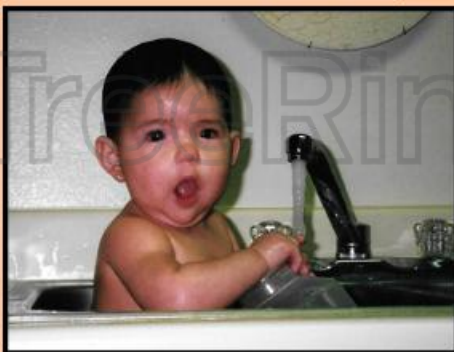
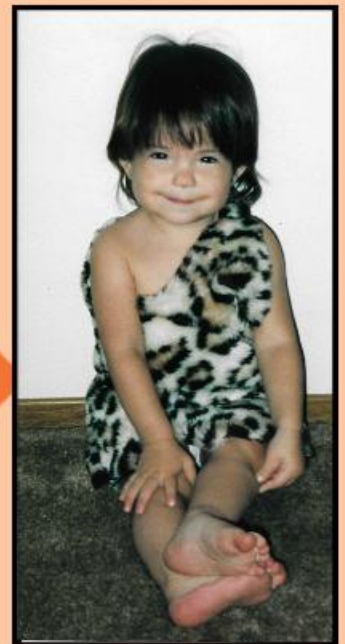


Nicole Russell

Our dearest Nicole,
Your father and I have wondered if we were doing this parenting right. But seeing you as a young adult, we see we didn't do too badly. We couldn't be prouder of the kind, positive and patient person you've become.

Every day you impress us with your intelligence and wit. We can't wait to see what happens next. You will always be our greatest joy. Keep your head high and work hard and we know you will achieve your dreams, and more.

Love you, Peanut,
Mom and Dad



Travis Jensen



It's hard to believe that 18 years have gone by since we welcomed you into our family. You have been our little adventurer. Think about all the places you've been, the things you've seen and the adventures you've been on! Your school years may have come to an end, but up ahead is a whole world full of new and exciting opportunities and experiences. We are very proud of all your achievements and the wonderful person you have become, and we look forward to seeing what road you choose next and where it takes you. Remember that we are your biggest fans, and we will always be here, cheering you on.

Love always,
Mom and Dad



Emma Mueller



Emma Marie Mueller

We are so proud of you. Words can't express how much we love you and how special you are to us. You have such an amazing future ahead of you! You go, girl!

Love,
Mom and Dad

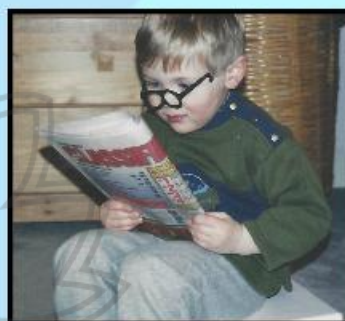


Justin Plott



Congratulations Justin! Your family is proud of you, your hard work and accomplishments. We are excited for the adventures that await you and will always be there to love and support you along the way.

Love you,
Mom, Dad and Brendan

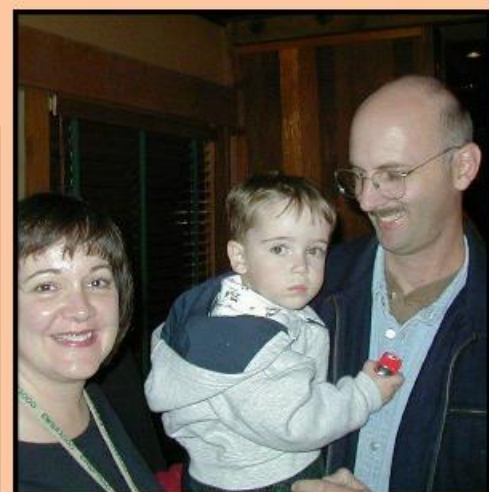


Eddie Seamans



Congratulations Eddie! Watching you grow from a sweet little boy into a loving, wonderful young man has been our greatest joy. We are so proud of the kind, compassionate, and creative person you have become. The world is yours to explore! Your future is without limits. Know that we love you and look forward to seeing you reach for your dreams and build your future. We will always be there for you.

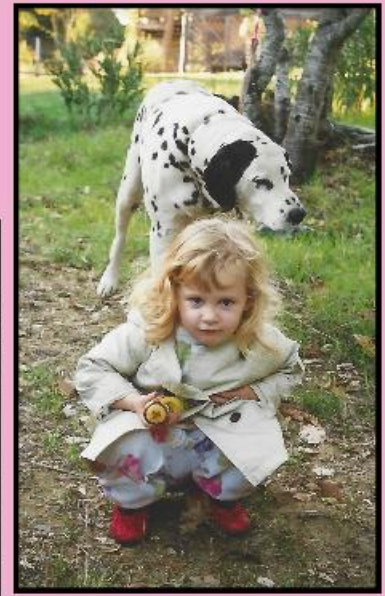
Love, Mom and Dad



Shayla Nordby



My Daughter:
 I wish you the strength to face challenges with confidence,
 along with the wisdom to choose your battles carefully....
 I wish you adventure on your journey and may you always
 stop to help someone along the way....
 Listen to your heart and take risks carefully...
 Remember how much you are loved...
 I am so proud of you!
 XO ~ Mom



Shamus Lyons

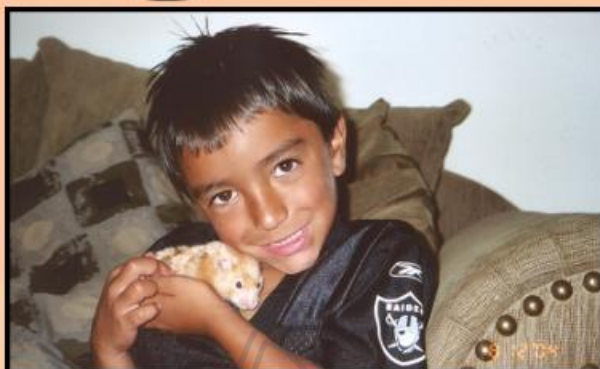
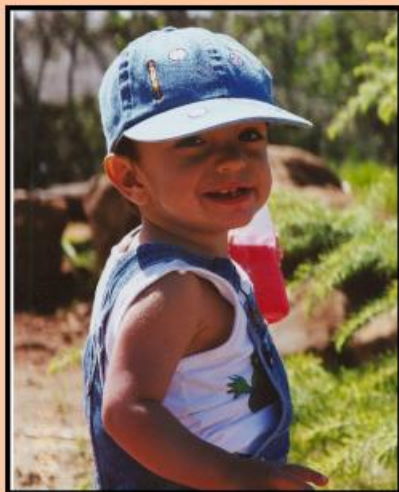


Shamus Michael Lyons
 "Moose"
 "Shay"

We hope your dreams take you...
 to the corners of your smile,
 to the highest of your hopes ,
 to the windows of your
 opportunities,
 and to the most special places
 your heart has ever known.
 You make us proud!
 Love,
 Mom, Dad,
 Haley and Brayden



Marcus Hollingsworth



We are so proud of the nice, young man you have turned into. You have done a good job at juggling the commute, grades and baseball. This is an exciting time for you because you have your whole future in front of you - make good choices and have fun.

Love, Mom and Dad

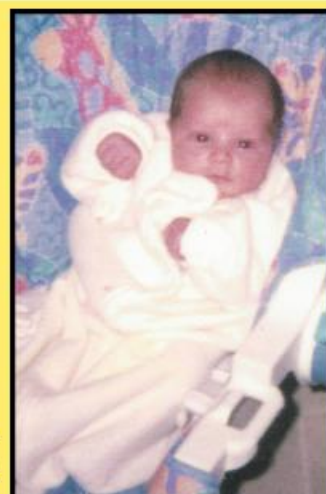


Marcus,
Finally you are moving out! I am taking your PS4, girlfriend and big bedroom. (I am kidding!!! I love you, big brother!)

Justin



Tyler Kelley



Tyler,
We are so incredibly proud of you and all you've accomplished. With each passing year, we have seen you grow so much as a person as you've taken on more and more responsibilities. You've always had a way of making everything you set out to accomplish seem so effortless. We know that you aspire to be the best that you can be, and that means continually pushing yourself beyond your comfort zone. Your drive and determination will see you through, and we are confident that you will succeed in whatever goals you set for yourself.

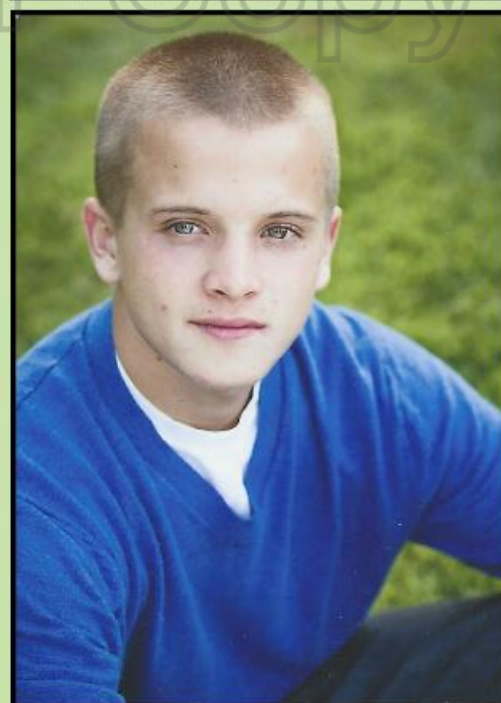
Love,
Mom, Dad , and Jordan

Sam Nudi



Congratulations, Sam! We love you and are so proud of the smart and thoughtful young man you have become. We look forward to seeing you continue to grow and all the exciting things you will accomplish with your hard work and determination. Your smile is infectious and your sense of humor brightens every day. Dream big and never stop trying to live life to the fullest. Always remember Team Nudi has your back! #3 forever!

Love,
Mom, Dad, PJ,
Charlie, Anthony



Raul Ojeda



Congratulations, Raul!
We are very proud of you.
We know you will accomplish
anything you set your heart and
mind to. We wish you blessings and
success in all you do. May the
Lord be your guide and direct
your steps always.
We love you,
Mom, Dad, and Priscilla



Psalm 20:40
Grant thee according to thine own
heart and fulfill all thy counsel.



Caitlyn Des-Bordes

Congratulations, Caitlyn! It seems just
yesterday we were teaching you
how to walk and talk. Now, it's time
for you to fly. Spread your wings far
and wide. The sky's the limit. Fear
nothing and no one. Be Bold. Be
Brave. But, most importantly, Be you!
We Love You!

Mom, Dad, CJ, Lauren, Ella



Jullanne Celli



To Our Dear Little Bird,
We have watched you grow from a
curious, sweet little girl with a
contagious smile, to as beautiful
young woman. You are full of
enthusiasm, kindness, and
compassion for others. Your unique
outlook on life is infectious! Always
remember to "just keep swimming" as
you take off and fly into the next
chapter of your life!

We love you, Mom and Dad

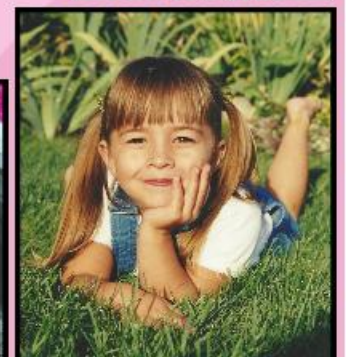


Taylor Bellinghausen



Congratulations, Taylor!
We are so proud of the kind
& beautiful young woman
you have become. Your
determination
will take you far.
Chase your dreams!

We love you,
Mom, Dad & Sammi



Veronica Wallace



Dear Veronica,
 You've worked so hard achieving every honor roll with no push other than your self-motivation to do your best. You are such a special gift to us and we don't know how we got so lucky to have you. You are beautiful, inside and out. You are so kind and respectful to everyone, even young children. Just saying we are proud would be an understatement. The best thing is that you leave with no regrets and did your best. We love you more than you will ever know, baby girl!
CONGRATULATIONS!!!
 Love, Mom, Dad, and Mason



Nick Vasquez



Today, we celebrate you. We congratulate your hard work and academic accomplishments, and future successes. You have overcome challenges in stride. As important, we celebrate and respect your loyalty, contagious laughter and the accomplished, confident young man you are today. We are honored to call you nephew, grandson, brother and my son. So, congratulations on your graduation! You are our angel, my heart, my noodle.
 Love, Mom and all your family



We are all so proud of you, son.
 The BEST is yet to come .
NEVER GIVE UP!
 Love always,
 Dad, Trish, Natalie and David.



Reach for the stars.
 We Love You, Mijo.
 --Grammy and Papa

Milena Duarte



"All our dreams can come true-if we have the courage to pursue them."
Walt Disney

Aim high.. Achieve...Empower yourself...Dance the journey. So proud to call you our daughter.

Such a gem...
Love,
Mom, Dad and Peter

"Education is the key to unlocking our world, a passport to freedom."
Oprah Winfrey



Brian Alderman



Brian...The meaning of your name is "STRONG" and that you are.

You are a remarkable, loving, intelligent young man with an amazing life ahead of you! You have everything you need within you to change the world!

LIVE WITH PASSION & FOLLOW YOUR DREAMS!

Love You,
Mom, Brandon, Canny & Sil





Ross Brady



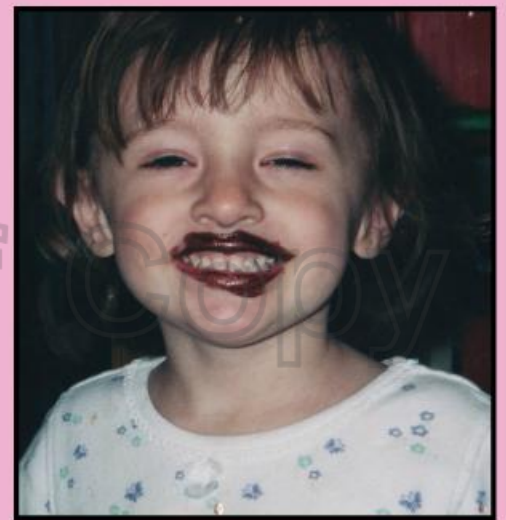
We're so proud of you and all you've accomplished. You're an amazing man with a wonderful outlook on life, a beautiful smile and a drive that just won't quit. We love you and will always be here for you.

Wishing you all the best,
Mom and Dad

Madison Hennes



Madison Lee Hennes,
I am so proud of you!



"So close you almost can almost taste it, You are full of words unspoken, Live life with arms wide open. Today is where your book begins. The rest is still unwritten."

Dream Believe Achieve

I Love You, Angelface,
Mom



Brittney Bignasca



Brittney,
Wow, this time sure did fly by! Feels like yesterday our little peanut was starting her first day of kindergarten. Watching you grow from a little girl into a beautiful young woman has been the best 18 years of our lives. As this journey closes, a new journey begins. We know you will achieve whatever you set out to do. With life comes challenges, but no matter what life brings your way, remember to always let your light shine.

Congratulations on your Graduation!
Love,
Mom & Dad



To the Class of 2016

From Ms. Finch, Madame Newlon, & Sr. Paulsen

Congratulations, Class of 2016!

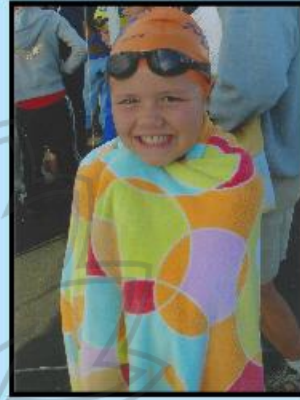
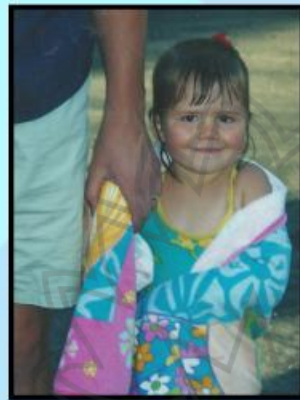


Love, Señora Finch, Madame Newlon, and Señor Paulsen

Caroline Mertz



You're a good sport,
Caroline Mertz!



Leah Post

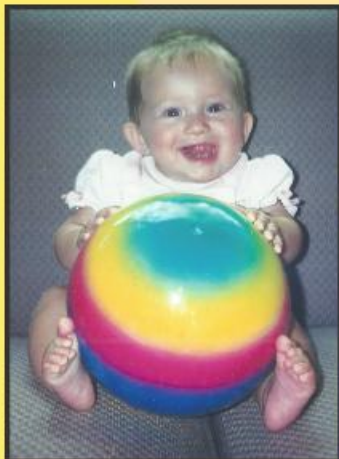


Congratulations, Leah!

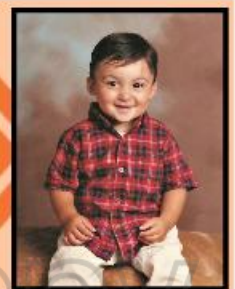
You did it with flying colors, and we are so proud of you. We share your excitement for the adventures to come, and wish you all the happiness in the world

We love you.

Mom, Dad and James



Danny Pardo



Congratulations, Danny!
We are so proud of you and the wonderful young man you've become. It's been a blessing to watch you grow and we are so excited to see what God has in store for the future. May all your dreams come true. We love you.

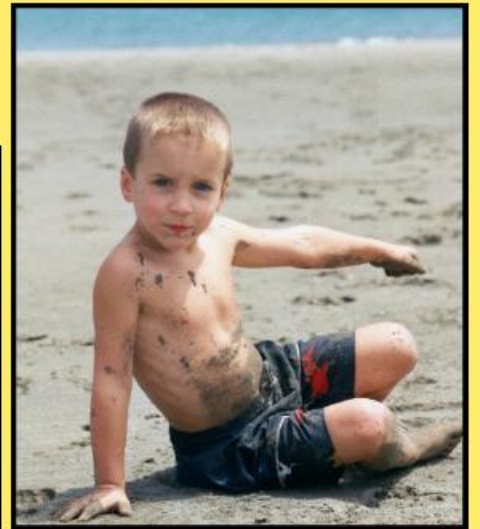
Love,
Mom, Dad,
Emilio and Mila

Parker Salmon

"We shall never know all the good that a simple smile can do." -Mother Teresa



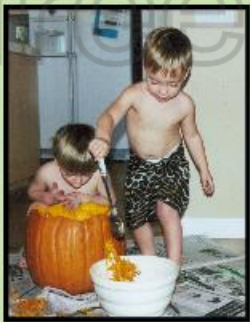
Parker, Your smile is so infectious. A smile can turn a mundane encounter into something extraordinary. Your quick smile and sensitivity are gifts that you were born with. Share them with the world and the journey will always be an adventure. So proud of you! Love, Mom and Dad



Reed Salmon

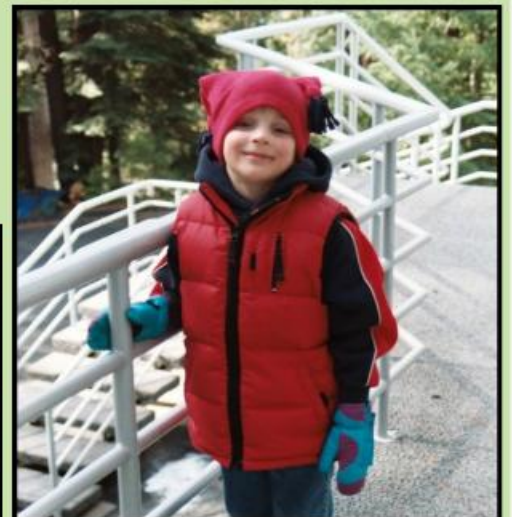
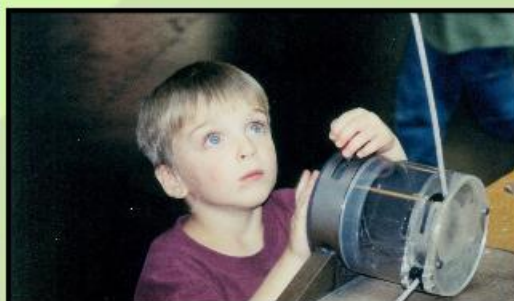


"They who give, have all things; they who withhold, have nothing."
- Hindu Proverb



Reed, by giving, you participate in this world in an amazing way. You have already made such an impact by your ability to give of your time, your knowledge and your heart.

We are so blessed to be able to guide and love you!
Mom and Dad



Robbie Bisordi

Our Bear, Lil Bob, Scrapper, Berto,
Where did the time go? Seems like yesterday
you were driving your little John Deere. Now
you are operating the big Deere. At 3 years
old learning to ride your Honda 50 with
training wheels, now you are riding black
diamonds in Hollister Hills. We are so proud
of the wonderful young man you have become.
Your kind smile, your caring heart and your
willingness to help others before yourself. It is
hard to believe you are graduating already.
We look forward to seeing all the amazing
things you are going to do in your life and all
the adventures that await you.
We love you so very much,
God bless you, sweetheart!
Love, Dad, Mom, Lori and Sprig



Matthew Ziemer



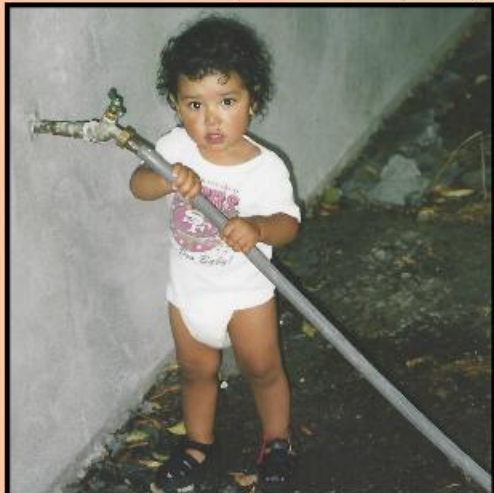
Matthew,
Each day has been an adventure watching you grow up! You live life fully and make the most of every day. We are so proud of you, and can't wait to see what's next for you. We are sure it will be exciting. Congratulations on graduation!
Love,
Mom and Dad

Alberto Bustos



Alberto, we are very proud of you, because you have become an amazing young guy. You are very special to both your dad and I. Just know that you make us proud. We saw you succeed by learning from your mistakes. Now it's time to part and open your wings to succeed even further.

Love always and forever,
Mom, Dad, Jasmin and baby Julian.



Mica Penilla



Mica, it has been an honor and a blessing to have watched you from the sweet baby we still see you as to the beautiful strong young woman you are becoming. As you step into this world of which you have in your hands and go to find your path, just remember you will always have open arms to return to whenever you need them. The pride and love we feel for you cannot be measured. Congratulations, kid, for there is only greatness in your future!

Love forever and always, Your family!



Olivia Hernandez



"Follow your passion, be prepared to work hard and sacrifice, and above all, don't let anyone limit your dreams!"
-Donovan Bailey, Olympic Athlete

"God have mercy on the man who doubts what he's sure of."
-Bruce Springsteen

You shine from the inside out. You bring us so much pride, joy, laughter and knowledge everyday. You are an artist, athlete, and a creative intellectual. Now, go live your dreams! We love you, and are proud to share you with world!
Mom, Dad & Parker



"Be Humble, Wise, Passionate and Kind. It will serve you and the world very well."
-Jill Henderson



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2015-2016 brought memorable events across the country and abroad

>>>POLITICS & WORLD EVENTS



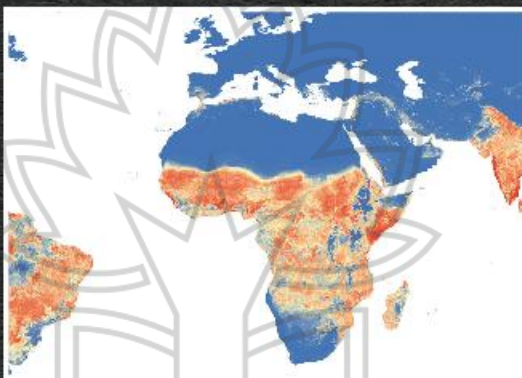
>>>Syrian refugees continue to flee war and conflict.



>>>Supreme Court rules in favor of same-sex marriage nationwide.



>>>The U.S. flag is raised in Cuba, ending 50 years of strained relations between the U.S. and Cuba.



>>>Zika virus outbreak in the United States.



>>>Trump & Clinton leading candidates for President 2017.



>>>BEST MALE & FEMALE ARTIST:
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BEST SONG: Uptown Funk, Mark Ronson
 featuring Bruno Mars



>>>BEST SELLING ALBUM: Adele 25



>>>TOP GROSSING ACTOR/ACTRESS:
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>>>TOP GROSSING FILM:
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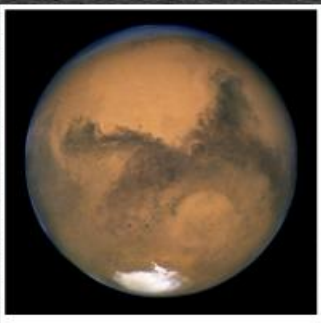
>>>FILM, TELEVISION & MUSIC



>>>BILLBOARD'S #1 SONG: Taylor Swift Blank Space



>>>3 coordinated attacks by ISIS kill dozens in Paris.



>>>NASA announces that liquid water has been found on Mars



>>>14 killed in San Bernardino, CA terrorist shooting.



>>>Two biggest tech trends: drones and virtual reality.



>>>A global climate change pact is agreed, committing all countries to reduce carbon emissions for the first time.



>>>China ends one-child policy after decades.



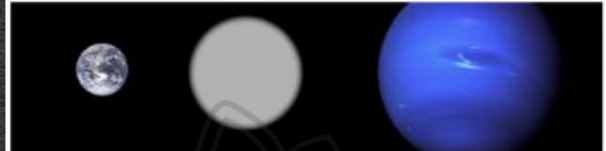
>>>Mother Teresa to be named a Saint in September 2016.



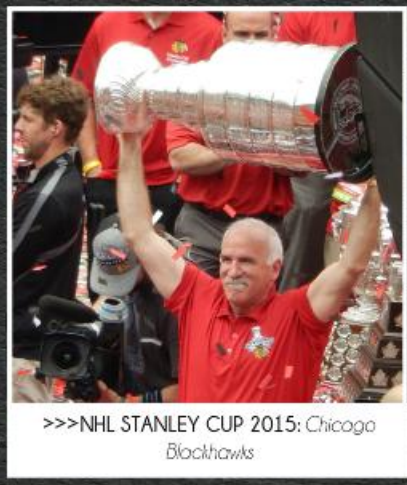
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>>>Scientists find evidence of a 7th planet, @ 10 times the mass of Earth.



>>>NHL STANLEY CUP 2015: Chicago Blackhawks



>>>NBA CHAMPS 2015: Golden State Warriors

>>> SPORTS



>>>WORLD SERIES: Kansas City Royals win their first 30 years, beating the New York Mets.



>>>Women's World Cup: U.S. beats Japan



>>>Serena Williams named Sportsperson of the Year by Sports Illustrated. She is the first woman in 32 years, and the first black woman ever, to be the sole recipient of the award.



>>>NFL SUPER BOWL 50 2015: Denver Broncos beat Carolina Panthers

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Z

Last late one...



Jenna Ellis
 "My heeels have wheels
 because my swag rides forever."

>>> AUTOGRAPHS

We're always...Moving Forward

At the end of a long, difficult day, we must remember there is always a new dawn on the horizon. We always have another opportunity to achieve our dreams, reach our goals, and make the world a better place.

Another day brings the freedom to make a positive change, to be the difference we want to see, to laugh with our friends, and the opportunity to make new friends too. At the start of each day, we have the choice to be whoever we want to be, and at the end we have the chance to reinvent ourselves. It doesn't matter what's come before, what stresses, problems, mistakes, or issues. All that matters is we keep...

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COLOPHON

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As we sit here at the top of the bleachers, watching the sun set and scrambling to finish this book (the night before the deadline no less), we've realized how much we have to be thankful for. First off, to all of the amazing teachers, thank you for allowing us to constantly interrupt your classes and steal your students (even when you didn't us want to). To the custodial staff, thank you so, so much for always keeping our room pristine and allowing us to stay at school until 10pm in order to meet our deadlines. To everyone at TreeRing, a million thank you's for everything you've done for us this year: all of our late-night questions, difficult requests, and of course, the free stuff. It's all about the free stuff. Matt Farren and Emily Coddling, what would we do without your unending moral support and help with last minute touches to this book? To our amazing yearbook staff, though we had quite possibly the most dramatic year in SRHS Yearbook history, we did it! We finally have something to show for all of our hard work. Through all of the drama and missed deadlines, somehow we pulled it all together, and at the same time built friendships that will last a lifetime. Mr. Coscarelli, we are eternally grateful for all of your support; thank you for putting up with all of our crazy ideas and taking time out of your incredibly busy schedule to accommodate us.

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And to our student body, this book is for you; all of the sporting events, ArtQuest showcases, drama performances, school dances, rallies, spirit Fridays, and your memories are what make this book so special. We truly hope that it captured the essence of your 2015-2016 school year. Thank you for being you. Please enjoy this book as much as we enjoyed making it. We don't nearly have enough space to express the incredible gratitude that we have for everyone who made this book possible.

With Love,

Ashlee Ruggels
Summer Ponsford
Emma Wisler
Jack Fowle

Equipment

8 Canon EOS DSLR Cameras
5 MacBook Laptops
7 HP Desktop Computers
35 Asus ChromeBook Laptops

Software

TreeRing Yearbooks Online
Adobe InDesign 2015
Adobe Photoshop 2015
Adobe Illustrator 2015
Microsoft Word
Google Docs

Fonts

Champagne & Limousines

various sizes and styles
body copy- 12pt
captions- 8-10pt
subheadlines- 14pt

Caviar Dreams

headlines- 48pt

Tangerine

headlines- 30pt

Tall Films

various sizes and styles
cover- 100pt
title page- 90pt
table of contents- 78pt
divider pages- 78pt

Adviser

Jessica Dennis

Printing

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San Mateo, CA
1075 Copies Printed
\$75-\$90 each





"Around here we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things, because we're curious... and curiosity keeps leading us down new paths."

Salida USDA High School Latino Latino Salida / USDA, Cd VII. 100